

card showers

**Jeannie Stull James**, former Goodland resident, will have her 91st birthday on Friday, July 8, 2011. Let's shower her with birthday greetings. Her address is Valley View Man, 207 Holly - Box 630, Saratoga, Wyo. 82331.

**Pamela Cullen** is recuperating from a stroke she suffered early in May. Friends are requesting cards be sent to her at Swedish Medical Center, 501 E. Hampden Ave., Englewood, Colo. 80113, Room 4435A.

student news

**Alicia Studer** earned her Bachelor of Science in nursing from Fort Hays State University at Hays.

**Connie Bergquist** received her Master of Science in education administration from Fort Hays State University.

**David Morrow** of St. Francis received his Master of Science in education administration from Fort Hays State University.

**Jillian Parker** received her Bachelor of Music in musical theater Cum Laude at commencement exercises for the University of Nebraska at Kearney, Neb., on Friday, May 6. She sang the National Anthem for the ceremony.

activities

**Tours of the 1907 Victorian House** at 202 W. 13th are from 1 to 5 p.m. **Wednesday through Monday.** Closed on Tuesday.

**The High Plains Museum**, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. **Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday.** Closed Tuesdays.

**The Carnegie Arts Center** is open from 10 a.m. to 5 p.m. **Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

**The Goodland Public Library** is open from 10 a.m. to 8 p.m. **Monday through Thursday** and from 10 a.m. to 5 p.m. **Friday and Saturday.** For information call (785) 899-5461 or stop by the library.

The local **High Plains Constitutional Society** will meet the first and third Tuesdays of each month from 7 to 8 p.m. at the Rock House, 6th and Caldwell, Goodland.

**Big Brothers/Big Sisters** of Sherman County is seeking mentors and children to mentor. Call 890-3665.

**The Good Sam Family Support Council** meets at 7 p.m. the first Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

**Diabetes Support Group** meets at 4 p.m. the last Tuesday of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

**Breast Cancer Support Group** meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

**Cancer Support Group** meets at 6 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

**Emotions Anonymous** meets at 7:30 p.m. **Wednesdays** at the Goodland Regional Medical Center board room.

**The Goodland Activities Center** has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwando. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30

the calendar

calendar

**Commodity Distribution** for Sherman County residents will be at 1:30 p.m. on Monday, July 11, at First Christian Church, 8th and Arcade. Foods will include grape juice, pears, beef stew, carrots, rice and corn cereal, instant potatoes and applesauce. The next distribution is tentatively scheduled for Monday, Sept. 12. For information call Genesis (785) 890-2299.

**Calvary Gospel's Vacation Bible School "Inside out and upside down on Main Street"** will be from 6 to 8 p.m. **Sunday to Saturday, July 17 to 21,** at the church, 402 College. For more information call the church 890-3605 or Shannon Belshe 821-3563.

**The "Just for Fun" miniswimmer swim meet** will be from 7 to 9 p.m. on Friday, July 22, at Steever Water Park. Register in

advance at the pool or the City Office by Tuesday, July 19. The event is for kids in swim lessons and there will be fun events for kids of all ages and skill levels. The Friday night fundraise admission is \$1 per person. You're welcome to bring your own seating. The event is hosted by the Goodland Swim Club swimmers.

**Prairie Land Food sign up will be until Monday, July 11.** Distribution is 1:30 to 2:30 p.m. on Saturday, July 23, at the Knights of Columbus, 7th and Caldwell. For information call 821-4364 or 821-1275 or order online at www.prairielandfood.com. The price of the Prairie Pak has changed to \$26. The Prairie Pak will have lean ground beef, tray pack chicken drum, roll of pork breakfast sausage, boneless chicken breast fillets, premium ham steak, vegetables and fruits. The specials are Black Angus burgers, suppertime

entrees, chicken breast strips and full cooked baby back ribs in sauce.

**Tuesday Flicks** are at 1:30 p.m. at the Goodland Public Library, 812 Broadway. Call the library for the title of the movie at 899-5461.

senior menu

**Today:** Salisbury steak with gravy, mashed potatoes, green beans, bread and gelatin with fruit. **Monday:** Hamburger gravy, Italian blend vegetables, beets, biscuit and mixed fruit. **Tuesday:** Taco salad, watermelon, chips and applesauce bars. **Wednesday:** Herb baked chicken, potato salad, corn, bread and plums. **Thursday:** Cook's choice entree, hash brown casserole, seasoned carrots, bread and ambrosia fruit salad. **Friday:** Chop stick tuna casserole, peas, spinach cheese salad, bread and strawberry shortcake.

a.m. aerobics with Tena Tompkins, 9:45 a.m. finding fitness class, 4 p.m. taekwando classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., workout with Grady Bonsall and 9:45 a.m. finding fitness class. Friday: 5:30 a.m. aerobics with Tena Tompkins and starting at 5 p.m. taekwando classes. For information call 890-7242.

**Weight Watchers** meets at 5:30 p.m. for weigh in and 6 p.m. for the meeting every Tuesday at the Right Combination Dance Studio, 902 W. Hwy. 24. For information call (785) 890-3285.

**Goodland Alcoholics Anonymous** meets at 8 p.m. **Monday,** closed meeting, **Wednesday,** the book meeting, **and Saturday,** an open meeting, at 1013 Center. For Alcoholics Anonymous, call Pat T. at 890-3915 or Laura at 821-4277.

**Goodland Al-Anon Serenity Seekers** group meets at 6 p.m. on **Mondays** at 1013 Center. For information call Cheryl at 890-3023. **Goodland Adult Children of Alcoholics** meets at 6 p.m. on **Fridays** at 1013 Center. For information call Laura or Marilyn at 821-4277 or 821-2862.

The "Freedom Today" group of **Narcotics Anonymous** meets at 8 p.m. **Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays** at 1013 Center. Call 890-8369.

**Bird City Alcoholics Anonymous** group meets at 6:30 p.m. **(Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous** meets at 6:30 **(Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

**Stratton "AA by the Book" Alcoholics Anonymous** group meets at 7 p.m. **Thursdays** for a beginners open meeting. Families and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

**Fibromyalgia and Chronic Myofascial Pain Support Group** meets from 6:30 to 8:30 p.m. the **third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

**area events**  
The Dane G. Hansen Memorial Museum at 110 W. Main, Logan will have a four day **painting workshop with David Vollbracht** from 8 a.m. to 3 p.m. (Mountain Time) on Wednesday to Saturday, July 13 to 16. There will be a one-hour break for lunch. Cost of the workshop is \$150 with discounts available for Hansen Museum members. This class will be on the use of photography as a reference material.

**Prairie Museum of Art and**

**History**, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is open 9 a.m. to noon and 1 to 5 p.m. on Tuesday through Friday and 10 a.m. to 4 p.m. on Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

**Water Testing** — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. **Today:** a.m. Avis Alcorn. **Monday:** a.m. Judy Siruta. **Tuesday:** a.m. Debbie Lucas. **Wednesday:** a.m. Faye Paxton. **Thursday:** a.m. Faye Paxton and p.m. LaVonne Lage. **Friday:** a.m. Alcorn.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jennifer Follis.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398 or 821-2144. Interested in adopting a pet call the animal shelter or go to the website www.nwkasgoodland.webs.com.

death notice

Johanna E. "Jan" Zwetzig

Johanna E. "Jan" Zwetzig, longtime Goodland resident and retired employee of dentist Dr. Beynon, died Wednesday, July 6, 2011, at Triumph Hospital at Aurora North

at Aurora, Colo.

Services are pending and Koons Funeral Home, 211 N. Main, Goodland will handle the arrangements.

births

Gracen Herbert Wendland

Gracen Herbert Wendland was born at 9:31 p.m. Thursday, June 23, 2011, at Stormont Vail at Topeka. He weighed 1 pound, 13 ounces and was 13 1/2 inches long.

His parents are Josh and Danele Wendland of Greenleaf. His paternal grandparents are Larry and Dory Wendland of Leonardville and

maternal grandparents are Debbie Benisch and Karl Benisch of Sharon Springs. His great-grandmother is Edith Benisch of Sharon Springs and his great-grandfather is Henry Nagel of Kanorado.

His sibling is his twin brother Gaige.

Gaige Henry Wendland

Gaige Henry Wendland was born at 9:32 Thursday, June 23, 2011, at Stormont Vail at Topeka. He weighed 2 pounds and was 13 3/4 inches long.

His parents are Josh and Danele Wendland of Greenleaf. His paternal grandparents are Larry and

Dory Wendland of Leonardville and maternal grandparents are Debbie Benisch and Karl Benisch of Sharon Springs. His great-grandmother is Edith Benisch of Sharon Springs and his great-grandfather is Henry Nagel of Kanorado.

He has a twin brother Gracen.

New trees need deep watering

Newly planted trees have not established the extensive root system needed to absorb enough water during hot, dry, windy summers. Even trees two or three years old should receive special care.



dana belshe

• ag notebook

Deep, infrequent watering and mulching can help trees become established. Newly transplanted trees need at least 10 gallons of water per week. Those planted in sandy soils will need that much applied twice a week. The secret is getting that water to soak deeply into the soil so that it evaporates more slowly and is available to the tree's roots longer.

One way to get water to soak deeply is to punch a small hole in the side of a 5-gallon bucket and fill it with water. Let the water dribble out slowly next to the tree. Refill the bucket once and you have applied 10 gallons. Very large transplanted trees and trees that were transplanted two to three years ago will require more water.

A perforated soaker hose is a great way to water a newly established bed or foundation planting. In sun-baked soil, you may need to rough up the surface with a hoe or tiller to get water to infiltrate easily. It may be helpful to set the kitchen oven timer so that you remember to move the hose or shut off the faucet. If you are seeing surface runoff, reduce the flow or build a berm with at least a 4-foot diameter around the base of the tree to allow the water to percolate down through the soil instead of spreading out.

Regardless of method used, soil should be wet at least 12 inches deep. Use a metal rod, wooden dowel, electric fence post or something similar to check depth. Dry soil is much harder to push through than wet.

matters of record

Bankruptcies

Cases filed in the U.S. District Bankruptcy Court, 167 United States Courthouse, 401 N. Market Street, Wichita. Definitions: Chapter 7, liquidation, business or personal; Chapter 11, business reorganization; Chapter 12, farmer reorganization; Chapter 13, personal reorganization. Dba: doing business as; aka: also known as.

**Goodland** Mills, Jeffrey S., Christina E. Mills, liabilities \$165,566, assets \$9,250, Chapter 13.

**Sherman County Bastille**  
The following people were booked into the Sherman County Bastille:

**May 21:** Jesse Sigala, 20, Aurora, Colo., arrested by city police for distribute hallucinogen drug, drug paraphernalia used to distribute and possession of material used to distribute.

**May 22:** Reyes Ramirez-Alvarado, 36, Kanorado, arrested by sheriff's deputy for driving under influence.

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