

Suicide a leading cause of death with over 30,000 fatalities a year

The American Association of Suicidology wants to increase public awareness about suicide.

Suicide is the eleventh leading cause of death in the U.S., with over 30,000 people dying by suicide each year.

There are almost twice as many suicides as homicides each year. It is the third leading cause of death among young people between the ages of 15 and 24.

In the elderly, the rate of suicide of people age 65 and older is higher than any other age group and the suicide rate in the Army is currently at a 26-year high.

The stigma associated with mental health treatment is one of the primary reasons why people do not seek help, which is unfortunate because treatment does work. Most suicidal individuals really don't want to die. They want to live, but are unable to deal with the emotional pain they are feeling and are unable to see alternatives or solutions to their problems.

Warning signs may be present, but family and friends are often unaware of the significance of these warnings or are unsure of what to



high plains mental health

- plain sense

do.

These signs include depression, hopelessness, feelings of worthlessness and guilt, withdrawal from friends, family and usual social activities and/or dramatic mood changes.

Someone who is thinking about suicide may also experience symptoms associated with depression including sleep disturbance, appetite changes, increased anxiety or irritability, indecisiveness and an inability to think or concentrate. The use of alcohol or drugs will contribute to the problem.

Friends, family members and co-workers can help prevent suicides by talking openly and directly with the person about whom they are concerned. Be willing to listen and accept the feelings that are

expressed.

Recurrent thoughts of death, suicidal ideation or a plan for completing suicide need to be taken seriously by those in contact

with the person. Offer hope and support, but also encourage the person to get professional help.

Contributed by Karen Schueler, MS, LCPC, Manager PEO - Prevention, Education and Outreach Department of High Plains Mental Health Center.

The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help.

public notice

IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS

THE BANK OF NEW YORK AS TRUSTEE FOR THE CERTIFICATEHOLDER S CWABS, INC. ASSET-BACKED CERTIFICATES, SERIES 2006-23

Plaintiff,

vs.

Carole J Farris, et al. Defendants.

Case No. 08cv27
K.S.A. 60 Mortgage Foreclosure Division 2

NOTICE OF SHERIFF'S SALE

Under and by virtue of an Order of Sale issued by the Clerk of the District Court in and for

the said County of Sherman, State of Kansas, in a certain cause in said Court Numbered 08cv27, wherein the parties above named were respectively plaintiff and defendant, and to me, the undersigned Sheriff of said County, directed, I will offer for sale at public auction and sell to the highest bidder for cash in hand at 10:00 AM, on 10/14/2008, at the front door of the Sherman County Courthouse, the following described real estate located in the County of Sherman, State of Kansas, to wit:

LOT THIRTY-NINE (39), FORTY (40), FORTY-ONE (41) AND FORTY-TWO (42), IN BLOCK TWENTY-FOUR (24), IN THE FIRST ADDITION TO THE CITY OF GOODLAND, KANSAS, ACCORDING TO THE RECORDED PLAT THEREOF.

SHERIFF OF SHERMAN COUNTY, KANSAS

Clinton P. Woerth #19609
Sara Knittel #23624
Garry McCubbin #11071
Attorneys for Plaintiff
12400 Olive Blvd. Suite 555
St. Louis, MO 63141
(314) 991-0255
(314) 991-6755 Fax
ATTORNEYS FOR PLAINTIFF

This firm is a debt collector. This is an attempt to collect a debt, and any information obtained will be used for that purpose.

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Classifieds work! 899-2338

Worship warms the heart



Calvary Gospel Church

Pastor: Ben Coats, youth pastor
Fourth & College • 890-3605
Sunday: Kid's Church: 10:30 am
Morning Service: 10:30 am
Evening Service: 5:00 p.m.
Wednesday: Royal Rangers Missionettes 6:30 p.m.
Adult mid-week service: 7:00 p.m.
Youth @ the Rock House: 7:00 p.m.
Small Group Ministries meets through out the week.
www.calvarygospel.net

Our Lady of Perpetual Help

Pastor: Father Norbert Diabal
307 W. 13th • 890-7205
Sacrament of Reconciliation:
4:30-5 pm Saturday or by appointment
Mass Schedule:
Saturday: 6 pm, **Sunday:** 10:30 am
Spanish Mass:
Sunday: 12:30 pm

Word of Life

A Foursquare Church

10th & Clark • 899-5250
Pastor: John Coumerilh
Associate Pastor: Ben Coumerilh
Sunday: Worship Celebration and Kids' Church: 10:30 am
Life Groups - call for times and locations
www.wordoflifegoodland.org

Pleasant Home Church

Serving the rural community
for over 100 years
Rt. 1, Box 180 • 694-2807 • 3190 Road 70
Pastor: Perry Baird
890-3375
Sunday: Worship Service: 9 a.m.
Sunday School: 10 a.m.
Evening Service: 6 p.m.

Bible Baptist Church

Pastor: Clifford Middlebrooks
Fifth & Broadway
890-7368
Sunday: Sunday School: 9 a.m.
Morning Service: 10 a.m.
Evening Service: 6:30 p.m.
Wednesday: Evening Bible Study: 7 p.m.

Church of Jesus Christ of Latter-Day Saints

1200 15th Street • Burlington, CO
(719) 346-7984
Sacrament Meeting: 10 a.m.
Sunday School: 11:15 a.m.
Priesthood/Relief Society: 12 a.m.

Iglesia Del Dios Vivo

La Luz Del Mundo
Spanish Speaking Church
Minister: Esteban Ortiz B.
1601 Texas • 899-5275
Daily Prayer: Sunday thru Saturday: 5a.m. & 6 p.m.
Sunday: Sunday School: 10 a.m.

United Methodist Church Brewster

Pastor: Dorine Chambers
Worship Service: 10:45 a.m. CST
Sunday School: 9:45 a.m. CST
Minister: Sheryl Johnson
Worship Service: 9 a.m. CST
Sunday School: 10:15 am CST

First Christian Church (Disciples of Christ)

Pastor: Rev. Carol Edling Jolly
Eighth & Arcade • 890-5233
Sunday: Worship Service: 10:30 a.m.
Sunday School: 9:15 a.m.
Activities: Junior High & High School Youth Groups, Adult Bible Study, Choir, Men's and Women's Groups, Devotions Study, Monthly Fellowship
Special Notice: Handicap Accessible, Hearing Assistance Equipment and Infant and Toddler Nurseries Available

Kanorado United Methodist Church

Pastor: Leonard Cox
399-2468
Sunday: Sunday School: 9 a.m.
Worship Service: 10:15 a.m.

Church of the Nazarene

Pastor: Bob Willis
Third & Caldwell
899-2080 or 899-3797
Sunday: Sunday School: 9:45 a.m.
Worship Service: 10:50 a.m.
Evening Service: 6 p.m.
Wednesday: Evening Service: 7 p.m.

First United Methodist Church

1116 Sherman 899-3631
Pastor:
Saturday: Worship: 5:30 p.m.
Sunday: Adult Classes: 9:15 a.m.
Worship: 10:30 a.m.
Wednesday: Wednesday Nite Live
5:45 - 6:45 p.m. Simple Supper "Free will Offering
6:30 - 7:30 p.m. Classes for all ages

Goodland Bible Church

109 Willow Road • 899-6400
Pastor: Chad DeJong
Sunday: Sunday School: 9:30 a.m.
Morning Worship: 10:45 a.m.
Evening Worship: 6 p.m.
Wednesday: AWANA (Winter) and prayer: 7 p.m.

First Baptist Church

Pastor: Travis Blake
Bateman's Funeral Home, 211 E. 11th
890-3450
Sunday: Sunday School for all ages: 11 a.m. (Child care provided)
Morning Worship: 10 a.m.
Thursday: Bible study 9:30 a.m.
Wheatridge Center

St. Paul's Episcopal Church

13th & Center
Church 890-2115 or Rectory 890-6969
Priest: Father Hal Lycett
Holy Eucharist: 10:00 a.m. Sunday
10:00 a.m. Thursday
Morning Prayer: Daily, 8 a.m. Thursday and Sunday
For emergencies 890-6969

Harvest Evangelical Free Church

104 E. Hwy. 24 • 890-7918
Pastor: Brian Fugleberg
Sunday: Worship: 10:30 a.m.
Sunday School: 9:30 a.m.
Wednesday: Junior high 6:30 p.m.
at Fugleberg's, 708 Washington
Senior high 6:30 p.m. at church

Seventh Day Adventist Church

1160 Cattletrail
Pastor: Mike Larson
Saturday: Sabbath School: 9:30 a.m.
Worship Service: 11 a.m.

Emmanuel Lutheran Church

13th & Sherman • 890-6161
Sunday: Christian education/fellowship: 10:15 a.m.
Worship Service: 9 a.m.

Church of Christ

401 Caldwell
890-6185
Sunday: Bible Study: 9:45 a.m.
Worship Service: 10:45 a.m.
Wednesday: Bible Study: 7 p.m.

The following sponsors urge YOU to attend your chosen House of Worship this Sabbath:

Short & Son Trucking
Hwy. 24

Koons Funeral Chapel
North Main

Good Samaritan Center
208 W. 2nd

KLOEIKKQJIKWGB
3023 W. 31

SEPTEMBER 19-25 Star Wars: The Clone Wars
PG: Sci-fiction, violence throughout, brief language, and momentary smoking.
www.goodlandnet.com/movies

Bring this AD to the theatre for \$1 OFF on a large popcorn & 2 med. drinks EXP: 12/31/08

Nightly 7:00
Sunday Matinee 1:30
Movie Bucks Make Great Gifts!

Sherman
1203 Main - Phone 899-6103

Burlington Livestock Exchange

"More Bucks for your Livestock"

On Thursday, October 2, Burlington Livestock Exchange will be celebrating their 10th Anniversary under this owner/management team. We have been very pleased with all of the help we have received from all of our communities that have helped us over these last 10 years. Oct. 2nd we invite everyone to come out and join us for a free meal from 10:30 a.m. to 12:30 p.m.

BLE will have door prizes donated by local merchants. We encourage any individual or business that would like to help us put this anniversary celebration on, to please contact us, and tell us how you would like to THANK the people in our area.

Dennie Flock, Manager 719-346-7101
Perry White, Field Rep. 719-743-2191
Mike Griebel, Field Rep 719-349-1253
Steve Schneider, Owner 620-376-2577
Web Page www.bleinc.com / E-Mail ble@rebeltec.net
46277 Hwy 24, PO Box 39, Burlington CO 80807
Office 719-346-8900 / Fax 719-346-7545

Farm Machinery & Liquidation AUCTION

Wed., Oct. 1, 2008 @ 9:30 am MT

Auction Site: Former Van Allen Implement: South of Sharon Springs approx. 1/2 mile on HWY 27 TRACTOR - TILLAGE EQUIPMENT & PARTS - SHOP TOOLS - IRON - JD PARTS & REPAIRS
Visit our website for pictures of items to be sold!
Van Allen Implement, Sellers

Items Must Be Removed from site within 1 week of Auction NO EXCEPTIONS!
Iron Dealers Plan to Attend

John Deere 8970 4WD Tractor, quad range trans., 4 hyd's., 30.5L-32 tires, Bare Back, 7,121 hrs., SN H002088; John Deere 525 Mower, 48% Cut, Kawasaki Motor; Weigel Scooter Mower, 36" cut, w/ Kohler 12 hp motor; 50, Blu-Jet Land Walker, anhyd. Application, w/ liquid tank; 36, John Deere Field Conditioner w/ Harrows, SN N01010X018228; 37, Flex King Sweeps; Flex King Sweeps, 7x6, new style pickers, SN 2751; 3 pnt. Sweeps w/ 4-5, blades; John Deere 224 Wheat Head; John Deere 653A Crop Head, SN 426784; Blu-Jet Sub Tiller II, 8 row, 3 pnt, NEW; Blu-Jet Sub Tiller II, 3 pnt.; KMC Rolling Cultivator, 8 row, 3 pnt; (3) Orthman Cultivators, 8 row; Krause Cultivator, 8 row; 8 row Orthman Pitcher; John Deere 8 row Ditcher w/ Markers; Harrell Switch Plow, 5 bottom, Model 3206; Orthman Ripper; 8 row Orthman Bean Rod; 48, Flex King Rod; Krause Flex Row Weeder, 26; 30, Flex King Chisel; IHC 800 Cyclo Air Planter, 8 row; Gilmore-Tago RotoCleaner, FC 2080; (3) 7100 Joh; Deere Planters, SN 037916A, 021510A, 026531A; John Deere 1700 Planter, 8 row w/ Vacuum Meter, SN R670387; 12 row JD 7100 Planter for Parts; John Deere Planter Monitors; Dicky John Monitors; 36, Crustbuster Drill; (2) IHC 150 Hoe Drills on hyd., 12" spacing, 14, w/ hitch, w/ steel press wheels; (2) AcuraTrack Guidance Systems; Buffalo Guidance System; 80, Hutchinson Mayrath Auger, 10", hyd. lift, SN 422100; Mayrath 8" PTO Auger, 60, Like New; John Deere 500 Big Round Baler, SN 311926E; (2) John Deere 535 Round Balers, SN 986353, 971776; 9600, Polypropylene Square Baler Twine, 50 new boxes; Sisall Big Round Baler Twine, 20 new bundles; (3) Sund Pickup Attachments; (2) Overhead Equipment Carriers; 24, JD Headers for Parts; JD Reels for Parts; DMC Combine Calc-U Drill Moisture Tester; John Bear Ride Protector Tire Truer; Orthman Lift Assist Assembly; Misc. JD Front Weights; Axle Mount Hubs; Used Flex King Pickers & Brackets, old & new style; (30) JD Wheels, misc. sizes; Misc. Tires & Rims, 18-4-38; Tires 18-4R-42; Many New & Used Implement & Truck Tires; Many Tires & Rims; Elec. Motors; Misc. Cultivator Shanks; Used Sweep Frogs; Rods for Rod Weeder; Lots of Sweep Harrows; Degelman, Sunflower & Krause; Lots of Used Sweep Blades, Misc. Sizes; Many Planter Attachments; Picker Wheels; Misc. Anhydrous Tubes; Seed Meters; Boxes of Cylinders & Castings; Misc. Planter Boxes; JD 4020 Battery Boxes; (3) Round Fenders for JD 4020; Side Shields for JD 4020; 8" & 10" 45° Elbows, Ts & Valves; Misc. Irrigation Supplies; PTO Guards; (4) Pipe Trailers; (4) Oil Tanks on Stands; Lots of Misc. & Hard to Find items for restoring JD; Many Items Still in Boxes & Unable to See! Lots of Misc. Iron; Chicago Drill Press, Model 25, 5/8" chuck; Makita Cut off Saw on stand; Van T-Tool Brake Lathe; BD Valve Grinding Machine on Stand & Grinding Stones; Penrose Parts Washer; Hot Water Parts Washer; (4) Fire proof 4 drawer file cabinets; (3) 4 drawer file cabinets; (1) 2 drawer file cabinet; Metal file, 27 drawers; Misc. Office Supplies; (6) Swivel Office Chairs; (9) Office Chairs; (6) High Back Office Chairs; (4) Desk Fans.

Iron Dealers Plan to Attend-Many Lots of Iron!
Many More Items to Sell - BE ON TIME!

Licensed in Kansas, Colorado, and Nebraska for your Real Estate needs!



Skip Petersen, Sales Agent & Auctioneer - 785.332.2368
Robin A. Petersen, Assoc. Broker, Auctioneer - 785.332.5586
Brett Petersen, KS Sales Agent & Auctioneer
Gary L. Wickwar, Ks Sales Agent

Auction & Real Estate LLC

W. Hwy. 36 ~ P.O. Box 928
St. Francis, Kansas 67756 ~ 785.332.8990
Betty L. Petersen, Broker