


# The Community Page





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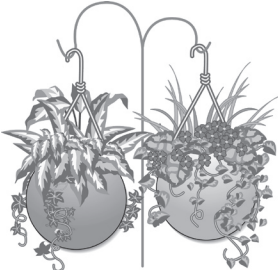
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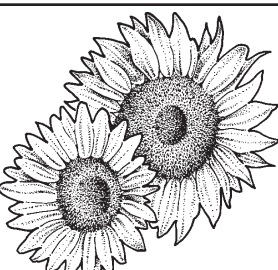
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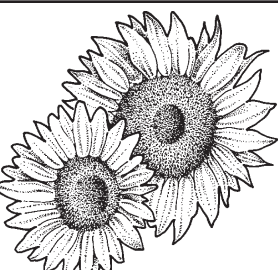
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## Saluting Wheat Ridge Acres for Assisted Living Week!



Administrator Donna Swager cans pickles with residents Reba Raile, L'Marie Robertson, and Nettie Mills.

## Busy times at Wheat Ridge Acres

Celebrating National Assisted Living Week the residents of Wheat Ridge Acres encouraged the city to proclaim this Assisted Living Week in Goodland.

Mayor Josh Dechant signed a proclamation at the meeting on Tuesday, Sept. 7 with Dean Blume and Lawrence Tedford two of the Wheat Ridge Acres residents and Donna Swager, facility manager and Cindy Pletcher, activity director.

The proclamation for National Assisted Living Week, Sept. 12-18 says:

“Whereas, assisted living is a long term care service that fosters choice, dignity, independence and autonomy in our elderly nationwide; and

“Whereas, the theme of National Assisted Living Week is ‘Living Life’ highlights the opportunity to share with our residents a multitude of events and activities that demonstrate how much we care for and love them.

“I urge all citizens to visit friends and loved ones who reside at these facilities, and

to lean more about assisted living services and how they benefit our communities.”

**Wheat Ridge Acres**

Wheat Ridge Acres has been enjoying the produce from its abundant garden, said Pletcher. The residents have kept busy snapping beans, making salsa and canning and freezing lots of pickles.

The cooks, as well, have frozen vegetables to be used during the winter season.

Wheat Ridge Acres has an outstanding activities program, Pletcher said.

Each day offers a variety of activities for all interests. One of the favorites is bingo, which is played Tuesday evenings with community volunteers as callers, and on Friday afternoons.

Residents enjoy bowling on the Wii, a video game played on the television.

Other games include shooting darts, ring toss, bucket ball, playing all kinds of card games, Mexican Train Dominoes, pitching pennies and board games of all kinds.

A volunteer has come for several years to

read the newspaper, and volunteers come to make crafts with the residents, entertain with music and play other games.

Residents truly enjoy musical performances, and like to sing themselves when we have sing-a-longs.

Members of the Historical Society present programs of interest to the residents twice each month.

There are outings nearly every week, either for coffee, lunch, shopping, or something fun.

The Swingin’ Seniors come to Wheat Ridge the first Tuesday of each month, and residents enjoy watching dancers, and some residents still dance themselves.

The third Thursday of each month the Goodland Line Dancers perform at Wheat Ridge.

Church services and bible study are held weekly at the facility.

She said citizens are encouraged to come to Wheat Ridge Acres to join in the fun, and to visit with the residents.



Wheat Ridge residents enjoying ice cream at McDonalds: Glenn Neitzel, Lawrence Tedford, Wayne Keeler (Patty Stevens in background).  
Photos by Cindy Pletcher/Wheat Ridge Acres



Snapping beans are Theresa Bentzinger, Ruth Morton, Virgiline Amos, Josephine Nimz, and Vivian Jensen.





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