

All Mountain Time, for Kansas Central Time Stations subtract an hour

TV CHANNEL GUIDE

- S&T**
 28 ESPN
 29 ESPN 2
 30 ESPN Clas
 31 Golf
 32 Speed
 33 Versus
 34 Sportsman
 35 NFL
 37 USA
 38 TBS
 39 WGN
 40 TNT
 41 FX
 42 Discovery
 43 TLC
 44 HGTV
 45 Food
 46 DIY
 47 A&E
 48 History
 49 Travel
 50 Nat Geo
 53 Dis Kids
 54 Animal
 55 Nick
 56 Disney
- 28 ESPN**
29 ESPN 2
30 ESPN Clas
31 Golf
32 Speed
33 Versus
34 Sportsman
35 NFL
37 USA
38 TBS
39 WGN
40 TNT
41 FX
42 Discovery
43 TLC
44 HGTV
45 Food
46 DIY
47 A&E
48 History
49 Travel
50 Nat Geo
53 Dis Kids
54 Animal
55 Nick
56 Disney
- 57 Cartoon Net**
58 ABC Fam
59 TV Land
60 Hallmark
61 TCM
62 AMC
63 Lifetime
64 Oxygen
65 We
66 E!
67 Bravo
68 truTV
71 SCI FI
72 Spike
73 Comedy
74 MTV
75 VH1
76 CMT
77 EWTN
78 Trinity
79 Univision
82 TV Guide
83 RFDTV
116 Daystar
- Eagle**
21 TV Land
22 ESPN
23 ESPN 2
24 ESPN Nws
25 TBS
26 Animal
27 VH1
28 TNT
29 CNBC
30 FSN RM
31 CMT
32 ABC Fam
33 Disney
34 Nick
35 Fox MC
36 A & E
37 Comedy
38 SCI FI
39 Learning
40 FX
- 41 Hallmark**
45 NFL
47 Food
49 E!
51 Travel
54 MTV
55 Discovery
56 Fox Nws
57 Disney
58 History
59 Fit TV
60 Univision
61 Spike
62 HGTV
63 Bravo
67 C-Span
98 CW-KSCW
99 WGN
America

Tuesday Evening July 13, 2010											
7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30		
ABC Wipeout	Downfall	Primitime	Local	Nightline	Jimmy Kimmel Live						
CBS NCIS	NCIS: Los Angeles	The Good Wife	Local	Late Show Letterman	Late						
NBC Losing It-Jillian	America's Got Talent	Local	Local	Tonight Show w/Leno	Late						
FOX MLB Baseball	Local	Local	Local								
Cable Channels											
A & E Jewels	Jewels	Jewels	Jewels	Jewels	Jewels	Jewels	Jewels	Family Jewels	Local		
AMC Tin Cup	Tin Cup								Local		
ANIM Life-Elephants	I Shouldn't Be Alive	Life-Elephants						Alive	Local		
BET The Brothers	To Be Announced	The Mo'Nique Show						Brothers	Local		
BRAVO Housewives/NJ	Housewives/NJ	Griffin: My Life						Griffin: My Life	Local		
CMT Local	Local	Extreme Makeover						Maverick	Local		
CNN Larry King Live	Anderson Cooper 360							Larry King Live	Local		
COMEDY South Pk	S. Park	South Pk	South Pk	Daily	Colbert	S. Park	South Pk	Futurama	Local		
DISC Local	Local	Deadliest Catch						After the Catch	Local		
DISN Local	Local	Wizards	Hannah	Tinker Bell		Deck	Good Luck	Good Luck	Local		
E! Justin Bieber	Miami	Miami				Chelsea	E! News	Chelsea	Local		
ESPN Soccer		SportsCenter						SportsCtr	Local		
ESPN2 World Series	World Series	World Series				NFL Live	Science	Baseball	Local		
FAM Make It or Break It	Pretty Little Liars					Whoose?	Whoose?	Paid	Local		
FOOD Local	Local	Challenge				Cakes	Cakes	Cupcake Wars	Local		
FX Hitman	My First	House	Estate	House	House	For Rent	My First	House	Estate		
HGTV My First	My First	House	Estate	House	House	For Rent	My First	House	Estate		

We Celebrate Hometown Life

Stories from hometowns just like yours. Look for us each week in this paper.

American Profile We Celebrate Hometown Life											
HIST	LIFE	MTV	NICK	SCI	SPIKE	TBS	TCM	TLC	TNT	TOON	TRAV
Ancient Aliens	Cheerleader Nation	The Hills	Local	Warehouse 13	Deadliest Warrior	Office	To Be or Not to Be	Local	Hawthorne	TOON	Man, Food
Top Shot	Cheerleader Nation	The Hills	Local	Warehouse 13	Deadliest Warrior	Office	To Be or Not to Be	Local	Hawthorne	TOON	Man, Food
Hardcore History	Cheerleader Nation	The Hills	Local	Warehouse 13	Deadliest Warrior	Office	To Be or Not to Be	Local	Hawthorne	TOON	Man, Food

Wednesday Evening July 14, 2010

7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC Lucy Must	Middle	Family	Cougar	Castle	Local	Nightline	Jimmy Kimmel Live		
CBS Big Brother	Criminal Minds	CSI: NY	Local	Late Show Letterman	Late				
NBC Minute to Win It	America's Got Talent	Local	Local	Tonight Show w/Leno	Late				
FOX So You Think	Local	Local	Local						
Cable Channels									
A & E Dog	Dog	Billy	Billy	Billy	Billy	Dog	Dog	Bounty Hunter	Local
AMC Executive Decision		The Negotiator							Local
ANIM I Shouldn't Be Alive	Monsters Inside Me	I Shouldn't Be Alive						Be Alive	Local
BET BET Awards 2010		The Mo'Nique Show						Back	Local
BRAVO Top Chef	Top Chef	Work of Art						Top Chef	Local
CMT Local	Local	Extreme-Home						Jimmy	Local
CNN Larry King Live	Anderson Cooper 360					Larry King Live	Anderson	Local	Local
COMEDY Futurama	South Pk	South Pk	Tosh.0	Daily	Colbert	Tosh.0	S. Park	Futurama	Local
DISC Local	Local	Keith Barry						Fury Jobs	Local
DISN Local	Local	Wizards	Hannah	Eloise at the Plaza		Deck	Good Luck	Good Luck	Local
E! The Cable Guy		Women of the Forbes				Chelsea	E! News	Chelsea	Local
ESPN 2010 ESPY's		SportsCenter				2010 ESPY's		Local	Local
ESPN2 World Series	World Series	World Series				NFL Live	Nation	SportsCtr	Local
FAM Dirty Dancing	Funniest Home Videos	The 700 Club				Whoose?	Whoose?	Paid	Local
FOOD Local	Local	Challenge				Star	Flay	Dinner: Impossible	Local
FX The Departed		The Departed							Local
HGTV Property	Property	Income	Prof.	House	House	Renovath	My First	Income	Prof.
HIST Pawn	Pawn	Chasing Mummies				Chasing Mummies			Local
LIFE Legally Blonde		Will	Will	Will	Will	Fraser	Medium		Local
MTV MTV Special	The Real World	The Real World				Berger	Berger	The Hills	Local
NICK Local	Local	Big Time	Big Time	Matters	Matters	Chris	Chris	Lopez	Local
SCI Ghost Hunters Inter.	Ghost Hunters	Ghost Hunters Inter.				Ghost Hunters Inter.			Local
SPIKE UFC Unleashed	Pros vs. Joes	MANswers	MANswers	Knockout	Sports	Knockout	Sports	CSI	Local
TBS Browns	Browns	Browns	Browns	Lopez Tonight	Name Earl	Name Earl	Sex and t	Local	Local
TCM So Dark	Gun Crazy	My Name-Julia				Cry of the Hunted			Local
TLC Local	Local	Pregnant	Pregnant	Pregnant	Pregnant	Pregnant	Pregnant	Toddlers & Tiaras	Local
TNT Law & Order	Law & Order	CSI: NY				Leverage		Memphis	Local
TOON Ed, Edd	Ed, Edd	King-Hill	King-Hill	Fam. Guy	Fam. Guy	Chicken	Aqua Teen	Metal	Local
TRAV Man, Food	Man, Food	Conqueror	Man, Food	3 Sheets	Sheets	Man, Food	Man, Food	Man, Food	Local
TV LAND Raymond	Raymond	Cleveland	Cleveland	Roseanne	Roseanne	Roseanne	Roseanne	Cleveland	Local
USA NCIS	Psych	Burn Notice				Royal Pains			Local
VH1 Dad Camp	Bridal	T.O. Show				Behind the Music	Dad Camp	Bridal	Local
WGN Mr. Mom	WGN News at Nine	Scrubs	Scrubs	S. Park	South Pk	Star Trek			Local
Premium Channels									
HBO Local	Local	17 Again	Madagascar: Escape 2 Africa	REAL Sports Gumbel	True Blood			Boxing	Local
MAX Local	Local	Marley & Me	The Uninvited	Beth Cooper				Jennifer's Body	Local
SHOW Local	Local	The Bank Job	Teller	Green	Inside NASCAR				Local

©2009 Hometown Content, listings by Zap2it

Saturday Evening July 17, 2010

7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC Wipeout	Rookie Blue	Rookie Blue						Local	
CBS The Bridge	CSI: Crime Scn	48 Hours Mystery						Local	
NBC Persons Unknown	Law Order: CI	Law Order: CI						Local	
FOX Cops	Cops	Amer. Most Wanted						Local	
Cable Channels									
A & E Jewels	Jewels	Jewels	Jewels	Jewels	Jewels	Jewels	Jewels	Family Jewels	Local
AMC Troy		Thunderheart							Local
ANIM Pit Boss XL	Pit Boss	Pit Boss						Last Chance Highway	Pit Boss
BET Brown Sugar	The Perfect Holiday							The Best Man	Local
BRAVO House	House	House						House	Local
CMT Local	Local	100 Greatest Videos						Strictest Parents	Local
CNN Larry King Live	Newsroom	Campbell Brown						Larry King Live	Local
COMEDY Beefrest	The Slamm'N' Salmon							Still Waiting...	Local
DISC Local	Local	Wild Pacific						Powering the Future	Local
DISN Local	Local	Deck	Deck	Hannah	Good Luck	Jonas L.A	Jonas L.A	Hannah Montana	Local
E! Bring It On		Holly's W	Soup Pres	The Soup	Chelsea	The Cable Guy			Local
ESPN Golf	Baseball Tonight	SportsCenter				Baseball Tonight		SportsCtr	Local
ESPN2 NASCAR Racing		Drag Racing						Fishing	Local
FAM Practical	Two Weeks Notice	Blue Crush							Local
FOOD Local	Local	Flay	Flay	Unwrapped	Unwrapped	Unwrapped	Unwrapped	Unwrapped	Local
FX Alvin-Chimpnk		Man of the House						Sons of Anarchy	Local
HGTV Divine	Sarah	Genevieve	Block	Color Spl	House	House	House	Genevieve	Block
HIST Afraid of the Dark	Chasing Mummies	Time Machine						Afraid of the Dark	Local
LIFE P. S. I Love You		Army Wives						Drop Dead Diva	Local
MTV Pranked	Pranked	Berger	Berger	The Real World	Library	Library	Library	Library	Local
NICK Local	Local	iCarly	iCarly	iCarly	Big Time	Victorior	Jackson	Lopez	Local
SCI Goblin		The Pumpkin Karver						Goblin	Local
SPIKE The Transporter		The Transporter						Die	Local
TBS Shrek 2	Fam. Guy	Fam. Guy	Jersey Girl					RV	Local
TCM Road-Mor.	Morocco					Wind & Lion			Local
TLC Local	Local	Dateline Myst.				Dateline: Real Life		Medical Examiner	Local
TNT American Gangster		Four Brothers						Rizzoli	Local
TOON Looney Tunes	King-Hill	King-Hill	Boondocks	Boondocks	Fullmetal	Kekkaishi	Bleach	Local	Local
TRAV Conqueror	Conqueror	Conqueror	Extreme Waterparks					Conqueror	Local
TV LAND Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Raymond	Cleveland	Local
USA NCIS	NCIS	Covert Affairs				Royal Pains			Local
VH1 The Temptations		T.O. Show	Ochocinco: The Ultimate Catch			Music			Local
WGN MLB Baseball	WGN News at Nine	Scrubs	Scrubs	Analyze This					Local
Premium Channels									
HBO Local	Local	17 Again	Invention-Lying					Boxing	Local
MAX Local	Local	Miss March	Eagle Eye					Jennifer's Body	Local
SHOW Local	Local	Quantum of Solace	Transsiberian					Big Fan	Local

©2009 Hometown Content, listings by Zap2it

Sunday Evening July 18, 2010

7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
ABC Extreme Makeover	Scoundrels	The Gates						Local	
CBS Big Brother	CSI: Crime Scn	Cold Case						Local	
NBC Law Order: CI	America's Got Talent							Local	
FOX Simpsons	Cleveland	Fam. Guy	Fam. Guy	Local				Dateline NBC	
Cable Channels									
A & E Criminal Minds	The Glades	The Glades						Criminal Minds	Local
AMC The Mummy		The Mummy							Local
ANIM Monsters Inside Me	Whale Wars	Pit Boss						Monsters Inside Me	Local
BET The Perfect Holiday	To Be Announced	J. Osteen	Popoff	BET's Weekend Inspiration					Local
BRAVO Housewives/NY	Law Order: CI	Law Order: CI						Law Order: CI	Local
CMT Local	Local	Blue Coll	Blue Coll	Blue Coll	Blue Coll	Mobile Home Disaster	True Blue: Ten Years		Local
CNN Larry King Live	Newsroom	State of the Union				Larry King Live	Newsroom	Local	
COMEDY Wedding Crashers	Katt Williams	Simmons	Tosh.0	Futurama	Futurama	Futurama		Local	
DISC Local	Local	Dirty Jobs				Powering the Future		MythBusters	
DISN Local	Local	Sonny	Sonny	Hannah	Sonny With a Chance	Camp Rock			
E! Independence Day		Holly's W						Chelsea	
ESPN MLB Baseball		SportsCenter				SportsCenter		Local	
ESPN2 Golf		Beach Volleyball							
FAM Revenge-Brides	Revenge-Brides	J. Osteen	Ed Young	Zola Levi				Local	
FOOD Local	Local	Challenge				Food Network Star	24 Hour Rest. Battle		
FX Alvin-Chimpnk		The Waterboy				Louie	Rescue Me	70s Show	
HGTV Holmes on Homes	House	House	Design Star			Selling N	Selling N	House	