



Jan Klaus, office assistant for the Natural Resources Conservation Service's Hays office, shared her thoughts during the True Colors activity.



Jeanne Dunne of the Cheyenne County Conservation District and Melinda Daily, extension specialist for Wallace County, prepared for a session at the Women in Denim conference on Oct. 3.

Conservation group holds women's conference

The Northwest Kansas Conservation and Environmental Alliance celebrated the women of Northwest Kansas by holding the Third Annual Women in Denim Event: "Finding your True Colors" on Oct. 3.

The event was held at The Shepherd's Staff Christian Conference and Retreat Center in Rexford. There were 42 participants this year from the nine northwest counties.

"I can't express how much of it was just what I was desperately needing," said one event attendee. "One gets to thinking we're the only one dealing with certain things, and there your speakers were sharing that we sure aren't alone!"

The True Colors session was facilitated by Libby Curry, extension specialist at Kansas State University. During this session, she showed the attendees their own personality style by way of color and insight into the differences of others. This session reminded everyone that all colors and personalities are needed in our lives, just some are a little brighter for some than others.

Charlotte Shoup-Olsen, a professor and extension specialist from the School of Family Studies and Human Services at Kansas State University, gave the group ideas on how to be effect listeners and communicate with families more effectively on matters of the heart.

Stacey Seibel, a lawyer from Hays, shared estate planning tips and the importance on proper estate planning that are being passed down from generation to generation. During this session, she shared her mission to help others preserve their hard-earned assets by using various estate planning tools.

Attendees heard about days gone by through the eyes of Liane Martin of Herndon and her Apron Strings. She shared stories behind various styles of aprons from through the years.

Melinda Daily, extension specialist for Wallace County, spiced things up with a hands-on demonstration on making homemade salsa. Attendees were able to go home with fresh salsa and a recipe to use with garden fresh vegetables.

The Northwest Kansas Conservation and Environmental Alliance is a group of Conservation District Managers from Cheyenne, Decatur, Gove, Logan, Rawlins, Sheridan, Sherman, Thomas and Wallace counties who work together to provide educational programs for the citizens of our districts.

The event was sponsored by the Kansas Association of Conservation Districts, Western Prairie RC&D, Kansas State Research and Extension and participating conservation districts.

Regulatory program under fire from farmers, ranchers and more

Organizations representing family farmers, ranchers and consumers are fighting to protect drought-stricken livestock produces from a new costly regulatory program.

The U.S. Department of Agriculture's Animal Disease Traceability system, originally known as the National Animal Identification System, remains a contentious issue because of the burdens it will impose on livestock producers and costs that will be passed down to consumers, contributing to higher food costs.

In a letter to the Congressional Office of Management and Budget, 63 organizations have written to urge that the program be halted in part due to the nation-wide drought

and the resulting challenges for farmers and ranchers.

"This is the worst widespread drought since the 1930s Dustbowl," said Gilles Stockton, a Montana rancher and member of the Western Organization of Resource Councils. "As our ranchers struggle to keep the herds alive through this disaster, they cannot afford to take on new regulatory burdens."

The letter states that the department's fiscal analysis underestimated the cost impacts of its rule to cattle and poultry producers.

The organization contend, "while the agency claims that the costs are under \$100 million annually, independent studies indicate that the costs could be three to five times that high for cattle producers alone."

"The U.S.D.A.'s cost analysis is riddled with flawed assumptions," asserted Judith McGeary, executive director of the Farm and Ranch Freedom Alliance, who serves as vice-chair of the Secretary's Advi-

sory Committee on Animal Health. "Along with severely underestimating the costs to cattle producers, the agency wholly ignored the costs that will be imposed on tens of thousands of people who own poultry, from small diversified farmers to backyard poultry enthusiasts."

The organizations claim the regulatory impact analysis focused almost entirely on the benefits to the export market that will allegedly occur.

"The new regulations do nothing to improve food safety for consumers," said Patty Lovera of Food and Water Watch. "Instead this proposal would allow large meatpackers easier access to export markets, at the expense of U.S. livestock producers."

The Kansas Cattlemen's Association, Independent Cattlemen of Nebraska, Western Colorado Congress and the Missouri Rural Crisis Center all signed the letter.

corrections

The Goodland Star-News will correct any mistake or misunderstanding in a news story. Please call our office at (785) 899-2338 to report errors. We believe that news should be fair and factual. We want to keep an accurate record and appreciate you calling to our attention any failure to live up to this standard.

Enjoy a night at the movies!

Sherman
190 Main - Phone 392-5103
TONIGHT 7 PM:
Last Ounce of Courage
Starts Fri. 7 PM: Hotel Transylvania (PG)

The Goodland Star-News
CELEBRATES
COMMUNITY NEWSPAPERS
WINNING NUMBERS
86%
of adults read a newspaper at least once a week

Patient & Family Support Programs

at Goodland Regional Medical Center

Wednesday, October 24:

Tai Chi: A Gentle Yet Powerful Exercise
2-3 p.m. MST

Tai Chi is a powerful body movement exercise which helps you become aware of how your body moves. This body movement class is designed for deep meditation and stress release. Practicing Tai Chi has many health benefits including helping you become more centered, balanced and relaxed. The format for this class will include:

- A short breathing exercise
- Warm-ups, loosening, breathing & balance awareness techniques
- Standing/sitting Tai Chi techniques

Facilitator: Bill Douglas, author of "The Complete Idiots Guide to Tai Chi & Qigong"

All programs are FREE
Meet in the Large Boardroom

220 W. 2nd
Goodland KS 67735
See more information on our website:
www.goodlandregional.com



rotary club

Another big crowd was on hand as the Goodland Rotary Club met for their regular weekly meeting at noon on Friday in the meeting room at Northwest Kansas Technical College. President Jenifer Sanderson called the meeting to order. Several comments were given by club members before the program, including an update from Trevor Linton on the upcoming Rotary Ringneck Roundup Pheasant Hunt scheduled for the weekend of November 10. Linton noted that anyone wanting to sign up for the opportunity to hunt unrestricted on designated Sherman County land can contact him or any Rotary Club member for more information.

Sanderson welcomed the first Rotary Honor Students of the new

school year from Goodland High School. Chloe Goodwin and Jeff House received Rotary certificates for their attendance at the Goodland Rotary Club meeting.

Michael Solomon then stepped in as the fill in for Rotarian of the Day, Karen Anderson. Karen's guest speaker was Goodland Chief of Police Cliff Couch. Couch just completed his first year as Chief in September, and he talked about some of the achievements and happenings from the past year. Among some of the new things the police department is doing is that his officers will do a foot patrol during a portion of their daily work shifts. Chief Couch introduced to the group the new uniforms that he and his officers are wearing now. Couch

stated that he is very aware of budget restraints and the need to keep costs down in his department, and felt that the new uniforms were affordable. Along that line, Couch says that his department is in need of automatic weapons not currently available to the officers. He said that they were able to procure the needed weapons, at affordable prices, with help through the federal government, although they still have not received them due to government delays.

After the weekly drawing, the regular meeting of the Goodland Rotary Club was adjourned. The next scheduled meeting will be Friday, Oct. 19, at noon in the Northwest Tech meeting room. Visitors and those interested in joining Rotary are welcome to attend.

HIRING EVENT

Apply and Interview in one day at this event

YOU CAN MAKE A DIFFERENCE

with a rewarding career in Corrections at
Kit Carson Correctional Center
Burlington, CO

Monday, October 29
Morgan Community College
Founder's Room
920 Barlow Rd, Fort Morgan, CO

From 10 a.m. - 6 p.m.

Hiring security staff, medical and other career positions
To apply, you must be at least 21 years old, and you must bring to the hiring event a valid driver's license, social security card, birth certificate and a high school diploma or GED.

View positions and apply online: ccajob.com/Kit-Carson
Questions? (719) 346-9450 or email: dumayne@cca.com

Great career advancement opportunities, competitive salary, and benefits.

CCA is an Equal Opportunity Employer - M/F/D/V. CCA is a drug-free workplace. Bilingual candidates encouraged.