

card showers

The family of **Betty Rethmann** is requesting a card shower to help her celebrate her 80th birthday on Saturday, Aug. 20. Cards may be mailed to 816 College, Goodland, Kan. 67735.

Jake and Gladys Wilkening will be celebrating their 55th wedding anniversary on Friday, Aug. 26, 2011. Their children are requesting a card shower in their honor to be sent to The Wilkening's, 310 Eustis Apt #2, Goodland, Kan. 67735

Charlotte Atwater is turning 70 on Wednesday, Aug. 17, and her family, Robert (former GHS teacher, Golf and Freshman Basketball Coach) and son Brent, would like friends to send cards to: 713 Deerfield St., Leavenworth, KS 66048. As many know she was a teacher of English, Literature and everyone's favorite College Prep Grammar and Research teacher at GHS from the mid 1970s until late 1980s. She is on Vacation until Aug. 20 - so don't be concerned if your card is late - we are celebrating her birthday on Saturday, Aug. 27. Anyone in the Kansas City metro area who would prefer joining the celebration can email Brent Atwater at bd.atwater@gmail.com.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday.** Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 4 p.m. Sunday.** Closed Tuesdays.

The **Carnegie Arts Center** is open from **10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The **Goodland Public Library** is open from **10 a.m. to 8 p.m. Monday through Thursday** and from **10 a.m. to 5 p.m. Friday and Saturday.** For information call (785) 899-5461 or stop by the library.

The local **High Plains Constitutional Society** will meet the **first and third Tuesdays** of each month from 7 to 8 p.m. at the Rock House, 6th and Caldwell, Goodland.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The **Good Sam Family Support Council** meets at **7 p.m.** the first Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

Diabetes Support Group meets at **4 p.m. the last Tuesday** of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at **5:30 p.m. the second Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Cancer Support Group meets at 6 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

Emotions Anonymous meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

The **Goodland Activities Center** has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins and 5 p.m. taekwondo. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9:45 a.m. finding fitness class, 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., workout with Grady Bonsall and 9:45 a.m. finding fitness class. Friday: 5:30 a.m. aerobics with Tena Tompkins and starting at 5 p.m. taekwondo classes. For information call 890-7242.

Weight Watchers meets at **5:30 p.m. for weigh in** and 6 p.m. for the meeting every **Tuesday** at the Right

the calendar

calendar

The **deadline** for entering photos in the Annual Flatlander Photography Contest by the Goodland Arts Council is **Thursday, Sept. 1.** The photos must be at least 5 by 7 inches and either be framed or matted. A person may enter as many photographs as they want. Entries will be judged during the month and winners will be announced following the Flatlander Talent show on Saturday, Sept. 24, at the Carnegie Arts Center, 12th and Center. For information call (785) 890-6442.

The **photography club** will meet at **5 p.m. on today** at the Carnegie Arts Center, 12th and Center. New members are always welcome. All that is required is a love of photography and a willingness to learn and share ideas.

The **annual book sale at the Goodland Public Library**, 812 Broadway, will **continue until Monday.** Hours are 10 a.m. to 7 p.m. on Monday through Thurs-

day and 10 a.m. to 5 p.m. on Friday and Saturday. Selling are hardback books, paperbacks, magazines, audio cassettes, DVD's, CD's and more.

Prairie Land Food sign up will be until Monday. Distribution is 1:30 to 2:30 p.m. on Saturday, Aug. 27, at the Knights of Columbus, 7th and Caldwell. For information call 821-1827 or 821-1275 or order online at www.prairielandfood.com. The Prairie Pak will have lean ground beef, bacon, flame broiled meatballs, ground turkey, chicken breast strips, fruits and vegetables. The specials are Pepperoni stuffed sandwiches, Labor Day Griller, breakfast box and full cooked barbecue chicken wings. The choice items is peanut butter chocolate cupcakes.

The **Brewster Library and Museum** will host this years **Hot Day/Watermelon Feed** starting at **5:30 p.m.** (Mountain Time) on **Friday, Aug. 26,** at Hunter Hall Park. Conations will go to the library and museum.

Tuesday Flicks are at **1:30 p.m.** at the **Goodland Public Library**, 812 Broadway. Call the library for the title of the movie at 899-5461.

senior menu

Today: Cheeseburger upside down pizza, potato salad, rosy pears and cook's choice complement. **Monday:** Steak fingers, mashed potatoes with gravy, beets, bread and apricots. **Tuesday:** Cook's choice entree, Italian blend vegetables, watermelon, bun and bar cookie. **Wednesday:** Polish sausage with kraut, mashed potatoes, corn, bread, strawberries and bananas. **Thursday:** Meat loaf, scalloped potatoes, cantaloupe, bread and birthday cake. **Friday:** Crispy chicken salad, citrus slices, breadsticks and gingerbread. **Monday:** Smothered steak, mashed potatoes with gravy, seasoned carrots, bread and mixed fruit. **Tuesday:** Tuna salad, vegetable soup, pears, crackers and cinnamon roll.

obituary

Norman Heupel

Former Goodland resident Norman Wayne Heupel, 65 of Russell died Tuesday, Aug. 9, 2011 at the Russell Regional Hospital.

He was born Sept. 4, 1945, in Lemmon, N.D., the son of Alfred and Nora (Rattei) Heupel. He grew up in Lemmon and Bison, S.D.

He came to Kansas in 1964 when he was delivering a combine to a harvest crew and stayed. He lived in Colby and Goodland.

Norman was united in marriage to Dora Wright on Oct. 4, 1991 in Burlington, Colo. They lived in Goodland until 2008 when they moved to Russell.

He was in the housing construction business. When he was younger he was a professional bareback and saddle bronc rider.

Heupel attended the First Congregational Church of Russell. He loved building things and working with his hands.

Survivors include his wife of 19 years, Dora of the home; two stepsons, David Corke and wife

Sandra of Boynton Beach, Fla., and Eric Corke and wife Audrey of Goodland; five brothers, Alvin of South Dakota, Alfred of Montana, Leonard of North Dakota, Lee of Texas and Ronald of South Dakota; five sisters, Alyce Hurst of Kansas, Linda Besler of Wyoming, Margie Kuamvig of South Dakota, Diane Brown of New Mexico and Debbie Heupel of Texas; mother-in-law Betty Wright of Goodland and one granddaughter.

He was preceded in death by his parents, sister Lorraine Pace and brother Ray Heupel.

Funeral will be at 2:30 p.m. Mountain Time on Saturday at Pohlman-Varner-Peeler Mortuary, 610 N. Maple, Russell. Visitation will be from 8 a.m. to service time at the mortuary. Private burial will follow the service.

A memorial has been established as the Norman Heupel Memorial Fund. Contributions and condolences may be left with the mortuary.

Combination Dance Studio, 902 W. Hwy. 24. For information call (785) 890-3285.

Goodland Alcoholics Anonymous meets at **8 p.m. Monday,** closed meeting, **Wednesday,** the book meeting, and **Saturday,** an open meeting, at 1013 Center. For Alcoholics Anonymous, call Pat T. at 890-3915 or Laura at 821-4277.

Goodland Al-Anon Serenity Seekers group meets at **6 p.m. on Mondays** at 1013 Center. For information call Cheryl at 890-3023.

Goodland Adult Children of Alcoholics meets at **6 p.m. on Fridays** at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The **Incognito Group**. If alcohol has made your life unmanageable and you find yourself powerless. Our group meets at 7 p.m. on Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place (303) 905-3817, (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get back to you.

The "Freedom Today" group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays** at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at **6:30 p.m. (Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous** meets at **6:30 (Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Alcoholics Anonymous group meets at **7 p.m. Thursdays** for a beginners open meeting. Families and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from **6:30 to 8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

Prairie Museum of Art and History, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is open 9 a.m. to noon and 1 to 5 p.m. on Tuesday through Friday and 10 a.m. to 4 p.m. on Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be

Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing - The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. **Today:** a.m. Faye Paxton. **Monday:** a.m. Debbie Lucas and p.m. LaVonne Lage. **Tuesday:** No volunteer needed. **Wednesday:** a.m. Connie Soellner and p.m. Shelby Miller. **Thursday:** a.m. Jan Lambertz. **Friday:** a.m. Avis Alcorn.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

Beginning on Saturday, July 23, at 4:47 a.m. people had been seen

on a roof located in the 1000 block of Main Avenue. Graffiti has been spray painted along an extending wall belonging to 1010 Main. On Monday, July 25, there were several more reports of graffiti being located at other properties in the city.

The police has identified several people of interest and is continuing an ongoing investigation. Actions are being taking by the police department to deter anymore graffiti and the Chief of Police asks everyone to be aware and to please report any suspicious activity or behavior.

Anyone with information is asked to come by the Goodland Police Department, 204 W. 11 or call *785) 890-4570 or contact Crime Stoppers at (785) 899-5665 with any information.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jennifer Follis.

animal shelter

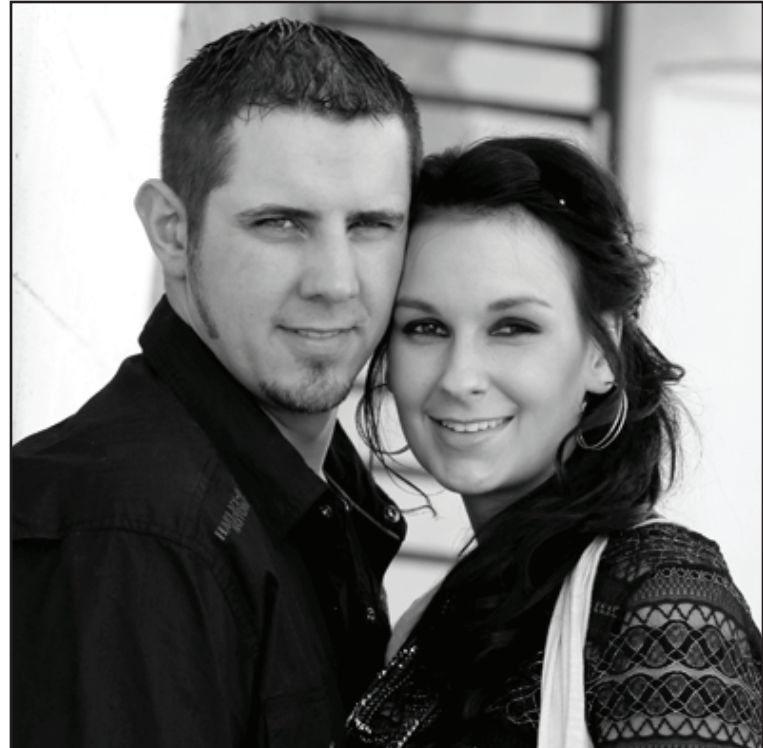
Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398 or 821-2144. Interested in adopting a pet call the animal shelter or go to the website www.nwkasgoodland.webs.com.

Girl welcomed by brother

Mickayla Aubrey Roberts, daughter of Erik and Jennifer Roberts of Goodland, was born Thursday, July 21, 2011, at Citizens Medical Center in Colby. She weighed 8 pounds, 3 ounces and measured 19 1/2 inches.

Brother Michael welcomed the baby home.

Grandparents are Richard and Marie Johnson of Goodland and Marlene and Rob Roberts of Las Vegas.



Chris Zimmermand and Christina Zweygardt

September wedding planned in Goodland

Christina Lynn Zweygardt and Christopher James Zimmerman announce their engagement and upcoming wedding.

Christina, daughter of Roger and Melissa Zweygardt, St. Francis, is a 2004 graduate of St. Francis Community High School. She is currently working at the St. Francis Housing Authority and Wheatridge Farms.

Christopher, son of Kevin and Mary Zimmerman, Goodland, is a 2002 graduate of Goodland High School. He is currently working at Finley Motors in sales. He is a city commissioner and a volunteer firefighter for the city of Goodland.

The couple will be married on Sept. 17 in Goodland. After a honeymoon, the couple will live in Goodland.

Boy joins brother, sister

Aiden John Linton was born Sunday, July 3, 2011, at Goodland Regional Medical Center. He weighed 9 pounds, 1.9 ounces and was 20 3/4 inches long.

His parents are Trevor and Sarah Linton of Goodland and his grandparents are Marty and Kathy Melia of Goodland and Greg and Sherri Linton of Glen Elder. Great-grandparents are Kay and Marilyn Melia of Goodland, Max and Marj Eberle, Everett Linton and John and Carol Stover, all of Glen Elder.

He is welcomed home by his brother Cole, 5, and sister, Lauren, 3.



Aiden John Linton

Congrats!

Congratulations on your 50th Wedding Anniversary, David and Lynda Hawks. They were married on June 18, 1961, in Goodland. Your loving family

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Thank You

The family of Nate Hays thank you for the cards, flowers, memorials, food, kind words and prayers during our sudden loss. Your generosity and support during this difficult time are greatly appreciated and will always be remembered.

-Brandi, Katie and Darby Hays, Phyllis and John Darby.