

card showers

Jeannie Stull James, former Goodland resident, will have her 91st birthday on Friday, July 8, 2011. Let's shower her with birthday greetings. Her address is Valley View Man, 207 Holly - Box 630, Saratoga, Wyo. 82331.

Roger Collins is home from the hospital and would like to hear from his friends. His address is 324 Center and phone number is 890-3474.

Pamela Cullen is recuperating from a stroke she suffered early in May. Friends are requesting cards be sent to her at Swedish Medical Center, 501 E. Hampden Ave., Englewood, Colo. 80113, Room 4435A.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday**. Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday**. Closed Tuesdays.

The **Carnegie Arts Center** is open from **10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The **Goodland Public Library** is open from **10 a.m. to 8 p.m. Monday through Thursday** and from **10 a.m. to 5 p.m. Friday and Saturday**. For information call (785) 899-5461 or stop by the library.

The local **High Plains Constitutional Society** will meet the first and third Tuesdays of each month from 7 to 8 p.m. at the Rock House, 6th and Caldwell, Goodland.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The **Good Sam Family Support Council** meets at **7 p.m.** the first Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

Diabetes Support Group meets at **4 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at **5:30 p.m. the second Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Cancer Support Group meets at 6 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

Emotions Anonymous meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

The **Goodland Activities Center** has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwondo. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9:45 a.m. finding fitness class, 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., workout with Grady Bonsall and 9:45 a.m. finding fitness class. Friday: 5:30 a.m.

the calendar

calendar

Jodie Tubbs of the **Kansas Commission on Veterans Affairs** will be in Goodland from **1 to 2:15 p.m. Thursday** in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572.

Commodity Distribution for Sherman County residents will be at **1:30 p.m. on Monday, July 11**, at First Christian Church, 8th and Arcade. Foods will include grape juice, pears, beef stew, carrots, rice and corn cereal, instant potatoes and applesauce. The next distribution is tentatively scheduled for Monday, Sept. 12. For information call Genesis (785) 890-2299.

The **"Just for Fun" miniswimmer swim meet** will be from **7 to 9 p.m. on Friday, July 22**, at Steever Water Park. Register in

advance at the pool or the City Office by Tuesday, July 19. The event is for kids in swim lessons and there will be fun events for kids of all ages and skill levels. The Friday night fundraise admission is \$1 per person. You're welcome to bring your own seating. The event is hosted by the Goodland Swim Club swimmers.

Prairie Land Food sign up will be until Monday, July 11. Distribution is 1:30 to 2:30 p.m. on Saturday, July 23, at the Knights of Columbus, 7th and Caldwell. For information call 821-4364 or 821-1275 or order online at www.prairielandfood.com. The price of the Prairie Pak has changed to \$26. The Prairie Pak will have lean ground beef, tray pack chicken drum, roll of pork breakfast sausage, boneless chicken breast fillets, premium ham steak, vegetables and fruits. The specials are Black Angus burgers, supertime

entrees, chicken breast strips and full cooked baby back ribs in sauce.

Tuesday Flicks are at **1:30 p.m.** at the **Goodland Public Library**, 812 Broadway. Call the library for the title of the movie at 899-5461.

senior menu

Today: Polish sausage with kraut, mashed potatoes, mixed vegetables, bread and apricots. **Wednesday:** Sloppy joes, coleslaw with carrots, pears, bun and pudding. **Thursday:** Chicken and noodles, peas, stewed tomatoes, roll and cantaloupe. **Friday:** Salisbury steak with gravy, mashed potatoes, green beans, bread and gelatin with fruit. **Monday:** Hamburger gravy, Italian blend vegetables, beets, biscuit and mixed fruit. **Tuesday:** Taco salad, watermelon, chips and applesauce bars.

obituaries

Hadley Grace Schilling

Hadley Grace Schilling, premature infant daughter of Cash and Amanda Schilling was born Monday, June 27, 2011, at Citizens Medical Center at Colby. She died moments later in her parents' hands.

Preceding her in death were her great-grandfathers, Lew Waldron and Frank Albrecht.

Survivors include her parents; big sister, Kaelyn Schilling of the home; maternal grandparents, Jack and Trish Albrecht of North Platte, Neb.; paternal grandparents, Ron and Marsha Schilling of Edson; maternal great-grandmothers, Mary

Waldron of Baggs, Wyo., and Darlene Albrecht of North Platte, Neb.; paternal great-grandparents, Doris and Jesse Craft and Dale and Darlene Schilling, all of Goodland; aunts and uncles, Ericka Banks, Jennifer (Matt) Dalrymple, Chance Schilling of Edson and Clay Schilling of Edson.

A graveside services was held Saturday, July 2, 2011, at the Goodland Cemetery at Goodland with the Rev. Shelly Petz officiating.

Koons Funeral Home, 211 N. Main, Goodland handled the arrangements.

Bonnie Jean Hill

Bonnie Jean Hill, 66, St. Francis, mother of Lori (Kahle) Helton of Goodland, died Wednesday, June 29, 2011, at her home.

She was born Sept. 12, 1944, in Cheyenne County.

Mrs. Hill was the food service manager for the St. Francis High School Dietary Department.

Preceding her in death were her parents.

Survivors include her husband, Dale Hill of St. Francis; a son, Dwayne (Rachel) McDuffee of Phoenix, Ariz.; another daughter, Sherri (Kelly) Hilt of St. Francis; a brother, Larry (Candy) Reichert of

Warrensburg, Mo.; and six grandchildren.

Services were 9 a.m. (Mountain Time) on Saturday, July 2, 2011 at the Living Water Fellowship Church at Bird City and burial at the St. Francis Cemetery at St. Francis.

Visitation was from noon to 6 p.m. (Mountain Time) on Friday, July 2, 2011 at Knodel Funeral Home, 202 S. Benton, St. Francis.

Memorials to the church or the St. Francis High School Dietary Department may be sent to the funeral home.

aerobics with Tena Tompkins and starting at 5 p.m. taekwondo classes. For information call 890-7242.

Goodland Alcoholics Anonymous meets at **8 p.m. Monday**, closed meeting, **Wednesday**, the book meeting, **and Saturday**, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Pat T. at 890-3915 or Laura at 821-4277.

Goodland Al-Anon Serenity Seekers group meets at **6 p.m. on Mondays** at 1013 Center. For information call Cheryl at 890-3023.

Goodland Adult Children of Alcoholics meets at **6 p.m. on Fridays** at 1013 Center. For information call Laura or Marilyn at 821-4277 or 821-2862.

The "Freedom Today" group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays** at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at **6:30 p.m. (Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous** meets at **6:30 (Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Alcoholics Anonymous group meets at **7 p.m. Thursdays** for a beginners open meeting. Families and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Lola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from **6:30 to 8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

The Dane G. Hansen Memorial Museum at 110 W. Main, Logan will have a four day **painting workshop with David Vollbracht** from 8 a.m. to 3 p.m. (Mountain Time) on Wednesday to Saturday, July 13 to 16. There will be a one-hour break for lunch. Cost of the workshop is \$150 with discounts available for Hansen Museum members. This class will be on the use of photography as a reference material.

Prairie Museum of Art and History, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1

to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is open 9 a.m. to noon and 1 to 5 p.m. on Tuesday through Friday and 10 a.m. to 4 p.m. on Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. **Today:** none needed. **Wednesday:** a.m. Judy Siruta. **Thursday:** none needed. **Friday:** a.m. Avis Alcorn. **Monday:** a.m. Siruta. **Tuesday:** a.m. Debbie Lucas.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded

program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jennifer Follis.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398 or 821-2144. Interested in adopting a pet call the animal shelter or go to the website www.nwkasgoodland.webs.com.

Tips on hiring good help available

Has your business grown to the point where you can't do it by yourself anymore?

Is it time to hire your first employee?

Are you unsure how to find good employees?

Go to www.intuit-hire.com for a FREE Hiring Guide. You'll learn



jamie morphey

• business tips

about finding employees, interview questions to ask, motivating em-

ployees and more.

Choosing the right employee is an important decision. Don't go into it blindly.

This tip was brought to you by Western Kansas Business Consulting, sponsored in part by Sherman

County. We offer free and confidential business consulting to Kearny, Scott, Sherman and Wichita counties.

For more information or to set up an appointment, contact Jamie Morphey at (620) 874-0771 or e-mail wkbc@wbsnet.org.

matters of record

Sherman County Bastille
The following people were booked into the Sherman County Bastille:

April 30: Johnny Siruta, 24, Goodland, arrested by sheriff deputy for warrant on worthless check.

Christopher Reeh, 28, Bethune, Colo., arrested by sheriff deputy on warrant for other jurisdiction.

May 1: Jared Williams, 28, Good-

land, warrant arrest by sheriff's deputy for multiple acts of theft, receipt fraud.

May 2: Terry Carpenter, 49, Goodland, arrested by sheriff's deputy for driving while suspended.

STATE-OF-THE-ART
Sherman
TONIGHT 7 PM:
Green Lantern 3D (PG-13)
Nightly 7 p.m.
Sunday Matinee 1:30 p.m.

SM Family Fireworks
JULY 5 only!
Everything
30% off!
3 1/4 mi. W. on Hwy. 24.
Red, white and blue tent
on north side of road.

American Profile
Celebrating Hometown Life
See American Profile magazine in this week's issue of
The Goodland Star-News
Your sponsorship could be right here!
For more information call Jessica or Anne at 899-2338
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