

Cheering Teams on to Victory!



The 2008 Cheerleaders include, from left to right, front row: Courtney Sheldon, Heather West, Brooke Lenington, Julica Bonsall and Taylor McLemore. Back row, from left to right: Katlyn Topliff, Day Waugh, Christy Studer, Jamie Gittinger and Kirsten Topliff.

Photo by Tom Betz/The Goodland Star_News

2008 Girls Tennis Schedule

Date-Time	Location	Date-Time	Location
Sept. 11-2 p.m.	Ulysses High School	Sept. 30-2 p.m.	Colby High School
Sept. 16-2 p.m.	Tennis Courts (home)	Oct. 7-2 p.m.	Larned High School
Sept. 25-12 p.m.	Russell High School	Oct. 17	State Tennis
Sept. 27-7 a.m.	Garden City High School	Oct. 18	State Tennis

2008 Cowgirls Volleyball Schedule

Date-Time (MT)	Location
Sept. 16-3 p.m.	Goodland Quad at Scott City
Sept. 18-3:30 p.m.	Goodland at Norton
Sept. 20-10 a.m.	Goodland Quad at Colby
Sept. 25-3 p.m.	Goodland Quad at Max Jones Field House
Sept. 30-4:30 p.m.	Goodland at Max Jones Field House
Oct. 4-8 a.m.	Goodland at Oakley
Oct. 7-3:30 p.m.	Goodland Quad at Max Jones Field House
Oct. 14-3:30 p.m.	Goodland Triangular at Oakley
Oct. 18-9 a.m.	Goodland at Colby-NWKL
Oct. 21-4 p.m.	Goodland Triangular at Max Jones Field House
Oct. 25	Sub-State Volleyball
Oct. 31	Girls State Volleyball
Nov. 1	Girls State Volleyball

Cowboys, Cowgirls kick off fall seasons

The Cowboys football team has a new look, and the Cowgirls golf team is looking to repeat their trip to state as the fall sports season kicks off.

The Cowgirls volleyball team is working hard to rebound and improve this year. The Cowgirls tennis team may be small, but they are a tough group.

The Cowboys and Cowgirls cross country teams are in a growing year, and hope to show improvement.

Cowboys Football
The Cowboys kick off the season at 6 p.m. tonight against a tough Northwest Kansas League opponent, facing the Oakley Plainsmen at home.

The Cowboys fell to Oakley 36-0 last year against a team that advanced to the state quarterfinals in the Class 2-1A playoffs before losing to Smith Center, who won their fourth straight state title. Goodland lost to Andale 53-7 in the first round of the Class 4A playoffs; Andale went on to win the state title.

Oakley remains in Class 2-1A this year with 108 students, while Goodland has fallen to Class 3A with 197 students.

The Cowboys have a fresh start this year with new head coach Kent Teeter, who coached last year in Great Bend and the previous 17 in Hays. The team has a good coaching staff this year, Teeter said, in Joseph Sramek, Devlin Mull, Donald Raymer and Mike Ruhs.

The Cowboys have a lot of talent this year, he said, and a big senior class. They worked out with weights all summer to prepare for the season, he said, and attended a couple of camps.

And the coaches have been teaching the Cowboys some new tricks, including working with a no-huddle offense.

Cowgirls Golf
The Cowgirls golf team starts the season with nine members, including three from the team that finished fourth at state last year.

Senior Chelsie Gausman and juniors Amber Douglas and Natashia Hillman competed at state last year, along with Sammie Raymer and Eryn Topliff, seniors last year. Raymer and Gausman, who tied for 15th, received medals for being in the top 20.

Gausman, Douglas and Hillman are joined by senior Sam Erickson, who played her freshman year; junior Ashley Garza; and sophomores Kirsten Topliff, who both played last year, her twin sister Katlyn Topliff, who is new to the team but not to golf, Andrea Roeder and Jacquelynn Gully. The team's manager is junior Tiffany Skinner.

The Topliff girls are both in dual sports, both being cheerleaders as well.

The girls will be competitive for the varsity spots and among other teams, said Coach Connie Livengood; Douglas is shooting No. 1 right now, Kirsten Topliff No. 2 and Gausman No. 3 in average strokes.

The team is capable of making it to state this year, she said, but it has to come from the heart, from determination.

Cowgirls Volleyball
The Cowgirls have been pounding volleyballs over the net and into each other's faces, serving, bumping,

volleying and setting their hearts out preparing for the coming season, which starts Saturday, Sept. 6.

"We are working hard to prepare for the upcoming season," said Coach Jerry McKee. "We need to improve our conditioning at this time. We are also working to improve our ball handling."

There are 24 girls out at present, he said, including six returning letter winners who will provide leadership this year.

The girls will have their annual Soap Scrimmage at 6 p.m. Tuesday. Those attending are encouraged to bring sports drinks.

The varsity Cowgirls open the season in Denver with the Machebeuf Catholic High School tournament at 8 a.m. Saturday, Sept. 6.

"This will be a big test for us," McKee said. "We usually have a few matches played before we go out there, but this year we will open up with the Machebeuf Tournament. Hopefully we will be able to compete with them."

Cowgirls Tennis
As fall sports seasons begin, the Cowgirls tennis team practices volleys and serves, with the three experienced players taking turns helping the freshmen.

"We have three experienced players," said Coach Wallace Hansen, "and the others are pretty green."

Seniors Kaitlin Fugleberg and Shonna Webster qualified for the substate tournament last year as the No. 1 doubles team, while senior Saundra Redlin played singles. They will probably play the same spots this

year, Hansen said.

Junior Heidi Lawson played doubles last year, alternating with partners who didn't join the team this year. Junior Stephanie Becvar and freshmen Katelyn Coon, Michaela Garrett, Page Seeger and Jakalyn Van Allen round out the squad.

"We have three experienced senior players we trust will do well," Hansen said, "and they will help the inexperienced underclassmen."

Cross Country Teams
The cross country teams will kick off their season at home with the Goodland Invitational at 4 p.m. Thursday at Sugar Hills Golf Club. Fans will have a busy week with the football team also starting the season at home against the Oakley Plainsmen at 6 p.m. Friday at Cowboys Stadium.

The Cowboys and Cowgirls cross country teams have gained members and are up to 10 boys and five girls. The boys have seniors Justin Verlinden, T.J. Freeman and Simon Grunfeld, an AFS student from Sweden; juniors Ben Waugh, J.P. McCool, Ryan Irvin and Lorenzo Delgado; sophomores Stephen Buller and Michael Pettibone; and freshman Corey Davis.

The Cowgirls have seniors Cassie Cooper, Kirsten Dutton and Savannah Schlink and sophomores Tamara West and Caitlyn McGinley.

Since they have to have 14 days of practice before competing, said Coach Richard Schwasinger, only Verlinden, Grunfeld, Waugh, Buller, Pettibone and Davis will compete for the boys Thursday, and Cooper and Dutton for the girls.

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