

# Cowboys win dual, seventh in tourney

By Sharon Corcoran

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The Goodland High wrestlers won a dual meet over Rawlins County last Thursday, the coach said, but ended up in seventh place at a tournament over the weekend despite competing pretty well.

The Cowboys beat the Rawlins County Buffaloes 43-27 in Atwood, then placed seventh out of 18 teams at the Colby Invitational on Friday and Saturday.

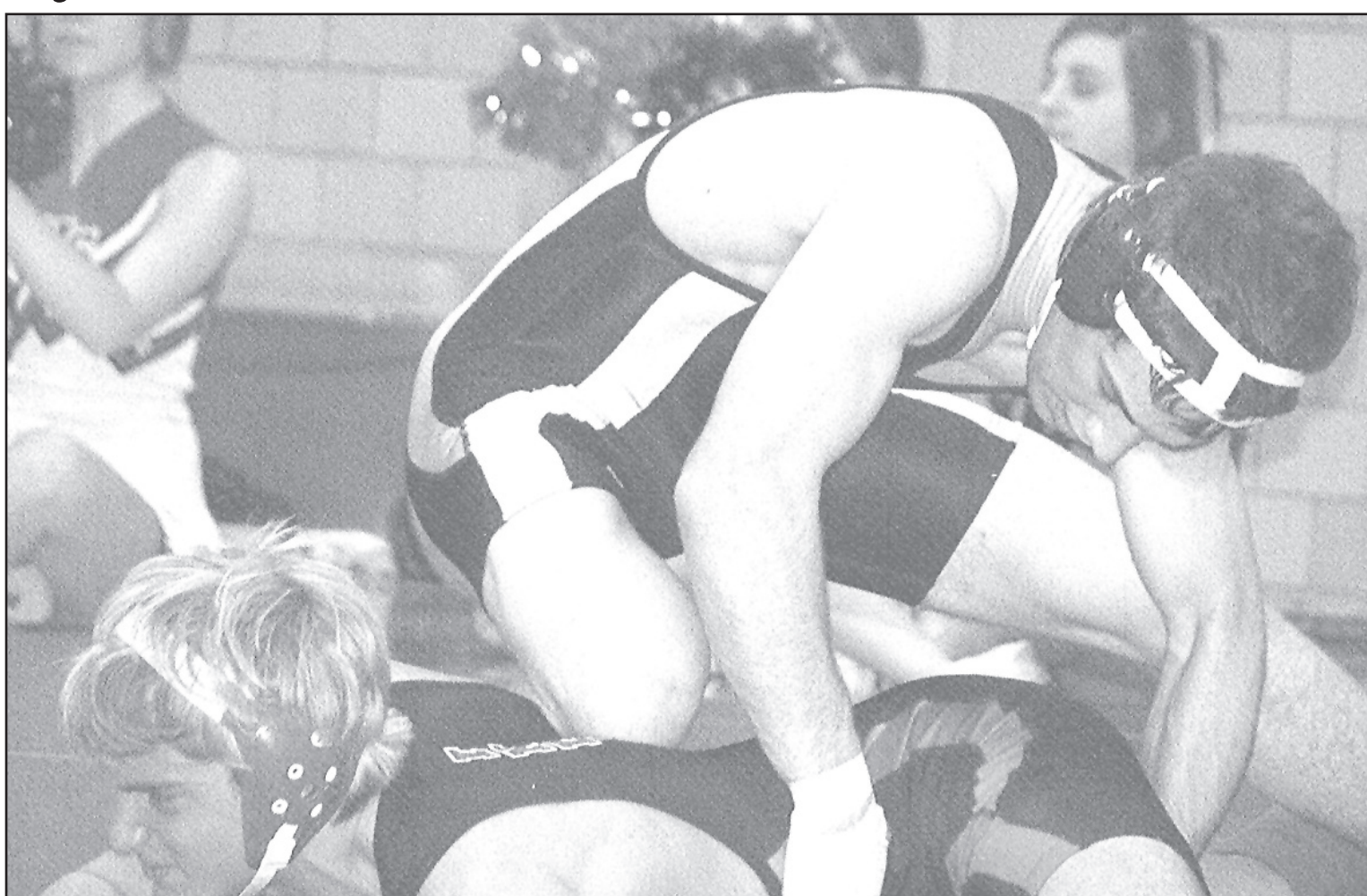
At Atwood, Goodland had three varsity wrestlers win by fall, two by decision and three by forfeit, said Coach Joseph Sramek, an Atwood graduate.

Junior Vance Johnson pinned Dayne Fanders at 171, senior Ren Scherling pinned Taylor Carroll at 215 and senior Bob Doxon pinned Shelby Wright at 275.

Senior Aaron Deeds beat Zack Ruda 12-0 at 152 and junior Ryan Taylor whipped Lance Finley 5-1 at 160. Junior Kade Sheldon won by forfeit at 112, senior A.J. Stephens at 140 and junior Keegan Smith at 145.

Goodland lost two matches with pins, three by decision and gave up one forfeit. Freshman Kayler Rietcheck lost by fall to Anthony Vrabas at 125 and freshman Nathan Deeds to Kevin Wolters at 130.

Freshman Seth Miller lost 4-2 to Brett Carroll in overtime at 119, sophomore Lorenzo Delgado to Alex Bebb 8-7 at 135 and junior Fernando Martinez to John Binning 10-5 at 189. Goodland's only forfeit was to Dustin Vap at 103.



Senior A.J. Stephens tried to flip over a Hoxie Indian during the Goodland vs. Hoxie dual at the Colby Invitational Wrestling Tournament, held last Friday and Saturday. Stephens was 7-0 in the tournament.

Photo by Joey Falkoff/The Colby Free Press

In junior varsity action, sophomore Paul Starr pinned Tyler Martin, and sophomore Jay Cotter pinned Mark Green and over Jeremy

Intermuhle. Senior Martin Stadelmann, a foreign exchange student from Switzerland, lost by a fall to Cody Green.

Though three of Goodland's five losses were by freshmen, but Coach Joseph Sramek said he didn't feel inexperience was a factor. Atwood

is also very young, he said, but they have some good wrestlers that will surprise people later on in the year. "I thought Atwood wrestled re-

ally well," he said. "They were well prepared, and some of these wrestlers surprised us."

Sramek said it was a fun experience being up against his alma mater.

"I have a lot of friends and family still there," he said.

For the weekend, he said, the team was 4-3 in its duals against other schools in the tournament but still finished seventh overall.

Duals Goodland won were, 52-19 over Plainville, 45-16 Hoxie, 38-29 Scott City and 46-22 with Chaparral High from Colorado. They lost against Valley Center 30-33, Pine Creek, Colo., 33-44, Concordia 30-37.

The Cowboys had five wrestlers go undefeated, Stephens, Aaron Deeds, Taylor, Martinez and Doxon, all 7-0. Sheldon and Smith were 6-1. Nathan Deeds was 4-3, Scherling 3-4, Johnson 2-5, Miller 1-6 and Rietcheck and Delgado both 0-7.

"Overall, I felt our team was very competitive against some outstanding competition," Sramek said, "and it was a successful weekend."

Colby won the tournament, Valley Center was second, Garden City third, Shawnee Heights fourth, Liberal fifth and Pine Creek sixth.

The Cowboys will be at home this weekend for the Holiday Classic Wrestling Tournament starting at 8 a.m. Saturday. It will be a great tournament with some good teams, Sramek said, and the Goodland boys will have to face some tough competition.

## Former Cowgirl helps Lady Trojans

A Goodland High grad helped the Colby Community College Lady Trojans basketball team enter the new year having won three of its last five games after a 84-67 win over Eastern Wyoming on Saturday at the Western Nebraska Tournament in Scottsbluff.

The Trojans finished the tournament 2-1 and are now 5-9 for the season following wins over Air Force Prep and Eastern Wyoming and a 66-44 loss to Western Nebraska on Friday.

Against Eastern Wyoming, the Lady Trojans built a 47-33 halftime cushion and never let up on their way to a 17-point win. The Lady Trojans were red hot from behind the three-

point line, connecting on 11 of 23 (47.8 percent). Nikki Welsh, Sanda Sormaz and Whitney Archer each hit three three-pointers.

Welsh, Sormaz and Archer were also the top three scorers for the Trojans. Archer and Welsh finished with 17, while Sormaz had 15 on 6-for-12 shooting.

Jazmine Murray had a nice game off the bench, finishing with nine points on 4-for-5 shooting.

In all, 10 of the 12 Lady Trojans found the scoring column Saturday.

It was a different story for Friday against Western Nebraska.

The Lady Trojans shot a respectable 40 percent, but committed 32

turnovers and had just five assists. Colby trailed 34-28 at the half, but scored only 16 points in the second half and saw the game get out of hand.

Sormaz was the only Lady Trojan in double-figures. She had a perfect night from the floor, finishing with 12 points, including two from three-point range. Welsh and Archer each finished with eight points, but no other player scored more than four.

The Lady Trojans (5-9) will have three weeks off before beginning conference play at 6 p.m. Wednesday, Jan. 2, against Garden City at the Colby Community Building.

## Basketball scheduled at Quinter

Weather forecasts call for more snow today, with the Goodland Cowboys and Cowgirls basketball teams scheduled to go to Quinter for games this evening.

The Cowgirls are to play at 5:30 p.m., and the Cowboys would fol-

low about 7 p.m. Snow earlier in the week caused Goodland to postpone games against Hays High until Saturday, Jan. 12, at Max Jones Fieldhouse.

The Cowboys and Cowgirls are scheduled to be in Scott City

on Tuesday for their last games before the Christmas break. The teams will resume play on the road against Lakin on Friday, Jan. 4, and against Rawlins County at Max Jones Fieldhouse on Friday, Jan. 11.



## The Goodland Star-News

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## S&M Repair, LLC

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Micha and Lana Seamens moved themselves and two daughters to Goodland from Raleigh, N.C., in February. On March 22nd, Micha and his step-son, Drew Miller, purchased Malsom Welding & Repair from Dennis Malsom. When asked why, Micha simply stated, "It's for Drew's future... well, for all of our futures". A further explanation includes the fact that Drew worked for Malsom for the last five years. When Dennis expressed an interest in selling, Micha thought that it would be the right thing to do. Drew and his wife, Whitney Jo, have an 18-month-old son whose name is Aden. Micha is quick to add about Aden, "He is the light and joy of our life".

Micha is involved in our community as an assistant coach for the Goodland's Cowboys football team. Drew is involved in the IMCA Racing circuit. This circuit hosts local events in Goodland, Colby and WaKeeney, to name a few.

When asked about S&M Repair and what they offer, Micha explains that they service semi's, tractors and as he put it, "anything that runs on diesel." They most recently added a billboard on I-70 letting the big trucks know that they are available in a pinch if they have trouble with their rigs. He also added that they do metal fabrication and welding and will work on trailers as well.

Contact Micha or Drew at S&M Repair at 899-5423 or come by the shop. This phone number will rollover 24 hours a day to an on-call technician after hours in case you need help.

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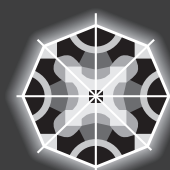
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