

card shower

The family of **Arbutus Topliff** is requesting a card shower for her 85th birthday on Sunday. Her address is 6330 Road 13, Goodland, Kan. 67735.

reception

Patricia Korbek and James Allaman were married on June 8, 1962 at Wallace. There will be a reception from them from 1 to 3 p.m. on Saturday, June 9, 2012 at Our Lady of Perpetual Help Catholic Church Family Center to celebrate their 50th wedding anniversary. A memory or a picture would be appreciated.

student news

Amanda Albers of Goodland graduated from McPherson College at McPherson on Sunday, May 20, 2012.

Lauren Abernathy of Goodland, a senior majoring in communication at Fort Hays State University at Hays, placed first in the professional category of public service campaign for the Kansas Professional Communicators state competition.

Chase Schneider of Tribune was named a Kansas Collegiate Athletic Conference All-Academic Athlete in men's track and field at Ottawa University in Ottawa.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. **Wednesday through Monday.** Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. **Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday.** Closed Tuesdays.

The **Carnegie Arts Center** is open from 10 a.m. to 5 p.m. **Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The **Goodland Public Library** is open from 10 a.m. to 8 p.m. **Monday through Thursday** and from 10 a.m. to 5 p.m. **Friday and Saturday.** For information call (785) 899-5461 or stop by the library.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The **Good Sam Family Support Council** meets at 7 p.m. the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

Breast Cancer Support Group meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Cancer Support Group meets at 3 p.m. on the third Thursday of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

The **Goodland Activities Center** has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins, 5 p.m. taekwondo and 5:30 p.m. group exercise with Lisa Malsom. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact class with Sarah King, 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom.

the calendar

calendar

Jodie Tubbs of the **Kansas Commission on Veterans Affairs** will be in Goodland from 1 to 2:15 p.m. **Thursday** in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572.

The **Eighth Annual Outdoor Youth Skills Day** will be Saturday, June 9, at Bellamy Farms. The event is for kids ages nine to 15 and includes shotgunning, archery, fishing, muzzleloader, dog training and 22 target shooting. Pick up registration forms at Bill's Shooting Shop or at S&T Communication or call Troy Mannis at 821-1838.

Prairie Land Food sign up will be until Monday, June 11. Distribution is 1 to 2 p.m. on Saturday, June 23, at the Knights of Columbus, 7th and Caldwell. For information call 821-1827, 821-

1275, 821-0120 or 728-7196 or order online at www.prairieland-food.com. The Prairie Pak will have smoked bacon, sausage/egg and cheese breakfast bites, one pound lean ground beef, 10 ounces grilled chicken breast strips, one additional meat item and fruits and vegetables. The specials are firecracker steak box with two sirloin steaks, 3 flat iron steaks, 3 top sirloin cap steaks; fajita box with chicken strips, onions, peppers, beef strips and flour tortillas; breakfast time with French toast strips, hash brown potatoes, sausage/egg and cheese breakfast bites and smoked bacon; and tour of Italy with cheese ravioli, sundried tomato/cheese stuffed rigatoni, manicotti, spinach and cheese stuffed rigatoni, cheddar pierogies, meat stuffed tortellini and stuffed shells.

The Emmanuel Lutheran Church will be holding **Sky Ranch Day Camp from Monday to Friday, June 11 to 15** from 8 a.m. to 3 p.m. except on Friday

which is from 8 a.m. to noon. Call 890-6161 or 890-2639 for information and to sign up. Camp is for those entering first through sixth grade.

Tuesday Flicks are at 1:30 p.m. at the **Goodland Public Library**, 812 Broadway. Call the library for the title of the movie at 899-5461.

senior menu

Today: Ham and beans, heavenly hash, cornbread and cook's choice complement. **Monday:** Steak fingers, mashed potatoes with gravy, mixed vegetables, bread and mixed fruit. **Tuesday:** Meat loaf, creamed potatoes, peas, bread and fruit crisp. **Wednesday:** Turkey ala king, corn, orange pineapple salad, biscuit and spice cake. **Thursday:** Liver and onions in gravy, parselied potatoes, winter mix vegetables, bread and cook's choice fruit. **Friday:** Pork cutlet, cole slaw with carrots, tomatoes and cucumbers, bun and baked apple slices.

Thursday: 5:30 a.m., workout with Grady Bonsall. Friday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact exercise group with Sarah King and starting at 5 p.m. taekwondo classes. For information call 890-7242. Certified personal training offered with Kyla Sheldon. Memberships options for everyone including day passes for \$5. Visit goodlandgac.com or stop by 808 Main.

Weight Watchers meets at 5:30 p.m. for weigh in and 6 p.m. for the meeting every **Tuesday** at the Right Combination Dance Studio, 902 W. Hwy. 24. For information call (785) 890-3285 or visit rightcombination-dance.com.

Goodland Alcoholics Anonymous, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 pr 728-7491.

Goodland AI-Anon AFG meets at 6 p.m. on **Fridays** at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The **Incognito Group**. If alcohol has made your life unmanageable and you find yourself powerless. Our group meets at 7 p.m. on Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place (303) 905-3817, (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get back to you.

The "Freedom Today" group of **Narcotics Anonymous** meets at 8 p.m. **Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays** at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at 6:30 p.m. **(Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous** meets at 6:30 **(Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Alcoholics Anonymous group meets at 7 p.m. **Thursdays** for a beginners open meeting. Filles and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic

Myofascial Pain Support Group meets from 6:30 to 8:30 p.m. the **third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

Prairie Museum of Art and History, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is open 9 a.m. 6 p.m. on Tuesday through Friday and 10 a.m. to 4 p.m. on Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education. For information call 890-2552.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

The police department can also be called at 890-4570.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398 or 821-2144. Interested in adopting a pet? Call the animal shelter or go to the website www.nwkasgoodland.webs.com.

obituary

Marilyn Jean Reynolds

Marilyn Jean (Timmons) Reynolds, 79, Fredonia, former Goodland resident, died Sunday, May 27, 2012, at Cherryvale Nursing Center in Cherryvale.

She was born on Nov. 19, 1932 to Clifford W. and Agnes R. (Barb) Timmons. Mrs. Reynolds was a graduate of Fredonia High School and the Newman School of Nursing.

She was a registered nurse, retiring after 43 years. Mrs. Reynolds had worked in several hospitals, nursing homes and clinics across Kansas, most recently at Interim Health Care in Topeka and Fredonia Regional Hospital.

On July 19, 1953, she and Norman L. Reynolds were married.

Mrs. Reynolds was a member of Sacred Heart Church in Fredonia, Women's Mutual Benefit, Merino Rainbow H.D.U. and a weekly bridge club. She was an avid reader, exceptional seamstress and enjoyed painting.

Preceding her death were her

parents and a brother, Marvin Timmons.

Survivors include her husband of 58 years; two sons, Erick (Stephanie) Reynolds of Fairview, Okla., and Randy (Sari) Reynolds of Hays; a brother, Rev. Garry (Mardel) Timmons of Lincoln, Neb.; four granddaughters, two grandsons; and four great-grandchildren.

Services were at 9:30 a.m. (Mountain Time) on Thursday, May 31, 2012, at the Sacred Heart Church, 1223 Madison, Fredonia with Father Andrew Heiman of the St. Andrew Church in Independence and St. Francis Church in Cherryvale officiating. Burial will be in the Fredonia City Cemetery.

Visitation was from 6 to 7 p.m. on Wednesday evening at Timmons Funeral Home, Box 168, 510 N. 7th, Fredonia.

Memorials to the Cherryvale Nursing Center employee activity fund may be sent to the funeral home.



Reynolds



Scott McDonald and Lanae Koons

Couple plans June Wyoming wedding

Lanae Koons and Scott McDonald, both of Cheyenne, Wyo., plan to marry on Saturday, June 30, 2012, at Esterbrook, Wyo.

Her parents are Linda Koons and the late Larry Koons of Goodland. The bride to be graduated from Goodland High School in 2000 and went on to graduate from Laramie County Community College in Cheyenne, Wyo., and from Kansas State University at Manhattan. Currently, she is the equestrian

show team coach and equine studies instructor at Laramie County Community College in Cheyenne, Wyo.

His parents are Mike and Dana McDonald of Riverton, Wyo. The groom elect graduated from Laramie County Community College and from the University of Wyoming in Laramie, Wyo. He is the program coordinator for the Wyoming Department of Agriculture.

Use skills to serve instead of selling

"Never sell anyone. Serve them." ~Dave Ramsey

I love this quote. Selling is hard for me. It makes me feel like a sleazy used car salesman. (No offense to any used car salesman - I'm sure you're not the sleazy kind.) But I love the thought of serving people - using my skills to help others.

If you aren't a fan of selling either, you have my permission to never sell again. (Not that you needed it or that it's worth anything, but you have it.) Instead, serve your customers and accept their money as the way to continue to serve people.



jamie morphey

• business tips

If what you're doing doesn't serve your customer, change what you're doing.

This tip was brought to you by Western Kansas Business Consulting sponsored in part by Sherman County. We offer free and confidential business consulting to Kearny, Scott, Sherman and Wichita counties. For more information or to set up an appointment, contact Jamie Morphey at (620) 874-0771.

matters of record

Sherman County Bastille
The following people were booked into the Sherman County Bastille:

May 24 - Christopher Dorn, 25, Goodland, arrested by sheriff

deputy for domestic battery x2.

May 25 - Shanley Lamasteries, 22, Colby, arrested by Thomas county sheriff deputy for aggravated battery and abuse of child.

Hannah Pyle, 30, Colby, arrested

by Thomas county sheriff deputy on arrest and detain for probation violation.

Jack McGinnis, 32, Goodland, arrested by sheriff deputy on driving under the influence x2 and endan-

gering a child.

May 27 - Brad Cramer, 42, Goodland, arrested by sheriff deputy on arrest and detain for probation violation.

Wednesday, June 6 @ 1:30 PM: Rio (G)
June 1-7
Dark Shadows (PG-13)
 Comic horror violence; sexual content; some drug use; language and smoking.
 www.goodlandnet.com/movies

The Goodland Star-News
 SUBSCRIBER
Linda Fogo
 You receive two free passes to see:
DARK SHADOWS (PG-13)
 Clip and bring to the show. Non Transferable
The SHERMAN THEATRE
 1203 Main Avenue • (785) 899-6103

Join us in celebrating
Lavaughn Glasco's 90th birthday!
 Saturday, June 9
 1:30-3 p.m. MT at Shiraz
 (824 W. Hwy. Goodland)
 Cake and punch served. Cards only!

Cash 4 Junkers
 Jett Fromholtz, St. Francis, Ks.
On Vacation
 Back to buying again on June 11, 2012

VISION SOURCE™
Luau Frame Show Featuring: GUESS GANT EYEWEAR
 1002 Broadway, Ste. A, Goodland
June 8, 2012 • 10 a.m.-4 p.m.
 Receive gift with purchase! Our frame representative will be here showing his entire line of frames and sunglasses for women, men, teens and children! Gift Drawing!

THIS DAY ONLY- Purchase Guess or Gant frames Receive 15%-30% off entire order! * OR Buy two complete pairs of RX glasses to receive BUY ONE, GET second FRAME FREE! **

* Discount cannot be used in conjunction with already discounted eyewear plans. ** Offer applies to lower priced frame when purchasing regularly priced products. See store for details.

Let everyone know when your garage sale is! Call 899-2338