Goodland The Star-News / Tuesday, February 12, 2008 3a Third graders present winter concert

By Tom Betz

ntbetz@nwkansas.com The Central Elementary thirdgrade class presented their snowdelayed winter song concert on Thursday at the Goodland High School auditorium before a large

The concert, which included a story line about kids hoping for a snow day away from school, had been planned for Tuesday, when a storm dropped nearly nine inches of snow on Sherman County. That forced officials to close schools and postpone the show until Thursday.

Jamie Nemecheck welcomed the audience and introduced the program. Director Linda Lucas and her students presented several songs, including "Bright Happy Day;" "Phil" featuring Noah Hernandez, Brenae Bahe, Claudia Soto, Jacob Fisher, Austin Keim and Chalee Luther;"IThink I'll Think it Over;" "Ode to the Treble Clef," featuring Amber Martell; and "Xtreme

A wintertime mini-musical called The Big Chill (Hoping for a Snow Say)," included "The Big Chill," "Snow Day," "A Day at Home," "We're on the Same Track" and "Seven Feet of Snow," featuring Savannah Brighton and Joshua

The Big Chill finale featured Adison Avelar, T.C. Ruhs, Kasey Stramel, Elizabeth Fulcher, Hagan Hoss and Margaux Thompson. Alex Goodwin was the principal, announcing that a storm was coming.

Brighton, Matthew Wood, Kinsey Volk, Norelia Castillo, Taylor Thorson, Nolan Deeds, Jacob Brown, Amanda Coon, Joshua Smith, Alexi Vasquez, Katie Zelfer and Kelsey White played teacher.

Zane Bateman was the coach, wondering about playing his games. Faith Teter was the choir director



Floyd and Gabriella Galindo (above) kneeled and strummed makebelieve guitars at the end of one of the songs during their winter

preparing for a winter program. came from four classes: Dillon Gillming was a school bus driver worried about driving in the

and Sianna Miller played weather Nemechek, Tyka Ruhs, Myrna reporters keeping the school in- Ruiz, Janessa Selbe, Ariel Tabor, formed of the impending snow Thompson, Taylor Thorson, Volk, storm. "It's in Your Hands" was the

Students in the third grade choir

Alvarez, Bahe, Shavaun Barnes, Bateman, Fulcher, Michael Garza, Kaitlyn Daise, Dusty Johnson Goodwin, Noah Hernandez, Miller, Isaac Walton, White and Trace

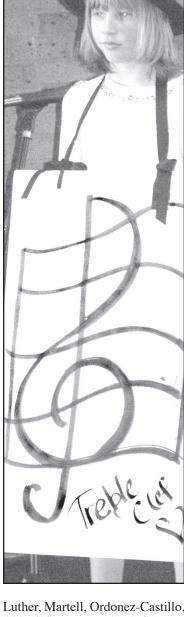
Third graders Erica Hernandez, Jacob Fisher, Adison Avelar, Erin song concert Thursday at the high school auditorium. Amber Martell (right) wore a treble clef sign as third grade students sang "Ode to the Teble Clef." Photos by Tom Betz/The Goodland Star-News

> sett, Brown, Daise, Deeds, Kelcie Fairchild, Erin Floyd, Gabriela Rachel Hodges' class: Cristina DeHoyos, Kennedy Dinkel, Chri- Galindo, Ussiel Gallegos, Janelle styl Dudley, Alyssa Helpingstine, Grammon, Braelyn Hoelting, Dusty Anthony Hernandez, Ariadne Hernandez, Hoss, Dominick Lewis, Rebekah Salmans, Heather Smith, Tobi Steggall, Jeffrey Turner, Alyssa Wear, Tate Withington and Zelfer.

> Deb Bantam's class: Simon Bas- Anderson, Avelar, Coon, Erica Jose Ledesma, Calvin Linnell,

Johnson, Keim, Abigail Neal, Leonicio Perez, Stramel, Teter, Vasquez, Wood and Kelly Ye.

Rebecca Musil's class: Maria Aguirre, Brighton, Paige Cullens, Fisher, Gillming, Erica Hernandez, Joy Boyington's class: Ashley Autumn Hudson, Autumn Johnson,



Abigail Santana, Makayla Schartz, Cecil Smith, Joshua Smith, Alonzo Soto and Claudia Soto.

Skin scans find sun damage, dehydration, clogged pores

By Sharon Corcoran

slcorcoran@nwkansas.com What's the diagnosis? Dehydration? Sun damage? Clogged

Cheri McNeilly, 34, a learning and business coach

for Bioelements skin care, put women's faces under an ultraviolet light Sunday at the Total Look salon to see which products they need for a flawless complexion.



McNeilly

McNeilly came out from Westminster, Colo., to help mother-anddaughter salon owners Toni Hoss and Deedi Hoss-Dorn diagnose skin issues that can be helped by Bioelements products. The scans were free, but required appointments made ahead of time.

The skin scanner shows sun damage, McNeilly said, clogged pores, freckles, dehydration and dryness.

The ultraviolet light shows different colors on your skin, she added; dehydration is purple, little orange dots are clogged pores and brown blotches are sun damage. For sun damage, she recommends "light plex," a pigment balancer. It will fade spots to an extent, she said, but not erase sun damage completely. It has to be used twice a day for eight weeks before you notice a differ-

Sun block is recommended to prevent further damage, McNeilly said, and you need at least a sun protection factor of 15 to make a difference.

She said she hasn't noticed anyone with an increase in sun damage with age, adding that tanning beds cause as much damage to sunlight, more if they are overused. They can even give your skin a leathery

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Cheri McNeilly of Westminster, Colo., did skin scans Sunday at the Total Look salon in Goodland. The scans show sun damage, clogged pores and dehydration.

Photo by Sharon Corcoran/The Goodland Star-News

texture if you spend too much time under the lights, she said, and fairskinned people shouldn't tan until they are brown.

She recommends facials for clogged pores and says a product

corrections

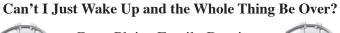
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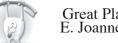
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called "Breakout Control" also helps.

'But they should have Deedi do a facial," she said. "That will help

The skin-care line also includes "Gel Therapy Mask," McNeilly said, a hydrating product which helps with dehydration. And a lot of times, she said, looking face-to-face without the scanner, you can tell if someone has oily or dry skin and can and did skin diagnoses at the health recommend a skin-care regimen.

McNeilly said she started out with Bioelements as a customer. She their event Sunday. worked at salons in Colorado, and when the skin-care company had an having a come-and-go event," opening, she got the job. She said she loves every minute of the job and is always learning.

"You can never learn too much," she said. "As an educator, I still learn as I teach.'

She said she still does manicures in Colorado, where she lives with her husband Jeff, and their sons, Kasen, 2, and Teagen, 5 months.

She said Goodland is part of her territory with Bioelements, so she came out to help, but Toni and Deedi know how to use the skin scanner fair Feb. 2.

The women said they enjoyed

"It helped scheduling rather than Deedi said. "It was more fun and allowed us to spend more one-on-one time with people."

student of the week



Name: Tehnee Ridder Parents: Roger and Cynthia Ridder

We've nominated this

Grade: 12 **Age:** 17

student because: Tehnee is a very quiet, reserved student who is willing to work with any other student on a project or in-class activities. She works hard for her grades. She's kind, courteous, and responsible. She sets goals and strives to meet them. She's active in FCCLA, and integrated

part of the FACS curriculum. **Student Comment:** I will always remember all the

hilarious moments I've spent hanging out in the library before school and over the lunch break. I'm sure many

Activities involved in at **school:** AFS (host sister), Scholar's Bowl, FCCLA, Art Club, and Science Olympiad

others can relate!

My choice of movies, books, and games: Movies=Benchwarmers, Lord of the Rings, and Shaun of the Dead. Music=anything! rock, country, classical...I like it all! Books=Maximum Ride

by James Patterson **After I leave Goodland High School I intend to ...:** attend NWKTC in cosmetol-

And 10 years from now, I think I'll be ...:

older! I;m not sure where I will be or what I'll be doing. I can only hope that I will be happy and healthy

Favorite Quote: Those who dream by day are cognizant of many things which escape those who dream only by night. Edgar Allan Poe

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