

Senior Chelsie Gausman putted in the Ulysses Ladies High School Invitational tournament Tuesday. She had two birdies on the course and won the event. Photo by Connie Livengood/Cowgirls coach

Cowgirls second Tuesday at Ulysses

sophomore Katlyn Topliff shot 115,

shot 119, 56 on the front and 63 on

good said; she shot a 97, and that

is her best. Roeder just continues

to get better each tournament, the

The Cowgirls team score was

390. Larned won by two strokes

with 388, while Holcomb was third with 408. Lakin had 425, Ulysses

but not enough for a team score.

eighth place.

the back.

coach added

By Sharon Corcoran

sports,

slcorcoran@nwkansas.com The Cowgirls had three medalists, including the top golfer, and finished second at the Ulysses Ladies High School Invitational tournament Tuesday. The top golfer had two birdies.

Senior Chelsie Gausman finished the 18-hole course in 84 strokes, 39 on the front nine and 45 on the back. She had two birdies on the front, said Coach Connie Livengood, and that's exciting.

"We played very well," the coach said. "Have to have hats off to Chelsie Gausman and Kirsten Topliff for playing their best golf of the season. We were really excited for Chelsie to have had a 39 on the front nine and a 45 on the back."

very well, Livengood said, and did Hugoton, Liberal, Oakley and Suba good job coming back on the last nine holes. That is her best of the vear.

Kirsten Topliff, a sophomore, yesterday," Livengood said, "and Oct. 13.

shot a 95, 51 on the front and 44 that was a goal of our team. We on the back, for fifth place. Junior have another chance to beat them at Natashia Hillman shot a 97, 48 on Lakin, and that is going to be another goal for the team." the front and 47 on the back, for

The state is splitting out Class Junior Amber Douglas shot 114, 3A and Class 4A for regional and 58 on the front and 56 on the back; state competition, she said, so Goodland will go to Lakin for 57 on the front and 58 on the back; regionals. The top three teams and sophomore Andrea Roeder qualify for state, she said, plus the next five individuals.

"We have a very good chance to Hillman did a good job, Liven- come out of Lakin with a regional title," she said, "if we play to our capability. The girls have to beat Holcomb and Lakin on Lakin's course. They can do that if they go to play golf. I feel that they are playing that good of golf. (Tuesday's) tournament was a job well done!"

The Cowgirls were scheduled to Topliff hit the ball off the tee 428, Syracuse 436 and Colby 449. compete Thursday at Oakley. They will compete at 8:30 a.m. Saturday lette had golfers in the tournament at Lakin.

They compete at Syracuse Thurs-"We closed the gap on Larned day, Oct. 9, and at regional Monday,

Mustangs, Lady Mustangs win medals at cross country meets

By Sharon Corcoran

slcorcoran@nwkansas.com The Grant Junior High Mustangs cross country meets in Ulysses and Ogallala, Neb., bringing home three medals.

One Mustang and two Lady Mustangs earned medals at the Ulysses meet Tuesday, Sept. 23. The eighth graders ran a two-mile course for the first time.

Both seventh and eighth grade ran one mile at the Ogallala meet Thursday, Sept. 25, and most of the Grant runners improved their times. Many Grant runners set personal records at both of the meets; all set personal records at Ogallala.

In the Ulysses meet, Goodland competed against runners from Ulysses, Dodge City, Garden City, Lakin, Leoti (Wichita County), Hugoton, Liberal, Stanton County, Elkhart, Syracuse and Baca County, Colo.

The seventh graders ran a onemile course that was mostly downhill with a few bunny hills. The twomile course for eighth grade was up and down long shallow grades for the first mile, then joined the seventh grade course. Seventh grader Ashleigh Borders finished the one-mile course in 7 minutes, 36 seconds, for the 14-place medal. Seventh graders Shelby Arnold and Taylor Ratcliff finished 37th and 38th, respectively, completing the course in 9:32 and 10:15. The winning time was 6:21; there were 40 runners. Eighth grader Chantel Coates finished the two-mile course in 17:40 for the 15th-place medal. Her onemile time was 8:25. The winning time for the course was 13:38, and there were 26 runners. Eighth grader Gloria Bustillos was 25th, finishing the two miles in 19:42. Her one-mile time was 9:23. In the boys race, seventh grader Ace Arteaga earned the 10th-place medal, finishing the mile in 6:23. The winning time was 5:14, and there were 46 runners. Seventh graders Jarod Lake and Jesse Cooper also ran. Lake finished in 8:37 for 42nd and Cooper in 11:44 for 46th.

her time - that shows what kind of hard in practice. a quality competitor she is. Gloria fought through a side stitch at the bug all week, the coach said, so he and Lady Mustangs competed in one mile mark to finish the race didn't have the race he'd hoped for. strongly. Her one mile split was But in a true test of having "guts," faster than her previous one mile Foust said, he finished the race in race, which shows that she's a strong spite of feeling like he was going to competitor and is moving along lose his lunch. nicely towards her goals."

breeze of their own as they tore up the course, Foust said – Ace finally had the race he was dying to have, setting a new personal record and finishing with a medal. He's been know there's a competitor in Shelby working hard all season and is in great shape, the coach said; he's now learning how to race.

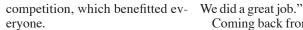
Ashleigh also set a new personal record, he said, and earned a 14th place medal. She too is coming in the short time she's been running along really well in learning how to with us. I couldn't have asked for a race and compete, not just run. Jarod better effort than that!" ran a great race and set a personal record too, Foust said – he continues

Jesse struggled with a flu-like

Like all the other seventh graders, The seventh grade created a he said, Shelby is learning how to Holdrege, McCook, Kimball, Paxrace, not just run.

"Tuesday," he said, "I finally started to see a little more of what I've known is there the whole time. I - she's just about to figure that out. She set a new personal record as well. Taylor set a new personal record and ran the entire race without walking. She has come a long way

In preparing for Ogallala, he said, some members of the team were cords!" Foust said. "What more can to improve every meet and works looking to create a little inter-squad you say than that? But I will anyway.



effort and determination," he said. "(At Ulysses), we really were able to show our strong work ethic and team unity. Go Mustangs!"

At Ogallala, the Grant runners faced competition from Ogallala, ton, Hershey, Alliance and Sidney, all in Nebraska.

They ran a flat one-mile course for boys and girls in both seventh and eighth grades. In unofficial results, Coates was

the leader among Lady Mustangs, finishing in 7:02. Borders finished in 7:27, Arnold in 8:29 and Ratcliff in 9:42.

For the Mustangs, Arteaga finished in 6:20, Schnabel in 6:53, Rabey in 6:59 and Cooper in 7:04.

"Eight for eight personal re-

Coming back from a tough meet 'I'm proud of my athletes for their Tuesday, where they competed so Saturday, Oct. 11, at Lakin. well, he said, and then run eight for eight for personal records is just fantastic

> Chantel improved her one-mile time by just over a minute, the coach said, and Ashleigh improved her time by about 10 seconds, he said, Shelby dropped about 55 seconds off her time and Taylor improved about 30 seconds. Gloria didn't run due to an injury.

time by about 1:20, Foust said, Ace tial that few of us seemed to realize, improved by three seconds, Tyler and it's fun to see us improving in improved by over 20 seconds and such a dramatic fashion.³

Jesse improved by about 1:10. The team will compete again on

"We have worked really hard are getting in shape," the coach said, and are getting used to running faster. We've been working on eliminating the 'I can't' from our

vocabulary. "I'm just so excited to see all of our athletes so close to their end of season goals; or for some, exceeding those goals. For some, we've had to set new goals two or now Jacob improved his one mile three times. We have a lot of poten-

SPORTS TELEVISION SCHEDULE

Saturday

10 a.m. 22/28 ESPN College Football Teams TBA 10:30 a.m. 30/27 FXSP College Football Oklahoma Sooners at Baylor Bears from Floyd Casey Stadium

Final from Half Moon Bay Golf Links in Half Moon Bay, Calif. 3 p.m. 23/29 ESPN2 WNBA Basketball Playoffs - Teams TBA from TBA

4:30 p.m. 25/38 IND 2008 MLB Playoffs Teams TBA from TBA 6:15 p.m. 3/9 NBC Sunday Night Football Pittsburgh Steelers at Jacksonville Jaguars from **ALLTEL Stadium**

Crossword Puzzle

Eighth grader Jacob Schnabel finished the two-mile race in 16:50 for 62nd out of 76 runners. His onemile time was 8:05.

"The course was fairly challenging, especially since the maps we were given didn't match the actual course," said Coach Ben Foust. "We were pretty confused. There were also a lot of runners in both races and a high level of competition. We overcame the map confusion and rose to the challenge of the competition.

"The eighth grade boys and girls ran a two-mile course. This was the first time any of our team had competed at that distance. Unfortunately, we were without Tyler (Rabey) due to an untimely injury."

The three eighth graders did a fantastic job, he said, with Chantel earning a medal for 15th place.

"All three ran very strong," Foust said, "and I'm proud of them. Jacob ran his first race in nearly three weeks and finished well. Chantel's medal was a real highlight, although she was personally unhappy with

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TBA el

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8/8 NBC LPGA Tournament Samsung World Championship: Third Round from Half Moon Bay Golf Links in Half Moon Bay, Calif.

12:30 p.m. 3/9 NBC College Football Stanford Cardinal at Notre Dame Fighting Irish from Notre Dame Stadium

1:30 p.m. 4/6 ABC College Football Regional Coverage Teams TBA

7/11 CBS College Football Kentucky Wildcats at Alabama Crimson Tide from Bryant-Denny Stadium

23/29 ESPN2 College Football Teams TBA

2 p.m. 22/28 ESPN NTRA Horse Racing 2008 Breeders Cup Challenge from Lexington, Ky.

4 p.m. 22/28 ESPN College Football Teams TBA

4:30 p.m. 25/38 IND 2008 MLB Playoffs National League Divisional Series Game #3 Philadelphia Phillies at Milwaukee Brewers from Miller Park

5 p.m. 30/27 FXSP College Football Teams TBA

6 p.m. 4/6 ABC College Football Regional Coverage - Teams

23/29 ESPN2 College Football Teams TBA

7 p.m. 7/11 CBS CBS EliteXC Saturday Night Fights from Bank Atlantic Center in Sunrise, Fla. 22/28 ESPN College Football Teams TBA

8 p.m. 25/38 IND 2008 MLB Playoffs National League Divisional Series Game #3 Chicago Cubs at Los Angeles Dodgers from Dodger Stadium

Sunday

11 a.m. 7/11 CBS NFL Football Kansas City Chiefs at Carolina Panthers from Bank of America Stadium

12 p.m. 4/6 ABC NASCAR Sprint Cup Amp Energy 500 from Talladega Superspeedway in Talladega, Ala.

1 p.m. 25/38 IND 2008 MLB Playoffs Teams TBA from TBA 2 p.m. 7/11 CBS NFL Football Cincinnati Bengals at Dallas Cowboys from Texas Stadium 8/8 NBC LPGA Tournament Samsung World Championship:

8 p.m. 25/38 IND 2008 MLB Playoffs Teams TBA from TBA Monday

6 p.m. 23/29 ESPN2 WNBA Basketball Playoffs - Teams TBA from TBA

25/38 IND 2008 MLB Playoffs Teams TBA from TBA

6:30 p.m. 22/28 ESPN Monday Night Football Minnesota Vikings at New Orleans Saints from The Superdome

Tuesday

2:30 p.m. 25/38 IND 2008 MLB Playoffs Teams TBA from TBA 6 p.m. 23/29 ESPN2 College Football Troy Trojans at Florida Atlantic Owls from Lockhart Stadium

25/38 IND 2008 MLB Playoffs Teams TBA from TBA

Thursday

4 p.m. 23/29 ESPN2 NASCAR Nationwide Practice Charlotte 5:30 p.m. 22/28 ESPN College Football Clemson Tigers at Wake Forest Demon Deacons from Groves Stadium

6 p.m. 23/29 ESPN2 WNBA Basketball Playoffs - Teams TBA from TBA

7 p.m. 30/27 FXSP High School Football Highlands Ranch at Chaparral

8 p.m. 23/29 ESPN2 MLS Soccer Real Salt Lake City at San Jose Earthquakes from Spartan Stadium

Friday

1 p.m. 23/29 ESPN2 NASCAR Nationwide Series Qualifying Charlotte

4:30 p.m. 23/29 ESPN2 NA-SCAR Sprint Cup Happy Hour from Charlotte, N.C.

6 p.m. 22/28 ESPN College Football Louisville Cardinals at Memphis Tigers from The Liberty Bowl Memorial Stadium 23/29 ESPN2 NASCAR Nationwide Series Dollar General 300 from Loweís Motor Speedway in

Charlotte, N.C. 25/38 IND 2008 MLB Playoffs American League Championship Series Game #1 Team TBA at Team TBA from TBA