



Cowboys of the Week

Your positive academic performance, attendance and attitude have earned you the honor of being Cowboys of the Week! Congratulations students!

Week of: November 21, 2011

Name: Lacie Cowan
Parents Name(s): Brad and Kris Cowan
Grade: 11th Age: 16

From the Staff: We have nominated this student because she comes to class every day with a positive attitude. She is motivated to learn something new each day, and she serves as a model student at Goodland High School.



From the Student: a student comment (Favorite aspect of school life, most liked subject, what you will remember about GHS after graduation.): School isn't just about the books and classes. It's about coming and learning something new and how to act in life after high school. Seeing so many different types of personalities come together and make something great out of it. It's about learning how to cope with your problems and how to get along with people the complete opposite from you. High school isn't just about learning from the books and teachers, but about learning about yourself and from others.

Activities involved in at GHS: GAA, Football manager, 4-H, Ambassador Junior Leader
 My choices of movies, music, books and games (be specific): Movies: love stories, comedies and chick flicks
 Music: Country, pop, rock, and recent music. Games: anything competitive
 After graduation I intend to: Attend college and get a degree in something I'm passionate in, either teaching or massage therapy.
 And ten years from now, I think I'll be: 26?? I hope to have a career I am happy to wake up for and to be on the path towards a family.
 My favorite quote: "You've gotta dance like there's nobody watching, Love like you'll never be hurt, Sing like there's nobody listening, and Live like it's heaven on earth. - William W. Purkey

Week of: November 21, 2011

Name: Gabby Rangel
Parents Name(s): Monica and Arnold Rangel
Grade: 10th Age: 15

From the Staff: We have nominated this student because I saw her stop in the hallway and help a student pick up their books



and papers that were scattered all over the hallway. Her random act of kindness is a behavior I wish to celebrate and encourage amongst all of our students.
 From the Student: A student comment (Favorite aspect of school life, most liked subject, what you will remember about GHS after graduation.): Weight lifting and summer weights will be remembered for a long time!
 Activities involved in at GHS: Softball and GAA
 My choices of movies, music, books and games (be specific): I like scary and romantic movies. I love the Twilight movies
 After graduation I intend to: I haven't thought that far ahead yet!
 And ten years from now, I think I'll be: Probably working.
 My favorite quote: Honesty is my only excuse. -Metallica

Week of: November 28, 2011

Name: Megan Siruta
Parents Name(s): Marshall and Samantha Siruta
Grade: 10th Age: 15

From the Staff: We have nominated this student because Megan is a super student who has had a positive attitude in class and she encourages other students to do their best. She is polite and does what is asked of her.
 From the Student: a student comment (Favorite aspect of school life, most liked subject, what you will remember about GHS after graduation.): My most liked subject is Art with Mr. First. What I'll remember most about GHS after graduation will probably be how much fun I had during school and in sports.
 Activities involved in at GHS: Golf, Basketball, Softball, GAA, Art Club, and AFS
 My choices of movies, music, books and games (be specific): My favorite movie is "The Notebook". My favorite music is Country! My favorite choice of book would be anything by Gary Paulsen.
 After graduation I intend to: Go to the University of Oklahoma and get my degree in Meteorology or Physical Therapy.
 And ten years from now, I think I'll be: Working in Norman, OK, and chasing tornadoes.
 My favorite quote: "The difference between a successful person and others is not the lack of strength, not the lack of knowledge, but rather the lack of will." - Vince Lombardi



Week of: November 28, 2011

Name: Chantel Coates
Parents Name(s): Michele and Rick Coates
Grade: 11th Age: 17

From the Staff: We have nominated this student because Chantel is very self-motivated. She works hard and puts great detail in her studies. I enjoy having her in class and know that she will attain her goals.
 From the Student: a student comment (Favorite aspect of school life, most liked subject, what you will remember about GHS after graduation.): I love my teachers. They make my classes worthwhile and I will always remember them.
 Activities involved in at GHS: Science Olympiad, Band, X-presso's, AFS, Art Club and GAA
 My choices of movies, music, books and games (be specific): Books: Anything by Nicholas Sparks. Music: I listen to almost everything but my favorite genre is rap/hip-hop.
 After graduation I intend to: Finish my second year of Computer Graphics at NWKTC and hopefully go to Berklee College of Music in Boston for Music Engineering and Production/Performance
 And ten years from now, I think I'll be: Working in my own recording studio in a big city and starting a family
 My favorite quote: "Life is like a box of chocolate, you never know what you're gonna get." -Forrest Gump because it is TRUE!



Week of: December 5, 2011

Name: Brianna Salinas
Parents Name(s): Manuela and Sam Hernandez
Grade: 11th Age: 16

From the Staff: We have nominated this student because of her tremendous improvement in her attendance, grades, and overall attitude from her sophomore to junior year.



Brianna has developed into a leader in the classroom and in her extra-curricular activities.
 From the Student: a student comment (Favorite aspect of school life, most liked subject, what you will remember about GHS after graduation.): Favorite subject: English. I will remember all of the teachers, and thanks to Mr. Ferguson for nominating me!
 Activities involved in at GHS: Yearbook, Volleyball and FCCLA
 My choices of movies, music, books and games (be specific) Movie: Bad Teacher. Music: many types. Books: Nicholas Cage books
 After graduation I intend to: Be a cosmetologist and own my own shop.
 And ten years from now, I think I'll be: Married or engaged with a good job with my salon.
 My favorite quote: You only get out what you put in.

Week of: December 5, 2011

Name: Jordan Knitig
Grade: 10th

From the Staff: We have nominated this student because Jordan has been a lot of fun in class. She has stayed on task and does what is asked of her. She has a personality that keeps the rest of the class motivated.
 From the Student: a student comment (Favorite aspect of school life, most liked subject, what you will remember about GHS after graduation.): I like having fun at school and giving all of the teachers a hard time in a good way!
 Activities involved in at GHS: Art Club, Basketball and Golf
 My choices of movies, music, books and games (be specific): Favorite movie is the Blindside, favorite songs are Mine by Taylor Swift, and Famous in a Small Town by Miranda Lambert. My favorite book is Gamer Girl, and my favorite game is Little Big Planet.
 After graduation I intend to: Have a career in music.
 And ten years from now, I think I'll be: On my way to having a successful music career.



My favorite quote: "Be who you want to be, and don't let anyone tell you otherwise." unknown

Week of: December 12, 2011

Name: Elizabeth Wellmann
Grade: 11th

From the Staff: We have nominated this student because Elizabeth has helped a lot with putting costumes and props away from musical.
 From the Student: a student comment (Favorite aspect of school life, most liked subject, what you will remember about GHS after graduation.): I love Goodland High School. I've made so many friends and good memories. The teachers and students are fantastic! I'll sure miss it here.
 Activities involved in at GHS: AFS, DECA, Mentor Program, STUCO and GAA
 My choices of movies, music, books and games (be specific): I read just about everything, Harry Potter, Hunger Games, Nancy Drew, anything by Meg Cabot. I enjoy just about all movies like the ones I watched when I was little.
 After graduation I intend to: Travel abroad with AFS, maybe to Turkey, and then go to college for archeology and to be an author.
 And ten years from now, I think I'll be: Changing the



world for the better!!
 My favorite quote: "Be the change you want to see in the world."

Week of: December 12, 2011

Name: Ellie House
Parents Name(s): Gennifer House
Grade: 10th Age: 15

From the Staff: We have nominated this student because of her overall performance throughout the semester, she was constantly staying ahead of her assignments and turned in very high quality work at all times.
 From the Student: a student comment (Favorite aspect of school life, most liked subject, what you will remember about GHS after graduation.) I enjoy sports and spending time with my friends.
 Activities involved in at GHS: Volleyball, Basketball and Track
 My choices of movies, music, books and games (be specific): I am not too particular, I like almost everything
 After graduation I intend to: Attend college.
 And ten years from now, I think I'll be: Working in a successful job.
 My favorite quote: In any endeavor, one simple truth is all you need: One day at a time.



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We send a big congratulations to the Cowboys of the Week for all your academic achievements!

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Academic success is an upward spiral

Congratulations to Ellie House and all the Cowboys of the Week!
 We are proud of your hard work!
 -Marcia & John Golden

Great Job, Students!

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