

All Mountain Time, for Kansas Central Time Stations subtract an hour

TV CHANNEL GUIDE

Tuesday Evening												July 20, 2010			
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30					
ABC	Wipeout		Downfall		Primetime: Fam		Local	Nightline	Jimmy Kimmel Live						
CBS	NCIS		NCIS: Los Angeles		The Good Wife		Local	Late Show Letterman	Late						
NBC	Losing It-Jillian		America's Got Talent				Local	Tonight Show w/Leno	Late						
FOX	Hell's Kitchen						Local								
Cable Channels															
A & E	Family Jewels		KISSteria		Family Jewels		Jewels	Family Jewels							
AMC	Ghost Ship														
ANIM	Yellowstone		I Shouldn't Be Alive		Yellowstone			Alive							
BET	Love Don't		Trey		The Mo'Nique Show		Wendy Williams Show	Love Cost							
BRAVO	Housewives/NJ		Housewives/NJ		Griffin: My Life		Double Exposure	Griffin: My Life							
CMT	Local	Local	Extreme Makeover		16 and Pregnant		Strictest Parents	Broken Bridges							
CNN	Larry King Live		Anderson Cooper 360				Larry King Live	Anderson							
COMEDY	S. Park	South Pk	South Pk		South Pk	South Pk	South Pk	South Pk	Comedy						
DISC	Local	Local	Deadliest Catch		Deadliest Catch		Deadliest Catch	Deadliest Catch							
DISN	Local	Local	Wizards		Hannah		Max Keeble's Big Move	Deck	Wizards						
EI	Coyote Ugly				Miami	Miami	Chelsea	EI News	Chelsea						
ESPN	MLB 2010		Baseball Tonight		SportsCenter		Baseball	NFL Live	SportsCtr						
ESPN2	WNBA Basketball		World Series		The 700 Club		SportsNation	Who's? Who's?	NASCAR						
FAM	Make It or Break It		Pretty Little Liars		World Series		Who's? Who's?	Who's? Who's?	Local						
FOOD	Local	Local	Challenge		Cakes	Cakes	Cupcake Wars	Cupcake Wars	Chopped						
FX	Day-Tomorrow				Rescue Me		Louie	Louie	Rescue Me						
HGTV	My First	My First	House		Estate		House	House	For Rent						

We Celebrate Hometown Life

Stories from hometowns just like yours. Look for us each week in this paper.

	HIST	LIFE	MTV	NICK	SCI	SPIKE	TBS	TCM	TLC	TNT	TOON	TRAV	TV LAND	USA	VH1	WGN
HIST	Most Extreme	Top Shot	Wild West Tech	Most Extreme Airports	Local											
LIFE	Cheerleader Nation	Cheerleader Nation	Will	Will	Frasier	Medium										
MTV	Teen Mom	Teen Mom	If You Really	Teen Mom	If You Re											
NICK	Local	Local	Big Time	SpongeBob	Penguins	Matters	Chris	Chris	George	George						
SCI	Warehouse 13	Warehouse 13	WWE NXT	Warehouse 13	Have				Fact							
SPIKE	Deadliest Warrior	Deadliest Warrior	Knockout	Knockout	Sports	Sports	CSI		CSI							
TBS	Office	Office	Office	Office	Lopez Tonight		Sports	Sports	CSI							
TCM	Canyon Passage		Suez		The Hurricane											
TLC	Local	Local	Fabulous Cakes		Cake Boss	Cake Boss			Couple							
TNT	Hawthorne		Memphis Beat		Hawthorne		Memphis Beat		CSI: NY							
TOON	Unnatural History		King-Hill	King-Hill	Fam. Guy	Fam. Guy	Chicken	Aqua Teen	Squid							
TRAV	Man/Food	Man, Food	World's	World's	Extreme Truck Stops		Carnivore	Carnivore	Man/Food							
TV LAND	Raymond	Raymond	Raymond	Raymond	Roseanne	Roseanne	Roseanne	Roseanne	Cleveland							
USA	White Collar		Covert Affairs		Psych		White Collar		Covert							
VH1	You're Cut Off		Ochocinco: Ult		T.O. Show	Behind the Music	You're Cut Off		Local							
WGN	The Princess Diaries		MLB Baseball				News/Nine		Local							
Premium Channels																
HBO	Local	Local	Fast Furi	A Small Act			Invention-Lying									
MAX	Local	Local	Whiteout				Men in Black II									
SHOW	Local	Local	Quantum of Solace		A Walk on the Moon				Beth Cooper							

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Wednesday Evening												July 21, 2010			
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30					
ABC	Middle	Middle	Family	Cougar	Castle		Local	Nightline	Jimmy Kimmel Live						
CBS	Big Brother		Criminal Minds		CSI: NY		Local	Late Show Letterman	Late						
NBC	Minute to Win It		America's Got Talent		Law & Order: SVU		Local	Tonight Show w/Leno	Late						
FOX	So You Think		Local		Local										
Cable Channels															
A & E	Dog	Dog	Billy	Billy	Billy	Billy	Dog	Dog	Bounty Hunter	Local					
AMC	Outbreak				Virus				They Live						
ANIM	Confessions		Confessions		Confessions		Confessions		Monsters						
BET	The Wiz				The Mo'Nique Show		Wendy Williams Show		Vick						
BRAVO	Top Chef		Top Chef		Work of Art		Top Chef		Top Chef						
CMT	Local	Local	Extreme Makeover		Footloose										
CNN	Larry King Live		Anderson Cooper 360				Larry King Live		Anderson						
COMEDY	Futurama	South Pk	S. Park	Tosh.0	Tosh.0	Tosh.0	Tosh.0	Tosh.0	Comedy						
DISC	Local	Local	MythBusters		MythBusters		MythBusters		Dirty Jobs						
DISN	Local	Local	Wizards		Hannah		Deck	Hannah	Wizards						
EI	Independence Day						Chelsea	EI News	Chelsea						
ESPN	MLB Baseball		Baseball Tonight		SportsCenter		Baseball	NFL Live	SportsCtr						
ESPN2	Soccer	2010 ESPY's			SportsNation		2010 ESPY's		Local						
FAM	Grease				The 700 Club		Who's? Who's?		Ripped						
FOOD	Local	Local	Challenge		Food Network Star		B. Flay	Flay	24 Hour Rest. Battle						
FX	Mr. & Mrs. Smith				Mr. & Mrs. Smith										
HGTV	Property	Property	Holmes on Homes		House		Renovath	First	Holmes on Homes						
HIST	Pawn	Pawn	Chasing Mummies		Sex-Ancient		American Pickers								
LIFE	Legally Blonde 2				Will		Fraser	Medium							
MTV	Teen Mom		The Real World		The Real World		Fantasy	Berger	Teen Mom						
NICK	Local	Local	Victorious	SpongeBob	Penguins	Matters	Chris	Chris	Lopez	George					
SCI	Ghost Hunters Inter.		Ghost Hunters		Fact or Faked		Mary Knows Best		Ghost						
SPIKE	UFC Unleashed		Pros vs. Joes		Players	MANswers	Sports	Sports	CSI						
TBS	Browns	Browns	Hawthorne		Lopez Tonight		Name Earl	Name Earl	Sex and t						
TCM	12 Angry Men		Perfect Strangers												
TLC	Local	Local	Extreme Poodies		Super Pooches		Pregnant	Pregnant	Toddlers & Tiaras						
TNT	Law & Order		Law & Order		CSI: NY		Leverage		Memphis						
TOON	Ed, Edd	Ed, Edd	King-Hill	King-Hill	Fam. Guy	Fam. Guy	Chicken	Aqua Teen	Squid						
TRAV	Man, Food	Man, Food	Conqueror	Conqueror	3 Sheets	3 Sheets	Man, Food	Man/Food	Man, Food						
TV LAND	Raymond	Raymond	Cleveland	Cleveland	Get Rich	Roseanne	Roseanne	Roseanne	Cleveland						
USA	NCIS		Psych		Burn Notice		Royal Pains		Psych						
VH1	Dad Camp		Bridal	Behind the Music			Ochocinco: Ult		Local						
WGN	Beetlejuice		WGN News at Nine		Scrubs	Scrubs	S. Park	South Pk	Star Trek						
Premium Channels															
HBO	Local	Local	ET Extra-Terr.		Mummy: Dragon Emp.				True Blood						
MAX	Local	Local	A Perfect Getaway		Panic Room				Jennifer's Body						
SHOW	Local	Local	Superhero	Big Fan			Teller	Green	NASCAR	Penn					

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Thursday Evening												July 22, 2010			
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30					
ABC	Wipeout		Rookie Blue		Boston Med		Local	Nightline	Jimmy Kimmel Live						
CBS	Big Brother		CSI: Crime Scene		The Mentalist		Local	Late Show Letterman	Late						
NBC	Community	30 Rock	Office	Parks	Law & Order: SVU		Local	Tonight Show w/Leno	Late						
FOX	Glee				Local										
Cable Channels															
A & E	The First 48		Manson: Notori.		The First 48		The First 48								
AMC	Blood Work				Heartbreak Ridge										
ANIM	Wild Russia		Wild Russia		Monsters Inside Me		Wild Russia		Russia						
BET	Waist Deep		Bethenny, Married		The Mo'Nique Show		Wendy Williams Show		Waist						
BRAVO	Housewives/NJ		Housewives/NJ		Bethenny, Married		Bethenny, Married		Bethenny, Married						
CMT	Local	Local	Extreme Makeover		The Singing Bee		The Singing Bee		Police Academy						
CNN	Larry King Live		Anderson Cooper 360				Larry King Live		Anderson						
COMEDY	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Futurama	Comedy						
DISC	Local	Local	Ratzilla		River Monsters		River Monsters		Deadliest Catch						
DISN	Local	Local	Wizards		Hannah		Deck	Hannah	Wizards						
EI	Kimora: Fab Lane		Miami		Holly's W	Holly's W	Chelsea	EI News	Chelsea						
ESPN	Softball		Baseball Tonight		SportsCenter		Baseball	NFL Live	SportsCtr						
ESPN2	Futurama		MLB Soccer				Who's? Who's?		Paid						
FAM	Funnest Home Videos		Funnest Home Videos		The 700 Club		Who's? Who's?		Paid						
FOOD	Local	Local	Challenge		Iron Chef America		24 Hour Rest. Battle		Cakes						
FX	The Simpsons Movie				Alvin-Chipmunk				The Simpsons Movie						
HGTV	First	My First	Selling N	Buck	House	House	House	House	Selling N						
HIST	The Universe		How the Earth		Modern Marvels		Modern Marvels		Modern Marvels						
LIFE	Panic Button				Will		Fraser	Medium							
MTV	Jersey Shore		Jersey Shore		Teen Mom		The Real World								