

patient news

Taylor Easterberg, 8-year-old son of Shane and Michelle Easterberg, remains in Children’s Hospital of Aurora, Colo., battling a rare form of leukemia. His hospital stays are long and demanding. Shane Easterberg is a 1991 graduate of Goodland High School. Cards may be sent to The Children’s Hospital c/o Taylor Easterburg, PICU Room #21, 13123 East 16th Avenue, Aurora, Colo. 80045.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday**. Closed on Tuesday.

The High Plains Museum, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday through Friday, from 9 a.m. to 4 p.m. Saturday and from 1 to 4 p.m. Sunday**.

The Carnegie Arts Center is open from **10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses from on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from **10 a.m. to 8 p.m. Monday through Thursday** and from **10 a.m. to 5 p.m. Friday and Saturday**. Story Hour for preschool kids, ages 3 to 6, are Wednesday mornings 10 to 11 a.m., Wednesday afternoon 2:30 to 3:30 p.m. or Thursday morning 10 to 11 a.m. For information call (785) 899-5461 or stop by the library.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Goodland Mothers of Preschoolers (MOPS) will meet from **6 to 7:30 p.m. the first Monday of the month** from September to May at the First Baptist Church, 12th and Main.

Diabetes Support Group meets at **4 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at **5:30 p.m. the second Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Emotions Anonymous meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

The Goodland Activities Center has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwando. Tuesday: 6 a.m., boot camp style aerobics with Tiffini. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, starting at 4 p.m. taekwando classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 6 p.m., boot camp style aerobics with Tiffini. Friday: 5:30 p.m. aerobics with Tina Tompkins and starting at 5 p.m. taekwondo classes. For information call 890-7242.

Goodland Alcoholics Anonymous meets at **8 p.m. Monday**, closed meeting, **Wednesday**, the book meeting, **and Saturday**, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353.

Goodland Al-Anon Serenity Seekers group meets at **5:30 on Wednesdays** at 1013 Center. For information call Cheryl at 890-3023.

Goodland Adult Children of Alcoholics meets at **6 p.m. on Fridays** at 1013 Center. For information call Laura or Marilyn at 821-4277 or 821-2862.

The “Freedom Today” group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays and 8 p.m. Fridays** at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at **6:30 p.m. (Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous** meets at **6:30 (Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

Stratton “AA by the Book” Alcoholics Anonymous group meets at **7 p.m. Thursdays** for a beginners open meeting. Families and young people welcome. Call (719) 348-

the calendar

calendar

Prairie Land Food sign up will be until Monday, Jan. 18. Distribution is from 10 to 11 a.m. on Saturday, Jan. 30, at the Goodland Elks Lodge back door. For information call 821-4364 pr 899-8281 or order online at www.prairielandfood.com.

The Tuesday Flick for this week is “Follow Me Boys” (1966) at **1:30 p.m. on Tuesday** at the Goodland Public Library., 812 Broadway. Next week’s movie is “The Adventures of Bullwhip Griffin” (1967).

The City of Goodland will be giving **free dog licenses** for people who own or keep a dog in the city limits from **7 a.m. to 4 p.m. on Thursday, Jan. 15**, at the City Administration Building, 204 W. 11. Owners must provide written proof of current rabies vaccination.

Saturday Children’s Art Classes are from **10 to 11 a.m. on Saturdays, Jan. 23 and 30**, at the Carnegie Arts Center. The classes will be taught by Hannah Schlosser. At the Jan. 23rd class students will work with uncooked noodles and beans. At the Jan. 30th class students will be creating their favorite three-dimensional character out of assorted craft materials.

The Jump Rope for Heart event for elementary, junior high and high school students will be

from **10 to noon on Saturday, Jan. 30**, at the Goodland Activities Center, 808 Main. For information call 890-7242.

For assistance with comparing plans for the open enrollment for the **Medicare Prescription Drug Program** call the Sherman County Health Department at (785) 890-4888 or call Carol Guyer at (785) 899-5908 or (785) 821-1626. Open enrollment runs until Thursday, Dec. 31.

senior menu

Today: Chicken and noodles, peas, strawberries and bananas, roll and brownie. **Monday:** Hamburger gravy, mashed potatoes with gravy, mixed vegetables, biscuits and pears. **Tuesday:** Taco salad, citrus slices, bread sticks and cake. **Wednesday:** Macaroni and cheese with smokies, stewed tomatoes, fruit mix with banana, bread and cookie. **Thursday:** Paprika chicken, mashed potatoes with gravy, seasoned corn, bread and peaches. **Friday:** Cook’s choice entree, seasoned carrots, rice pilaf, bread and ambrosia fruit salad.

school menu

Today: Tomato soup, grilled cheese sandwich, crackers, half a banana and milk. **Monday:** Burrito, lettuce salad, tri-tator, pear and milk. **Tuesday:** Hamburger, pickle, lettuce, onion, french fries, half an apple and milk. **Wednes-**

day: Cook’s choice. **Thursday:** Spaghetti, green beans, garlic bread, fruit cocktail and milk. **Friday:** Pig-in-a-blanket, tator tots, baked beans, half an orange and milk.

school calendar

Today: Black day. 3:45 p.m., varsity, junior varsity and c team basketball against Lakin. **Saturday:** 8 a.m., varsity wrestling at Liberal. 8 a.m., junior varsity wrestling at WaKeeney. 7 p.m., AFS lock-in. High school instrumental live auditions in Salina. **Monday:** Gold day. 3 p.m., Northwest Kansas League Scholars’ Bowl at Oakley. 3:30 p.m., varsity, junior varsity and c team at Scott City. 7 p.m., Board of Education meeting at administration building. **Tuesday:** Black day. 4 p.m., eight grade basketball at Burlington. 4 p.m., seventh grade basketball against Burlington. 4 p.m., West Site Council. **Wednesday:** Gold day. 10 a.m., Northwest Kansas League administrators meeting in Colby. 4 p.m., Central Site Council. **Thursday:** Black day. 3:30 p.m., seventh and eighth grade basketball at Oberlin. 5:30 p.m., varsity and junior varsity wrestling against Hoxie. 7 p.m., Financial Aid Night for senior and parents in the high school cafeteria. **Friday:** 3:45 p.m., varsity, junior varsity and c team basketball against Atwood.

5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from **6:30 to 8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

The **USS Maddox Destroyer Association** (DD731, DD622 and DD 168) will have its reunion on Thursday, Aug. 26 to Sunday, Aug. 29, in Philadelphia, Pa. For information contact Dennis Stokhaug, 571 W. 14562, Muskego, Wis. 53150 or call (262) 679-9409 or email maddox64@aol.com.

Dane G. Hansen Museum, 110 W. Main, Logan will the exhibit “Sum of the Parts, Surface Design” beginning on Friday, Dec. 11, 2009 and runs till Sunday, Feb. 7, 2009. The works are hand dyed, woven, knitted, crocheted, quilted, batiked, rusted, composted, digitally printed, hand stitched, painted, discharged, fused, appliques, hooked, Jacquard woven, collaged, stamped, braided, screen printed, bonded, felted, embroidered, waxed and pieced. Museum hours are Monday through Friday 8 to 11 a.m. and noon to 3 p.m. (Mountain Time), Saturdays 8 to 11 a.m. and noon to 4 p.m. (Mountain Time) and Sundays and Holidays noon to 4 p.m. (Mountain Time). For information call (785) 689-4846.

Prairie Museum of Art and History, 1905 S. Franklin, in Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop should call 890-2007. Please no clothing at the present time.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants’, children’s and adult’s immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. Call 890-4888. WIC program available.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest

Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

Today: Avis Alcorn, a.m. and Linda Woods, courtesy. **Monday:** Faye Paxton, a.m., Karen Coon, p.m. and Woods, courtesy. **Tuesday:** Shelby Miller, a.m. and Emma VanVleet, courtesy. **Wednesday:** Leora Jones, a.m., Connie Soellner, p.m. and Woods, courtesy. **Thursday:** Jessie Owens, a.m. and VanVleet, courtesy. **Friday:** Jan Lambert, a.m. and Woods, courtesy.

yearbooks

If you have copies of any old Goodland High School, Sherman Community High School, Northwest Kansas Area Vocational Technical School or Northwest Kansas Technical College yearbooks that you are not using, the Goodland Public Library, 812 Broadway, would appreciate the donation of such to their collection. Call (785) 899-5461.

cell phone drive

Save a Life-Give a Phone collects used cell phones and refurbishes them to provide 911 access for domestic violence victims locally and nationwide, including all YWCA Domestic Violence Shelters. Phones are also provided to the elderly and others in need of an emergency cell phone. The group has a drop-off point at American Communications, 716 W. Business U.S. 24. Call Jeannie Topliff at 899-2426.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental

and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children’s education.

Families interested in having their child in the program should call Carrie Starns at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers “Look Line” at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women’s domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men’s domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jennifer Follis.

tree donations

Many trees at the Goodland Cemetery have died and the cemetery board is trying to replace them. Contributions for the Goodland Cemetery Memorial Tree Fund can be left at Koons or Bateman funeral homes or sent to the Goodland Cemetery Board, Box 59, Goodland, Kan. 67735. Donations may be made in memory of a loved one.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 821-4142 or 821-4146. Interested in adopting a pet call the animal shelter.

obituaries

Tony Phlieger Jr.

Tony Phlieger Jr., 59, Colorado Spring, Colo., former Goodland resident, died Wednesday, Dec. 9, 2009.

He was born on June 17, 1950, to Anthony and Doris (Berry) Phlieger.

Preceding him in death were his father and a sister, Kathy.

Survivors include his wife, Karen (Townsend) of the home, a son, Cory (Christy) Phlieger of Victoria;

a daughter, Patricia (Daniel) Mares of Seattle, Wash.; his mother of Hays; a step-daughter, Amy (Brett) Ellingson of Houston, Texas; a brother, Jerry (Susie) Phlieger of Hays; a sister, Carol (Larry) Kratzberg of Kansas City, Mo.; and six grandchildren.

Services were Monday, Dec. 14, 2009, at Shrine of Remembrance 1730 E. Fountain Boulevard, Colorado Springs.

Wesley R. “Bob” Wheeler

Wesley R. “Bob” Wheeler, 46, Aurora, Colo., 1982 graduate of Goodland High School, died Friday, Jan. 1, 2010, at the Denver Hospice Inpatient Care Center of Aurora from cancer.

He was born on Sept. 26, 1963, to W. Jack and Rita (Wilkins) Wheeler in Wray, Colo.

In 1988 he moved to Cheyenne, Wyo, and then

to Aurora in 1995. Preceding him in death was his father.

Survivors include his mother of Aurora; a sister, Jacqueline (Jim) Morici of Phoenix, Ariz.; and two nephews.

Services were private. Newcomer Funeral Home and Crematory, 190 S. Potomac Street, Aurora, handled the cremation.



Wheeler

Deloris Arlene Bogart

Deloris Arlene Charles Bogart, 64, Denver, died Thursday, Dec. 31, 2009.

She was born on Nov. 28, 1945 to Harold and Clela Charles.

Preceding her in death were her parents and her

oldest sister. Survivors include her husband, Berton Bogart; two sons, David Bogart and Steve (Amy) Bogart of Denver; two sisters; a brother; and two granddaughters.



Bogart

Time to shape up your business

Happy New Year! Did you make the New Year’s resolution to get in shape?

Lots of people do. How about your business? Could your business use getting in shape? Any fat that needs trimmed from the budget? Any toning needed to operate more efficiently? How are those numbers? Are your expenses under control? Are your margins healthy?

Make 2010 a healthier year for your business!

This tip was brought to you by



jamie morphew

- business tips

Western Kansas Business Consulting, sponsored in part by Sherman County. We offer free and confidential business consulting to Kearny, Scott, Sherman, and Wichita counties. For more information or to set up an appointment, contact Jamie Morphew at (620) 874-0771 or e-mail wkbc@wbsnet.org.

sunflower 4-h

December

The Sunflower 4-H Club met on Saturday, Dec. 19, at the United Methodist Church Fellowship Hall. The club members proceeded to the Goodland Regional Medical Center, Good Samaritan and Wheat Ridge Acres where they sang Christmas Carols for the patients and residents. Following the caroling, the club met at Gambinos. Vice President Tyler Neufeld called the meeting to order at 6:30 p.m. Roll call of “What Do You Want for Christmas” was answered by 16 members, one leader two guests and 20 parents.

The club members had pizza and did a gift exchange.

The next club meeting will be on Thursday, Jan. 21.

Austin Neufeld, Reporter

November

The Sunflower 4-H Club met on Monday, Nov. 16, at the United Methodist Church Fellowship Hall. President Ryan Irvin called the meeting to order at 7 p.m. Following the flag salute and 4-H Pledge, Ryan Berls led the club in singing “Bingo.” Roll call of “Favorite Teacher” was answered by 20 members, one leader and 10 parents.

Following the business meeting, Robby Lawson gave a project talk on his Lego project, MaKayla Fitzgibbons gave a project talk on

her beef project and Dalton Arntt gave the current event on the “Lunar Shower.” The club enjoyed a piano solo by Ryan Volk.

Volk led the club in a fun game of Freeze Tag and refreshments were served by the Volk Family.

The next club meeting will be the club Christmas Party on Saturday, Dec. 19.

Austin Neufeld, Reporter

October

The Sunflower 4-H Club met on Monday, Oct. 19, at the United Methodist Church Fellowship Hall. President Ryan Irvin called the meeting to order at 7 p.m. Following the flag salute and 4-H Pledge, Ryan Berls led the club in singing “Pets Are Great.” Roll call was answered by 11 members, one leader, 11 parents and four guests.

Following the business meeting, Ashley Anderson gave a project talk on her horse project and Christopher Berls read the poem “Autumn Fires.” The club enjoyed current events by Makayla Fitzgibbons.

Austin Neufeld led the club in a fun game of Apple Races and refreshments were served by the Neufeld Family.

The next club meeting will be held on Monday, Nov. 16.

Austin Neufeld, Reporter

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