

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The High Plains Museum, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 4 p.m. Sunday. Closed Tuesdays.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 8 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday. For information call (785) 899-5461 or stop by the library.

The local High Plains Constitutional Society will meet the first and third Tuesdays of each month from 7 to 8 p.m. at the Rock House, 6th and Caldwell, Goodland.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The Good Sam Family Support Council meets at 7 p.m. the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

Diabetes Support Group meets at 4 p.m. the last Tuesday of each month in the large board room at Goodland Regional Medical Center. Patients, family and friends meet each month for a speaker and educational program. Call Sarah Linton at 890-6044.

Breast Cancer Support Group meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Cancer Support Group meets at 6 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

The Goodland Activities Center has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins, 5 p.m. taekwondo and 5:30 p.m. group exercise with Lisa Malsom. Tuesday: 5:30 a.m., workout with Grady Bonsall.

Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact class with Sarah King, 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., workout with Grady Bonsall. Friday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact exercise group with Sarah King and starting at 5 p.m. taekwondo classes. For information call 890-7242. Certified personal training offered with Kyla Sheldon. Memberships options for everyone including day passes for \$5. Visit goodlandgac.com or stop by 808 Main.

Weight Watchers meets at 5:30 p.m. for weigh in and 6 p.m. for the meeting every Tuesday at the Right Combination Dance Studio, 902 W. Hwy. 24. For information call (785) 890-3285 or visit rightcombinationdance.com.

Goodland Alcoholics Anonymous meets at 8 p.m. Monday, closed meeting, Wednesday, the book meeting, and Saturday, an open meeting, at 1013 Center. For Alcoholics Anonymous, call Pat T. at 890-3915 or Laura at 821-4277.

Goodland Al-Anon Serenity Seekers group meets at 8 p.m. on Mondays at 1013 Center. Contact Cheryl at (785) 890-3023, Shelly at (785) 890-3915 or Twila at (785) 332-2078 for more information.

Goodland Al-Anon AFG meets at 6 p.m. on Fridays at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The Incognito Group. If alcohol has made your life unmanageable and you find yourself powerless. Our group meets at 7 p.m. on

the calendar

calendar

The Annual Meeting of the Sherman County Historical Society will be at 1:30 p.m. Saturday at the Goodland Public Library, 8th and Broadway.

Free dog and cat tags will be issued by the City of Goodland from 7 a.m. to 4 p.m. Monday at the City Building, 204 W. 11th. Proof of rabies vaccination is required.

The First Christian Church (Disciples of Christ), East 8th and Arcade, will have a Ground Hog Dinner from 11 a.m. to 1:30 p.m. on Saturday, Jan. 21. They will serve biscuits and gravy, sausage, cabbage, dessert and beverages. To raise money for the Christian Youth Fellowship.

The Sherman County Health Fair will be from 8 to 11:30 a.m. on Saturday, Jan. 28, at the Northwest Kansas Technical College, 1209 Harrison. Free at the health fair will be blood profile consultation, prostate, skin cancer screening, bone density, DermaScan, kids activities, door prizes and free blood pressure checks.

Prairie Land Food sign up will be until Monday. Distribution is 1:30 to 2:30 p.m. on Saturday, Jan. 28, at the Knights of Columbus, 7th and Caldwell. For information call 821-1827, 821-1275, 821-0120 or 728-7196 or order online at www.prairielandfood.com. The Prairie Pak will have one pound lean ground beef, 7 ounces of beef summer sausage, one pound chicken breast fillets, one pound breaded flounder, 24 ounces of Cajun shrimp alfredo. The specials are breaded boneless chicken wings, pepperoni hot pockets, stuffed pork chops and sirloin steaks.

Tuesday Flicks are at 1:30 p.m. at the Goodland Public Library, 812 Broadway. Call the library for the title of the movie at 899-5461.

school calendar

Today: Black day. Snoball ceremonies. 3:45 p.m. c-team basketball against Holcomb at Max Jones Fieldhouse. 5:30 p.m. junior varsity basketball against Holcomb at Max Jones Fieldhouse. 7 p.m. varsity basketball against Holcomb at Max Jones Fieldhouse. Saturday: 7:30 p.m. AFS Lock-In. 8:30 a.m. Junior varsity wrest at Hays Junior Prairie Class Wrestling. 9 a.m. varsity wrestling at Oberlin. Monday: Gold day. Tuesday: Black day. 3:45 p.m. girls varsity basketball at the Hillsboro Trojan Classic Tournament. 5:30 p.m. boys varsity basketball at the Hillsboro Trojan Classic Tournament.

school menu

Central Elementary School Today: Lunch - mac and cheese with smokies, seasoned peas, baby carrots, whole wheat bread, apple wedges and milk. Monday: Breakfast - oatmeal breakfast round, half a banana and milk. Lunch - Sausage pizza, tossed salad, garlic bread stick, half a banana and milk. Tuesday: Breakfast - whole grain waffles, sausage links, mandarin oranges and milk. Lunch - hot ham and cheese, potato, fresh broccoli, fresh grapes, chocolate pudding and milk. Wednesday: Breakfast - breakfast sundae raisins, juice and milk. Lunch - taco burger with lettuce and cheese, black bean and corn salad, whole grain corn chips, sliced pears, chocolate chip cookies and milk. Thursday: Breakfast - breakfast pizza, mixed fruit and

milk. Lunch - Italian pasta bake, green peppers with baby carrots, wheat bread, royal brownie and milk. Friday: Breakfast - breakfast bake, toast, grapes and milk. Lunch - chicken patty, mashed potatoes and gravy, wheat roll, orange wedge and milk.

West Elementary School Today: Lunch - chicken noodle soup, cooked carrots, half an apple, crackers, cheese wedge and milk. Monday: Breakfast - grahamwiches and milk. Lunch - fish nuggets, broccoli in cheese sauce, pineapple and Mandarin oranges, whole wheat roll and milk. Tuesday: Breakfast - pancakes and milk. Lunch - hot dog on a bun, pickles, tator tots, frosted banana and milk. Wednesday: Breakfast - donuts. Lunch - sloppy joes, pickle slices, carrot stick, apples and milk. Thursday: Breakfast - breakfast pizza. Lunch - cheese-burger macaroni, green beans, fruit cocktail, whole wheat roll and milk. Friday: Breakfast - biscuit with sausage gravy and milk. Lunch - chicken sandwich, grape tomatoes, pickles, peaches and milk.

senior menu

Today: Smokies, macaroni and cheese, winter mix vegetables, bread and ambrosia fruit salad. Monday: Smothered steak, mashed potatoes with gravy, beets, bread and peaches. Tuesday: Ground beef stew, gelatin with fruit, biscuit and bar cookie. Wednesday: Barbecue chicken sandwich, potato salad, baked beans, bun and fruit crisp. Thursday: Meat loaf, mashed potatoes with gravy, Mandarin oranges, bread and birthday cake. Friday: Turkey, sweet potatoes, corn, bread and rosy applesauce.

Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place (303) 905-3817, (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get back to you.

The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at 6:30 p.m. (Mountain Time) on Fridays at the Senior Center on 4th Street. Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Alcoholics Anonymous group meets at 7 p.m. Thursdays for a beginners open meeting. Filies and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from 6:30 to 8:30 p.m. the third Wednesday of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

Prairie Museum of Art and History, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrif store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is open 9 a.m. to noon and 1 to 5 p.m. on Tuesday through Friday and 10 a.m. to 4 p.m. on Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday. Blood pressures; infants', chil-

dren's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing - The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop. Today: a.m. Sherryl Ketter. Monday: a.m. Judy Siruta. Tuesday: a.m. Gorda Adelgren. Wednesday: a.m. Connie Soellner and p.m. Shelby Miller. Thursday: a.m. Faye Paxton. Friday: a.m. Avis Alcorn.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education.

Families interested in having their child in the program should call Colleen Wagner at 890-2552 or go to Sherman County Head Start, 823 W. 11th.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

The police department can also be called at 890-4570.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130 ask for Becky. For time and location of youth support group, ask for Jennifer Follis.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398 or 821-2144. Interested in adopting a pet? Call the animal shelter or go to the website www.nwkasgoodland.webs.com.

obituary

Donald Louis Blume

Donald Louis Blume, 74, retired grain elevator builder, died Tuesday, Jan. 10, 2012.

He was born Sept. 1, 1937, to Arthur and Dora Blume in Cheyenne County. The family lived in Goodland until Mr. Blume was 12 and they moved to Wellington. In 1955 he graduated from Wellington High School.

Mr. Blume was a field superintendent and built grain elevators for 32 years for Borton Inc. of Hutchinson.

On May 5, 1980, he and Edith Farr were married at Russell.

In 1990 Mr. Blume retired. In 1999 they moved back to Goodland when Edith Blume was transferred to the manager of Presto.

He enjoyed woodworking. Preceding him in death were his parents; a brother, Haddon Blume;

and two sisters, Elaine and Eileen. Survivors include his wife of the home; stepdaughter, Rebecca Maupin (Scott) Morris of Goodland; two daughters, Kathleen (Jim) Lange of Healy and Jeannie Hickert of Farmersville, La.; an adopted daughter, Anjel Blume of the home; and 12 grandchildren.

Services will be at 10 a.m. on Monday, Jan. 16, 2012, at the Bible Baptist Church, 424 Broadway, Goodland with Pastor Cliff Middlebrooks officiating and inurnment to follow at 3:30 p.m. at the Scott City Cemetery.

A time to sign the book, have refreshments and visit the family will be held from 1 to 4 p.m. on Sunday, Jan. 15, 2012 at Bateman Funeral Home, 11th and Broadway.

Memorials to be designated by the family later can be left at the

Scholarship offered by insurance office



sandy praeger

insurance comm.

Kansas Insurance Commissioner Sandy Praeger is seeking applicants for five \$1,000 scholarships to be awarded to African-American students enrolled in Kansas universities, colleges or community colleges during the 2012 fall semester.

The deadline for fall semester 2012 applications is May 1. A scholarship committee will review the applications and conduct interviews before awarding the scholarships, which are renewable.

The African-American Monumental Life Settlement Scholarships originated from a nationwide dispersal of funds in a legal settlement regarding premiums charged by Monumental Life Insurance Company. Commissioner Praeger advocated establishing a scholarship program for Kansas African-American college students with the state's share of the settlement. The Kansas Legislature passed a law designating the funds for the scholarships.

An applicant for the scholarship must meet these requirements:

- The applicant must be an African-American student.
- The applicant must be enrolled

as a student at a Kansas accredited institution of high learning during the 2012-2013 school year.

- The applicant must indicate on the application that his/her designated major is in one of the following: mathematics, computer science, business, accounting, economics, finance or investments.

- The applicant must have a cumulative college grade point average of 3.0 or better on a 4.0 scale.

- The applicant must supply an academic reference letter from a teacher or administrator at his/her higher learning institute, as well as one-page essay describing career goals.

- The applicant must be available to be interviewed.

Eligible students should contact the office of minority affairs or student financial aid at their colleges or universities for more information or they can download the information and application online at the Kansas Department's website, www.ksinsurance.org/gpa/scholarship.htm.

Fort Hays University recognizes students

This year's edition of Fort Hays State University's annual 13-city, two-month Student Recognition Program ends in Colby with an event at 6:30 p.m. Monday, March 5, at Colby High School. Students from Sherman and the other northwest Kansas counties are invited to the event in Colby.

High school juniors and seniors and transfer students in Kansas, Nebraska and Colorado have been invited to Student Recognition Programs in their areas. The programs are held in communities across Kansas, in southern Nebraska and in Denver to accommodate area students and their parents and guardians.

Receptions hosted by Fort Hays alumni in each locale include dessert or pizza buffets provided by the Alumni Association. Students and their parents have the opportunity to mingle with faculty, staff and administrators and with area alumni before and after the scholarship presentations.

Many high school seniors and transfer students will receive certificates for a variety of scholarships awarded to them by Fort Hays.

Fort Hays alumni and other interested community members are also encouraged to attend.

Scholarships to be awarded at this event include the \$1,200 Miller Black and Gold Academic Award and the \$800 Hays City Silver Academic Award. Both are renewable provided students maintain the minimum required academic standing. Also to be awarded are the \$2,000 Presidential Scholarship, the \$700 Fort Hays Bronze Academic Award and the \$500 Copper Academic Award, all of which are one-time scholarships awarded only to incoming freshmen enrolling in college for the first time. Also awarded are the \$1,000 Transfer Student Scholarship, which is also a one-time award.

Students can also receive \$500 or \$900 Academic Opportunity Awards, given to scholars by individual academic departments.

Each event features a multimedia presentation by Fort Hays President Edward H. Hammond and two drawings - one for a \$400 Student Recognition Program Scholarship and another for a laptop computer.

Thank You

Thank you to everyone for the cards, thoughts and prayers for our 50th Wedding Anniversary. A special thanks to our family for our trip to Hawaii.

Thank you! Gil and Bernie Taylor

Frontier Medical Rejuvenation

IPL Hair Removal
IPL Photo Facials
Acne Treatments
Laser Spider Vein Treatments

Dr. Rebecca Allard

607 South Benton St. (785) 772-1906
St. Francis, Kansas 67756 www.frontier-med.com

Group Exercise Classes

Monday ~ Wednesday ~ Friday at 5:30 a.m. with Tena
Tuesday ~ Thursday at 5:30 a.m. with Grady
Monday ~ Wednesday at 5:30 p.m. with Lisa
Wednesday ~ Friday at 9:30 a.m. Low impact with Sara
Certified Personal Training offered with Kyla Sheldon

Membership options for every one including day passes for \$5. Visit our website or stop by 808 Main, Goodland.

GAC
Goodland Activities Center

Classifieds work! 899-2338

www.goodlandgac.com