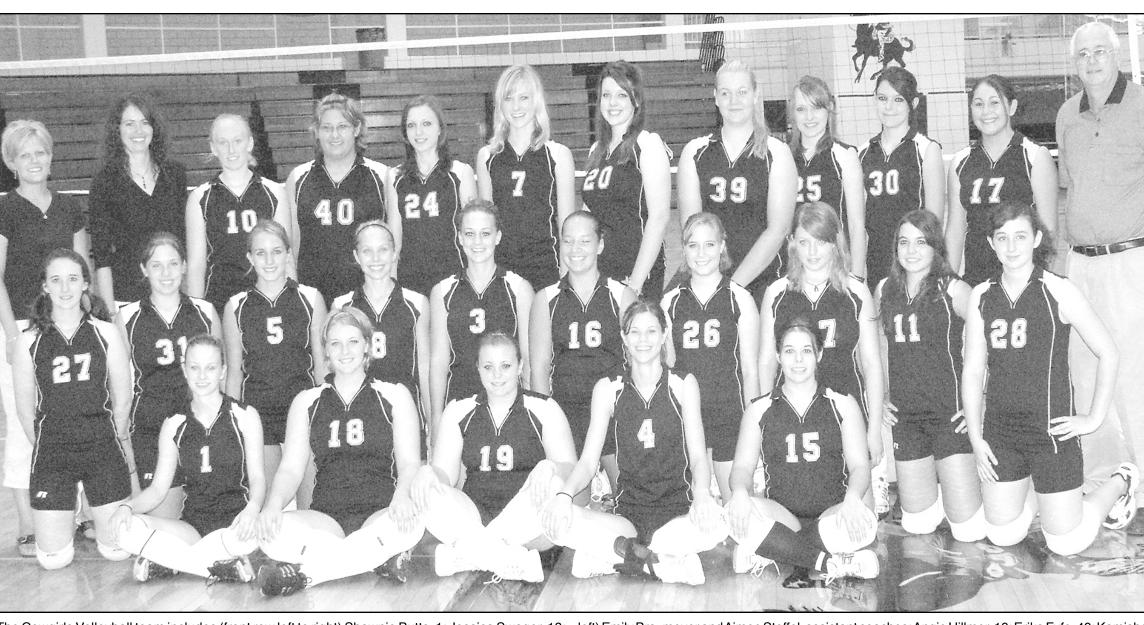
# Good luck! Cowgirls Volleyball



Jennifer Cole, 19; Ashley Christians, 4; and Andrea Wolak, 15. Second row (from left) Mercedes Gulley, 27; Andrea Roeder, 31; Ashley Archer, 5; Jade Herl, 8; Whitney Schields, 3; Erika Gonzales, 16; Jessi Geist, 26; Savanna Short, 37; Jennifer Rome, 11; and Jacquelynn Gulley. Back row (from

The Cowgirls Volleyball team includes (front row left to right) Shawnie Butts, 1; Jessica Swager, 18; left) Emily Braxmeyer and Aimee Stoffel, assistant coaches; Angie Hillmer, 10; Erika Fyfe, 40; Kamisha Nonamaker, 24; Alexis Bateman, 7; Alexandria Walker, 20; Freda Barber, 39; Brandi Bahe, 25; Jessica Lake, 30; Rosa Sandoval, 17; and Coach Jerry McKee.

# Cheering everyone on to victory



The Goodland Cheerleading Squad includes (Front row, left to right) Lexi David, Katlyn Topliff, Dayelle Waugh, Amanda Amthor and Taylor McLemore. Back row

(Itor) sponsor Janice Bonsall, Julica Bonsall, Kirsten Dutton, Brooke Lennington, Christy Studer, Alexandra Borders, Heather West and sponsor Kim Artzer.

### Cowboys Football Schedule

Date Time (MT) Away **Home** Rawlins County vs. Aug. 31 6 p.m. Goodland Goodland Sept. 76 p.m. St. Francis VS. Sept. 136 p.m. Goodland Hoxie at Sept. 22 6 p.m. **Scott County** Goodland VS. Sept. 28 6 p.m. Hays High Goodland VS. Oct. 5 6 p.m. Goodland Oakley at \*Oct. 126 p.m. Goodland Ulysses at \*Oct. 196 p.m. Hugoton Goodland VS. \*Oct. 25 6 p.m. Goodland at Colby Regional Football Nov. 3 \* — 4A District games

## Cowgirls Volleyball Schedule

Date – Time

Sept. 43:45 p.m.

Sept. 11 3:30 p.m.

Sept. 133:30 p.m.

Sept. 22 10 a.m.

Oct. 23:30 p.m.

Oct. 139 a.m.

Oct. 164 p.m.

## Sept. 29 8 a.m.

Oct. 9 3:30 p.m.

Oct. 26-27

Location

Sept. 89 a.m.

Sept. 20 3 p.m.

Sept. 25 4:30 p.m.

Oct. 20

Goodland (quad) at Max Jones Fieldhouse Goodland at Bishop Machebuf-Catholic Goodland (quad) at Max Jones Fieldhouse

Goodland at Norton

Goodland at Ulysses (quad)

Goodland (quad) at Max Jones Fieldhouse

Goodland at Dundy Co., Neb. (dual) Goodland at Oakley

Goodland at Oberlin (quad)

Goodland (triangular) at Max Jones Fieldhouse

Goodland at St. Francis NWKL

Goodland (triangular) at Max Jones Fieldhouse

4A Substate tournament 4A State Volleyball tournament

## Cowboys ready to open season PREVIEWS, from Page 1

in our one and only playoff game last year. However, the positive out of that game was we had a chance to play the 4A state champion and see what good teams do every snap of the ballgame — execute and play hard."

The boys start the season healthy and strong, he said, as more than 40 team members worked out in the weight room every day this summer.

"This has kept the boys relatively healthy and ensures that the Cowboys will start the season with a full roster," he said. "The boys start the season with a game at home on Friday, Aug. 31, against Atwood."

Coach Dansel said he is looking forward

"We have some really good teams on the schedule again this year, as is every year playing in this league," he said. "There aren't any powder puffs that I can see. We have a lot of respect to gain back this season, and we will do just that.'

#### Cowgirls Volleyball

The Cowgirls volleyball team will open the season on Tuesday with a quad at Max Jones Fieldhouse including Hays High, Thomas More Prep-Marian of Hays and Burlington High.

Matches will be held on the two courts at Max Jones beginning at 3:45 p.m.

Coach Jerry McKee said the girls have been working on conditioning and skill development, adding he has about 26 girls out this year.

Five seniors are returning from last year's squad, Ashley Christians, Jessica Swager, Shawnie Butts, Jennifer Cole and Andrea Wolak

McKee said he hopes to improve on the 15-18 record the Cowgirls had last year, losing to the Colby Lady Eagles in the

The Cowgirls varsity will travel to Matchebuf Catholic High School in Denver for a tournament beginning at 9 a.m. on

Saturday, Sept. 8. The junior varsity will be in Leoti for a tournament beginning at 8

The Cowgirls will be home for a quad at 3:30 p.m. on Tuesday, Sept. 11, at Max

#### **Cowgirls Tennis**

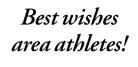
The Cowgirls tennis team has four returning letter winners among six players returning from last year, just enough for a varsity squad, says Coach Wallace Hansen.

The team faced tough competition at Cimarron, then played Tuesday at Phil-

The Cowgirls' four returning letter winners are all juniors: Shonna Webster, a two-

See PREVIEWS, Page 4







(785) 899-6311

You're GEMS to us Cowboys & Cowgirls!



1005 Main St. Goodland, KS (785) 899-6100



Be inspired everyday Rochelle Kling & Jo Rogers, Owners 1102 Main ~ Goodland, Kans. 67735 (785) 890-7668 almondtreeinteriorsandgifts.com



204 N. Caldwell • (785) 899-6166

Smitty's Sports • 1105 Main • 890-0300 Smitteo's Video • 1018 Main • 890-0200