

activities

**Tours of the 1907 Victorian House** at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday**. Closed on Tuesday.

**The High Plains Museum**, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday through Friday, from 9 a.m. to 4 p.m. Saturday and from 1 to 4 p.m. Sunday**.

**The Carnegie Arts Center** is open from **10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses from on Sundays. New monthly exhibits and you are invited to visit the gift shop.

**The Goodland Public Library** is open from **10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday**. Story Hour for preschool kids, ages 3 to 6, are Wednesday mornings 10 to 11 a.m., Wednesday afternoon 2:30 to 3:30 p.m. or Thursday morning 10 to 11 a.m. For information call (785) 899-5461 or stop by the library.

**Big Brothers/Big Sisters** of Sherman County is seeking mentors and children to mentor. Call 890-3665.

**Goodland Mothers of Preschoolers (MOPS)** will meet from **6 to 7:30 p.m. the first Monday of the month** from September to May at the First Baptist Church, 12th and Main.

**Diabetes Support Group** meets at **4 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

**Breast Cancer Support Group** meets at **5:30 p.m. the second Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

**Emotions Anonymous** meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

**The Goodland Activities Center** has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwondo. Tuesday: 5:30 a.m., boot camp style aerobics with Tiffini. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, starting at 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., boot camp style aerobics with Tiffini. Friday: 5:30 a.m. aerobics with Tina Tompkins and starting at 5 p.m. taekwondo classes. For information call 890-7242.

**Goodland Alcoholics Anonymous** meets at **8 p.m. Monday**, closed meeting, **Wednesday**, the book meeting, **and Saturday**, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353.

**Goodland Al-Anon** Serenity Seekers group meets at **5:30 on Wednesdays** at 1013 Center. For information call Cheryl at 890-3023.

**Goodland Adult Children of Alcoholics** meets at **6 p.m. on Fridays** at 1013 Center. For information call Laura or Marilyn at 821-4277 or 821-2862.

The "Freedom Today" group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays and 8 p.m. Fridays** at 1013 Center. Call 890-8369.

**Bird City Alcoholics Anonymous** group meets at **6:30 p.m. (Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous** meets at **6:30**

the calendar

calendar

**USDA Commodity Distribution will be at 1:30 p.m. on Monday** at the First Christian Church, 8th and Arcade. Foods available will be canned port, peanut butter, corn flakes, mixed vegetables, apricots, canned milk, instant milk, orange juice and dried cherries. For information call (785) 890-2299.

The **Tuesday Flick** for this week is "Some Like It Hot" (1959) at **1:30 p.m. on Tuesday** at the Goodland Public Library., 812 Broadway. Next week's movie is "The Best Years of Our Lives" (1946).

There will be a **Sweet Heart Spaghetti Supper from 5 to 8 p.m. on Saturday, Feb. 13**, at the Kanorado Senior Center.

The First Baptist Church will have a **spaghetti feed from noon to 2 p.m. on Sunday, Feb. 21**, at the church, 1121 Main. Freewill donations will go to Sherman County Kansans for Life.

**Prairie Land Food sign up will be until Monday, Feb. 15**. Distribution is from 10 to 11 a.m. on Saturday, Feb. 27, at the Goodland Elks Lodge back door. For information call 821-4364 pr 899-8281 or order online at www.prairielandfood.com.

The Goodland Masonic Lodge, 519 Center, will have its **third annual ham and bean and corn bread feed** with homemade ice cream from **5 to 7:30 p.m. on Monday, Feb. 22**. Money will be used for scholarships and for

Shrine Bowl band camp.

**For assistance** with comparing plans for the open enrollment for the **Medicare Prescription Drug Program** call the Sherman County Health Department at (785) 890-4888 or call Carol Guyer at (785) 899-5908 or (785) 821-1626. Open enrollment runs until Thursday, Dec. 31.

**AARP Tax-Aide counseling**, preparation, e-filing and teaching service will help you file your 2009 Tax Return on **Friday afternoons** through April 9 at Goodland Public Library, 8th and Broadway, or Senior Adult Center, 15th and Center. Call (785) 890-7245 for information.

senior menu

**Today**: Open face turkey sandwich, mashed potatoes with gravy, peas, bread and blueberry cobbler. **Wednesday**: Hamburger stew, tossed salad, biscuit and apricots. **Thursday**: Liver and onions in gravy, parslid potatoes, green beans, bread and cook's choice fruit. **Friday**: Hot dog with kraut, mashed potatoes, fruit cup, bread and pudding. **Monday**: Ham sandwich, vegetable soup, peaches, bread and yogurt. **Tuesday**: Goulash, spinach salad, cook's choice vegetable, roll and apple-sauce. **Wednesday**: Pork roast, steamed cabbage, carrots and onions, bread, rice pilaf, gelatin with strawberries. **Thursday**: Oven fried chicken, mashed potatoes with gravy, corn, bread and apricots. **Friday**: Swiss steak, green beans, orange pineapple salad,

dinner roll and noodles.

school menu

**Today**: Burrito, lettuce and cheese, tri-tator, frosted banana and milk. **Monday**: Creamed chicken, rice, biscuit, mixed vegetables, peaches and milk. **Tuesday**: Taco burger, lettuce, cheese, tri-tator, pears and milk. **Wednesday**: Macaroni and cheese, peas, cinnamon bun, strawberries and bananas and milk. **Thursday**: Hamburger gravy, mashed potatoes, cooked carrots, whole wheat roll, fruit crisp and milk. **Friday**: Cook's choice.

school calendar

**Today**: Gold day. 5:30 p.m., varsity and unior varsity basketball at St. Francis. 5:30 p.m., varsity and junior varsity wrestling against Colby. **Saturday**: ACT test. Regional piano contest. **Monday**: Black day. 6 p.m., National Honor Society interviews. 7 p.m., board of education meeting. **Tuesday**: Gold day. 6 p.m., National Honor Society Interviews. Junior high wrestling against Scott City. **Wednesday**: Black day. Junior high Northwest Kansas League Music Festival at Colby. 4 p.m., Central Site Council. **Thursday**: Gold day. 3:30 p.m., seventh and eighth basketball at Hoxie. 3:30 p.m., junior high wrestling. 5:30 p.m., varsity and junior varsity wrestling at Oakley. **Friday**: X-Pressos Singing Valentine. 5:30 p.m., varsity and junior varsity basketball against Oakley. 9 p.m., Snoball Dance in high school

participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims

obituaries

Joane K. Walker

Joane K. Walker, 46, Park, sister of Cindy (Robert) Robben of Goodland, died Thursday, Jan. 28, 2010, at Via Christie-St. Francis Hospital of Wichita.

She was born on June 7, 1963, to Louis and Norma (Ogier) Dible in Colby and was raised in Menlo. Mrs. Walker went to school at Golden Plains, Hoxie and Fort Hays State University of Hays.

On July 14, 1986, she and Dennis Walker were married in Colorado Springs, Colo. The couple lived in Oakley and Park.

Mrs. Walker was a grocery clerk. Preceding her in death were her

of domestic violence and sexual assault. Weekly support groups are available in Hays. Support groups for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, cal(785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jennifer Follis.

tree donations

Many trees at the Goodland Cemetery have died and the cemetery board is trying to replace them. Contributions for the Goodland Cemetery Memorial Tree Fund can be left at Koons or Bateman funeral homes or sent to the Goodland Cemetery Board, Box 59, Goodland, Kan. 67735. Donations may be made in memory of a loved one.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 821-4142 or 821-4146. Interested in adopting a pet call the animal shelter.

(Mountain Time) on **Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

**Stratton "AA by the Book" Alcoholics Anonymous** group meets at **7 p.m. Thursdays** for a beginners open meeting. Families and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

**Fibromyalgia and Chronic Myofascial Pain Support Group** meets from **6:30 to 8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

The **USS Maddox Destroyer Association** (DD731, DD622 and DD 168) will have its reunion on Thursday, Aug. 26 to Sunday, Aug. 29, in Philadelphia, Pa. For information contact Dennis Stokhaug, 571 W. 14562, Muskego, Wis. 53150 or call (262) 679-9409 or email maddox64@aol.com.

The First 2010 **Quarterly Meeting of the High Plains Archaeology Group**, a Chapter of the Kansas Anthropological Association, will be at 1 p.m. (Mountain Time) on Sunday at the Prairie Museum of Art and History in Colby. The guest speaker will be Kathy Murray, an Apache Native American who was raised on the Mescalero Reservation in New Mexico. For more information, call ( 785)462-0933 or (785) 460-6653.

**Bob Ross Instructors** will be at the Dane G. Hansen Museum from 8 to 11 a.m. and noon to 2 p.m. (Mountain Time) on Saturday, Feb. 20, painting "Grandpa's Barn" and on Sunday, Feb. 21, painting "The Magic Bridge." For information cal (785) 689-4846 or go to www.hansenmuseum.org. All you need to bring is a roll of paper towels, all other supplies are provided.

**Prairie Museum of Art and History**, 1905 S. Franklin, in Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is accepting all types of donations but please call to set up a time to drop off your donation.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. Call 890-4888. WIC program available.

If you have questions, concerns or complaints about child care, call the health department.

**Water Testing** — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

matters of record

The following marriage licenses have been issued by the Sherman County District Court:

Marriages

Danny Ray Fisher and Sarah Ann Morgan, Goodland.

Divorces

George L. Acosta, Sherman County, and Yvonne A. Acosta, unknown.

Craig L. Hillman and Kelly L. Hillman, Sherman County.

Steven R. Smith and Jennifer L.

Smith, Sherman County.

District Traffic

The following fines have been paid in the Sherman County District Court.

**June 8**: Virgil L. Sprowel, speeding, \$194.

**July 17**: Patricia M. Meier, obstructing legal process, \$1,000.

**August 25**: James S. Cooper, speeding, \$146.

**September 30**: Edward D. Salas, speeding, \$194.

Thank You Friends!

The family of Coletta Soellner would like to thank Dr. Daise and his staff, hospital staff, Donna Swager and her staff at Wheat Ridge Acres, Lisa Varney, Hospice, Bruce Gleason and the ambulance crew, Father Norbert, Father Daryl, and Sister Barbara for all the care you gave to our mother. Each of you touched her in a very special way.

Also, we would like to thank everyone for the plants, flowers, masses, memorial donations, food, cards, phone calls and all the "hugs" on the passing of our mother. Anyone who knew her, knew what a special person she was. We are going to miss her so very much, but with all your help we will get through this, as we know she is in a better place. Thank you again.

Kenny and Connie Soellner and family; Jim and Sally Soellner and family; Tom and Mary Butler and family.

Start completing one item at a time

"We cannot do everything at once, but we can do something at once."

— Calvin Coolidge

Are you overwhelmed and don't know where to get started?

Make a list of all you need to get done, and then start completing one item at a time. Procrastinating and playing another game of Solitaire won't help.

This tip was brought to you by Western Kansas Business Consult-



jamie morphew

- business tips

ing, sponsored in part by Sherman County. We offer free and confidential business consulting to Kearny, Scott, Sherman, and Wichita counties. For more information or to set up an appointment, contact Jamie Morphey at (620) 874-0771.

IMPROVEMENT GRANTS Available

The Sherman County Economic Development Office is offering grants for Sherman County residents and businesses for exterior improvements to properties. **If you are interested in this program, please stop by the office at 104 E. 10th St., Goodland, to pick up the requirements and application. The deadline for returning applications is February 19, 2010, at 4 p.m..**