

Chef's three easy steps to a juicy turkey

Brining is the technique of soaking your turkey in a salt water solution. It's plain and simple: salt causes the meat tissues to absorb water and flavorings as it breaks down the proteins, resulting in the most flavorful, juicy turkey you've ever experienced. (And what could be better than that on Turkey Day?) No matter your method of cooking (roasting, deep frying, smoking, grilling, etc) a brined bird is truly the way to go.

Step 1: Prepare the brine
Here's my recipe - it's my rendition of an older Alton Brown recipe:



1 1/2 cups kosher salt, 6 oz. orange juice concentrate, 1 quart hot water, 1 cup dark brown sugar, 1 Tbs. peppercorns, 5-6 sprigs fresh rosemary, 10-12 smashed garlic cloves - combine all and stir until

salt and sugar is fully dissolved. Add 3 quarts cold water to cool the prepared brine.

Step 2: Submerge Your turkey in the brine
Using a cooler to brine your bird

keeps you from having to find a brining container that will actually fit in your refrigerator, which is sometimes not an easy task!

• Pour the prepared brine mixture into a large, clean, cooler. Submerge bird (rinsed and all giblets, neck, etc. removed from cavity, 16-18 lbs.) breast-side-down in brine. If bird is not fully immersed, add more liquid (broth or water) until nearly covered with brine.

• Fill a couple of gallon bags with ice and place these on top of bird to keep submerged in brine.

• Close the cooler lid and let bird brine (soak) for 8-10 hours. (Exact

brining times will vary by taste. Start with 8-10 hours and make changes to subsequent birds.)

Step 3: Cook the turkey
• Remove bird from the brine cooler and rinse well under cool tap water. (Be sure to toss brine and sanitize cooler.)

• Meanwhile, pat bird dry with paper towels, then rub bird (liberally and lovingly) all over, with canola oil, using your fingertips. Tuck wing tips beneath bird and place, breast-side-up, onto roasting rack in roasting pan.

• Place roasting pan onto lowest rack of preheated 500 degree F.

oven; roast, uncovered, for 30 minutes. Reduce heat to 350 degrees F. and remove bird from oven.

• Cover bird with heavy-duty aluminum foil and return to oven; roast for 2 - 2 1/2 hours, until an instant-read meat thermometer registers 160 degrees at the center of the breast. Remove bird from oven and allow to rest for 20-30 minutes before carving.

Try it!

Now You're Cookin', Chef Alli!

Making a sketch of garden helps with crop rotation

As we end the growing season for gardens think about what worked and did not work in the garden.

Make a few notes for next year. While you are jotting down your thoughts of what variety of tomato you want to get again next year or what not to get, why not make a sketch of your garden so the layout is not forgotten when it is time to plant next year?

Why would you want a sketch of the garden? So you have a planting guide for next year to plan for crop rotation.

It is important to rotate crops even in a small garden. Rotating



**dana
belshe**

• **ag notebook**

vegetable crops is a standard way of helping prevent disease from being carried over from one year to the next. Rotation means crops are moved to different areas of the garden each year.

Planting the same crop, or a related crop, in the same area each year can lead to a build-up of disease. Also, different crops vary in

the depth and density of the root system as well as extract different levels of nutrients.

As a rule, cool-season crops such as

cabbage, peas, lettuce and onions have relatively sparse, shallow root systems and warm-season crops such as tomatoes, peppers and melons have deeper, better developed root systems. Therefore, it can be helpful to rotate warm-season and

cool-season crops.

It is a good idea to avoid planting closely related crops in the same area as diseases may be shared among them. For example, tomatoes, potatoes, peppers and eggplant are closely related.

Also, broccoli, cauliflower, cabbage and brussels sprouts share many characteristics in common. Therefore, try not to plant cabbage where broccoli was the previous year or tomatoes where the peppers were.

Mistakes are made; learn from them

If you're human, you will make mistakes.

If you're not making mistakes, you're not doing anything.

You're stuck in a rut. You're running in place.

It's okay to make mistakes, just make new ones and not the same ones over and over.

Try new things. Take a bold step.

And when you make a mistake, learn from it. Grow. Improve. Get better.

It's okay to make mistakes, just make new ones.



**jamie
morphew**

• **business tips**

This tip was brought to you by Western Kansas Business Consulting, sponsored in part by Sherman County. We offer free and confidential business consulting to Kearny, Scott, Sherman, and Wichita counties. For more information or to set up an appointment, contact Jamie Morphew at (620) 874-0771 or e-mail wkbc@wbsnet.org.

Worship warms the heart

Calvary Gospel Church
Pastor: Randy and Mary Payne
 Fourth & College • 890-3605
Sunday: Kid's Church: 10 am
 Morning Service: 10 am
 Prayer and Praise: 5:00 p.m. except last Sunday of the month
Wednesday: Royal Rangers, Missionettes 6:30 p.m. during school year
 Youth @ the Rock House, Sixth & Caldwell: 6:30 p.m.
 Life Groups - Call for information
 Join us on Facebook
www.calvarygospel.net

<p>Goodland United Methodist Church 1116 Sherman 899-3631 Pastors: Dustin and Shelly Petz Saturday: Worship: 5:30 p.m. Sunday: Adult Classes: 9:15 a.m. Worship: 10:30 a.m. Wednesday: Wednesday Nite Live 5:45 - 6:45 p.m. Simple Supper "Free will Offering 6:30 - 7:30 p.m. Classes for all ages</p>	<p>Pleasant Home Church Serving the rural community for over 120 years Rt. 1, Box 180 • 3190 Road 70 (785) 694-2807 Pastor: Perry Baird Sunday: Worship Service: 9 a.m. Sunday School: 10 a.m.</p>	<p>Promiseland Baptist Church Pastor: Rick Holmes • 890-7082 225 W. 16th (785) 890-7944 Sunday: Sunday School: 10:30 a.m. Morning Service: 11:30 a.m. Evening Service: 6:30 p.m. Wednesday: Bible Study Service 6:30 p.m. Thursdays: Adult Bible Study 7-8 p.m.</p>
--	--	--

<p>Bible Baptist Church Pastor: Clifford Middlebrooks Fifth & Broadway 890-7368 Sunday: Sunday School: 9 a.m. Morning Service: 10 a.m. Evening Service: 6:30 p.m. Wednesday: Evening Bible Study: 7 p.m.</p>	<p>Church of Jesus Christ of Latter-Day Saints 1200 15th Street • Burlington, CO (719) 346-7984 Sacrament Meeting: 10 a.m. Sunday School: 11:15 a.m. Priesthood/Relief Society: 12 a.m.</p>	<p>Iglesia Del Dios Vivo La Luz Del Mundo Spanish Speaking Church Minister: Esteban Ortiz B. 1601 Texas • 899-5275 Daily Prayer: Sunday thru Saturday: 5a.m. & 6 p.m. Sunday: Sunday School: 10 a.m.</p>
---	--	--

<p>United Methodist Church Brewster: Pastor: Dorine Chambers Worship Service: 10:45 a.m. CST Sunday School: 9:45 a.m. CST Minister: Sheryl Johnson Worship Service: 9 a.m. CST Sunday School: 10:15 am CST</p>	<p>First Christian Church (Disciples of Christ) Pastor: Rev. Carol Edling Jolly Eighth & Arcade • 890-5233 Sunday: Church School - All ages 9:15 a.m. Worship 10:30 a.m. Youth Group: 1st and 3rd Sundays 5-7 p.m. Thursday: Prayer Class - Noon Pastor Carol's Class 5:30 p.m. www.goodlandfccdoc.org</p>	<p>Kanorado United Methodist Church Pastor: Leonard Cox 399-2468 Sunday: Sunday School: 9 a.m. Worship Service: 10:15 a.m.</p>
---	--	---

<p>Church of the Nazarene Pastor: Bob Willis Third & Caldwell 899-2080 or 899-3797 Sunday: Sunday School: 9:45 a.m. Worship Service: 10:50 a.m. Evening Service: 6 p.m. Wednesday: Evening Service: 7 p.m.</p>	<p>St. Paul's Episcopal Church 13th & Center Church 890-2115 or 890-7245 Services: 5 p.m. Saturday evening</p>	<p>Goodland Bible Church 109 Willow Road • 899-6400 Pastor: Chad DeJong Sunday: Sunday School: 9:30 a.m. Morning Worship: 10:45 a.m. 6 p.m. AWANA during school Evening Worship: 7:30 p.m. Wednesday: 6:30 youth group Growth groups call for information www.goodlandbible.org</p>
---	---	---

<p>First Baptist Church Pastor: Travis Blake 1121 Main 890-3450 Sunday: Coffee fellowship: 9:30 a.m. Morning Worship: 10 a.m. Sunday School: 11:15 a.m. Thursday: Bible study 9:30 a.m. Wheatridge Center</p>	<p>Our Lady of Perpetual Help Pastor: Father Norbert Dlabal 307 W. 13th • 890-7205 Sacrament of Reconciliation: 5-5:45 p.m. Saturday or by appointment Mass Schedule: Saturday: 6 pm, Sunday: 10:30 am Spanish Mass: Sunday: 12:30 pm</p>	<p>Harvest Evangelical Free Church 521 E. Hwy. 24 • 890-6423 Pastor: Brian Fugleberg Sunday: Worship: 10:30 a.m. Sunday school: 9:30 a.m. Wednesday: Senior High: 6:30 p.m. at the church Junior High: 6:30 p.m. at the church www.goodlandefree.com</p>
--	--	---

<p>Seventh Day Adventist Church 1160 Cattletrail Pastor: Jerry Nowack Saturday: Sabbath School: 9:30 a.m. Worship Service: 11 a.m.</p>	<p>Emmanuel Lutheran Church 13th & Sherman • 890-6161 Pastor: Darian Hybl Sunday: Christian education/fellowship: 10:15 a.m. Worship Service: 9 a.m.</p>	<p>Church of Christ 401 Caldwell 890-6185 Sunday: Bible Study: 9:45 a.m. Worship Service: 10:45 a.m. Wednesday: Bible Study: 7 p.m.</p>
---	---	---

The following sponsors urge YOU to attend your chosen House of Worship this Sabbath:

<p>Short & Trucking Hwy. 24</p>	<p>Koons Funeral Chapel North Main</p>	<p>Good Samaritan Center 208 W. 2nd</p>
<p>Kansasland Tire 1402 Main St.</p>	<p>KLOEIKKCKIKWGB 3023 W. 31</p>	<p>AFLAC Insurance 111 W. 12th</p>

Sherman County accepting bids

Sherman County is currently accepting bids for the metal at the Transfer Station. For interest or questions, please contact the Sherman County Road & Bridge Department at (785) 890-4865. You may submit your bids to the Sherman County Clerk, 813 Broadway Room 102, Goodland, KS 67735.

REMODELS * SOFFIT * DOOR AND WINDOW REPLACEMENTS * NEW CONSTRUCTION * SIDING * SEAMLESS RAIN GUTTERS * FASCIA *

From concrete to roofing and everything in between.

Ron Lucke

CUSTOM BUILDING

Burlington, Co. (719) 346-8840
 CELL PHONE (719) 349-8840

Lincoln County

3729± acres grass. 25 miles south of Punkin Center. Improvements: home & small shop. Good water, good fencing. \$1,062,765

Kit Carson County

6 Lots 17th & Rose \$145,000 4 Lots 17th & Rose \$60,000

Kansas

South of Ruleton: 40± acres with home, shop, misc buildings. \$99,000
Hamilton County: 960± acres. All 27-255-42. E2 28-255-42. \$1,344,000
 320± acres CRP. 2 contracts expire 2012. S2 9-265-41. \$448,000
 160± acres expired CRP. NW47-215-39. \$192,000
Sherman County: New...160± acres dry land. SE4 14-7-39. \$320,000

Dale Stull, Broker
 Cell 719-349-5710
 Toll Free 866-346-5710
www.thelandoffice.com

www.trashstomper.com
phone#: (308) 882-5030

1 inch

2 inches

3 inches

4 inches

This is exactly what the Black Thunder Trash Stomper has on it's mind when you put it into action! A Trash Stomper is a practical hand tool used for packing trash in those empty air spaces in your trash containers - trash cans, totes, etc. It can also be used to smash cans and tamp and pack dirt. This tool is safer, cleaner, and much more efficient than what you have been doing to compact your trash to save space. At approximately 5 pounds, the Trash Stomper is a tool that anyone can handle! Trash doesn't stand a chance!