#### activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 4 p.m. Sunday. Closed Tuesdays.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Sat**urday.** For information call (785) 899-5461 or stop by the library.

The local High Plains Constitutional Society will meet the first and third Tuesdays of each month from 7 to 8 p.m. at the Rock House, 6th and Caldwell, Goodland.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The Good Sam Family Support Council meets at 7 p.m. the first Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

**Diabetes Support Group** meets at 4 p.m. the last Tuesday of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

**Breast Cancer Support Group** meets at 5:30 p.m. the second **Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Cancer Support Group meets at 6 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

**Emotions Anonymous** meets at 7:30 p.m. Wednesdays at the Goodland Regional Medical Center

oara room. The Goodland Activities Center has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwando. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9:45 a.m. finding fitness class, 4 p.m. taekwando classes and 5:30

## the calendar

#### calendar

The annual book sale at the Goodland Public Library, 812 Broadway, will **continue until** Monday, Aug. 15. Hours are 10 a.m. to 7 p.m. on Monday through Thursday and 10 a.m. to 5 p.m. on Friday and Saturday. Selling are hardback books, paperbacks, magazines, audio cassettes, DVD's, CD's and more.

Jodie Tubbs of the **Kansas** Commission on Veterans Affairs will be in Goodland from 1 to 2:15 p.m. Thursday in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572.

Prairie Land Food sign up will be until Monday, Aug. 15. Distribution is 1:30 to 2:30 p.m. on Saturday, Aug. 27, at the Knights of Columbus, 7th and Caldwell. For information call 821-4364 or 821-1275 or order online at www. prairielandfood.com. The Prairie Pak will have lean ground beef,

o.m. aerobics with Lisa Malsom.

Thursday: 5:30 a.m., workout with

Grady Bonsall and 9:45 a.m. find-

ing fitness class. Friday: 5:30 a.m.

starting at 5 p.m. taekwondo classes.

Weight Watchers meets at 5:30

**p.m. for weigh in** and 6 p.m. for the

meeting every **Tuesday** at the Right

Combination Dance Studio, 902 W.

Hwy. 24. For information call (785)

Goodland Alcoholics Anony-

mous meets at 8 p.m. Monday,

closed meeting, Wednesday, the

book meeting, and Saturday, an

open meeting, at 1013 Center. For

Alcoholics Anonymous, call Pat T.

at 890-3915 or Laura at 821-4277.

Goodland Al-Anon Serenity

Seekers group meets at 6 p.m. on

Goodland Adult Children of

Alcoholics meets at 6 p.m. on

Fridays at First Christian Church,

711 Arcade. For information call

Alice or Marilyn at 890-5914 or

The Incognito Group. If alcohol

has made your life unmanage-

able and you find yourself power-

less. Our group meets at 7 p.m. on

Tuesday, Thursday and Friday in

Goodland. Talking about it is the

(303) 905-3817, (785) 728-7022

and (785) 728-2120. Leave a mes-

sage and number and we will get

The "Freedom Today" group of

Narcotics Anonymous meets at 8

p.m. Tuesdays, 8 p.m. Fridays and

**8 p.m. on Sundays** at 1013 Center.

mous group meets at 6:30 p.m.

Bird City Alcoholics Anony-

back to you.

Call 890-8369.

first step. Call for our meeting place Saturday.

Mondays at 1013 Center. For infor-

mation call Cheryl at 890-3023.

For information call 890-7242.

aerobics with Tena Tompkins and the Senior Center. Call (785) 734-

bacon, flame broiled meatballs, ground turkey, chicken breast strips, fruits and vegetables. The specials are Pepperoni stuffed sandwiches, Labor Day Griller, breakfast box and full cooked barbecue chicken wings. The choice items is peanut butter chocolate

There will be a Red Cross Battle of the Badges blood drive from noon to 6 p.m. on today at the Goodland United Methodist Church, 12th and Sherman,

A representative from Congressman Tim Huelskamp will hold office hours in Goodland from 12:30 to 1:30 p.m. on Thursday in the County Commissioners' Room at the Sherman County Courthouse. For more information, call Congressman Huelskamp's Dodge City office at (620) 225-0172 or visit http:// huelskamp.house.gov.

Tuesday Flicks are at 1:30 p.m. at the Goodland Public Library, 812 Broadway. Call the library for the title of the movie at

(Mountain Time) on Fridays at the

Senior Center on 4th Street. Nar-

cotics Anonymous meets at 6:30

(Mountain Time) on Tuesdays at

Stratton "AA by the Book" Al-

coholics Anonymous group meets

at **7 p.m. Thursdays** for a beginners

open meeting. Families and young

people welcome. Call (719) 348-

5398 for men and (719) 346-8553

for women. On U.S. Highway 24 go

to Statton and it is the second house

**Myofascial Pain Support Group** 

meets from **6:30 to 8:30 p.m. the** 

third Wednesday of every month

in the Emergency Medical Services

building, 257 15th St., in Burling-

ton. Call Debbie at 719-346-4612.

Prairie Museum of Art and

**History**, 1905 S. Franklin, Colby is

open from 9 a.m. to 5 p.m. Central

Time Tuesday through Friday and 1

Anyone wanting to donate to the

Goodland Churches Thrift Shop,

1002 Main, should call 890-2007.

The store is open 9 a.m. to noon

and 1 to 5 p.m. on Tuesday through

Friday and 10 a.m. to 4 p.m. on

health department

Blood pressures; infants', chil-

Healthy, daycare and school entry;

Monday through Friday.

to 5 p.m. Saturday and Sunday.

Fibromyalgia and Chronic

on the left, 513 Iola Street.

area events

thrift store

2734 for more information.

899-5461.

Ruleton Reunion will be at 7 a.m. on Saturday, Aug. 13 at the First Methodist Church Fellowship Hall for breakfast with doughnuts, sweet rolls, coffee, juice and fruit. The cost is \$3. RSVP by Saturday, Aug. 6, to Lorettann Keith, 7753 Raritan St., Denver, Colo. 80221 or (303) 429-6060 or lorettannkeith@

#### senior menu

**Today**: Swiss steak with tomatoes, creamed potatoes, German cucumbers, bread and mixed fruit. Wednesday: Salmon patties, green bean casserole, cantaloupe, bread and pudding. Thursday: Liver and onions in gravy, peas, macaroni salad, bread and cook's choice fruit. Friday: Barbeque chicken, hash brown casserole, corn, bread and peaches. Monday: Steak fingers, mashed potatoes with gravy, beets, bread and apricots. Tuesday: Chili dog with cheese, winter blend vegetables, watermelon, bun and bar cookie.

bin; and family planning available by appointment.

Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman. kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates.

To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-

hospital volunteers

### Gift shop hours are 9 a.m. to noon

and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

#### early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three.

Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities.

If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

#### preschool

The Sherman County Health De-Sherman County Head Start is a partment at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. free preschool for eligible 3 and 4 year olds.

The federally funded program dren's and adult's immunizations; is targeted to families who meet health assessments for Kan Be certain economic guidelines and provides hearing, vision, dental and fasting blood sugar and hemoglo- educational screenings.

Nutritious meals are served, pers at (7850 899-5665 with any and parents are encouraged to get involved in their children's educa-

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

#### crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665.

Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

Beginning on Saturday, July 23, at 4:47 a.m. people had been seen on a roof located in the 1000 block of Main Avenue.

Graffiti has been spray painted along an extending wall belonging to 1010 Main. On Monday, July 25, there were several more reports of graffiti being located at other properties in the city.

The police has identified several people of interest and is continuing an ongoing investigation.

Actions are being taking by the police department to deter anymore graffiti and the Chief of Police asks everyone to be aware and to please report any suspicious activity or

Anyone with information is asked to come by the Goodland Police Department, 204 W. 11 or call (785) 890-4570 or contact Crime Stop-

information.

#### family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual

Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/ survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment.

vors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for

A sexual violence victims/survi-

information or help, call (800) 794-4624. In the Colby area, cal(785) 443-1130 ask for Becky. For time and location of youth

support group, ask for Jennifer Follis.

#### animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code

You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398 or 821-2144.

Interested in adopting a pet call the animal shelter or go to the website www.nwkasgoodland.webs.

### obituary

### Lawrence D. Tedford

Lawrence D. Tedford, 84, retired district conservationist for the U.S. Department of Agriculture Soil Conservation Service at Goodland, died Saturday, July 30, 2011, at Wesley Medical Center at Wichita.

Walter and Lelia Tedford at Minneola.

Mr. Tedford was in the U.S. Army in the infantry and a construction machine operator in the Philippines from Feb. 2, 1945 to Dec. 14, 1946. He attended Sterling College and Fort Hays State University where he graduated with a Bachelor of Science at Agriculture.

On June 29, 1951, he and Evelyn Macy were married in Hanston and Tuesday, Aug. 2, 2011, at the moved to Goodland.

In 1981 he retired as conservamost recently resided at Wheat Ridge Acres Retirement Com-

Mr. Tedford was a charter member of 55 years of the Goodland Lions Club, president of the City of Goodland Tree Board for over Church can be left at the funeral 20 years and a member of the First Baptist Church.

He was a single engine aircraft pilot for over 60 years, a fan of Kansas University in basketball and football and enjoyed watching track and field.

Preceding him death were his par-He was born Nov. 12, 1926, to ents and a brother, Louis Tedford. Survivors include his wife, Ev-

elyn; a daughter, Joliene Tarvin of Shawnee; two sons, Terry (Linda) Tedford of Castle Rock, Colo. and Donald Tedford of Colby, a brother, Max (Bernice) Tedford of Goodland; a sister, Loretta (Jack DeWerff of Mesa, Ariz.; a sister-in-law, Ann Tedford of Scott City; six grandchildren; and two great-grandchildren.

Services will be at 10 a.m. on church, 1121 Main, Goodland and burial in the Goodland Cemetery tionist after 30 years. Mr. Tedford with military honors provided by Fort Riley

> Visitation was from 3 to 7 p.m. on Monday, Aug. 1, 2011 at Bateman Funeral Home, 11th and Broad-

> Memorials to the First Baptist home.

## Newborns getting bunnies and reading packets "Research shows that children portune moment," Eleanor added.

By Ron Wilson

Director Huck Boyd National Institute for Rural Development at Kansas State University

The bunnies are multiplying. This is not some biology experiment, but rather the rapidly growing number of toy bunnies and reading packets that are being distributed to families of newborn children in Emporia and beyond. Thanks to a dedicated group of volunteers, they are being provided to encourage young families to read together and stimulate infants' language capacity.

Janice Romeiser and Eleanor Browning are founders of a project in Emporia called Read to Your Bunny. Janice and Eleanor are longtime teachers with roots in rural Kansas. Eleanor is originally from Woodbine. She met her husband earliest age.

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at Emporia State University. They made their home on his family farm near Emporia. Janice grew up in Rush County and now lives with her husband at the rural community of Hartford, population 499 people. Now, that's rural.

Janice is director of the Teacher's College Resource Center at Emboth special education reading tion staff loved it. instructors.

the speakers was an author named book called Read to Your Bunny.

In 2007, Janice attended a reading conference in Chicago. One of Rosemary Wells who had written a

"It gave me goosebumps," Janice said. "Every family needs this book." The book reinforces the importance of parents reading regularly to their children at the

she told her office-mate, Eleanor Browning, "Wouldn't it be great if every child and young family could have this book?" Eleanor said she'd seen in the Emporia Gazette that the Emporia Community Foundation was seeking community projects, so Janice wrote a grant proposal to poria State. She and Eleanor are accomplish just that. The founda-

With grant funding and then ongoing support from the Emporia chapter of the National Education Association and others, every newborn at Emporia's Newman Memorial Hospital now receives a packet to encourage reading. The packet includes a hand-made, stuffed toy bunny, a copy of the Read to Your Bunny book, a discount coupon for a children's book at Town Crier, an invitation to the library for a free children.

When Janice returned to Kansas, library card, and a refrigerator magnet which reminds parents to read to their baby 20 minutes a day.

We call the hospital every day," Janice said. They hand-deliver the packets at the hospital and ship to other newborns when notified. Bunnies and packets have been shipped as far away as Nebraska, California, Florida and even Germany.

The bunnies themselves are unique. They are hand-made, washable cloth bunnies. Volunteers fill them with soft batting during Bunny Bees at the library. Janice does the sewing. Eleanor paints smiling faces on them. Bunnies come in all colors and designs of fabrics, most of which are donated.

Besides being a free toy, the bunnies serve as a reminder of the importance of reading to young

who are read to as infants have the advantage in school," Janice said. "Reading is a positive way to activate early language skills and stimulate vocabulary growth which can make a huge difference."

"Children whose parents read to them do better in school, have better vocabulary, and are even better behaved," Eleanor said. Several volunteers and civic clubs have stepped up to help. One quilting group bought a template so the bunnies don't have to be cut out of the fabric by hand.

Bunny programs around the country, but there are no others which offer this service at the hospital," Janice said. "Every time you walk into a hospital to see the family of a newborn baby, that is the op-

"It's a joyful and exciting time, and everyone is focused on the needs of this new little person."

As of mid-July 2011, the number of bunnies and packets which had been delivered to young families had reached 1,819.

The bunnies are multiplying -no, not in the rabbit pen, but in the number of toy bunnies and reading packets which are delivered to families of Emporia newborns. We commend Janice Romeiser and Eleanor Browning for making a difference by supporting and encouraging "There are other Read to Your these families to help their children's language skills by reading with them. Yes, the bunnies - and the benefits - are multiplying.

# **General Public Transportation**



Schedule a ride call: 785-899-5082 **Monday-Friday** 8 a.m.-3 p.m. MST

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