

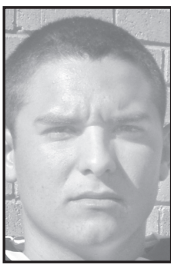
Field goal in overtime give Cowboys win at Lakin

By Jeremy Mills
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The theme for the Cowboys was heart, and in football heart is defined as playing every play like it's your last and never giving up. The Cowboys did that Friday night when they beat Lakin 31-28 on an 18 yard field goal in overtime.

The first half wasn't much, but the Cowboys led 6-0 on a 10-yard run by Reed Bellamy. Both teams got their offenses going in the second half with both teams scoring and the game coming down to a 28-28 tie with 1:26 left and Lakin having a chance to win with a 2-point conversion. The Cowboys stopped the attempt and the game went into overtime.

In high school football the overtime rules give each team a chance to score. Lakin won the coin toss for the opportunity to score first. The ball is placed on the opposing teams 10-yard line. The game clock doesn't



DeLaRosa

run as each team has a possession to try and score. If both sides score, the possessions are repeated.

Lakin won the toss and received the ball. The Cowboy defense flexed their muscle and stopped the Broncos on four plays.

Goodland had the opportunity to win. Three running plays were stuffed and it was fourth down on the 1-yard line. Coach Kent Teeter sent his field goal unit out on the field without question.

Tyler Jones was the long snapper, Bellamy was the holder, and Dallas DeLaRosa was the kicker. The 18 yard field goal gave the Cowboys the win, 31-28.

"I had no doubt about what I was going to do. I thought it was our best chance to win the game," Coach Teeter said during a post game interview.

In the first quarter Bellamy ran 10 yards for the first score of the night on a 4-play 43

yard drive to give the Cowboys a 6-0 lead.

The next score wouldn't come until the third quarter when Riley Oharah pushed it in from the 1 yard line on a 7-play 64 yard drive.

Bryant Miller put the first points on the board for Lakin with a 39 yard run.

Nathan Deeds would respond minutes later with a 4 yard run for the score on a 5-play 20 yard drive.

Miller wouldn't be outdone as he caught a 67 yard pass from Alex Jones on an 8-play 86 yard drive to end the third quarter. Both teams had scored 14 points in the quarter leaving the Cowboys in the lead 20-14

Jones showed his versatility when he rushed 4 yards in the end zone on an 8-play 34 yard drive to start the fourth quarter and give Lakin a 22-20 lead.

Goodland got the ball back took and went 60 yards in 5-plays scoring on a 21 yard pass from Bellamy to Brock Wilkens making it 28-22 with the Cowboys leading.

With 1:26 left in regulation Jones tied

the game for Lakin on a 3 yard run. Lakin went go for the 2-point conversion, but the Cowboys stuffed the play on the goal line. The game was going to overtime with a 28-28 tie.

In overtime Lakin could not score on their possession, and the Cowboys were stopped on three running plays. DeLaRosa's 18-yard field goal gave the Cowboys a 31-28 win and increased their record to 3-2.

The game started with the scheduled Lakin quarterback Miller passing the ball, but was soon replaced by Jones. Jones completed only 1 of 3 passes for 67 yards. Miller wasn't much better completing 1 of 6 throws for 12 yards.

The rushing attack was the backbone of the Lakin offensive attack. Jones rushed the ball 38 times for 178 yards; Joe McCombs ran 8 times for 61 yards! Blake Geubelle had 12 carries for 44 yards; and Miller finished with 10 carries for 29 yards.

Bellamy led the Cowboys passing attack completing 7 of 21 passes for 125 yards.

Bellamy also led the ground game rushing 9 times for 49 yards. Oharah carried 8 times for 19 yards, Kelly Pearson rushed 6 times for 18 yards and Nathan Deeds ran 5 times for 5 yards.

Leading receiver for Goodland was Seth Miller who had 2 catches for 44 yards. Other receivers who had catches were Pearson who caught 1 ball for 40 yards, Wilkens had 1 catch for 21 yards, Dillon Trachsel had 2 grabs for 14 yards, and Oharah had 1 catch for 1 yard.

The Cowboys are home at 6:30 p.m. on Friday to take on the rival Colby Eagles for Homecoming. The annual Homecoming parade will get underway at 6 p.m. on Thursday at Eighth and Main Ave. and travel south to 13th and Main before turning east and heading to Cowboy Stadium for the annual pep rally and bonfire to follow.

The Eagles are 3-2 following a 47-6 loss to Ulysses on Friday.

Cowgirls fourth at Lakin meet

The Cowgirls played in Lakin at Louck's Park Municipal Golf Course on Saturday finishing fourth in the tournament.

The Great West Activity League tournament was to start at noon on Monday at Sugar Hills Golf Course.

"Our team had some good scores turned in today," Coach Connie Livengood said of the Lakin tournament on Saturday. "Some of the girls had never played the course and they did a good job of scoring on this course."

Jazz Weis played well, Livengood said. She had her best score of the year with a 95. I believe if she had not a bad hole with a big score, she could have won the tournament. She finished fifth and medaled. She had 4 pars. Weis has her sites on winning regionals and state and I think she can still do that. She has to put it all together on those days.

Jacquelynn Gulley is doing well, Livengood said. She placed in varsity for her first time, finishing 14th. I am happy for her. She shot a 108 and had 2 pars.

Cortney Cowan finished with a 120. She had a par and she improved by 10 on the back nine holes, so I am expecting her to do better at regional.

Jordan Knitig shot a 127 and she improved on the back nine.

Megan Siruta turned in a good front nine and then got worse on the back.

Katelyn Coon just plain had a bad day with a 145. Sometimes that happens in golf.

"All in all, I am very pleased with the performance," Livengood said. "The girls placed fourth. I am looking forward to this team getting things put together in the next week. They are going to surprise some teams."



Jazz Weis putts at Lakin golf tournament held Saturday. She had a good round and finished fifth. The Cowgirls finished fourth as a team, and will be back in Lakin on Monday for regionals. Photo by Connie Livengood/The Goodland Star-News

The Cowgirls will be in Lakin at 10 a.m. on Monday for a 3-2-1A regional golf tournament.

The tournament will be held at the Lakin Municipal Golf Course

on West Highway 50. Teams included in the regional tournament Goodland, Hays Thomas More Prep-Marian, Holcomb, Lakin, St. Francis, Sublette and Syracuse.

Ulysses tough meet for cross country

The Goodland cross country teams were in action in Ulysses on Sept. 20 on a hot windy day that made running difficult.

Coach Ben Foust said it was hot and windy (89 degrees, 20 mph sustained winds, with gusts to 35 mph and 28 percent humidity) that made it hard for the high school runners.

Schools involved in the tournament included High School: Ulysses, Syracuse, Dodge City, Hugoton, Cimarron, Rolla, Ingalls, Goodland, Beaver, Southwestern Heights and Wichita County.

Junior High: Cimarron, Dodge City, Garden City, Goodland, Hugoton, Stanton County, Liberal South, Rolla, Syracuse and Ulysses.

"These results are really incomplete," Foust said. "I spent a week asking for the Junior High results, but got no answer from the Ulysses Activity Director. Activity Director Greg Ferguson emailed and got a response."

"The response was they didn't take times after the top 15 medalists. I'm disappointed to say the least. I think that every runner is important, regardless of place and time."

Foust said Ulysses was not the teams' best meet by far.

Our seventh grade did very well, earning a total of three medals, he said...hence the only three times for the Junior High I have.

Arron Arteaga was determined to win the race and came pretty close finishing second with a time of 6:09 with the winner coming in at 5:55 for the 1.1 mile course. The winner was about twice Arron's height, so he had about twice the stride length, Foust said.

Mario Lazo continues to improve

and run better each meet and each practice and finished ninth at 6:37.

Lexi Bergquist had tough competition to finish in the top 10 with a lot of bigger schools and bigger girls. She finished eighth with a time of 7:20. The winning girls time was 6:37.

The rest of the seventh grade including Yidam Mendoza, Chandler Pettibone and Taitem Jones. did well, but unfortunately, I don't have their times or places.

They didn't have to fight the nasty wind that the eighth grade and High School did.

As mentioned, the eighth grade failed to bring home medals as they have in every meet previous.

They had several factors working against them, Foust said. The wind was a huge factor, but everyone had to deal with that. We didn't get to eat until late...that is squarely my fault. Not everyone had their head in the race. These same three issues translated over to the high school as well...where, also, for the first time this year, we brought home zero medals.

With the "new" course (again), the first mile was pretty much directly into the wind. With a 20 mph wind, no one stepped up and wanted it bad enough. Many of them let the conditions beat them before they even fired the gun. The Cowboys finished fourth as a team.

After the races were over, I told the runners as long as this was our worst meet of the year, I'll be happy. There's nearly always going to be a performance throughout the year that you'll look back on and be disappointed. If we can make the collective decision that the Ulysses

meet was that performance and never go back there...we'll finish out the season well."

High School Girls Results
Winning Time: 18:12
Total Runners: 35
Athlete Finish Time Place
Chantel Coates DNF
Gloria Bustillos 26:59, 35
Sierra Estes 25:17, 34
High School Boys Results
Winning Time: 17:55
Total Runners: 30
Athlete Finish Time Place
Stephen Buller 23:43, 25
Ace Arteaga 23:00, 22
Xavier Foust 27:24, 29
Jesse Cooper 25:50, 28
Jacob Schnabel 29:27, 30
Team Score: 134
Junior High Race Results 2 mile
Winning Time Boys: 11:32
Athlete
Gerell Miller
Kameron Snyder

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Cross country shows improvements

The weather was hot (80 degrees) but there was no wind as the Goodland cross country runners competed on Tuesday at Oberlin.

Schools involved in the tournament included: Goodland, Norton, Colby, Phillipsburg, Oakley, Quinter, Oberlin, Hoxie, Northern Valley, Brewster and Wheatland/Grinnell, Nebraska Teams: McCook, Southwest and Cambridge.

The Goodland teams are in Ellsworth today.

"We'll see some tough teams and a tough course," Coach Ben Foust said of the Ellsworth tournament. "We've been working very hard in practice this last week and a half. We've had some outstanding practices, so we're feeling good about Ellsworth. The worst part about a young team is the mental toughness."

"We're just not there yet. I think competing, and competing well, at Ellsworth will go a long way toward solidifying that mental

toughness we need to develop."

For Oberlin Foust said he took the "upperclassmen" for a couple reasons. Our younger athletes needed a rest of all the competing a few weeks ago. We have one too many meets on our schedule and needed to have everyone rest a meet anyway.

The three runners we did take had an outstanding day.

Stephen Buller was a full minute faster than last year at this meet, Foust said. He set a career best running 17:50 and finished ninth.

We've long thought this course was short by as much as a 10th of a mile, but it can't be too far off since their hosting Regionals in a few weeks for Class 2A. Stephen bounced back from a disappointing performance at Ulysses a week before. He is really running well and we're very proud of him.

Right now, he's very focused on where we're going for Regionals and qualifying for the State Meet at Wamego next month.

Chantel Coates finished her first race of the season. She's been plagued by hip injuries and a lot of wounded pride. This was as much a symbolic victory as there's ever been. She needed to finish the race. At Ellsworth the plan for her is the same...finish it! Once we get to Lakin, Hugoton, and Regionals her times will come down. As it was, she was less than 50 seconds off her time from last year. She's competed (and probably practiced) less due to other academic and athletic obligations. I think she's on the right track now!

Day Waugh ran her season best. She and Chantel ran much of the race either together or right near each other. This was really what both girls needed. Day needed Chantel to push her, and Chantel needed Day's moral support. This was really the best of both worlds in that regard. Day is really doing a great job as a Senior leader on the team and her improvements in her times are really great to see.

Cowgirls volleyball junior varsity fourth at Colby

The Cowgirl junior varsity volleyball team was at Colby for a junior varsity round robin tournament on Saturday and came in fourth, 1-3.

The next action for the varsity, junior varsity and c team will be today at 3:30 p.m. at the Oberlin Quad.

In the match against Oakley the Cowgirls lost 24-26 and 11-25. They won the match with Quinter, 25-16,

24-26 and 25-16. Dighton beat Goodland 12-25 and 9-25 and Colby beat the Cowgirls 25-10 and 25-11.

The Colby team beat Quinter 25-6 and 25-8 and Dighton 25-11 and 25-15. They lost to Oakley 25-20, 16-25 and 23-25.

Oakley beat Quinter 19-25 and 6-25. Dighton beat Quinter 17-25 and 9-25 and lost to Oakley 13-25 and 13-25.

Oakley was first in the tournament with 4-0, Colby second 3-1, Dighton third 2-2 and Quinter fifth 0-4.

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School calendar for October 6-12

Wednesday: Black Day
DECA Fall Conference at Rock Springs
7:30 a.m.: PLC

Thursday: Gold Day
DECA Fall Conference at Rock Springs
Noon: Girls Varsity Golf at Syracuse
2:55 p.m.: Junior Class Magazine Sales Meeting
3:30 p.m.: Junior High Volleyball at Oberlin
7th Football here versus St. Frances
4 p.m.: 8th Football at Oberlin

Friday: Black Day
HOMECOMING
West School picture day
6:30 p.m.: Varsity Football, here, versus Colby
9 p.m.: Homecoming Dance

Saturday: 8 a.m.: Junior Varsity Volleyball at Hays Tournament
C-team Volleyball at Hays C Tournament
Junior High Cross Country at Lakin
9 a.m.: Varsity Cross Country at Lakin
Junior High GWAC League Volleyball at Hugoton

Monday: Gold Day
Girls Regional Golf
West School pie sales end
Board of Education meeting
3:30 p.m.: Junior Varsity Football at Colby
5:30 p.m.: C-team Football at Colby

Tuesday: Black Day
Basketball Rules Meeting in Oakley
3:30 p.m.: Varsity/Junior Varsity/C-team Volleyball at Oakley
4 p.m.: West Site Council

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