

business news

Brendon Gross, Credit Review Analyst for First National Bank at Goodland recently completed the 2010 Agricultural Lending School. This School was held Monday through Friday, July 19-23, in Kearney, Neb. The Agricultural Lending School is sponsored by the Kansas and Nebraska Bankers Associations and is endorsed by the Colorado, Kentucky, Louisiana, Minnesota, Oklahoma, Texas, West Virginia and Wyoming Bankers Associations.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday**. Closed on Tuesday.

The High Plains Museum, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday through Friday, from 9 a.m. to 4 p.m. Saturday and from 1 to 4 p.m. Sunday**.

The **Carnegie Arts Center** is open from **10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses from on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The **Goodland Public Library** is open from **10 a.m. to 8 p.m. Monday through Thursday** and from **10 a.m. to 5 p.m. Friday and Saturday**. Story Hour for preschool kids, ages 3 to 6, are Wednesday mornings 10 to 11 a.m., Wednesday afternoon 2:30 to 3:30 p.m. or Thursday morning 10 to 11 a.m. For information call (785) 899-5461 or stop by the library.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Goodland Mothers of Preschoolers (MOPS) will meet from **6 to 7:30 p.m. the first Monday of the month** from September to May at the First Baptist Church, 12th and Main.

The **Good Sam Family Support Council** meets at **7 p.m.** the first Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. The council is working with the Good Samaritan Center to raise \$4,500 to remodel their beauty shop including adding an adjustable sink to allow wheelchair resident easier access to wash their hair without transferring and to purchase a portable hair dryer. For information call 890-3117 or 890-5936.

Diabetes Support Group meets at **4 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at **5:30 p.m. the second Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Emotions Anonymous meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

The **Goodland Activities Center** has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwondo. Tuesday: 5:30 a.m., aerobics with Jessica. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9 a.m., low impact aerobics with Jessica, starting at 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., aerobics with Jessica. Friday: 5:30 a.m. aerobics with Tina Tompkins and starting at 5 p.m. taekwondo classes. For information call 890-7242.

Goodland Alcoholics Anonymous meets at **8 p.m. Monday**, closed meeting, **Wednesday**, the book meeting, and **Saturday**, an

the calendar

calendar

Celebrate Fridays from noon to 1 p.m. (weather permitting) every Friday at the Carnegie Arts Center, 120 W. 12th, by bringing a sack lunch to the center, sit under the shade of the trees, eat lunch and listen to live music by guitarist Joe Eli. Don't forget to visit the gift shop and monthly exhibit.

Jodie Tubbs of the **Kansas Commission on Veterans Affairs** will be in Goodland from **1 to 2:15 p.m. Thursday** in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572. Tubbs will be in Goodland on the third Thursday of each month.

Prairie Land Food distribution is 1:30 to 2:30 p.m. on Saturday, Aug. 28, at the Knights of Columbus, 7th and Caldwell. For information call 821-4364 pr 899-4278 or order online at www.prairie-

rielandfood.com. The Prairie Pak will have boneless pork chops, breaded chicken fritters, all beef hot dogs, ground beef, tray pak of chicken drums and fully cooked meatballs with seasonal non meat items and fruits and vegetables. The specials are steak strips, stuffed chicken breasts, supper time entrees and meat combo.

The Carnegie Arts Center, 120 W. 12th, will host the **Talent Show at the Annual Flatlander Festival** on Saturday and Sunday, Sept. 25 and 26. The talent show is for groups or individuals aged four and up and all forms of talent are welcome including dance, vocal, instrumental, comedy routines, skits and recitations. Applications will be available in August.

senior menu

Today: Polish sausage with kraut, mashed potatoes, green beans, bread and cantaloupe. **Wednesday:** Turkey, sweet potatoes, creamy cucumbers, bread

and gelatin with fruit. **Thursday:** Salisbury steak, scalloped potatoes, mandarin oranges, bread and cake with frosting. **Friday:** Lasagna, spinach salad, peaches, garlic bread and pudding. **Monday:** Hamburger gravy, mashed potatoes, California blend vegetables, bread and pears.

school calendar

Today: Teacher professional day. **Wednesday:** Teacher professional day. **Thursday:** Teacher professional day. First day of football practice with pads. 4:30 p.m., West and Central Elementary School open house. 5 p.m., Grant Junior High open house. 6:30 p.m., Goodland High School open house. **Friday:** Teacher professional day. Earliest date for girls golf competition. **Sunday:** 2 p.m., Little City Theater performance at Goodland High School. **Monday:** Black day. First day of school. 7 p.m., Board of Education meeting. **Tuesday:** Gold day.

open meeting, at 1013 Center. For Alcoholics Anonymous, call Pat T. at 890-3915 or Laura at 821-4277.

Goodland Al-Anon Serenity Seekers group meets at **5:30 on Wednesdays** at 1013 Center. For information call Cheryl at 890-3023.

Goodland Adult Children of Alcoholics meets at **6 p.m. on Fridays** at 1013 Center. For information call Laura or Marilyn at 821-4277 or 821-2862.

The "Freedom Today" group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays** at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at **6:30 p.m. (Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous** meets at **6:30 (Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Alcoholics Anonymous group meets at **7 p.m. Thursdays** for a beginners open meeting. Families and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from **6:30 to 8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

Prairie Museum of Art and History, 1905 S. Franklin, in Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

The Dane G. Hansen Museum, 110 W. Logan, Logan will have the exhibit "The Science of Super-croc" opens Sunday, Aug. 15, to Sunday, Nov. 7. Museum hours are Monday through Friday 8 to 11 (Mountain Time) and noon to 3 p.m. (Mountain Time), Saturday 8 a.m. to 11 a.m. (Mountain Time) and Noon to 4 p.m. (Mountain Time), Sunday and holidays noon to 4 p.m. (Mountain Time). For information call (785) 689-4846.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is accepting all types of donations but please call to set up a time to drop off your donation.

health department

The Sherman County Health Department at 1622 Broadway is open

from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. Call 890-4888. WIC program available.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. **Today:** courtesy Emma VanVleet. **Wednesday:** a.m. Shirley Hayden, p.m. Faye Paxton and courtesy Linda Woods. **Thursday:** courtesy VanVleet. **Friday:** courtesy Woods. **Monday:** a.m. Fern Heckman and courtesy Woods. **Tuesday:** a.m. Debbie Lucas and courtesy VanVleet.

cell phone drive

Save a Life-Give a Phone collects used cell phones and refurbishes them to provide 911 access for domestic violence victims locally and nationwide, including all YWCA Domestic Violence Shelters. Phones are also provided to the elderly and others in need of an emergency cell phone. The group has a drop-off point at American Communications, 716 W. Business U.S. 24. Call Jeannie Topliff at 899-2426.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental

and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jennifer Follis.

tree donations

Many trees at the Goodland Cemetery have died and the cemetery board is trying to replace them. Contributions for the Goodland Cemetery Memorial Tree Fund can be left at Koons or Bateman funeral homes or sent to the Goodland Cemetery Board, Box 59, Goodland, Kan. 67735. Donations may be made in memory of a loved one.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398 or 821-2144. Interested in adopting a pet call the animal shelter.

obituary

Lois M. Calkins

Lois M. Calkins, 82, Belleville, died on Friday, July 30, 2010, at Republic County Hospital at Belleville.

She was born on April 26, 1928, to Devere and Luella (Duffey) Wells at Rexford.

On Aug. 26, 1946, she and Clendale Alexander Calkins were married.

Mrs. Calkins was an avid doll collector, liked to bowl and loved to read. She was a den mother for the Boy Scouts when her sons were growing up.

Preceding her in death was her husband on June 8, 2010, and her parents.

Survivors include four sons, Glen Michael (Jackie) Calkins of Pensacola, Fla., Richard (Paula) Calkins of Belleville, Kevin (Kathy) Calkins of Belleville and Brian (Carol) Calkins of Milford; a sister, Betty Reagan of Greeley, Colo.; seven grandchildren; and seven great-grandchildren.

Services were at 9:30 a.m. (Mountain Time) at Tibbetts-Fischer Funeral Home, 1914 M Street, Belleville 66935. A private family inurnment will be at a later date.

There was no visitation. Memorials to the Rocky Pond Improvement Fund may be sent to the funeral home.

Programs on food to be held at church

On Saturday afternoon, Aug. 28, the Goodland Seventh Day Adventist Church, 12th and Cattletrail, will have a program at 2 p.m. on the healing properties of food. Herbs as food and medicine. The program at 4 p.m. will be on "Lifestyle Diseases." Learn what they are and how to combat them through immune boosting lifestyle.

At 12:15 p.m. on Sunday, Aug. 29, there will be some vegetarian and vegan food to taste. At 1 p.m. a cooking demonstration will show how to prepare different food, vegetarian and vegan.

Handouts and recipes will be available. For information call Jerry Nowack at (785) 250-1117.

Look 20 years ahead into the future

"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails." - Mark Twain



jamie morphew

business tips

Have you been dreaming of starting your own business but are too afraid to take the next step?

What's the worst thing that could happen if you go for it? What's the worst thing that could happen if you don't?

Start researching and planning. Start saving money and preparing for the adventure. This may be exactly what you've been looking for or it may not.

Either way, don't live with the regret of never knowing.

If you need help, our organization offers free and confidential business consulting. Give us a call.

This tip was brought to you by Western Kansas Business Consulting, sponsored in part by Sherman County. We offer free and confidential business consulting to Kearny, Scott, Sherman, and Wichita counties. For more information or to set up an appointment, contact Jamie Morphew at (620) 874-0771 or e-mail wkbc@wbsnet.org.

Oberlin arts group starts ticket sales

Oberlin Arts and Humanities Commission has started its season ticket sales for the 2010-2011 program year. All performances will be at The Gateway in Oberlin, unless noted otherwise.

Saturday, Sept. 18, 6:30 p.m. (Mountain Time), Donna Kump Tucker, jazz singer, native of Oberlin.

Saturday, Oct. 2, Afternoon performances, Little Sun Drum and Dance Group, (featured event at Cheyenne Days this year) in front of the museum, to help celebrate Oberlin's 125th anniversary. 6:30 p.m. (Mountain Time), The Gateway.

Saturday, Oct. 23, 6:30 p.m. (Mountain Time), "Kid Fiddlers" of Las Vegas, clogging, yodeling and fiddling.

Saturday, Nov. 13, 6:30 p.m. (Mountain Time), A college show

choir. Sunday, Dec. 5: 1 p.m. (Mountain Time), Oberlin Area Concert Band Christmas Concert.

Saturday, Jan. 22, 6:30 p.m. (Mountain Time), "Branson on the Road."

Saturday, Feb. 19, 5:30 p.m. (Mountain Time) Dinner Theater; Ronnie Kole, pianist, from New Orleans. Program, 6:30 p.m. (Mountain Time).

Program in late March, to be announced. Season tickets honored.

Sunday, May 8: Local historians, history and tour of Main Street.

Season tickets are \$75 each or \$155 for a family ticket. Each adult ticket will include dinner for the dinner theater. For tickets or information call Ella Betts (785) 475-3557 or Mary Henzel (785) 470-0218.

matters of record

Accidents

The following accidents were investigated by the Goodland Police Department.

July 27 - 8:49 p.m., 600 Grand Ave. Delores Montoya said she was driving the 1996 GMC that ran

through the fence at 602 Sherman Ave. Montoya said she must have jumped out of the vehicle, but didn't know when. Charlie Wyant said he saw the vehicle go by his house with the transmission parking gear grinding. After the vehicle hit the

fence Wyant went to the vehicle and seeing no one in it, turned the switch

off. Montoya refused to answer any more questions.

IMPROVEMENT GRANTS Available

Sherman County Economic Development is offering grants for Sherman County residents and businesses for exterior improvements to properties.

If you are interested in this program, please stop by the office at 104 E. 10th St., Goodland, to pick up the requirements and application. The deadline for returning applications is AUGUST 20, 2010, at 4 p.m..

The Goodland Star-News

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