

## It's Girl Scout cookie time



Goodland's Girl Scouts had their Cookie Kick Off program on Friday night at the Goodland United Methodist Fellowship Hall. The cookie sales go until Sunday, March 11. The girls went separately to go through selling techniques and goal setting. One of the scouts (above) works on her thank you notes to be given to her customers. Adult leader Brandi Jones (top right) gets the girls enthusiastic about the sales. Each girl (bottom right) set a goal on how many cookies they wanted to sell. Girl Scouting is celebrating its 100th Birthday. The girls also got to go to cookie jail and Kansas Highway Patrol Lt. Joe Greene asked questions about the cookie sales as the price for getting out of jail. Older scouts did face painting and one leader ran a session about sales techniques.

Photos by Pat Schiefen/The Goodland Star-News

## Lions mobile screen unit to be at fair

The Goodland Lions Club and the Kansas Lion Sight Foundation are bringing the mobile screening unit to the Sherman County Health Fair at Goodland from 8 to 11:30 a.m. on Saturday.

The unit will be located just east of the Student Union of the Northwest Kansas

Technical College.

Registration for the mobile screening unit will be held inside the Student Union in the North end of the building amongst the vendor booths.

It only takes a few minutes after registration to have all of the screenings done. All test are

performed by local eye care professionals and volunteers.

Used eyeglasses will also be collected at this event. The eyeglasses that are in good condition will be graded and distributed in other countries.

In case of inclement (snow or icy) weather

the unit will not be available. The Lions would like to see everyone take advantage of this free service to our community.

For information call Connie Grieve, Goodland Lions Club, at (785) 899-5957.

### corrections

The Goodland Star-News will correct any mistake or misunderstanding in a news story. Please call our office at (785) 899-2338 to report errors. We believe that news should be fair and factual. We want to keep an accurate record and appreciate you calling to our attention any failure to live up to this standard.

## High Plains Museum planning Kansas Day activities

The High Plains Museum, 1717 Cherry, Goodland is celebrating Kansas Day from 1 to 4 p.m. on Sunday. Have fun at a 151st birthday party for Kansas with games, snacks and fun.

The museum currently has on exhibit "K is for Kansas" and "Con-

sidering the Commonplace: Prairie Towns Through the Lens of Bob Regier.

The "K is for Kansas" is a fun exhibit with lots of facts about Kansas. The exhibit features large children's alphabet blocks with facts on the side of the blocks and fun things to

start, push and manipulate.

Also there is a carpet shaped like the state with the major rivers painted on it. There are tags that kids get to place on the carpet to show the

location of towns, rivers and other geological features of Kansas.

For information call (785) 890-4595.

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Mr. Wayne Luckert, a Certified Instructor and other Instructors under his guidance offer TAE KWONDO classes at the G.A.C in Goodland, KS Tuesday & Wednesday evenings (all ages) Higher Ranks on Wednesday evenings. You will learn Songahm Forms, Sparring, Board Breaks.

Most of all HAVE FUN!!

**Tiny Tigers (4 & 5 yr olds):** This program offers children a strong foundation in essential qualities such as courtesy, respect, and discipline. In addition, the program is designed to improve children's motor skills and enhance their ability to pay attention and follow directions. All classes are taught using the most safe, fun, and exciting instruction methods available for this age group.

**Karate for Kids (6 - 12 yr olds):** There are many reasons for kids to become involved in the Martial Arts. We have developed a program based on traditional Tae Kwondo for kids called "Karate for Kids" for ages 6 - 12. The Karate for Kids system is based on a lifetime learning concept in addition to technical skills.

**Adults:** The problem with most exercise programs is that people don't stick with them because... let's face it, many exercise programs are boring. That's why more and more adults are using martial arts to get in, and stay in shape - it's fun! And with Tae Kwondo training, not only do you get in shape, relieve stress and have fun... you also learn valuable self-defense skills!

**WEEKLY SCHEDULE:**

Tuesdays	Wednesdays	Thursdays
5:00 - 5:30pm Tiny Tigers	5:30 - 6:30pm	5:00 - 5:30pm Tiny Tigers
5:30 - 6:30pm Karate for Kids	Higher Ranks	5:30 - 6:30pm Karate for Kids and Adults
6:30 - 7:30pm Adults		

**For more information:** Contact Mr. Luckert or Mr. Coon at the G.A.C, 808 Main St., Goodland, KS 67735 Telephone # 785-890-7242 or Come In and complete our New Members Information Card

\*Remember: You are never too young or too old to join Tae Kwondo all ages are WELCOME! The Benefits are GREAT and you will HAVE FUN!!

AD IN BACK!!