friends

student news

Emily Murray, James Waugh and Stephanie Sheldon were on the All A Honor Roll for Pittsburg State University of Pittsburg for the 2009 Fall Semester. Murray is a senior in early and late childhood. Waugh is a senior in vocation-technical education. Sheldon is a senior in commercial graphics.

business news

Danielle Erickson will be serving as an intern at the Goodland Kennedy and Coe, LLC office. Erickson is originally from Elwood, Neb. and is working on her bachelor degree in accounting from Regis University of Denver.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The High Plains Museum, 1717 Cherry Ave., is open from **9 a.m. to** 5 p.m. Monday through Friday, from 9 a.m. to 4 p.m. Saturday and from 1 to 4 p.m. Sunday.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses from on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday. Story Hour for preschool kids, ages 3 to 6, are Wednesday mornings 10 to 11 a.m., Wednesday afternoon 2:30 to 3:30 p.m. or Thursday morning 10 to 11 a.m. For information call (785) 899-5461 or stop by the library.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Goodland Mothers of Preschoolers (MOPS) will meet from 6 to 7:30 p.m. the first Monday of the month from September to May at the First Baptist Church, 12th and Main.

Diabetes Support Group meets at **4 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at 5:30 p.m. the second **Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Emotions Anonymous meets at 7:30 p.m. Wednesdays at the Goodland Regional Medical Center

the calendar

calendar

Saturday Children's Art Classes are from 10 to 11 a.m. on Saturday at the Carnegie Arts Center. The classes will be taught by Hannah Schlosser. At the Jan. 30th class students will be creating their favorite three-dimensional character out of assorted craft materials.

Kansas Day, Friday, will be observed at 10 a.m. at the Bird City Legion Hall. Registration will start at 10 a.m. and a potluck lunch will be at noon.

The Jump Rope for Heart event for elementary, junior high and high school students will be from 10 to noon on Saturday at the Goodland Activities Center, 808 Main. For information call 890-7242 or (785) 821-4344 or clivengood@usd352.k12.ks.us.

The First Baptist Church will have a spaghetti feed from noon to 2 p.m. on Sunday, Feb. 21, at the church, 1121 Main. Freewill donations will go to Sherman County Kansans for Life.

The Goodland Masonic Lodge, 519 Center, will have its **third** annual ham and bean and corn **bread feed** with homemade ice cream from 5 to 7:30 p.m. on Monday, Feb. 22. Money will be used for scholarships and for Shrine Bowl band camp students.

For assistance with compar-

ing plans for the open enrollment for the Medicare Prescription Drug Program call the Sherman County Health Department at (785) 890-4888 or call Carol Guyer at (785) 899-5908 or (785) 821-1626. Open enrollment runs until Thursday, Dec. 31.

senior menu

Today: Chili, tropical fruit, cracker and cinnamon roll. Monday: Salisbury steak, Italian blend vegetables, garden rice, bread and pears. Tuesday: Open face turkey sandwich, mashed potatoes with gravy, peas, bread and blueberry cobbler. Wednesday: Hamburger stew, tossed salad, biscuit and apricots. Thursday: Liver and onions in gravy, parslied potatoes, green beans, bread and cook's choice fruit. Friday: Hot dog with kraut, mashed potatoes, fruit cup, bread and pudding.

school menu

Today: Pizza, lettuce salad, corn, brownie and milk. Monday: Smothered hamburger, mashed potatoes with gravy, beets, whole wheat roll, fruit cocktail and milk. Tuesday: Hot dog, french fries, baked beans, pudding and milk. Wednesday: Chicken nuggets, tator tots, whole wheat roll, half and apple and milk. **Thursday**: Goulash, corn, lettuce salad, garlic bread, half an orange and fruit. Friday: Burrito, lettuce and cheese, tri-tator, frosted banana and milk. school calendar

Today: 3/45 p.m., varsity and junior varsity basketball at Oberlin. Saturday: 8:30 a.m., Northwest Kansas League wrestling at St. Francis. 9:30 a.m., junior varsity wrestling at Stratton Wrestling Tourney. Monday: Gold day. 3:30 p.m., junior high scholars' bowl. Tuesday: Black day. 2 p.m., junior high wrestling at Cheyenne Wells. 3:30 p.m., eighth basketball against Scott City. 3:30 p.m., seventh grade basketball at Scott City. 3 p.m., varsity, junior varsity, c team basketball against Burlington. Family, Career and Community Leaders of America Flag Ceremony and "Money Grab." Wednesday: Gold day. Elementary bank day. Professional Development Committee meeting. Family, Career and Community Leaders of America District A elections at Hill City. Thursday: Black day. Regional Scholars' Bowl. 3:30 p.m., seventh and eighth grade basketball against Atwood. 3:30 p.m., junior high wrestling at Atwood. 5p.m., junior varsity basketball at Colby junior varsity basketball tournament. Friday: Gold day. 3:45 p.m., varsity, junior varsity and c team basketball at St. Francis. 5:30 p.m., varsity and junior varsity wrestling against Colby.

obituary

Violet Lorraine Greenstreet

Violet Lorraine Greenstreet, 85, a 4-H Club Leader. Simla, Colo., mother of Patty (Dale) Melton of Goodland, died Saturday, Jan. 23, 2010, at Simla Good Samaritan Home of Simla.

She was born on May 24, 1924, to John and Sadie (Butler) Wilson at their home south of Tower Hill near Matheson, Colo. She lived at home until she went to high school in Simla and stayed in a boarding house during the week. In 1942 she graduated from Simla Union High School.

On Feb. 17, 1944, she and Jim Greenstreet were married in Goodland. The couple lived and worked on several ranches around the Simla area. In 1962 they bought the Drug Store in Simla and moved to town. Mrs. Greenstreet lived in Simla until declining health resulted in her moving to Carla's Cluster Care of Limon, COlo., and then back day, Jan. 29, 2010, at the Matheson to Simla to the Good Samaritan Home.

Mrs. Greenstreet was a member of the Matheson Community Bible Church where she served as treasurer for many years and as an officer to the Missionary Society. She was a member of the Committee for the Colorado Cowboy Camp Meeting, on the Advisory Board at the Good Samaritan Home, appointed to serve on the Senior Services the Matheson Community Bible Advisory Board, a member of the Church, Box 128, Matheson, Colo. Thunderbird Friendship Club and

After selling the Drug Store in 1973 she worked for the Postal Service both in Simla and Peyton and as the Town Clerk in Simla.

Preceding her in death were her husband, her parents and an infant son.

Survivors include a son, Don (Chervl) Greenstreet of Monte Vista, Colo., two brothers, Darrell (Coleta) Wilson of Bixby, Okla. and Glenn Wilson of Waxahachie, Texas; two sisters-in-law, Imogene Guy of Strasburg, Colo. and Betty Greenstreet of Santa Cruz, Calif.; three brothers-in-law, Jerry (Marsha) Greenstreet of Hillsboror, Mo., Tom (Mary) Greenstreet of Queen City, Mo. and Joe (Paula) Greenstreet of Nevada City, Calif.; and four grandchildren.

Services will be at 10 a.m. on Fri-Community Bible Church of Matheson, Colo., with Pastor Chad Thieman presiding and burial in the Simla Cemetery.

Visitation was from 1 to 4 p.m. on Thursday, Jan. 28, 2010, at Love Funeral Home, 225 F Avenue, Limon, Colo.

Memorials may be made to Bonfils Blood Center Foundation, 717 Yosemite St., Denver 80230 or to

Climatologist discusses glare ice

Because of all the winter weather we have seen this year, listening to the weather forecast is a several times a day process.Forecast terminology used can

sometimes be confusing. Mary common is that film of ice produced Knapp, who serves as the state climatologist for Kansas, recently talked about terms such as "black ice" and "glare ice" as two examples.

"Unlike black ice, which is nearly invisible, glare is defined as a highly reflective ice surface on sea, land or glacier," said Knapp, who directs the Kansas Weather Data Library based at Kansas State University. But how does glare ice form?

"Generally it falls into three broad categories," Knapp said. "First, and er is available on the Weather Data most common, is the compaction Library Web site: http://www.ksre. of snow, ice, or slush from previous ksu.edu/wdl/. "Weather Wonders" storms. Most Kansas drivers are audio reports are available on the Kfamiliar with this type, having seen a light powdery snow compacted into a treacherous slab of ice. Less

dana belshe ag notebook

when car exhaust condenses on the road way, causing problems mostly at intersections and stop lights.

"The third is condensation on the road surface directly from the air. This occurs when the road surface is colder than the air above it. This form of glare ice is more likely to occur in the northern areas of the country, but we've seen some in the last several weeks in Kansas," Knapp said.

Information about Kansas weath-

coholics Anonymous group meets at 7 p.m. Thursdays for a beginners open meeting. Families and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic **Myofascial Pain Support Group** third Wednesday of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

The USS Maddox Destroyer Association (DD731, DD622 and DD 168) will have its reunion on Thursday, Aug. 26 to Sunday, Aug. 29, in Philadelphia, Pa. For information contact Dennis Stokhaug, 571 W. 14562, Muskego, Wis. 53150 or call (262) 679-9409 or email maddox64@aol.com.

W. Main, Logan will the exhibit Woods, courtesy. beginning on Friday, Dec. 11, 2009 yearbooks

and runs till Sunday, Feb. 7, 2009.

The works are hand dyed, woven,

knitted, crocheted, quilted, batiked,

rusted, composted, digitally printed,

hand stitched, painted, discharged,

fused, appliques, hooked, Jacquard

woven, collaged, stamped, braided,

screen printed, bonded, felted,

embroidered, waxed and pieced.

Museum hours are Monday through

Friday 8 to 11 a.m. and noon to 3

p.m. (Mountain Time), Saturdays

8 to 11 a.m. and noon to 4 p.m.

(Mountain Time) and Sundays and

Holidays noon to 4 p.m. (Mountain

Bob Ross Instructors will be

at the Dane G. Hansen Museum

from 8 to 11 a.m. and noon to 2 p.m.

(Mountain Time) on Saturday, Feb.

20, painting "Grandpa's Barn" and

on Sunday, Feb. 21, painting "The

Magic Bridge." For information

cal (785) 689-4846 or go to www.

hansenmuseum.org. All you need

Prairie Museum of Art and His-

tory, 1905 S. Franklin, in Colby is

open from 9 a.m. to 5 p.m. Central

Time Tuesday through Friday and 1

Anyone wanting to donate to the

Goodland Churches Thrift Shop

should call 890-2007. Please no

health department

The Sherman County Health De-

partment at 1622 Broadway is open

clothing at the present time.

Monday through Friday.

to 5 p.m. Saturday and Sunday.

thrift store

to bring is a roll of paper towels, all

other supplies are provided.

Time). For information call (785)

689-4846.

Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. Call 890-4888. WIC program available.

If you have questions, concerns meets from 6:30 to 8:30 p.m. the or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

Today: Avis Alcorn, a.m., Shelby Dane G. Hansen Museum, 110 Miller, noon, Chet Ross, p.m. and

4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Carrie Starns at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

family shelter

board room.

The Goodland Activities Center has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwando. Tuesday: 5:30 a.m., boot camp style aerobics with Tiffini. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, starting at 4 p.m. taekwando classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., boot camp style aerobics with Tiffini. Friday: 5:30 a.m. aerobics with Tina Tompkins and starting at 5 p.m. taekwondo classes. For information call 890-7242.

Goodland Alcoholics Anonymous meets at 8 p.m. Monday, closed meeting, Wednesday, the book meeting, and Saturday, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353.

Goodland Al-Anon Serenity Seekers group meets at 5:30 on Wednesdays at 1013 Center. For information call Cheryl at 890-3023. Goodland Adult Children of Alcoholics meets at 6 p.m. on Fridays at 1013 Center. For information call Laura or Marilyn at 821-4277 or

821-2862. The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays and 8 p.m. Fridays at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at 6:30 p.m. (Mountain Time) on Fridays at the Senior Center on 4th Street. Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Al-

If you have copies of any old Goodland High School, Sherman Community High School, Northwest Kansas Area Vocational Technical School or Northwest Kansas Technical College yearbooks that you are not using, the Goodland Public Library, 812 Broadway, would appreciate the donation of such to their collection. Call (785) 899-5461.

cell phone drive

Save a Life-Give a Phone collects used cell phones and refurbishes them to provide 911 access for domestic violence victims locally and nationwide, including all YWCA Domestic Violence Shelters. Phones are also provided to the elderly and others in need of an emergency cell phone. The group has a drop-off point at American Communications,716W.BusinessU.S.24.Call Jeannie Topliff at 899-2426.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is from 8 a.m. to noon and 1 to 5 p.m. a free preschool for eligible 3 and

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/ survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, cal(785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jennifer Follis.

tree donations

Many trees at the Goodland Cemetery have died and the cemetery board is trying to replace them. Contributions for the Goodland Cemetery Memorial Tree Fund can be left at Koons or Bateman funeral homes or sent to the Goodland Cemetery Board, Box 59, Goodland, Kan. 67735. Donations may be made in memory of a loved one.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 821-4142 or 821-4146.

State Research and Extension News Media Web site at http://www.ksre. ksu.edu/news/.

Negative attitudes can destroy success

Is negativity destroying your work environment?

and time again. It starts with one person with a bad attitude and begins to spread. Before long, negativity rules the office.

So how do you stop it? Think of negativity like a cancer to your business and consider the following treatment options:

High doses of appreciation – Everyone wants to feel valuable. Let your employees know how much you appreciate them.

Fun therapy — Add a little fun to the office. Unlike oil and water, tial business consulting to Kearny. work and fun can mix. Laughter is the best medicine.

Radiation – Radiate smiles to your employees. A simple smile can do a lot of good.

Support groups - Get your em-



ployees together to talk about how to make the work environment posi-

tive and the company successful. Surgery – Sometimes getting rid of the problem person is the only way to get rid of the negativity.

This tip was brought to you by Western Kansas Business Consulting, sponsored in part by Sherman County. We offer free and confiden-Scott, Sherman, and Wichita counties. For more information or to set up an appointment, contact Jamie Morphew at (620) 874-0771 or email wkbc@wbsnet.org.



Sherman County Kansans for Life wishes to thank the following churches for their participation in Cradles for Christmas. By giving to these maternity homes for mothers and babies, you have shown Christ's love. This is an effort that can only succeed with people like you! Thank you for standing with us to help save lives by helping mothers!

- First Baptist Church Calvary Gospel Church
- Pleasant Home Church Word of Life Church
 - Brewster Community Church

"Whoever saves one life saves the world entire." Oscar Schindler





I've seen this time