

student news

Chelsie Gausman and **Benjamin Waugh**, both of Goodland, were inducted into the Alpha Chi Honor Society on Sunday, Oct. 28, 2012, at Kansas Wesleyan University in Salina.

business news

Robert Whitcomb has joined Black Hills Energy in Goodland as an appliance repair technician. He will do gas and electric appliance repair through Service Guard, heating and cooling repairs, annual inspections and natural gas service work. Whitcomb studied HVAC/R and electronics at Pikes Peak Community College and worked for A&E Factory Service/Sears as a service technician in Pueblo, Colo.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1 to 5 p.m. Wednesday through Monday.** Closed on Tuesday.

The **High Plains Museum**, 1717 Cherry Ave., is open from **9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday.** Closed Tuesdays.

The **Carnegie Arts Center** is open from **10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday** at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The **Goodland Public Library** is open from **10 a.m. to 8 p.m. Monday through Thursday** and from **10 a.m. to 5 p.m. Friday and Saturday.** For information call (785) 899-5461 or stop by the library.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The **Good Sam Family Support Council** meets at **7 p.m.** the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

Breast Cancer Support Group meets at **5:30 p.m. the second Monday** of the month. Any woman with cancer is welcome. Call Norma at 890-6629 for more information.

The **Goodland Activities Center** has the daily activities. For information call 890-7242. Memberships options for everyone including day passes for \$5. Visit goodland-gac.com or stop by 808 Main.

Aerobics with Tena Thompkins at **5:30 a.m. on Monday, Wednesday and Fridays.** **Aerobics** with Lisa Malsom at **5:30 p.m. on Monday and Wednesday.** **High Impact Workouts** with Grady Bonsall at **5:30 a.m. on Tuesday and Thursday.**

Taekwondo with Wayne Luckert on Tuesday at 5 to 5:30 p.m. Tigers, 5:30 to 7 Karate Kids and 5:30 to 7 p.m. adult. Wednesdays 5 to 5:30 p.m. Tigers, 5:30 to 6:30 p.m. Karate Kids and 5:30 to 7:30 p.m. adults.

Weight Watchers meets at **5:30 p.m. for weigh in** and 6 p.m. for the meeting every **Tuesday** at the Harvest Evangelical Free Church, 521 E. Hwy. 24. For information call (785) 890-6423.

Goodland Alcoholics Anonymous, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 pr 728-7491.

Goodland AI-Anon AFG meets at **6 p.m. on Fridays** at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The **Incognito Group**. If alcohol has made your life unmanageable and you find yourself powerless. Our group meets at 7 p.m. on Tuesday, Thursday and Friday in Goodland. Talking about it is the first step. Call for our meeting place (303) 905-3817, (785) 728-7022 and (785) 728-2120. Leave a message and number and we will get back to you.

The "Freedom Today" group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays** at 1013 Center. Call 890-8369.

the calendar

calendar

The Brewster Senior Center is having a **biscuit and sausage gravy breakfast from 4:30 to 8:30 a.m. on Saturday, Nov. 10**, at the center. Donations will go to the Library-Museum.

Goodland High School's Fall Cleanup will be from 8:30 a.m. to 3 p.m. on Wednesday. This is the school's community service project and is mainly for the elderly. To get on the list call the high school at (785) 890-5656. The students can not pick up tires, large appliances, household hazardous waste or large tree branches over four feet in length.

Prairie Land Food sign up will be until Monday. For information call 821-1827, 821-1275, or 890-3793 or order online at www.prairielandfood.com. Thanksgiving specials can be ordered until Monday. They are a Thanksgiving full meal deal with whole roasted chicken, mashed potatoes, sweet potato patties, frozen vegetables, biscuits and pumpkin pie; four pounds boneless turkey breast, four pound boneless holiday ham and 10 pounds of crispy chicken breast tenderloins.

The Brewster United Methodist Church, 202 Nebraska Ave, Brewster will have its **Annual Turkey Supper from 4:30 to 6:30 p.m. (Mountain Time) on Wednesday.** They will collect a freewill offering for missions. For questions call Colleen Rall at (785) 694-2791 or (785) 694-3522.

The Third Annual Kansans for Life **Pancake Feed** will be from **5 to 10 a.m. on Saturday** at Our Lady of Perpetual Help Catholic Church, 307 W. 13, Goodland. A free will donation will be taken.

The Goodland Kiwanis Club **Turkey Hoop Shoot** will be on **Tuesday, Nov. 13**, at Max Jones Fieldhouse. Registration and warm up for grades three to six are from 5:30 to 6 p.m. Competition and awards will be from 6 to 7 p.m. for grades three to six. The children need to bring an adult partner. j

The **book discussion** on "Shroud

for a Nightingale" by P.D. James is at **6:30 p.m. on Thursday, Nov. 15**, at the Goodland Public Library. Two student nurses lie dead, the great hospital nursing school of Nightingale House is shadowed in Terror, and it's up to Adam Dagliesh of Scotland Yard to unmask the killer. For questions call (785) 899-5461 or go to www.goodlandlibrary.org.

The **Third Annual Battle of the Badges Goodland Community Blood Drive** will be from **noon to 6 p.m. on Thursday, Nov. 15**, at the Harvest Evangelical Free Church, 521 E. Hwy. 24. The Battle of the Badges is community wide blood drive where law enforcement competes with the fire department and EMS to see who can bring in the most blood donors. The goal is to collect 80 pints.

The Goodland Masonic Lodge will have its **Seventh Annual Fish Fry from 4 to 7:30 p.m. on Saturday, Nov. 17**, at the Lodge, 519 Center. The fry is to raise money for the Kansas College Scholarship and the Masonic All State Band Camp. Tickets are \$10 a plate or \$12 at the door. Children from 6 to 11 are \$6. Call Ken Baum at 890-7364 or Jim Alcorn at 899-6351 or 821-2804.

Senior Health Insurance Counselors of Kansas will assist people with Medicare plans during the enrollment period from Monday until Friday, Dec. 7, at the Goodland Public Library two days a week. To set up an appointment call (785) 890-5908, (785) 399-2407 or (785) 821-1626.

Tuesday Flicks are at **1:30 p.m. at the Goodland Public Library**, 812 Broadway. Call the library for the title of the movie at 899-5461.

senior menu

Today: Lasagne, tossed salad with tomatoes and carrots, green beans, garlic bread and cinnamon apple slices. **Wednesday:** Hamburger patti, gold rush casserole, baked beans, bun and ambrosia fruit salad. **Thursday:** oven baked chicken, mashed potatoes with gravy, corn, bread and apricots.

Bird City Alcoholics Anonymous group meets at **6:30 p.m. (Mountain Time) on Fridays** at the Senior Center on 4th Street. **Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays** at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Alcoholics Anonymous group meets at **7 p.m. Thursdays** for a beginners open meeting. Filies and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from **6:30 to 8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

area events

Prairie Museum of Art and History, 1905 S. Franklin, Colby is open from 9 a.m. to 5 p.m. Central Time Tuesday through Friday and 1 to 5 p.m. Saturday and Sunday. On exhibit during the month of October is a selection of works from the art department at Colby Community College. The pieces in the show, created by art instructor Rebel Jay and her students from several art classes, utilize a variety of media including acrylics, chalk, clay, paper and found objects.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop, 1002 Main, should call 890-2007. The store is open 9 a.m. 6 p.m. on Tuesday through Friday and 10 a.m.

to 4 p.m. on Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available free. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis,

Friday: Poor boy stew, cottage cheese with pineapple, crackers and bar cookies.

school menu

Today: Breakfast - whole grain waffles, sausage links, mandarin oranges and milk. Lunch - chicken wrap with romaine and tomato, Spanish rice, steamed carrots, tropical fruit and milk. **Wednesday:** Breakfast - breakfast sundae with raisins and milk. Lunch - spaghetti with meat sauce, spinach salad, seasoned peas, garlic bread, fresh grapes and milk.

Thursday: Breakfast - whole grain cheese pizza, mixed fruit cup and milk. Lunch - taco salad, whole grain corn chips with salsa, refried beans, cinnamon puff, pineapple tidbits and milk. **Friday:** Breakfast - breakfast bake with tomato salsa, wheat toast, grapes and milk. Lunch - chicken and noodles, mashed potatoes, green beans, wheat roll, orange wedges and milk.

school calendar

Today: Gold day. 3:30 p.m. high school scholars' bowl at Oberlin. 3:30 p.m. girls junior high basketball at Oakley. Fall athletic buffer week. Family, Career and Community Leaders of America wiffleball tournament. **Wednesday:** Black day. 7:30 a.m. Professional Learning Community. 3:45 p.m. Professional Development commitment meeting. Fall athletic buffer week. Family, Career and Community Leaders of America wiffleball tournament. **Thursday:** Fort Hays Math Relays. 3 p.m. junior wrestling triangular at Oakley. 3:30 p.m. girls eight grade basketball B/C against Colby in the Junior High gym. 3:30 p.m. girls seventh grade basketball B/C at Colby. 6 p.m. multicultural evening at West Elementary. Fall athletic buffer week. Family, Career and Community Leaders of America wiffleball tournament. **Friday:** Central School picture retakes. West School picture retakes. Sectional football, Goodland High School musical. Fall athletic buffer week.

your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education. For information call 890-2552.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665.

obituary

Elva M. Middleton

Elva M. Middleton, 89, Bellingham, Wash., former Goodland resident, died Wednesday, Oct. 31, 2012.

She was born Sept. 23, 1923, to Ernest and Ethel Kibby at Perry, Iowa.

Mrs. Middleton was a member of the Reorganized Church of Jesus Christ of Latter Day Saints.

On Aug. 21, 1949, she and Virgil Middleton were married in Goodland.

Preceding her in death were her husband, Virgil Middleton; her parents; and a sister, Waletta Crusan.

Survivors include three daughters, Cheryl (Larry) Sorenson in Bellingham, Wash., Diana (Mark) Dodds in Mount Vernon, Wash., and Christine Middleton in Bellingham, Wash.; and four grandchildren.

Services will be at noon on Tuesday, Nov. 6, 2012 at the Westford Funeral Home, Broadway at Eldridge, Bellingham, Wash.

Memorials may be sent to Whatcom Hospice, 2901 Squalicum Parkway, Bellingham, Wash. 98225.



Middleton

Many businesses moving to cloud

Did you know QuickBooks Online adds a new client every minute? QuickBooks Online is continuously getting better. If you're thinking about moving your business to the cloud, go to quickbooksonline.com and try it out for free. Even better, one of the first ever Certified QuickBooks Online ProAdvisors is on our team and available to answer your QuickBooks Online questions free of charge. Contact us at wkbc@wbsnet.org or 620.874.0771.

This tip was brought to you by



jamie morphew

business tips

Western Kansas Business Consulting sponsored in part by Sherman County. We offer free and confidential business consulting to Kearny, Scott, Sherman, and Wichita counties. For more information or to set up an appointment, contact Jamie Morphey at (620) 874-0771 or e-mail wkbc@wbsnet.org.

It's time to apply nitrogen to help grass

November is the time to give cool-season lawns the last nitrogen application of the season. Why November? While top growth slows in response to cool temperatures, grass plants are still making food (carbohydrates) by photosynthesis.

A November nitrogen application helps boost the photosynthesis rate. Carbohydrates that are not used in growth are stored in the crown and other storage tissues in the plant. These carbohydrate reserves help the turf grass green up earlier in the spring and sustain growth into May without the need for early-spring (March or April) nitrogen. Those early-spring nitrogen applications are less desirable because they can lead to excessive shoot growth and reduced root growth. Other benefits of November-applied nitrogen for cool-season grasses include improved winter hardiness, root growth and shoot density.



dana belshe

ag notebook

How much should you apply? One to 1 to 1 1/2 pounds, actual nitrogen per 1,000 sq. ft. of lawn area is sufficient.

In order for this application to be effective, the nitrogen must be readily available to the plant, because the growing season is nearly over. Therefore, for a November application, use a soluble (quickly-available) nitrogen carrier such as urea or ammonium sulfate. Many turf grass fertilizers sold in garden centers and other retail outlets also contain soluble nitrogen. Avoid products that contain water-insoluble nitrogen (slow-release) for this application. As always, sweep up any fertilizer that gets on driveways, sidewalks, or streets and reapply it to the lawn.

Classifieds work! 899-2338

SHERMAN COUNTY SHERIFF KEVIN L. BUTTS

FILL IT IN.
WRITE IT IN.
Vote Nov. 6!



Kevin Butts

- ★ 18 years as a Law Enforcement Officer
- ★ 8 years as Sherman County Sheriff and jail administrator
- ★ Goes above and beyond the call of duty protecting citizens of Sherman County
- ★ Saved taxpayers nearly \$600,000 while in office
- ★ Recipient of the K.A.C.P. Gold Award (highest award given to living Law Enforcement Officer)

As your Sheriff, I pledge to continue my fight against drugs to ensure Sherman County is a safe place to live and raise a family.

LEADERSHIP & EXPERIENCE MATTER!

- "As a law enforcement official, I have greatly appreciated Kevin as Sheriff for his assistance and cooperation between his department and the Kansas Highway Patrol. Now, as a retiree, I greatly appreciate the way he manages taxpayer's money and always stays within his budget." -Kevin Winston, former Lt. Kansas Highway Patrol
- I appreciated the experienced staff that Sheriff Butts and the Sherman County Sheriff's Department offered after the vehicle accident and loss of my husband on Sept. 21, 2010. The knowledge, consideration and communication that was provided by Sheriff Butts and the entire Sheriff's Department during the year long trial was appreciated by my family. -Gennifer House, Sherman County resident
- As one of the founding members of Goodland Area Crime Stoppers and a retired US Army Warrant Officer, I have always been impressed with Sheriff Kevin Butts' professionalism, integrity and compassion. Join me in writing Kevin in as Sherman County Sheriff. -Bill Hartzler

Paid for by the committee to Re-Elect Kevin Butts, Sabrina Erhart, Treasurer.

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