

Coalition reminds people of domestic violence

The Kansas Coalition Against Sexual and Domestic Violence welcomes October as National Domestic Violence Awareness Month. One in four women will be the victim of domestic violence at some point in her lifetime, and, on average, three women are killed every day at the hands of a current or former intimate partner.

"We have made great strides in Kansas, but we still have a long way to go," says Joyce Grover, executive director. "The Kansas Bureau of Investigations reports that 30 percent of all homicides in Kansas in 2010

were related to domestic violence which translates into an average 22 adults and nine children murdered each year as a result of abuse. We must act as a community to put a stop to this pervasive crime."

The economic downturn has had a devastating effect on local programs working to serve survivors of abuse. While a bad economy does not cause domestic violence, it can make it worse. At the same time, there are fewer options for survivors to escape. According to the 2012 Mary Kay Truth About Abuse Survey, nearly eight out

of 10 domestic violence shelters nationwide reported an increase in women seeking help, while the vast majority experienced decreases in funding.

Despite tremendous challenges, domestic violence shelters served nearly 70,000 victims in one day alone, according to the latest National Network to End Domestic Violence. More than three out of four domestic violence survivors who sought support groups, counseling, supportive services and legal advocacy found these services to be very helpful, the National

Resource Center on Domestic Violence and the University of Connecticut School of Social Work reported.

"We know, even with these disturbing statistics, that domestic violence is preventable," says Grover. "By promoting healthy relationships that include equality and respect, and through large scale community education and action, we can reduce the likelihood that people will turn to abusive behaviors in their relationships."

Special thanks to Governor Brownback for standing with the

coalition and with survivors in Kansas in proclaiming October as Domestic Violence Awareness Month in Kansas "to encourage all citizens to speak out against domestic violence, to provide support for survivors of these crimes, to encourage community leaders to hold perpetrators accountable, and to make domestic violence prevention efforts a priority by hosting events, by creating policies at school and work, and by working with your local domestic violence victims service providers."

Throughout October, communi-

ties across the country will mourn for those whose lives were taken by domestic violence, celebrate the tremendous progress victim advocates have made over the years, and connect with one another with a true sense of unity to end domestic violence.

Learn more about what you can do, and find a list of statewide events at kcsdv.org.

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Reader Recipes

Cream Peanut Butter Pie

Ingredients

- 1 package (8 oz.) cream cheese, softened
- 1/2 cup sugar
- 1/3 cup creamy peanut butter
- 1/3 cup whipped topping
- 10 peanut butter cups, divided
- 1 chocolate crumb crust, 9 inches

In a small mixing bowl, beat the cream cheese, sugar and peanut butter until smooth and light. Fold in the whipped topping. Coarsely chop half of the peanut butter cups; stir into cream cheese mixture. Spoon into crust. Quarter the remaining peanut butter cups; arrange over the top. Refrigerate for at least 4 hours before cutting. Refrigerate any leftovers. Yield: 6-8 servings.

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