

patient news

Margie Albers is undergoing radiation therapy for five weeks in Denver. Cards may be sent to her at Dee Albers, 8490 Golden Eye Drive, Parker, Colo. 80134.

student news

Kirsten Topliff of Goodland was on the President's Honor Roll at Hutchinson Community College for the Spring 2012 Semester. To be on the President's Honor Roll a student must have a 4.0 grade point average.

Aaron Deeds of Goodland earned his Magna Cum Laude at his graduation with a Bachelor of Science from Kansas State University at the 2012 commencement in May.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday**. Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday, Wednesday through Saturday, 1 to 4 p.m. on Sunday** and **1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The **Goodland Public Library** is open from **10 a.m. to 8 p.m. Monday through Thursday** and from **10 a.m. to 5 p.m. Friday and Saturday**. For information call (785) 899-5461 or stop by the library.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The **Good Sam Family Support Council** meets at **7 p.m.** the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

Breast Cancer Support Group meets at **5:30 p.m. the second Monday** of the month. Any woman with cancer is welcome. Call Cheryl at 890-5528 for more information.

Cancer Support Group meets at **3 p.m. on the third Thursday** of each month at the Goodland Regional Medical in the large board room. Group open to any cancer patient, survivor, caregiver and family members. Call Tina Goodwin at (785) 890-6036.

The **Goodland Activities Center** has the following activities. Monday: 5:30 a.m. aerobics with Tena Tompkins, 5 p.m. taekwondo and 5:30 p.m. group exercise with Lisa Malsom. Tuesday: 5:30 a.m., workout with Grady Bonsall. Wednesday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact class with Sarah King, 4 p.m. taekwondo classes and 5:30 p.m. aerobics with Lisa Malsom. Thursday: 5:30 a.m., workout with Grady Bonsall. Friday: 5:30 a.m. aerobics with Tena Tompkins, 9:30 a.m. low impact exercise group with Sarah King and starting at 5

the calendar

calendar

Prairie Land Food distribution is 1 to 2 p.m. on Saturday, July 21, at the Knights of Columbus, 7th and Caldwell, or at the Bernadine Johnson residence, located at 704 Walnut. For information call 821-1827, 821-1275, or 890-3793 or order online at www.prairielandfood.com. The Prairie Pak will have fajita chicken anytizers, ham steak, beef strips, chicken thighs, lean ground turkey plus fruits and vegetables.

The specials are a summertime grill including sirloins, pork tenderloin, pork chops, ground beef, Italian sausage and chicken breast fillets; a variety box with beef brisket in barbeque sauce, smoked bacon, mini apple pie, mini cherry pie, whole chicken, hash brown potatoes and premium blend vegetables; boneless and skinless chicken breast filets; and pork chop special.

Tuesday Flicks are at **1:30 p.m. at the Goodland Public Library**, 812 Broadway. Call the

library for the title of the movie at 899-5461.

senior menu

Today: Spanish rice with hamburger, cheesy broccoli, apricots, bread and cookie. **Wednesday:** Tuna salad, German cucumbers, Mandarin oranges, bread and cake. **Thursday:** Oven baked chicken, mashed potatoes with gravy, green beans, bread and watermelon. **Friday:** Pioneer girl goulash, spinach cheese salad, bread and cook's choice fruit.

area events

Prairie Museum of Art and History, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is open 9 a.m. 6 p.m. on Tuesday through Friday and 10 a.m. to 4 p.m. on Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.: a.m. and p.m. volunteers are in the gift shop. **Today:** a.m. Lana Ginn and p.m. Jessie Owens. **Wednesday:** a.m. Connie Soellner and p.m. Juanita Barnett. **Thursday:** a.m. Debbie Lucas and p.m. Gaylene Shank. **Friday:** a.m. Avis Alcorn.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care. Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol

rotary

The Goodland Rotary Club met for their regular weekly meeting on Friday in the Northwest Tech club meeting room. A good crowd turned out as Jenifer Sanderson began her service as the new Rotary President for the 2012-13 year, succeeding Marty Melia.

Sanderson greeted members and guests, including visiting Rotarian Mike Tubbs from the Colby Rotary Club. Tubbs was doing make up at the Goodland Club, noting that he has maintained perfect attendance in Rotary for over five years.

Sanderson thanked those Rotarians who helped with the Freedom Fest watermelon feed and Rotary Ride. The Club served 30 watermelons during the Fourth of July festivities.

The Rotarian of the day was Jim Neal, who invited Goodland Superintendent of Schools Bill Biermann to speak. Biermann gave a presentation on the new iPad program that begins in the upcoming school year. He noted that iPads will be issued to students in sixth through 12 grades, with the sixth through eighth students using the iPads on a daily check out basis. Biermann

explained that the iPads will indeed replace some textbooks that the students will be using in the various grade levels. He noted that the cost of using textbooks on iPads should be close to equal to what traditional "book" textbooks would cost, but the iPads will receive quicker updates than would printed textbooks. Biermann concluded that the district will closely monitor the outcomes of the students testing as they use the iPads through the school year, and feels that the student's learning will improve using the new technology.

After the weekly drawing, won by Larry Keirns, the club adjourned and, with an invitation from Dr. Ed Mills, was invited to take a tour of the Tech College Larry Keirns Fitness center to see some of the improvements made there, ahead of the new school year.

The next Goodland Rotary meeting will be Friday, July 13, when Kansas Attorney General Derek Schmidt will be the featured speaker. Visitors and those interested in joining Rotary are always welcome to attend Club meetings.

Marty Melia, club reporter

abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education. For information call 890-2552.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime. The police department can also be called at 890-4570.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. Weekly support groups are available in Hays. Support group for women's domestic violence victims/survivors is from 3:30 to 4:30 p.m. Central Time on Wednesdays; a men's domestic violence victims/survivors support group from noon to 1 p.m. Central Time Tuesdays; and a youth support group is available by appointment. A sexual violence victims/survivors support group in Hays and a domestic violence support group to meet in Colby are being formed. If interested in joining or for information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398. Interested in adopting a pet? Call the animal shelter or go to the website www.nwkasgoodland.webs.com.

Businesses do not always have smooth sea

"A smooth sea never made a skillful sailor." ~Unknown

The economy is the sea, your business is the boat, and you are the sailor. Did you really expect it to always be smooth sailing when you started your business? Just like the sea, the economy constantly changes. Some days it's smooth; some days it's ferocious. So what's the solution? Become a skillful sailor or stay on land? Only you can answer the question. Business ownership isn't for everyone, but if it is for you, don't regret staying on land.



jamie morphey

• business tips

This tip was brought to you by Western Kansas Business Consulting sponsored in part by Sherman County. We offer free and confidential business consulting to Kearny, Scott, Sherman and Wichita counties. For more information or to set up an appointment, contact Jamie Morphey at #620-874-0771 or e-mail wkbc@wbsnet.org.

Colby museum has events Friday

The public is invited to enjoy a "Night at the Prairie Museum" on Friday, July 13th at the Prairie Museum of Art and History, 1905 S. Franklin Avenue, Colby. Participants in a weeklong historical performance camp will be scattered throughout the museum ready to act out incidents in the lives of local historical figures. Anything is likely to happen!

The event is free, but advance reservations are required. Contact the museum at (785) 460-4590 to reserve a spot in the 2 p.m., 2:30, 4, 4:30, 5 or 5:30 p.m. (Mountain Time) tours. There will be a question and answer period after the last performance during which the public can meet the performers and ask questions about their characters. Refreshments will be provided.

death notice

Nettie Mills

Nettie Mills, 85, a Brewster resident, died Saturday, July 7, 2012. Bateman Funeral Home, 211 E.

11th, Goodland, is in charge of the arrangements.

Elvin "Leroy" Krafft

Elvin "Leroy" Krafft, age 75, of Goodland, KS, died Tuesday, June 12, 2012, in Wellsville, Kansas. Graveside Service & Inurnment will be held at Goodland Cemetery at 10 a.m. on Friday, July 13, 2012. A reception will be held immediately following services at Our Lady of Perpetual Help Catholic Church. The family suggests memorial contributions to Alzheimer's Association c/o Dengel & Son Mortuary, 235 S. Hickory, Ottawa, Kansas 66067. An online Guest Book is available at www.dengelmortuary.com.



MISTAKES...

We Know We Make Mistakes!

Please remember that we attempt to include something for everyone within the pages of our newspaper. We realize that some folks enjoy finding fault and for those readers we thoughtfully include a socially acceptable number of errors within our publication.



Reader Recipes

Crispy Potatoes with Bacon, Garlic, and Parsley

Prep Time: 10 min.; Cook Time: 20 min.; Serves: 4 servings

- Ingredients
- 1 1/2 pounds red-skinned potatoes, quartered with skin (about 1 1/2-inch pieces)
 - Kosher salt, plus 1 teaspoon
 - 3 pieces bacon, cut into 1-inch pieces
 - 1 to 2 tablespoons unsalted butter or oil
 - 2 tablespoons chopped flat-leaf parsley leaves
 - 1 to 2 large cloves garlic, minced
 - Freshly ground black pepper

Directions: Put the potatoes and salt in a medium saucpan and cover with cold water. Bring to a boil over high heat and simmer for 1 minute, then drain. Pat dry.

Meanwhile, put the bacon in a well-seasoned cast iron skillet or a saute pan over medium-low heat, and cook until nearly all the fat has rendered and the bacon is crispy, aromatic, and browned, about 5 minutes. Remove the bacon with a slotted spoon and set aside on a paper towel lined plate. Add the 1 to 2 tablespoons of butter or oil to the remaining bacon fat. Increase the heat to medium. Add the potatoes, positioning them in the pan so the cut sides get nice and brown. Cook turning only as needed until the potatoes are golden brown, about 15 minutes. Stir in the parsley, garlic, and bacon and stir until fragrant and lightly browned. Season with 1 teaspoon of salt and pepper. Serve.

Goodland Star-News readers: Do you have a recipe you would like to share? Take it down to Designs Unlimited, LLC, located at 1012 Main in Goodland, for a chance to see your recipe appear in The Goodland Star-News!

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