

patient news

Arlo Hansen is getting a bone marrow transplant and would like to hear from his friends. His address is Townplace Suites, 10740 N. 90th Room 108, Scottsdale, Ariz. 85260.

families sought

Do you have a son or daughter, grandson or granddaughter, who is in the military? Would you like to receive a "Blue Star Flag" to hang in your window showing your pride in being a military family? Contact the Goodland Elks Lodge at (785) 890-6251 for information.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday.

The High Plains Museum, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 4 p.m. Saturday.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Friday and from 1 to 4 p.m. Saturday, Sunday and Monday at 120 W. 12th. On display starting Sunday to Friday, Nov. 30 will be George Phillip's sculpture and photography. The reception for the artist with entertainment will be 1 to 4 p.m. on Sunday.

The Goodland Public Library is open from 10 a.m. to 7 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday. Story Hour on Wednesdays will be a group at 10 to 11 a.m. and one at 2:30 to 3:30 p.m. Thursday group will meet at 10 to 11 a.m. These groups are for children ages three to five. On Friday's we will have Born to Read for infants and toddlers ages zero to three, accompanied by a parent or caregiver. For questions call Marcy Melia at 899-5461.

PrairiePacemakers Quilt Guild will meet at 6 p.m. Thursday, at Wheat Ridge Acres, 707 Wheat Ridge Circle in Goodland. Call Cora House at 899-2619 or Joan Reid at 890-7301.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Goodland Mothers of Preschoolers (MOPS) will meet from 6 to 7:30 p.m. the first Monday of the month at the First Christian Church, Eighth and Arcade.

The Sherman County Alzheimers and Dementia support group will meet 7 p.m. on the second Tuesday of each month at Good Samaritan Society, 208 W. 2nd.

Diabetes Support Group meets at 4 p.m. the last Tuesday of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at 5 p.m. the first Monday of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Emotions Anonymous meets at 7:30 p.m. Wednesdays at the Goodland Regional Medical Center board room.

Aerobics Classes - 5:30 a.m. aerobics classes are offered Monday, Wednesday and Friday at the Goodland Activities Center. Call 890-7242.

TOPS Meetings - Take Off Pounds Sensibly meets at 5:30 p.m. Tuesdays at North Elementary School. Weigh-in is at 5 p.m. A new group may be started and meet at a different time. Call Norma Mullen, area captain, at (785) 689-4362.

Alcoholics Anonymous S.O.S. Group holds open meetings at 7 p.m. Monday at the Trinity Lutheran Church, Seventh and Senter, Burlington. Call Pamela at 719-346-7711 or Dave at 890-2858.

Goodland Alcoholics Anonymous meets at 8 p.m. Monday, closed meeting, Wednesday, the book meeting, and Saturday, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353.

the calendar

calendar

"Bouncing Babies, Twisting Toddlers, Beautiful Books" will be presented 7 to 9 p.m., Wednesday at the Goodland Public Library, 812 Broadway. Karen Merryman, professional development director for Smart Start Northwest Kansas, will teach parents and child care providers techniques for reading to babies and toddlers.

Sherman County Local Emergency Planning Committee will meet at 5:15 p.m. Wednesday at the meeting room on the second floor of the City Building, 204 W. 11.

Jodie Tubbs of the Kansas Commission on Veterans Affairs will be in Goodland from 1 to 2:15 p.m. Thursday in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572. Tubbs will be in Goodland on the first and third Thursday of each month.

Prairie Land Food pick up will be from 10:30 to 11:30 a.m. Saturday at the Goodland Elks Lodge. Anyone who wants to see what is in the packages can stop at the lodge on distribution day.

Author Steven Michael Farney will be speaking about his newest book, "It's Time to Play: Jack Gardner, Basketball and Kansas State University," at 7 p.m. on Tuesday, Nov. 20, at the Goodland Public Library.

The Carnegie Arts Center's annual Christmas home tour will be from 1 to 4 p.m. on Sun-

day, Dec. 2. The barbershop quartet will perform. Tickets will be on sale starting in November at the arts center. The price is \$12 for members and \$15 for nonmembers. Carriage rides are available for \$5 additional.

Carriage ride tours of the Handy House and the Carnegie Arts Center will be from 1 to 4 p.m. on Saturdays, Dec. 8, 15 and 22. Tickets are \$12. Proceeds will go the Sherman County Historical Society and Goodland Arts Council.

The First Baptist Church will have children's and adults' services at 9:30 and regular church services at 10:30 a.m. Sundays at Bateman Funeral Home, 11th and Broadway, while moving from Fifth and Center to 12th and Main.

St. Paul's Episcopal Church women will have their Chicken and Noodle Dinner on Saturday, Dec. 1, for take out and delivery only.

The First Baptist Church will have children's and adults' services at 9:30 and regular church services at 10:30 a.m. Sundays at Bateman Funeral Home, 11th and Broadway, while moving from Fifth and Center to 12th and Main.

school calendar

Wednesday: Gold Day. 4 p.m., Central Site Council meeting. Thursday: Black Day. 3:30 p.m., 7th and 8th grade basketball vs Quinter. Central school picture retakes. 3:30 p.m., Lifetouch high school winter sports pictures. Friday: Gold Day. Future Career, Community Leaders cluster

Goodland Al-Anon Serenity Seekers group meets at 5:30 on Wednesdays at 1013 Center. For information call Cheryl at 890-3023.

The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays and 7 p.m. Saturdays at the Goodland Elks Lodge. Call 890-8369.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from 6:30 to 8:30 p.m. the third Wednesday of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

Admission to the Prairie Museum of Art and History will be free from noon to 4 p.m. Mountain Time Sundays at 1905 S. Franklin in Colby. The museum is also open from 9 a.m. to 5 p.m. Central Time Monday through Friday and 1 to 5 p.m. Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Benefits for Seniors, including Medicare and application for Patients Assistance Drug Program. Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; family planning; and toenail clipping available by appointment. Sharps containers are available free. Call 890-4888.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing - The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

cell phone drive

Save a Life-Give a Phone collects used cell phones and refurbishes them to provide 911 access for domestic violence victims locally and nationwide, including all YWCA

Domestic Violence Shelters. Phones are also provided to the elderly and others in need of an emergency cell phone. The group has a drop-off point at American Communications, 726 W. Business U.S. 24. Call Jeannie Topliff at 899-2426 or Candice at 866-448-2366.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop should call 899-2007 to arrange to meet by the door in the alley and take donations directly from the car to the warehouse.

The store needs zippered bags like those bedding and curtains are sold in, seal-a-meal bags or any bags that can be heat-sealed, and jewelry gift boxes.

alateen

A former Alateen member and an Al-Anon member have formed an Alateen support group that will meet from 6 to 7 p.m. on Mondays at 1275 W. Sixth in Colby. The group is for relatives and friends of alcoholics and is open to anyone 19 years old or under. Call 785-462-8152 or 462-6101.

tiny-k

Tiny-k Early Intervention Services, formerly the Early Intervention Networks, promotes development among infants and toddlers with special needs. The Northwest Kansas Educational Service Center in Oakley provides these services free of charge to children in this area.

Services include speech, developmental, vision and hearing screenings to all children and physical/occupational therapy and developmental training to children who qualify. Call 785-672-3125, ext. 115.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having

meeting. Saturday: Nu Phi Mu Arts & Crafts fair at Max Jones Fieldhouse. Future Career and Community Leaders of America cluster meeting. Sunday: Future Career and Community Leaders of America cluster meeting. Monday: 3:30 p.m., 7th and 8th basketball at Oakley. Tuesday: Monday Schedule. 7 p.m., Fourth grade music program in high school auditorium. 8 p.m., Future Career and Community Leaders of America lock-in.

school menu

Today: Corn dog, French fries, pickle spear, frosted banana and milk. Wednesday: Turkey, mashed potatoes and gravy, green beans, whole wheat roll, pumpkin dessert and milk. Thursday: Fish nuggets, oven-browned potatoes, carrots, whole wheat roll, gelatin and milk. Friday: Chili, crackers, peaches, cinnamon roll and milk. Monday: Chicken parmesan, lettuce salad, corn garlic bread, rosy applesauce and milk. Tuesday: Hot dog, baked beans, tri tator, half orange and milk.

senior menu

Today: Turkey, mashed potatoes and gravy, cranberry relish, dressing and pumpkin bars or dessert. Wednesday: Hamburger cheese casserole, mixed vegetables, mandarin oranges, bread and choice complement. Thursday: Roast port, sweet potatoes, gelatin with fruit, rolls and cake. Friday: Sloppy Joes, tater tots, carrifruit salad, bun and half banana. Monday: Smothered steak, scalloped potatoes, beets, bread and apricots.

Couple plan wedding on New Year's Eve

Anna Kristina D. Jurey of Oakley and Ian Charles Scherling of Goodland plan to marry New Year's Eve, Dec. 31, 2007, in Manhattan.

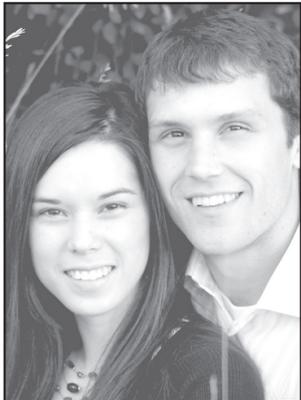
The future bride's parents are Dwight and Cresciana Jurey of Oakley and the future groom's parents are Dane and Micki Scherling of Goodland.

The bride-elect graduated in May 2007 from Kansas State University with a major in English with an emphasis in Creative Writing and is currently employed as a communications secretary at University Christian Church in Manhattan. She graduated from Oakley High School in 2003.

The bridegroom is currently a fourth year landscape architecture student at Kansas State University.

He has accepted an eight month internship at Olin Partnership in Philadelphia beginning in January 2008. He graduated from Goodland High School in 2004.

After the wedding, the couple will



Anna Jurey and Ian Scherling

reside in Philadelphia until the bridegroom's internship is completed and then will return to Manhattan in August for him to finish his Master of Landscape Architecture.

An open house reception in Oakley is planned when the newlywed return from Philadelphia.

Granddaughter born at Colby medical center

Kinslie Rhodes Blake was born on Nov. 4, 2007, at the Citizens Medical Center, Colby, to Amy Wheelbarger and Daniel Blake of Colby. She weighed 7 pounds 4.9 ounces and was 19 inches long.

Her maternal grandmother is

Shirley Wheelbarger and grandfather is Don Wheelbarger of McCook, Neb.

Her paternal grandmother is Peggy Blake of Syracuse and grandfather is Rodney Blake of Goodland.

Arts and craft show next week at Oberlin

The Holiday Arts and Crafts Show will be held from 8 a.m. to 3 p.m. (Mountain Time) at The Gateway in Oberlin on Saturday, Nov. 24. It is sponsored by the Oberlin Arts and Humanities Commission.

This will be the first year home-based name brand businesses will join the original crafters displaying and selling their wares. There

are nearly 70 booths registered. Lunch will be available, which will be cooked by The Gateway staff. Babysitting also will be provided. Donations for babysitting will be appreciated.

Drawings will be held all day for items donated by the various vendors. There is no admission charge.

Avoid these mistakes when starting a business

According to the Small Business Administration, a third of small businesses fail within the first two years, and over half fail within the first five years. So how do you beat the odds and enjoy many years of success? Here are three common mistakes to avoid and increase your chances of survival:

Mistake No. 1 Not enough cash. Income and cash flow are not the same. You can show a profit and not have any cash in the bank. Cash flow problems cripple a business and start a vicious cycle of late fees and penalties. Before getting started, it's wise to accumulate a cash reserve that's at least three times your estimated needs. Businesses with large inventories or large accounts receivable may want to set aside even more.

Mistake No. 2 Inadequate planning. If you try to build a house without a plan, you'll run into costly mistakes and have a very unstable structure. Building a business with-

jamie morphew • business tips

out a plan is the same. Mistake No. 3 Inflexibility. The market is constantly changing. Failure to adapt to the wants and needs of your customers will turn a thriving business into a ghost town.

If you're considering starting a small business and would like some help, give us a call. This tip was brought to you by Western Kansas Business Consulting. We offer free and confidential business consulting to Kearny, Scott, Sherman, and Wichita counties. For more information or to set up an appointment, contact Jamie Morphew at (620) 874-0771 or e-mail wkbc@wbsnet.org.

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Classifieds work! 899-2338

The Goodland Star-News SUBSCRIBER Joyce Moore You receive two free passes to see Mr. Woodcock (PG-13) Clip and bring to the show. Non Transferable Sherman 1203 MAIN - Phone 899-6103

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