

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The High Plains Museum, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday through Friday, from 9 a.m. to 4 p.m. Saturday and from 1 to 4 p.m. Sunday.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses from on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday. Story Hour for preschool kids, ages 3 to 6, are Wednesday mornings 10 to 11 a.m., Wednesday afternoon 2:30 to 3:30 p.m. or Thursday morning 10 to 11 a.m. For information call (785) 899-5461 or stop by the library.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Goodland Mothers of Preschoolers (MOPS) will meet from 6 to 7:30 p.m. the first Monday of the month from September to May at the First Baptist Church, 12th and Main.

Diabetes Support Group meets at 4 p.m. the last Tuesday of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Emotions Anonymous meets at 7:30 p.m. Wednesdays at the Goodland Regional Medical Center board room.

The Goodland Activities Center has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwondo. Tuesday: 5:30 a.m., boot camp style aerobics with Tiffini. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, starting at 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., boot camp style aerobics with Tiffini. Friday: 5:30 a.m. aerobics with Tina Tompkins and starting at 5 p.m. taekwondo classes. For information call 890-7242.

Goodland Alcoholics Anonymous meets at 8 p.m. Monday, closed meeting, Wednesday, the book meeting, and Saturday, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353.

Goodland Al-Anon Serenity Seekers group meets at 5:30 on Wednesdays at 1013 Center. For information call Cheryl at 890-3023.

Goodland Adult Children of Alcoholics meets at 6 p.m. on Fridays at 1013 Center. For information call Laura or Marilyn at 821-4277 or 821-2862.

The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays and 8 p.m. Fridays at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at 6:30 p.m. (Mountain Time) on Fridays at the Senior Center on 4th Street. Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Alcoholics Anonymous group meets at 7 p.m. Thursdays for a beginners open meeting. Families and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from 6:30 to 8:30 p.m. the third Wednesday of every month

the calendar

calendar

The Tuesday Flick for this week is "The Best Years of Our Lives" (1946) at 1:30 p.m. at the Goodland Public Library, 812 Broadway. Next week's movie is "The Red Shoes" (1946).

St. Paul's Episcopal Church, 12th and Center, will have a Shrove Tuesday Pancake feed on Tuesday starting at 5 to 7 p.m.

The Elementary Art Exhibit will be on display at the Carnegie Arts Center, 120 W. 12th, until Sunday, Feb. 28.

Saturday Children's Art Classes are from 10 to 11 a.m. on Saturday, Feb. 27 at the Carnegie Arts Center. They will be finger painting with shaving cream. The classes will be taught by Hannah Schlosser.

Jodie Tubbs of the Kansas Commission on Veterans Affairs will be in Goodland from 1 to 2:15 p.m. Thursday in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572. Tubbs will be in Goodland on the third Thursday of each month.

The First Baptist Church will have a spaghetti feed from noon to 2 p.m. on Sunday at the church, 1121 Main. Freewill donations

will go to Sherman County Kansaans for Life.

Sen. Ralph Ostmeyer, Rep. Jim Morrison and Rep. Dan Johnson will have their Legislative Town Hall Meeting from 7 to 8 a.m. on Saturday, Feb. 27, at Hanks, 118 E. 17.

Prairie Land Food distribution is from 10 to 11 a.m. on Saturday, Feb. 27, at the Goodland Elks Lodge back door. For information call 821-4364 pr 899-8281 or order online at www.prairielandfood.com.

The Goodland Masonic Lodge, 519 Center, will have its third annual ham and bean and corn bread feed with homemade ice cream from 5 to 7:30 p.m. on Monday. Money will be used for scholarships and for Shrine Bowl band camp students.

Tickets are on sale on Monday for "A Dress Rehearsal for Murder" at the Carnegie Arts Center. The performance is at 6:30 p.m. on Saturday, March 20, and 2 p.m., on Sunday, March 21, at the Goodland Elks Lodge, 16th and Arcade. Tickets are \$30 and \$25 for arts council members. For information call (785) 890-6442.

AARP Tax-Aide counseling, preparation, e-filing and teaching service will help you file your 2009 Tax Return on Friday afternoons through April 9 at Goodland Public Library, 8th and

Broadway, or Senior Adult Center, 15th and Center. Call (785) 890-7245 for information.

senior menu

Today: Ham, au gratin potatoes, peas, bread and peaches. Wednesday: Baked fish, lyonnaise potatoes, carrots, bread and strawberries with topping. Thursday: Swedish meat balls, winter mix vegetables, cook's choice fruit, noodles and cake. Friday: Chef salad with meat on the side, mixed fruit with banana, garlic bread, blueberry dessert squares. Monday: Cook's choice entree, green beans, mandarin oranges, bread and pudding. Tuesday: Chili with beans, applesauce gelatin, crackers and cinnamon roll.

school menu

Today: Grilled cheese sandwich, tomato soup, crackers, mandarin oranges and pineapple and milk. Wednesday: Tuna and noodles, peas, whole wheat roll, half an apple and milk. Thursday: Chicken fried steak, mashed potatoes with gravy, green beans, whole wheat roll and milk. Friday: Cheese pizza, corn, lettuce salad, pudding and milk. Monday: Corn dogs, french fries, baked beans, applesauce and milk. Tuesday: Chicken patty sandwich, lettuce, pickle, seasoned fries, spiced pear and milk.

obituaries

Irma Irene Walker

Irma Irene Walker, 100, Sharon Springs, former school teacher and Superintendent of Schools of Wallace County, died on Saturday, Feb. 13, 2010.

She was born on April 30, 1909, to John and Emma Swanson near Monument.

Mrs. Walker helped with book-keeping for the family farm implement business and irrigation farming. She was a member of the Grange Farm Organization, Rebecca Lodge, North Star Farm Unit and Elks Lodge Widows Division of Goodland.

Preceding her in death were her husband; her parents; three brothers, Arthur Swanson, Gerald Swanson

and Wallace Swanson; two sisters, Caroline Bunn and Fay Sullivan; and a grandson, Kirk Walker.

Survivors include a son, Orville C. (Mary Christine) Walker Jr. of Independence, Mo.; two grandsons, a granddaughter; seven great grandchildren; and a great-great grandchild.

Services will be held at 11 a.m. on Wednesday, Feb. 17, 2010, at the United Methodist Church of Sharon Springs with the Rev. Paul McNally officiating and burial in the Sharon Springs Cemetery. Visitation starts one hour before the service.

Memorials to the charity of your choice may sent to the Bateman Funeral Home, 211 E. 11, Goodland.

James Schlichenmayer

James Lester Schlichenmayer, 72, Burlington farmer and antique tractor puller, died Sunday, Feb. 7, 2010, at Presbyterian St. Luke's Hospital of Denver.

He was born on Aug. 1, 1937, to David and Christina (Bauer) Schlichenmayer in Burlington. Mr. Schlichenmayer attended the Bethune Colo. School and graduated in 1956. He played basketball while in school.

On Dec. 14, 1957, he and Gwendolyn Mae Einspahr were married in Bethune.

Mr. Schlichenmayer loved to restore tractors. He never missed a chance to go hunting or fishing.

He was active in the Immanuel Lutheran Church, north of Bethune.

Preceding him in death were his

parents and a sister, Elsie Weishaar.

Survivors include his wife of 52 years of the home, three sons, Dave Schlichenmayer of Burlington, Lester (Joanna) Schlichenmayer of Bethune and Kent (Joni) Schlichenmayer of Burlington; nine grandchildren; and six great grandchildren.

Services were Thursday, Feb. 11, 2010 at the church with Pastor Roger Millheim officiating and burial in the Immanuel Lutheran Cemetery of Bethune.

Visitation was Wednesday, Feb. 10, 2010, at Love Funeral Home, 377 15th Street, Burlington.

Memorials in his name may be sent to Bank of Burlington, 410 14th, Burlington.

in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

The 35th Annual Meeting of the Northwest Kansas Groundwater Management District will be held at 12:30 p.m. (Mountain Time) on Wednesday at the Hoxie Elks Lodge, Rt. 2 (west of town), Hoxie.

The USS Maddox Destroyer Association (DD731, DD622 and DD 168) will have its reunion on Thursday, Aug. 26 to Sunday, Aug. 29, in Philadelphia, Pa. For information contact Dennis Stokhaug, 571 W. 14562, Muskego, Wis. 53150 or call (262) 679-9409 or email maddox64@aol.com.

Bob Ross Instructors will be at the Dane G. Hansen Museum from 8 to 11 a.m. and noon to 2 p.m. (Mountain Time) on Saturday, Feb. 20, painting "Grandpa's Barn" and on Sunday, Feb. 21, painting "The Magic Bridge." For information call (785) 689-4846 or go to www.hansenmuseum.org. All you need to bring is a roll of paper towels, all other supplies are provided.

Prairie Museum of Art and History, 1905 S. Franklin, in Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is accepting all types of donations but please call to set up a time to drop off your donation.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. Call 890-4888. WIC program available.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns,

call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

Today: Shelby Miller, a.m. and Emma VanVleet, courtesy. Wednesday: Shirley Hayden, a.m. and Linda Woods, courtesy. Thursday: Jessie Ownes, a.m. and VanVleet, courtesy. Friday: Lori Leonard, a.m. and Woods, courtesy. Monday: Sherry Ketter, a.m., Karen Coon, p.m. and Woods, courtesy. Tuesday: Debbie Lucas, a.m. and VanVleet, courtesy.

yearbooks

If you have copies of any old Goodland High School, Sherman Community High School, Northwest Kansas Area Vocational Technical School or Northwest Kansas Technical College yearbooks that you are not using, the Goodland Public Library, 812 Broadway, would appreciate the donation of such to their collection. Call (785) 899-5461.

cell phone drive

Save a Life-Give a Phone collects used cell phones and refurbishes them to provide 911 access for domestic violence victims locally and nationwide, including all YWCA Domestic Violence Shelters. Phones are also provided to the elderly and others in need of an emergency cell phone. The group has a drop-off point at American Communications, 716 W. Business U.S. 24. Call Jeannie Topliff at 899-2426.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutri-

tious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jennifer Follis.

tree donations

Many trees at the Goodland Cemetery have died and the cemetery board is trying to replace them. Contributions for the Goodland Cemetery Memorial Tree Fund can be left at Koons or Bateman funeral homes or sent to the Goodland Cemetery Board, Box 59, Goodland, Kan. 67735. Donations may be made in memory of a loved one.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 821-4142 or 821-4146.

Woman to turn 80

"Frankie" Lee Lakey Nichols will celebrate her 80th birthday on Tuesday, Feb. 23. Her family is having an open house from 1 to 3 p.m. (Mountain Time) on Saturday, Feb. 20, at Equity Meeting Room, 123 N. River, St. Francis.

Her children are Lorna Jo, Loyall and Barbara Nichols and Dawn Nichols of Colby, Denise Packard of Grainfield and Dru and Tracy Nichols of Laramie, Wyo. Cards may be sent to 123 E. First Street, St. Francis, Kan. 67756-3503.

She requests no gifts.



Frankie Nichols

What kind of image do you present?

What kind of customer image are you giving? Are you giving only the minimum required? Are you short with customers because you're the only store in town? Do you skimp on quality because you know they'll come back anyway?

Let me ask you again, what kind of customer image are you giving?

Here's an idea — radically over deliver. Offer excellent customer service. Take pride in the quality of your products and services. Greet your customers with a smile and a helpful attitude.

It's actually a cheap and effective

jamie morphew

business tips

marketing technique. Try it!

This tip was brought to you by Western Kansas Business Consulting, sponsored in part by Sherman County. We offer free and confidential business consulting to Kearny, Scott, Sherman, and Wichita counties. For more information or to set up an appointment, contact Jamie Morphew at (620) 874-0771 or e-mail wkbc@wbsnet.org.



Low Cost Conservation - Tree and Shrub Seedlings
Use for Any Conservation Planting

KANSAS FOREST SERVICE
Bareroot and containerized stock available
Spring orders being taken through the First Monday of May.
Seedlings Shipped to Your House

Orders Available online at www.kansasforests.org
Or call 1-888-740-8733

Got News? Call Tom or Pat 899-2338

1th Annual Atwood 3 on 3 Basketball Tourney
Grades 1 - 8
Sat., April 10, 2010

Happy 90th Birthday Party!
Ester Linin
Good Samaritan Home Activity Room
Saturday, Feb. 20
2-4 p.m.
No gifts please!

The Goodland Star-News
SUBSCRIBER
Cecilia Smith
You receive two free passes to see
EXTRAORDINARY MEASURES (PG)
Clip and bring to the show. Non Transferable
Sherman
1203 MAIN - Phone 899-6103

American Profile
Celebrating Hometown Life
See American Profile magazine in this week's issue of
The Goodland Star-News
(available in local area only)
Brought to you by The Star-News .
Your sponsorship could be right here!
For more information call Sara or Jessica at 899-2338