

student news

Heidi Lawson, a 2010 Goodland High School graduated accepted a \$700 Fort Hays Bronze Academic Award. She is the daughter of Craig Lawson and Kim Cole of Goodland and plans to major in infomatics.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday.** Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday through Friday, from 9 a.m. to 4 p.m. Saturday and from 1 to 4 p.m. Sunday.**

The **Carnegie Arts Center** is open from **10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses from on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The **Goodland Public Library** is open from **10 a.m. to 8 p.m. Monday through Thursday** and from **10 a.m. to 5 p.m. Friday and Saturday.** Story Hour for preschool kids, ages 3 to 5, are Wednesday mornings 10 to 11 a.m., Wednesday afternoon 3 to 4 p.m. and Thursday morning 10 to 11 a.m. Born to Read for kids aged 0 to 3 years and their parents or caregiver will meet from 10 to 10:30 a.m. on Friday mornings. For information call (785) 899-5461 or stop by the library.

The local **High Plains Constitutional Society** will meet the **first and third Tuesdays** of each month from 7 to 8 p.m. in the basement of the Emmanuel Lutheran Church, 220 W. 13. Goodland. They will use the book “The 5000 Year Leap” by Cleon Skousen Skousen as the framework for the studies.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Goodland Mothers of Preschoolers (MOPS) will meet from **6 to 7:30 p.m. the first Monday of the month** from October through May at the First Baptist Church, 12th and Main.

The **Good Sam Family Support Council** meets at **7 p.m.** the first Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. The council is working with the Good Samaritan Center to raise \$4,500 to remodel their beauty shop including adding an adjustable sink to allow wheelchair resident easier access to wash their hair without transferring and to purchase a portable hair dryer. For information call 890-3117 or 890-5936.

Diabetes Support Group meets at **4 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at **5:30 p.m. the second Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Emotions Anonymous meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

The **Goodland Activities Center** has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwando. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9 a.m., starting at 4 p.m. taekwando classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., workout with Grady Bonsall. Friday: 5:30 a.m. aerobics with Tena Tompkins and starting at 5 p.m. taekwondo classes. For information call 890-7242.

Goodland Alcoholics Anonymous meets at **8 p.m. Monday,** closed meeting, **Wednesday,** the book meeting, **and Saturday,** an open meeting, at 1013 Center. For Alcoholics Anonymous, call Pat T. at 890-3915 or Laura at 821-4277.

Goodland AI-Anon Serenity

the calendar

calendar

The **Annual Flu Shot Clinic** will be from **2 to 6 p.m. on Tuesday, Oct. 19** at the Goodland Elks. More information to come.

Celebrate Fridays from noon to 1 p.m. (weather permitting) every Friday at the Carnegie Arts Center. 120 W. 12th, by bringing a sack lunch to the center, sit under the shade of the trees, eat lunch and listen to live music by guitarist Joe Eli. Don’t forget to visit the gift shop and monthly exhibit.

USDA Commodity Distribution will be at **1:30 p.m. on Monday** at the First Christian Church, 8th and Arcade. Foods available include salmon, peanut butter, cheddar cheese soup, applesauce, whole grain rotini, great northern beans and canned pork. For information call (785) 890-2299.

Prairie Land Food sign up will be until **Monday, Oct. 11.** Distribution is 1:30 to 2:30 p.m. on Saturday, Oct. 23, at the Knights of Columbus, 7th and Caldwell. For information call 821-4364 pr 899-4278 or order online at www.prairielandfood.com. The Prairie Pak will have breakfast sausage links, breaded chicken bites, pollock fillets, ham steak and ground beef with seasonal non meat items and fruits and vegetables. The specials that may be purchased are a super seafood box, supertime entres, sirloin steaks, beef fajita

kit and cheese cake.

Tuesday Flicks are at **1:30 p.m.** on Tuesdays at the **Goodland Public Library**, 812 Broadway. The movie this week is “South Pacific” (2001). Next week’s movie is “Divorce American Style” (1987).

senior menu

Today: Ham and beans, car-rifruit salad, cornbread and fruit cobbler. **Monday:** Macaroni and cheese with smokies, Italian blend vegetables, rosy pears, bread and pudding. **Tuesday:** Turkey dress-ing casserole, mashed potatoes with gravy, Mandarin oranges, cook’s choice complements. **Wednesday:** Tuna salad, tomato soup, gelatin with fruit, bread and bar cookie. **Thursday:** Liver and onions, scalloped potatoes, peas, bread and fruit crisp. **Friday:** Shepherd’s pie, cinnamon apple slices, bread and gingerbread.

school menu

Today: Goulash, corn, gar-lic bread, salad, spiced pears and milk. **Monday:** Fish, oven browned potatoes, wheat roll, California blend, watermelon and milk. **Tuesday:** Chicken sandwich with lettuce and pickle, baked beans, half an orange and milk. **Wednesday:** Corn dog, french fries, pickles, grapes and milk. **Thursday:** Pizza, lettuce salad, corn, pudding and milk. **Friday:**

Hamburger gravy, mashed pota-toes, cooked carrots, wheat roll, pineapple and milk.

school calendar

Today: Gold day. 6:30 p.m. varsity football at Lakin. West School pie sales kick off. **Sat-urday:** 8 a.m. varsity volleyball at Oakley. 8 a.m. junior varsity volleyball at Colby Junior Varsity Round Robin. 8:30 a.m. varsity golf at Lakin. **Monday:** Black day. Noon, league varsity golf tournament at Sugar Hills Golf Club. 4:30 p.m., junior varsity football against Lakin. **Tuesday:** Gold day. Central School picture day. 3 p.m., varsity and junior varsity cross country at Ellsworth. 3:30 p.m., varsity, junior varsity and c volleyball at Oberlin Quad. 3:30 p.m., seventh grade football against Scott City. **Wednesday:** Black day. 7:30 a.m. professional learning communities. DECA Fall Conference at Rock Springs. **Thursday:** Gold day. DECA Fall Conference at Rock Springs. Noon, varsity golf at Syracuse. 2:55 p.m. junior class magazine sales meeting. 3:30 p.m. junior high volleyball at Oberlin. 3:30 seventh grade football against St. Francis. 4 p.m., eighth grade football at Oberlin. **Friday:** Black day. Homecoming. 6:30 p.m. var-sity football against Colby. 9 p.m. Homecoming Dance. West School picture day.



Miranda Owens and Thomas Carmona

Topeka couple to wed in October

Miranda Owens and Thomas D. Carmona, both of Topeka, plan to marry on Saturday, Oct. 23, 2010, at St. Joseph Parish at Ellinwood.

The bride elect is the daughter of Robert and Christine Owens of Bushton and the granddaughter of Jessie Owens Enfield and the late Warren (Howdy) Owens and the late Oliver and Dixie Chatfield, all of Goodland.

The prospective groom is the son of Thomas and Terresa Carmona of Wichita.

The bride elect is a 1996 graduate

of Quivira Heights High School at Bushton, a 2001 graduate from Kan-sas State University at Manhattan with a Masters Degree in accounting and in 2004 a Juris Doctorate from the University of Kansas at Law-rence. She is a partner with the law firm of Goodell, Stratton, Edmonds & Palmer, LLP at Topeka.

The prospective groom is a 1998 graduate of Maize High School at Maize and in 2002 graduated from Fort Hays State University with a Bachelors Degree in technology studies. He lives in Topeka.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutri-tious meals are served, and parents are encouraged to get involved in their children’s education.

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers “Look Line” at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women’s domestic violence vic-tims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men’s domestic violence victims/ survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is avail-able by appointment. A sexual violence victims/survivors sup-port group in Hays and a domestic violence support group to meet in Colby are being formed. If inter-ested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jen-nifer Follis.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398 or 821-2144. Interested in adopting a pet call the animal shelter.

Seekers group meets at **6 p.m. on Mondays** at 1013 Center. For infor-mation call Cheryl at 890-3023.

Goodland Adult Children of Al-coholics meets at **6 p.m. on Fridays** at 1013 Center. For information call Laura or Marilyn at 821-4277 or 821-2862.

The “Freedom Today” group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays** at 1013 Center. Call 890-8369.

Bird City Alcoholics Anony-mous group meets at **6:30 p.m. (Mountain Time) on Fridays** at the Senior Center on 4th Street. **Nar-cotics Anonymous** meets at **6:30 (Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

Stratton “AA by the Book” Al-coholics Anonymous group meets at **7 p.m. Thursdays** for a beginners open meeting. Families and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from **6:30 to 8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burling-ton. Call Debbie at 719-346-4612.

area events

Training for the new Client Assessment, Referral and Eval-uation assessors in northwest Kansas will be held from 7:30 a.m. to 3:30 p.m. (Mountain Time) on Tuesday at the Kansas Highway Patrol Build-ing, 1821 Frontier Road, Hays. For information call (800) 432-7422 or (785) 625-2037.

Prairie Museum of Art and His-tory, 1905 S. Franklin, in Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

The Dane G. Hansen Museum, 110 W. Logan, Logan will have the exhibit “**The Science of Super-croec**” is open until Sunday, Nov. 7. Museum hours are Monday through Friday 8 to 11 (Mountain Time) and noon to 3 p.m. (Mountain Time), Saturday 8 a.m. to 11 a.m. (Mountain Time) and Noon to 4 p.m. (Mountain Time), Sunday and holidays noon to 4 p.m. (Mountain Time). For information call (785) 689-4846.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is accepting all types of donations but please call to set up a time to drop off your donation.

health department

The Sherman County Health De-partment at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants’, chil-dren’s and adult’s immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglo-bin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, in-cluding testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volun-teers are in the gift shop.

cell phone drive

Save a Life-Give a Phone collects used cell phones and refurbishes them to provide 911 access for do-mestic violence victims locally and nationwide, including all YWCA Domestic Violence Shelters. Phones are also provided to the elderly and others in need of an emergency cell phone. The group has a drop-off point at American Communica-tions, 716 W. Business U.S. 24. Call Jeannie Topliff at 899-2426.

early head start

Early Head Start is a state fund-ed program for income eligible families with prenatal mothers and children up to three. Families par-ticipate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

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Come & Go Card Shower

The children of Vera Beneda would like you to join them in celebration of Vera's 75th birthday!

A come-and-go card shower will be held on Oct. 2 at the Goodland VFW, from 1-5 p.m..

NO GIFTS PLEASE!

Classifieds work! 899-2338