

student news

Robert Anthony Benavides, 2005 Goodland High School Graduate, earned semester honors for the Spring 2008 semester at Kansas State University of Manhattan. Benavides had to have a grade point average in the upper 10 percent of his class.

info wanted

Former patient wants to know the location of the records of Dr. Teeters, Goodland doctor, for 1954-5. Call Kathy (785) 625-8719.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday.**

The High Plains Museum, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday through Friday, from 9 a.m. to 4 p.m. Saturday and from 1 to 4 p.m. Sunday.**

The Carnegie Arts Center is open from **10 a.m. to 5 p.m. Tuesday through Friday and from 1 to 4 p.m. Saturday through Monday** at 120 W. 12th. Currently on display will be two and three dimensional artwork by Brian Freeman. He works in the mediums of pastel, chalk, acrylic, wood, metal and scratch board influenced by Art Deco, Erte and organic figures of people, animals and landscape.

The Goodland Public Library is open from **10 a.m. to 7 p.m. Monday through Thursday** and from **10 a.m. to 5 p.m. Friday and Saturday.**

Prairie Piecemakers Quilt Guild will meet at 6 p.m. the second Thursday of each month at Wheatridge Acres in Goodland. The Piecemakers will have open sewing from 8 to 11 a.m. on the fourth Saturday of the month at Wheatridge. For information call Cora House at 899-2619, Joan Reid at 890-7301.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Goodland Mothers of Preschoolers (MOPS) will meet from **6 to 7:30 p.m. the first Monday of the month** at the First Christian Church, Eighth and Arcade.

Diabetes Support Group meets at **4 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at **5:30 p.m. the second Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Emotions Anonymous meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

Aerobics Classes - 5:30 a.m. aerobics classes are offered **Monday, Wednesday and Friday** at the Goodland Activities Center. 5:30 p.m. aerobics classes are offered **Monday, Wednesday and Thursday.** Call 890-7242.

TOPS Meetings - Take Off Pounds Sensibly meets at **5:30 p.m. Tuesdays** at North Elementary School. Weigh-in is at 5 p.m. A new group may be started and meet at a different time. Call Norma Mullen, area captain, at (785) 689-4362.

Goodland Alcoholics Anonymous meets at **8 p.m. Monday**, closed meeting, **Wednesday**, the book meeting, **and Saturday**, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353.

Goodland Al-Anon Serenity Seekers group meets at **5:30 on Wednesdays** at 1013 Center. For information call Cheryl at 890-3023.

The "Freedom Today" group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays and 7 p.m. Saturdays** at the Goodland Elks Lodge. Call 890-8369.

Stratton "AA by the Book" Alcoholics Anonymous group meets at **7 p.m. Thursdays** for a beginners open meeting. Families and young people welcome. Call

the calendar

calendar

The K-State/Sherman County Wheat Plot Tour will start at 4 p.m. **today** with irrigated 4-H Wheat Plot by Adam Duell, County Road 10, 7 1/2 miles north of Ruleton north side of windbreak. **At 5:30 p.m. will be the Wheat Plot Tour at Fred and Jeanie Schields Farm**, 10 miles north of Goodland, north side of the trees and house. Thirty varieties of wheat will be reviewed.

The Sherman Theatre **summer matinees** is at **1:30 p.m. on Wednesday** with "Shrek the Third" and "Barnyard" on Wednesday, June 18.

The **Good Samaritan Society - Sherman County**, 208 W. 2, is having a **Mexican food night from 5:30 to 7 p.m. on Thursday** to raise money for their Relay for Life team. They will serve beef or chicken fajitas, beef tacos, cheese enchiladas, Spanish rice, refried beans, chips and salsa, or ham and beans with mini cheesecakes or lemon bars.

TNT Singles will meet at **5:30 p.m. Thursday** at Edward's Hall for food, cards and fun. Call 899-3323.

The **Annual Flag Day Celebration** by the Goodland Elks Lodge will be at **10 a.m. on Saturday** at Wheat Ridge Acres dining room. There will be music and refreshments.

There will be an **Ice Cream**

Social for Cancer Survivors at 6:30 p.m. on Monday, at Gulick Park. For information call Brooke Lohr at First National Bank, (785) 890-2000.

Prairie Land Food sign up will be until **Monday**, and pick up will be from 10:30 to 11:30 a.m. **Saturday, June 28**, at the Goodland Elks Lodge for the June distribution. Anyone who wants to see what is in the packages can stop in on distribution day.

Jodie Tubbs of the **Kansas Commission on Veterans Affairs** will be in Goodland from 1 to 2:15 p.m. **Thursday, June 19**, in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572. Tubbs will be in Goodland on the first and third Thursday of each month.

Moonlight Entertainment, Goodland Public Library and the Goodland Arts Council will have **Movies on Main** at the VFW north wall parking lot between the VFW and the GAC on **Thursdays every other week**. Showing will be "Superman - The Movie" on **Thursday, June 19**, "Footloose on Thursday, July 3", "Big" on Thursday, July 31 and "Rocketman" on Thursday, Aug. 14. Movies will start at sunset (8:30 to 9 p.m.) Bring lawn chairs, blankets and snacks. There is no charge.

(719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Lola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from **6:30 to 8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

Kansas Veterans of Foreign Wars and Ladies Auxiliary will have its annual State Convention on Friday to Sunday in Wichita.

LINK, Inc. will have its Business Appreciation Day from 9 a.m. to 1 p.m. (Mountain Time) on Wednesday at Fike Park in Colby. There will be food and entertainment.

26th Annual Stearman Fly-in will be on Saturday and Sunday at the Cheyenne County Airport of St. Francis. For information call (785) 332-2251 or www.stearmanflyin.org.

The **Smithsonian Institution traveling exhibition**, "A Magic Web — the Tropical Forest of Panama's Barro Colorado Island," will be on display at the Dane G. Hansen Museum in Logan through Sunday, June 22.

Prairie Museum of Art and History, 1905 S. Franklin, in Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

The **USS Hollister Destroyer Reunion (DD-788)** will be from Wednesday to Sunday, Sept. 17 to 21, at Branson, Mo. For information contact Mrs. Nelda Rupp, 2118 15440 SE Hartnell Ave., Portland, Ore. 97267, (503) 656-4949 or hnrupp@comcast.net.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. Call 890-4888.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection

Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

Today: Shelby Miller, a.m. and Emma VanVleet, courtesy. **Wednesday:** Leora Jones, a.m. and Mazie Sutton, courtesy. **Thursday:** Jessie Owens, a.m. and Sutton, courtesy. **Friday:** Avis Alcorn, a.m. and Sutton, courtesy. **Monday:** Ramona Livengood, a.m. and Sutton, courtesy. **Tuesday:** Jam Lambert, a.m. and VanVleet, courtesy.

cell phone drive

Save a Life-Give a Phone collects used cell phones and refurbishes them to provide 911 access for domestic violence victims locally and nationwide, including all YWCA Domestic Violence Shelters. Phones are also provided to the elderly and others in need of an emergency cell phone. The group has a drop-off point at American Communications, 726 W. Business U.S. 24. Call Jeannie Topliff at 899-2426.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop should call 899-2007 to arrange to meet by the door in the alley and take donations directly from the car to the warehouse.

The store needs zippered bags like those bedding and curtains are sold in, seal-a-meal bags or any bags that can be heat-sealed, and jewelry gift boxes.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded

A Yard and Garden Tour will be from 3 to 6 p.m. on **Sunday, June 22**, sponsored by the Carnegie Arts Center. Yards to be seen include the yards of Michael and Joyce Burk, Randy and Anita Coleman, Daryl and Toni Hoss and Kevin and Christie Rasure. Artists Connie Hatcher, Shirley Houston and Elwyn Vatcher will capture the beauty of the yards on canvas. At one of the yards Kathy Briney and her students will provide music. Tickets are \$12 and \$10 for members are on sale now at the center. For information call 890-6442.

Calvary Gospel Church is sponsoring Get on the Road to Financial Peace. For information call Bobbie Jo Dinkel at (785) 899-6311 or the church (785) 890-3605.

senior menu

Today: Salisbury steak with gravy, au gratin potatoes, peas, bread and pears. **Wednesday:** Salmon patties with sauce, broccoli salad, applesauce, roll and cherry cobbler. **Thursday:** Liver and onions with gravy, parslid potatoes, green beans bread and ambrosia fruit salad. **Friday:** Chicken Fajita Pasta Salad, cantalope, torilla chips and brownie. **Monday:** Swedish meat balls, mixed fruit, corn, noodles and cookie. **Tuesday:** Lasagna, Italian blend vegetables, tossed salad, garlic bread and watermelon.

program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Carrie Starns at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. **Support group for women's** domestic violence victims/survivors is from **3:30 to 4:30 p.m. Central Time on Wednesdays**; **a men's** domestic violence victims/survivors support group from **noon to 1 p.m. Central Time Tuesdays**; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jennifer Follis.

tree donations

Many trees at the Goodland Cemetery have died and the cemetery board is trying to replace them. Contributions for the Goodland Cemetery Memorial Tree Fund can be left at Koons or Bateman funeral homes or sent to the Goodland Cemetery Board, Box 59, Goodland, Kan. 67735. Donations may be made in memory of a loved one.

animal shelter

Lost a pet? Call the Goodland Police Department at 890-4570. Interested in adopting a pet?

obituary

Arthur Cabral

Arthur Cabral, 81, Goodland, a retired welder, died Friday, June 6, 2008, at the home after a battle with cancer.

He was born on Sept. 28, 1926, to Alfonso Cabral and Ophelia Tolmich in Pueblo, Colo., and grew up in Walsenburg, Colo., where he worked in the coal mines after school. Later he became a welder, which he loved doing. He retired in July 2004 from Atlas Metal and Iron in Denver and moved to Goodland.

He and Mary Louise Ornelas married May 28, 1988, at Raton, N.M. Preceding him in death were his parents.

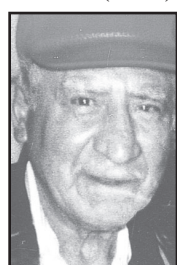
Survivors includes his wife, of the home; a son, Artesia Cabral; four daughters, Linda Lee, Rosalinda, Artie and Christine; three step-daughters, Vangie Pascom of

Denver, Kathy (Wesley) Daniels of Atlanta, and Yvonne Ornelas of Goodland; a step-son, James (Barb) Ornelas of Goodland; six

sisters Rae (John) Tofoya, Cordelia (Tony) Mesta, Marie Nieto, Charlene (Floyd) Norman, Margaret (Ben) Gallegos and Ophelia Sanchez, all of Denver; two brothers, Martin (Amelia) Cabral of California, and Alfonso (Dorlene) Cabral of Denver; 14 grandchildren; and six great-grandchildren.

Services will be at noon on Friday, June 13, 2008, the Crown Hill Cemetery, 7777 W. 29th Ave., Denver, followed by cremation.

Visitation is from 5 to 7 p.m. on Thursday, June 12, 2008, at the cemetery in Denver. Local arrangements were by Koons Funeral Home.



Cabral

Goodland grads plan July wedding

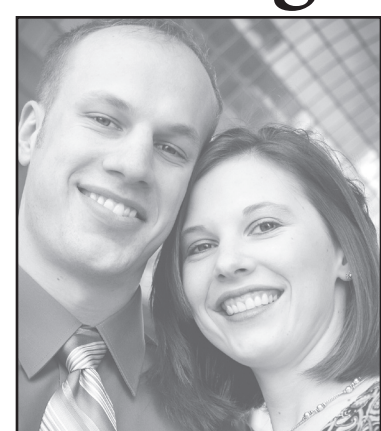
Amanda Hoffman and Alan Cebula plan to marry Saturday, July 26, 2008, in Manhattan.

The bride to be's parents are Richard and Lyn Hoffman of Topeka, formerly of Goodland, and grandparents are Edward and Annette Helwig of Cedar Grove, N.J., and Connie and the late George Hoffman of Surprise, Ariz.

The future groom is the son of Stanley and Gwendolyn Cebula of Goodland and the grandson of the late Thomas and Stella Cebula and James and Norene Forbes.

She graduated from Goodland High School in 2003 and from Kansas State University in 2007 with a Bachelor of Science in speech communication with a minor in music and leadership studies.

He graduated from Goodland High in 2003 and K-State in 2007 with a Bachelor of Science in me-



Cebula and Hoffman

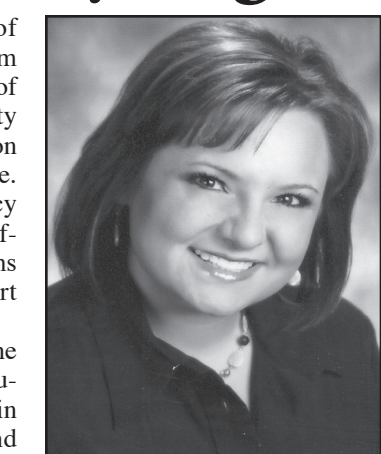
chanical engineering with a nuclear option. The future groom is a master's student in nuclear engineering.

The couple will live in Gainesville, Fla., following the wedding.

Former student gets pharmacy degree

Sara Carlson, granddaughter of Judy Helm and the late Bob Helm of Goodland, received her Doctor of Pharmacy degree from the University of Wyoming School of Pharmacy on Tuesday, May 10, 2008, in Laramie. She has accepted a one-year residency with the Department of Veterans Affairs Black Hills Health Care Systems in Hot Springs, S.D., and will start Monday, July 7.

Carlson went to school through the fourth grade in Goodland and graduated from Scottsbluff High School in Nebraska. Her parents are Tim and Kim Carlson of Minatare, Neb.



Sara Carlson

On Saturday, June 14, there will be a memorial service for Reverend Bob Smalley. The service will take place at the Nazarene Church, 305 Caldwell, Goodland, KS, at 2:00 PM MT. The family wishes to invite all who knew Reverend Smalley to attend.

Mom, What's For Dinner?



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