

student news

**Emily Murray, James Waugh and Stephanie Sheldon** were on the All A Honor Roll for Pittsburg State University of Pittsburg for the 2009 Fall Semester. Murray is a senior in early and late childhood. Waugh is a senior in vocation-technical education. Sheldon is a senior in commercial graphics.

business news

**Danielle Erickson** will be serving as an intern at the Goodland Kennedy and Coe, LLC office. Erickson is originally from Elwood, Neb. and is working on her bachelor degree in accounting from Regis University of Denver.

activities

**Tours of the 1907 Victorian House** at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday.** Closed on Tuesday.

**The High Plains Museum**, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday through Friday, from 9 a.m. to 4 p.m. Saturday and from 1 to 4 p.m. Sunday.**

The **Carnegie Arts Center** is open from **10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses from on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The **Goodland Public Library** is open from **10 a.m. to 8 p.m. Monday through Thursday** and from **10 a.m. to 5 p.m. Friday and Saturday.** Story Hour for preschool kids, ages 3 to 6, are Wednesday mornings 10 to 11 a.m., Wednesday afternoon 2:30 to 3:30 p.m. or Thursday morning 10 to 11 a.m. For information call (785) 899-5461 or stop by the library.

**Big Brothers/Big Sisters** of Sherman County is seeking mentors and children to mentor. Call 890-3665.

**Goodland Mothers of Preschoolers (MOPS)** will meet from **6 to 7:30 p.m. the first Monday of the month** from September to May at the First Baptist Church, 12th and Main.

**Diabetes Support Group** meets at **4 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

**Breast Cancer Support Group** meets at **5:30 p.m. the second Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

**Emotions Anonymous** meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

The **Goodland Activities Center** has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwando. Tuesday: 5:30 a.m., boot camp style aerobics with Tiffini. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, starting at 4 p.m. taekwando classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., boot camp style aerobics with Tiffini. Friday: 5:30 a.m. aerobics with Tina Tompkins and starting at 5 p.m. taekwondo classes. For information call 890-7242.

**Goodland Alcoholics Anonymous** meets at **8 p.m. Monday**, closed meeting, **Wednesday**, the book meeting, and **Saturday**, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353.

**Goodland Al-Anon** Serenity Seekers group meets at **5:30 on Wednesdays** at 1013 Center. For information call Cheryl at 890-3023.

**Goodland Adult Children of Alcoholics** meets at **6 p.m. on Fridays** at 1013 Center. For information call Laura or Marilyn at 821-4277 or 821-2862.

The "Freedom Today" group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays and 8 p.m. Fridays** at 1013 Center. Call 890-8369.

**Bird City Alcoholics Anonymous** group meets at **6:30 p.m. (Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous** meets at **6:30 (Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

**Stratton "AA by the Book" Al-**

the calendar

calendar

**Saturday Children's Art Classes** are from **10 to 11 a.m. on Saturday** at the Carnegie Arts Center. The classes will be taught by Hannah Schlosser. At the Jan. 30th class students will be creating their favorite three-dimensional character out of assorted craft materials.

**Kansas Day, Friday**, will be observed at **10 a.m. at the Bird City Legion Hall.** Registration will start at 10 a.m. and a potluck lunch will be at noon.

The **Jump Rope for Heart** event for elementary, junior high and high school students will be from **10 to noon on Saturday** at the Goodland Activities Center, 808 Main. For information call 890-7242 or (785) 821-4344 or clivengood@usd352.k12.ks.us.

The First Baptist Church will have a **spaghetti feed from noon to 2 p.m. on Sunday, Feb. 21**, at the church, 1121 Main. Freewill donations will go to Sherman County Kansans for Life.

The Goodland Masonic Lodge, 519 Center, will have its **third annual ham and bean and corn bread feed** with homemade ice cream from **5 to 7:30 p.m. on Monday, Feb. 22.** Money will be used for scholarships and for Shrine Bowl band camp students.

**For assistance** with compar-

ing plans for the open enrollment for the **Medicare Prescription Drug Program** call the Sherman County Health Department at (785) 890-4888 or call Carol Guyer at (785) 899-5908 or (785) 821-1626. Open enrollment runs until Thursday, Dec. 31.

senior menu

**Today:** Chili, tropical fruit, cracker and cinnamon roll. **Monday:** Salisbury steak, Italian blend vegetables, garden rice, bread and pears. **Tuesday:** Open face turkey sandwich, mashed potatoes with gravy, peas, bread and blueberry cobbler. **Wednesday:** Hamburger stew, tossed salad, biscuit and apricots. **Thursday:** Liver and onions in gravy, parslid potatoes, green beans, bread and cook's choice fruit. **Friday:** Hot dog with kraut, mashed potatoes, fruit cup, bread and pudding.

school menu

**Today:** Pizza, lettuce salad, corn, brownie and milk. **Monday:** Smothered hamburger, mashed potatoes with gravy, beets, whole wheat roll, fruit cocktail and milk. **Tuesday:** Hot dog, french fries, baked beans, pudding and milk. **Wednesday:** Chicken nuggets, tator tots, whole wheat roll, half apple and milk. **Thursday:** Goulash, corn, lettuce salad, garlic bread, half an orange and fruit. **Friday:** Burrito, lettuce and cheese, tri-tator, frosted banana

and milk.

school calendar

**Today:** 3/45 p.m., varsity and junior varsity basketball at Oberlin. Saturday: 8:30 a.m., Northwest Kansas League wrestling at St. Francis. 9:30 a.m., junior varsity wrestling at Stratton Wrestling Tourney. **Monday:** Gold day, 3:30 p.m., junior high scholars' bowl. **Tuesday:** Black day. 2 p.m., junior high wrestling at Cheyenne Wells. 3:30 p.m., eighth basketball against Scott City. 3:30 p.m., seventh grade basketball at Scott City. 3 p.m., varsity, junior varsity, c team basketball against Burlington. Family, Career and Community Leaders of America Flag Ceremony and "Money Grab." **Wednesday:** Gold day. Elementary bank day. Professional Development Committee meeting. Family, Career and Community Leaders of America District A elections at Hill City. **Thursday:** Black day. Regional Scholars' Bowl. 3:30 p.m., seventh and eighth grade basketball against Atwood. 3:30 p.m., junior high wrestling at Atwood. 5p.m., junior varsity basketball at Colby junior varsity basketball tournament. **Friday:** Gold day. 3:45 p.m., varsity, junior varsity and c team basketball at St. Francis. 5:30 p.m., varsity and junior varsity wrestling against Colby.

obituary

Violet Lorraine Greenstreet

Violet Lorraine Greenstreet, 85, Simla, Colo., mother of Patty (Dale) Melton of Goodland, died Saturday, Jan. 23, 2010, at Simla Good Samaritan Home of Simla.

She was born on May 24, 1924, to John and Sadie (Butler) Wilson at their home south of Tower Hill near Matheson, Colo. She lived at home until she went to high school in Simla and stayed in a boarding house during the week. In 1942 she graduated from Simla Union High School.

On Feb. 17, 1944, she and Jim Greenstreet were married in Goodland. The couple lived and worked on several ranches around the Simla area. In 1962 they bought the Drug Store in Simla and moved to town. Mrs. Greenstreet lived in Simla until declining health resulted in her moving to Carla's Cluster Care of Limon, COLO., and then back to Simla to the Good Samaritan Home.

Mrs. Greenstreet was a member of the Matheson Community Bible Church where she served as treasurer for many years and as an officer to the Missionary Society. She was a member of the Committee for the Colorado Cowboy Camp Meeting, on the Advisory Board at the Good Samaritan Home, appointed to serve on the Senior Services Advisory Board, a member of the Thunderbird Friendship Club and

a 4-H Club Leader.

After selling the Drug Store in 1973 she worked for the Postal Service both in Simla and Peyton and as the Town Clerk in Simla.

Preceding her in death were her husband, her parents and an infant son.

Survivors include a son, Don (Cheryl) Greenstreet of Monte Vista, Colo., two brothers, Darrell (Coleta) Wilson of Bixby, Okla. and Glenn Wilson of Waxahachie, Texas; two sisters-in-law, Imogene Guy of Strasburg, Colo. and Betty Greenstreet of Santa Cruz, Calif.; three brothers-in-law, Jerry (Marsha) Greenstreet of Hillsboror, Mo., Tom (Mary) Greenstreet of Queen City, Mo. and Joe (Paula) Greenstreet of Nevada City, Calif.; and four grandchildren.

Services will be at 10 a.m. on Friday, Jan. 29, 2010, at the Matheson Community Bible Church of Matheson, Colo., with Pastor Chad Thieman presiding and burial in the Simla Cemetery.

Visitation was from 1 to 4 p.m. on Thursday, Jan. 28, 2010, at Love Funeral Home, 225 F Avenue, Limon, Colo.

Memorials may be made to Bonfils Blood Center Foundation, 717 Yosemite St., Denver 80230 or to the Matheson Community Bible Church, Box 128, Matheson, Colo. 80803.

Climatologist discusses glare ice

Because of all the winter weather we have seen this year, listening to the weather forecast is a several times a day process. Forecast terminology used can sometimes be confusing. Mary Knapp, who serves as the state climatologist for Kansas, recently talked about terms such as "black ice" and "glare ice" as two examples.

"Unlike black ice, which is nearly invisible, glare is defined as a highly reflective ice surface on sea, land or glacier," said Knapp, who directs the Kansas Weather Data Library based at Kansas State University. But how does glare ice form? "Generally it falls into three broad categories," Knapp said. "First, and most common, is the compaction of snow, ice, or slush from previous storms. Most Kansas drivers are familiar with this type, having seen a light powdery snow compacted into a treacherous slab of ice. Less



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common is that film of ice produced when car exhaust condenses on the road way, causing problems mostly at intersections and stop lights.

"The third is condensation on the road surface directly from the air. This occurs when the road surface is colder than the air above it. This form of glare ice is more likely to occur in the northern areas of the country, but we've seen some in the last several weeks in Kansas," Knapp said.

Information about Kansas weather is available on the Weather Data Library Web site: <http://www.ksre.ksu.edu/wdl/>. "Weather Wonders" audio reports are available on the K-State Research and Extension News Media Web site at <http://www.ksre.ksu.edu/news/>.

Negative attitudes can destroy success

Is negativity destroying your work environment?

I've seen this time and time again. It starts with one person with a bad attitude and begins to spread. Before long, negativity rules the office.

So how do you stop it? Think of negativity like a cancer to your business and consider the following treatment options:

High doses of appreciation — Everyone wants to feel valuable. Let your employees know how much you appreciate them.

Fun therapy — Add a little fun to the office. Unlike oil and water, work and fun can mix. Laughter is the best medicine.

Radiation — Radiate smiles to your employees. A simple smile can do a lot of good.

Support groups — Get your em-



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• business tips

ployees together to talk about how to make the work environment positive and the company successful.

Surgery — Sometimes getting rid of the problem person is the only way to get rid of the negativity.

This tip was brought to you by Western Kansas Business Consulting, sponsored in part by Sherman County. We offer free and confidential business consulting to Kearny, Scott, Sherman, and Wichita counties. For more information or to set up an appointment, contact Jamie Morphey at (620) 874-0771 or e-mail [wkbc@wbsnet.org](mailto:wkbc@wbsnet.org).

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Thank You!

Sherman County Kansans for Life wishes to thank the following churches for their participation in Cradles for Christmas. By giving to these maternity homes for mothers and babies, you have shown Christ's love. This is an effort that can only succeed with people like you! Thank you for standing with us to help save lives by helping mothers!

• First Baptist Church • Calvary Gospel Church • Pleasant Home Church • Word of Life Church • Brewster Community Church

*"Whoever saves one life saves the world entire." Oscar Schindler*