

## weather report



**80°**

10:30 a.m.  
Monday

### Today

• Sunset, 7:57 p.m.

### Saturday

• Sunrise, 5:49 a.m.

• Sunset, 7:56 p.m.

### Midday Conditions

• Soil temperature 73 degrees

• Humidity 49 percent

• Sky mostly sunny

• Winds south 15 - 20 mph

• Barometer 30.13 inches

and falling

• Record High today 108° (1938)

• Record Low today 50° (1927)

### Last 24 Hours\*

High Wednesday 93°

Low Wednesday 63°

Precipitation trace

Last month 0.45

Year to date 7.85

Below normal 5.35 inches

### The Topside Forecast

Today: Partly cloudy with a 20 percent chance of rain, a high of 91, winds out of the west at 5 to 10 mph, and a low of 68. Saturday: Partly cloudy with a high of 88, with a 40% chance of rain, winds out of the southeast 10-15 mph and a low of 63, with a 70% chance of rain.

### Extended Forecast

Sunday: Partly cloudy, high of 79 and a low of 64 with fog. Monday: Overcast with 20% chance of rain, high of 88. Low of 61 with a 60% chance of rain.

(National Weather Service)

Get 24-hour weather info. at 162.400 MHz.



## Free fair events start with cats and clothes

Ella Ihrig (left) showed off her clothing buymanship skills at the Style Revue Tuesday night presented by the Country Clover 4-H Club. 16 4-Hers showed off clothing at the revue. Garrett Nemechek served as master of ceremonies. The National Anthem was performed by Dan and Dani Mangus. Earlier in the day, the 4-Hers went before judges at the United Methodist Church. Also happening in the run up to fair week was 4-H cat judging. One of the entrants was Linnea Gattshall (above) and her cat Wink. Gattshall is in the Clover Buds, for those who are not quite old enough for 4-H.

Photos by Pat Schiefen and Kevin Bottrell  
The Goodland Star-News



## Predictions of heat, rain for fair week

The National Weather Service is predicting high temperatures in the 80s and 90s for next week, but there is plenty of chances for thunderstorms.

The Northwest Kansas District Free Fair officially gets under way with Saturday's parade at 5 p.m. The service is predicting a 40 percent chance of showers after noon and a 50 percent chance in the evening. Scattered thunderstorms, possibly even severe thunderstorms, may develop along a cold front. These could include damaging winds and hail.

There will be a slight chance of thunderstorms each day through Wednesday.

## Winners named in contest

The votes have been collected for the Goodland Star-News Back To School Coloring Contest. Tori Ann Jones won in the kindergarten and first grade category. Briella Rubio won in the second and third grade category and Caleb Dechant won in the fourth and fifth grade category.

The winners receive a prize basket with items donated by local businesses.

Prizes for the contest were donated by the following businesses: from Goodland, The Goodland Star-News, McDonald's, Goodland Churches Thrift Shop, Hair By Sara, On the Bricks Cafe, Beauty for Life, A Head of the Times, Amazing Hair

See CONTEST, Page 0

## local markets



### 10:30 a.m.

Wheat — \$6.89 bushel

Posted county price — \$7.75

Corn — \$6.14 bushel

Posted county price — \$7.00

Milo — \$5.43 bushel

Soybeans — \$12.00 bushel

Posted county price — \$15.14

Millet — call

Sunflowers

Oil current crop — \$21.85 cwt.

Confection — no bid

Pinto beans — \$28 (new crop)

(Markets by Scoular Grain, Sun Opta, Frontier Ag and 21st Century Bean.

These may not be closing figures.)

## inside today

More local news, views from your Goodland Star-News



## Sports photo wins award

Star-News Editor Kevin Bottrell has won third place in a National Newspaper Association contest.

See Page 10

## Screening unit to be at the fair

The Goodland Lions Club and the Kansas Lions Sight Foundation are bringing the Mobile Screening Unit to Goodland. The Goodland Lions Club would like to invite everyone to come and join us for your Health Screening, free to the public.

There are three separate screenings available at this time on the Mobile Screening Unit: eye acuity, hearing and field of vision. This includes a vision screener for children six months through pre-school age and older. The screener detects serious eye diseases and

problems that can be treated by ophthalmologists.

An estimated 5 to 10 percent of children experience serious vision problems, while only 14 percent of children ages six and under actually see an eye doctor for testing.

It only takes a few minutes to have all of the screenings done. All screening tests are done by local volunteers, with the aide of Dr. Ryan Newman, O.D., so come on out and see your

See SCREENING, Page 5

## Arts Association shows coming

Western Plains Arts Association is gearing up for its upcoming 44th season. There is still time to become a member. The association brings a variety of entertainment to the northwest Kansas area.

Their shows vary from jazz, bluegrass, gospel, classical, pop, country and western music to programs of illusion theatre, dance, comedy and storytelling.

The Goldwing Express will give an ex-

citizing show of bluegrass, gospel and country music at 2 p.m. on Sunday, Sept. 29, at the Goodland High School auditorium. The Wichita Children's Theatre will perform "Goldilocks" at the Goodland schools either on Monday or Tuesday, Oct. 14 or 15.

The first program of the year will be by the Pan Jumbies at the Colby High School

See SHOWS, Page 5

## New fire, ambulance station has storied past

By Kevin Bottrell

kbottrell@nwkansas.com

As a new chapter begins for the Wolak Emergency Services Building, it's a good time to reflect on the storied history of the building with the help of the Sherman County Historical Society, old issues of the Goodland Daily News and The Goodland Star-News. There will be an open house for the building from noon to 3 p.m. Saturday

with a ribbon cutting at 2 p.m. The building was named after Goodland Public Works Director Edward J. Wolak, who died at age 48 on Nov. 29, 2003. Wolak was a life-long Goodland resident and had worked for the city for 28 years. He was born here in 1955, the son of Janie (Mawek) and Stanley J. Wolak. He graduated from Goodland High School in 1974. In 1976 he married Kathy Racette in Grinnell.

At the time of his death, then-city manager Ron Pickman said, "He was a valuable member of the staff and an exemplary employee, the kind every boss begs to have. You wish you could have a 100 like him and feel lucky you got one."

He was survived by his wife; two sons, Lukas and Shandon; two daughters, Janelle and Andrea; his father; two

sisters, Beverly Wolak and Helen Wood; and a brother, Steve Wolak.

Wolak had been instrumental in getting the building renovated for the Aircraft Seal and Gasket Corp., a California company that was setting up an airplane parts factory. About a week after his death, the city commission voted unanimously to dedicate the building in his memory.

There have been a lot of different buildings and businesses on the site of the present-day Wolak Building, the first being the Old Opera House, built in 1888 and burned down in 1936. During the 1920s, the opera house building along with several others on the block housed garages, radiator shops and grocery stores.

In 1942, Ed's Produce — owned by Ed Lathrop — was at 207 West 10th. In 1946, the Gold Coin Creamery moved in on West 10th next to the Rowe Blacksmith Shop. A 1948 directory listed McClung's Repair Shop at 211 West 10th.

The modern Wolak Building began life as an IGA supermarket in 1969, going by several names including Gene's IGA and Mosburg's IGA. The supermarket closed in 1998 and the building stood empty.



Firefighters worked to put out the blaze in 1999 (above) at what would later become the Wolak Building. In May of 2013, Fire Chief Brian James (right) showed the city and county commissions the improvements made as it was being prepared for its new life as the Emergency Services Building.

Photos by Tom Betz  
The Goodland Star-News

On April 30, 1999, a devastating fire swept through the

See PAST, Page 5



genesis and salvation army

Genesis and Salvation Army are available year round to help those in need. Call (785) 890-2299 to speak to a volunteer.

activities

Tours of the 1907 Victorian House at 202 W. 13th are from 1 to 5 p.m. Wednesday through Monday. Closed on Tuesday.

The High Plains Museum, 1717 Cherry Ave., is open from 9 a.m. to 5 p.m. Monday, Wednesday through Saturday and from 1 to 5 p.m. Sunday. Closed Tuesdays.

The Carnegie Arts Center is open from 10 a.m. to 5 p.m. Tuesday through Saturday, 1 to 4 p.m. on Sunday and 1 to 6 p.m. on Monday at 120 W. 12th. The center is always in need of hosts and hostesses on Sundays. New monthly exhibits and you are invited to visit the gift shop.

The Goodland Public Library is open from 10 a.m. to 7 p.m. Monday through Thursday and from 10 a.m. to 5 p.m. Friday and Saturday. For information call (785) 899-5461 or stop by the library.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

The Good Sam Family Support Council meets at 7 p.m. the second Thursday of every month at the Goodland Elks Lodge. Meetings are open to all interested people. For information call 890-3117 or 890-5936.

Breast Cancer Support Group meets at 5:30 p.m. the second Monday of the month. Any woman with cancer is welcome. Call Norma at 890-6629 for more information.

The Goodland Activities Center has the daily activities. For information call 890-7242. Memberships options for everyone including day passes for \$5. Visit goodlandgac.com or stop by 808 Main. The hours are 5:30 a.m. to 8 p.m. on Monday through Thursday, Friday 5:30 a.m. to 6 p.m., Saturday 10 a.m. to 6 p.m. and Sunday 1 to 5 p.m. Aerobics are at 5:30 a.m. on Monday and Wednesday. Insanity class meets at 10:30 a.m. on Monday, Tuesday, Wednesday, Thursday, Friday and Saturday. Taekwondo with Wayne Luckert call for times and dates.

Weight Watchers meets at 5:30 p.m. for weigh in and 6 p.m. for the meeting every Tuesday at the Harvest Evangelical Free Church, 521 E. Hwy. 24. For information call (785) 890-6423.

Goodland Alcoholics Anonymous, 1013 Center. If you drink alcohol, that's your business. If you want to stop, we can help. Call 821-3826 or 728-7491.

Goodland Al-Anon Family

the calendar

calendar

A Back to School Immunization Clinic will be held from 8 a.m. to noon and 1 to 4:30 p.m. on Tuesday at the Sherman County Health Department, 1622 Broadway. For information call 890-4888.

The Goodland Farmers Market is open Saturdays from 8 a.m. to 11 a.m. at Chambers Park. Selling are baked goods and fresh garden vegetables.

Commodity Distribution for Sherman County residents will be at 1:30 p.m. on Monday, Aug. 19, at First Christian Church, 8th and Arcade. Foods will include carrots, orange juice, peaches, potato flakes, apricot halves, beef stew, vegetable soup, fruit and nut mix and diced tomatoes. For information call Genesis (785) 890-2299.

Group meets at 6 p.m. on Fridays at First Christian Church, 711 Arcade. For information call Alice or Marilyn at 890-5914 or 821-2862.

The "Freedom Today" group of Narcotics Anonymous meets at 8 p.m. Tuesdays, 8 p.m. Fridays and 8 p.m. on Sundays at 1013 Center. Call 890-8369.

Bird City Alcoholics Anonymous group meets at 6:30 p.m. (Mountain Time) on Fridays at the Senior Center on 4th Street. Narcotics Anonymous meets at 6:30 (Mountain Time) on Tuesdays at the Senior Center. Call (785) 734-2734 for more information.

Stratton "AA by the Book" Alcoholics Anonymous group meets at 7 p.m. Thursdays for a beginners open meeting. Filies and young people welcome. Call (719) 348-5398 for men and (719) 346-8553 for women. On U.S. Highway 24 go to Statton and it is the second house on the left, 513 Iola Street.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from 6:30 to 8:30 p.m. the third Wednesday of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

thrif store

The Goodland Churches Thrift Shop, 1002 Main, is open from 10 a.m. to 5 p.m. on Monday through Friday. Donations welcome. For information call 890-2007.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. to noon and 1 to 5 p.m. Monday through Friday.

Prairie Land Food sign up will be until Monday, Aug. 12. Distribution is 1 to 2 p.m. Saturday, Aug. 24. at Cat's TnT, 1018 Main, or at the Bernadine Johnson residence, located at 704 Walnut. For information call 899-2338, 821-1275, 890-2287, 821-1827 or 899-4278 or order online at www.prairielandfood.com. The Prairie Pak will have sweet Italian sausage, lean fully cooked turkey cutlets, ground beef, breaded chicken chunks, meat balls, seasonal fresh fruits and vegetables. The specials are turkey pot roast; labor day griller with sirloins, pork chops, ground beef and chicken breast fillets; boneless pork chops; and sirloin steaks.

Community dances will be held from on Fridays, Aug. 9 and Aug. 23 at Knights of Columbus Hall, 8th and Caldwell, Goodland.

Admission is \$5. Will be alcohol free, family fun environment. Water and soda will be available with some finger foods. For information call (890) 2688.

senior menu

Today: Beef stew, cottage cheese with fruit, crackers and cinnamon roll. Monday: Ground beef stroganoff, green beans, Mandarin oranges, noodles and no bake cookie. Tuesday: Baked ham, candied sweet potatoes, corn, bread and watermelon. Wednesday: Chicken and rice casserole, peas, beets, bread and strawberries and bananas. Thursday: Pasta, beef and tomato casserole, three bean salad, pineapple, bread and pudding. Friday: Baked fish, macaroni and cheese, Italian blend vegetables, bread and gelatin with fruit.

program is targeted to families who meet certain economic guidelines and provides hearing, vision, dental and educational screenings. Nutritious meals are served, and parents are encouraged to get involved in their children's education. For information call 890-2552.

crimestoppers

If you have information about any crime, call the Goodland Area Crime Stoppers "Look Line" at 899-5665. Your call will be confidential and you will not be asked your name. If the information results in the arrest and/or conviction of those involved, you could be eligible for a reward of up to \$1,000. Goodland Area Crime Stoppers is a nonprofit organization formed by citizens against crime.

The police department can also be called at 890-4570.

family shelter

The Northwest Kansas Domestic and Sexual Violence Services provides help day or night to victims of domestic violence and sexual assault. For information or help, call (800) 794-4624. In the Colby area, call (785) 443-1130.

animal shelter

Lost a pet? Call 890-4575 or go to www.petfinder.com and be sure to enter the Goodland zip code 67735. You can also call the Goodland Police Department at 890-4570 or Northwest Kansas Animal Shelter at 899-4398. Interested in adopting a pet? Call the animal shelter or go to the website www.nwkasgoodland.webs.com.

Blood pressures; infants', children's and adults' immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar and hemoglobin; and family planning available by appointment. Sharps containers are available for a fee. WIC program available. Call 890-4888 or go to www.sherman.kansas.com.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 890-4888.

hospital volunteers

Gift shop hours are 9 a.m. to noon and 1 to 4 p.m.; a.m. and p.m. volunteers are in the gift shop.

early head start

Early Head Start is a state funded program for income eligible families with prenatal mothers and children up to age three. Families participate in a variety of educational activities and receive free medical and dental care.

Services include special needs of children with disabilities. If you have a family member with a special problem, such as drug or alcohol abuse, job loss or other family crisis, your family can qualify. Call 785-672-3125, ext. 187.

preschool

Sherman County Head Start is a free preschool for eligible 3 and 4 year olds. The federally funded

Goodland teen wins money for education

Kinsey Volk, 14 year old Goodland student, has received a \$1,000 scholarship toward her future higher education. She is one of 200 winners in the Kohl Cares Scholarship Program.

Volk was chosen from more than 35,000 nominees nationwide for making a positive impact in her community.

When Volk learned that 18,000 children die each day due to hunger, she and several of her friends decided they wanted to do something about it. She helped raise more than \$27,000 and arrange for 700 volunteers to pack 125,000 meals for the organization Feed My Starving Children.

Scholarship winners are chosen based on initiative, leadership, generosity, project benefits and outcome. Each regional winner qualifies for one of 10 Kohl national scholarships. National winners will each receive a total of \$10,000 in scholarships and Kohl's will donate



Kinsey Volk

\$1,000 to a nonprofit organization on each national winner's behalf.

Kohl Department Stores has been giving the scholarships since 2001.

K-State researchers say inflammation can be beneficial

Inflammation. The word typically has a negative connotation. Arthritis – infection – numerous maladies come to mind.

But a Kansas State University researcher found that inflammation that occurs naturally in dairy cows the first few days after giving birth may play a surprisingly beneficial role in the complex process of going from late pregnancy to lactation.

"We know that during the first several days after giving birth and going into the lactating phase, dairy cows naturally experience some degree of inflammation," said Barry Bradford, associate professor in Kansas State's Department of Animal Sciences and Industry. "We also know that many disorders, including metabolic diseases such as ketosis and fatty liver, occur during this time of transition."

He, along with a team of researchers from Kansas State, Iowa State University and Michigan State University, wondered if inflammation actually causes the metabolic problems.

Thinking that reducing inflammation during this period might be beneficial for the cow's transition from gestation to lactation, plus limit metabolic disease, Bradford and the team conducted a study. The objective was to determine if using an anti-inflammatory drug for the first seven days of lactation would prevent liver fat accumulation, improve the supply of glucose for lactation, and limit metabolic disease in dairy cows entering lactation. Sodium salicylate was delivered to the animals in a controlled way to their drinking water.

The team did not get the result they expected.

"Our findings suggest that mild inflammation may be a necessary part of a cow's adaptation to lactation," Bradford said.

Among the significant findings, the research showed that rather than preventing fatty liver by blocking the inflammation, liver fat content was actually increased in the first week of lactation. Similarly,

anti-inflammatory treatment led to a dramatic drop in plasma glucose concentration in mature cows. Both of these responses are often associated with metabolic disease in early lactation cows.

"The study improved our understanding of the re-prioritization process by suggesting that inflammatory pathways promote a temporary state of insulin resistance in dairy cows, resulting in conservation of glucose for use by the mammary gland," Bradford said.

The results of the study, which was funded by the U.S. Department of Agriculture's National Institute of Food and Agriculture, indicate that inflammation-induced insulin resistance is in some cases an adaptive, rather than pathological, phenomenon. It may help clarify why the links between inflammation and metabolism have survived the evolution process, he said.

And it's not just cattle that experience the shift in demands on the body: "Many species experience these dramatic shifts," Bradford said. "The role of inflammation in this process has not been studied very much. We are missing some information about why our bodies are wired the way they are – even after evolutionary refinement of the immune system, there seems to be a role for inflammation in metabolic function."

The research team's findings have been published by the 'American Journal of Physiology,' at: ajpregu.physiology.org/content/early/2013/05/08/ajpregu.00152.2013.abstract.

"Our findings suggest that we want some degree of inflammation at this time because it helps the animal shift gears," Bradford said. "Rather than thinking of mild inflammation as a disease-inducing factor, we think there may be times during life where some inflammation is advantageous or necessary."

The research team plans to delve into the topic further and is seeking funding to find evidence of the phenomenon in other species.

matters of record

BANKRUPTCY

Cases filed in the U.S. District Bankruptcy Court, 167 United States Courthouse, 401 N. Market Street, Wichita. Definitions: Chapter 7, liquidation, business or personal; Chapter 11, business reorganization; Chapter 12, farmer reorganization; Chapter 13, personal reorganization. Dba: doing business as; aka: also known as.

Goodland

Bowling, Jacqueline A., aka Jackie Bowling, liabilities \$30,209, assets \$11,540.

DEEDS

The following real estate transactions have been reported by the Sherman County register of deeds.

Sheriff's Deed: Sherman County Sheriff awards judgement to The Bank of New York Mellon Trust Company, on property of Gladys E. Leonard; Paul J. Leonard, located in Lots 20 and 21, Block 36, First Addition to City of Goodland, AKA 539 W. 13th.

Ida Fern Heckman conveys and warrants to Brent A. Cook and Debra G. Cook, a tract of land in W/2 of NW/4 of Sec. 31, T8S, R39W.

Matthew L. Hartwell and Janel E. Hartwell convey and warrant to Stuart Richard Schmidt and Mary Kathryn Schmidt, a tract of land

in SW/4 and NW/4 of Sec. 1, T6S, R37W.

Tad A. Delsing and Leah Delsing convey and warrant to Adam Martin Elliott, Lots 11, 12 and 13, Block 3, CK&N Addition to City of Goodland.

Milton Robert Haddock and Deborah C. Haddock to Michael L. Sorenson and Virginia Ruth Sorenson, the W/2 of Lots 1 and 2, Block 23, Beahm's Addition to City of Goodland.

Angelita S. Silva quit claims to Angelita S. Silva, Sandra D. Silva, and Jose A. Gonzales, all of Lots 1, 2, 3 and 4, Block 33, Harstine's Second Addition, formerly Block 33, Rules First Addition to Kanorado.

Kent Kevin Kosmatka and Delora Jean Kosmatka quit claim to Kent Kevin Kosmatka and Delora Jean Kosmatka, trustees and any successor trustees of The Kent and Delora Kosmatka Living Trust dated 5/30/2013, Lot 8 and S20' of Lot 9, Block 3, Rosewood Addition to City of Goodland.

Arthur W. Skaer II conveys and warrants to Schulte Bros. Farmland, LLC, the SW/4 of Sec. 30, T7S, R41W, containing 153.8 acres

MOL.

Richard E. Skaer conveys and warrants to Schulte Bros. Farmland, LLC, the SW/4 of Sec. 30, T7S, R41W containing 153.8 acres MOL.

Dean A. Skaer, trustee of the Dean A. Skaer Revocable Trust dated 6/20/2003, to Schulte Bros. Farmland, LLC, the SW/4 of Sec. 30, T7S, R41W containing 153.80 acres MOL.

Heather Goodwin to Levi Garren Coon, the N40' of Lot 8, and S20' of Lot 9, Block 37, Academy Addition to City of Goodland.

Sherry M. Donahey and Daryl L. Donahey convey and warrant to Daryl L. Donahey and Sherry M. Donahey, Trustees of the Daryl L. Donahey and Sherry M. Donahey Trust dated 7/25/2012, the NW/4 of Sec. 28, T6S, R37W; NW/4 of Sec. 4, T6S, R37w; NE/4 of Sec. 9, T6S, R37W.

James J. Scharnikow and Janet I. Scharnikow convey and warrant to Rodney M. Leichter and Lisa Leichter, all of Lots 8 and 9, Block

14, CK&N Addition to Town of Goodland.

Glaude Graybill conveys and warrants to Arnold L. Graybill and Lori K. Graybill, the SE/4 of Sec. 2, T6S, R42W.

Stacy Petrik conveys and warrants to Peggy Lawrence Gardine, the S/2 of Lot 5, 6 and 7, Block 90, Original Town of Goodland.

Jack E. Eklund and Marilyn K. Eklund, cotrustees of the Jack E. Eklund Revocable Trust dated 4/30/2001, and Marilyn K. Eklund and Jack E. Klund, cotrustees of the Marilyn K. Eklund Revocable Trust dated 4/30/2001, to 3B LLC, Lots 17, 18, 19, 20, 21, 22, 23 and 24, Block 18, CK&N Addition to City of Goodland.

Jack E. Eklund and Marilyn K. Eklund, cotrustees of the Jack E. Eklund Revocable Trust dated 4/30/2001, to 3B LLC, Lots 15 and 16, Block 18, CK&N Addition to City of Goodland.

**Grown Ups 2 (PG-13) starts August 9!**  
**August 2-8**  
**The Heat (R)**  
 Pervasive language; strong crude content; some violence.  
 www.goodlandnet.com/movies

**HomeLand HoeDown**  
 Customer Appreciation Night  
**Friday - August 9th, 2013**  
 Meal will be served from 6:00 - 7:30 p.m.  
 Festivities will take place at 200 N. Franklin Ave.-Colby  
 Join us for hamburgers/hotdogs and all the fixens.  
 Live entertainment, door prizes and a good time!

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## Building a labyrinth



The First Christian Church, 811 Arcade, is in the process of building a labyrinth north of the main building. They started construction on the project on Wednesday. After the concrete is poured a seven circuit labyrinth will be painted on it. Highway paint will be used and then it will be sealed.

Labyrinths are used by Christians as a meditation tool. Once finished, said Pastor Carol Jolly, the community is invited to use it.  
Photo by Kevin Bottrell/The Goodland Star-News

# Hays radio station has small-town roots

By Ron Wilson

*Director  
Huck Boyd National Institute  
for Rural Development  
at Kansas State University*

"We have songs old and new, bright and blue. Here's a song just for you." Does that sound like something an old-time disc jockey would say on the radio? Today we'll meet a man who began as a disc jockey but who had the vision and hard work to develop a successful communications enterprise.

Bob Schmidt is chairman and retired president and CEO of Eagle Communications in Hays. Bob has small-town roots, having grown up at the rural community of La Crosse, population 1,346 people. Now, that's rural.

Bob went to college at Fort Hays State. While a student, he got a job on a new local radio station, KAYS, as a play-by-play announcer in 1949.

"I didn't want to be a manager or a sales-

man," Bob said. "I wanted to be a disc jockey, to spin the records and call the ballgames." Yes, on-air broadcasting is fun. Bob worked at perfecting his craft.

After graduation, he did become a manager for KAYS. He partnered with visionary entrepreneur Ross Beach to expand the business. In 1958, Bob was promoted to CEO of what is now known as Eagle Communications.

During the next 40 years, Eagle Communications of Hays would become a leader in the broadcast and telecommunications industry. "We built or purchased 20 radio stations, four television stations and 12 cable systems in Kansas, Nebraska, Missouri and Texas," Bob said. He eventually acquired the business from Ross Beach.

Bob Schmidt gave lots of leadership and expanded this communications business in a time of remarkable change. He saw a time when radio was declared dead, and then he saw its resurgence. He saw changes in the

regulatory environment with less government interference from the FCC. He saw the growth of television and then the Internet.

"I'd like to say I envisioned all this, but I can't," Bob said. "When you were in radio, you didn't want to embrace television. It was a competitor, and the same for TV versus cable. But I had a partner who encouraged me. Perhaps I had a knack for looking for the opportunities that were just around the corner."

Today, Eagle owns and operates 28 radio stations in Kansas, Missouri, and Nebraska and 30 cable systems in Kansas and Colorado.

In 1998, Bob Schmidt retired as president and CEO and began transferring ownership of the company to his faithful employees through an employee stock ownership plan. He remains chairman of Eagle Communications.

"That means I work for the employees," he said. Bob also provides management of

his 6,000 acre ranch northeast of Hays.

This remarkable individual is 86 years young. "I've been married for 64 years and in broadcasting for 65 years," he said. "It's been a very rewarding life." His personal foundation supports many worthy causes in Hays and other communities, including scholarships and support for students.

One year while chairman of the CBS TV affiliate group, Bob was at a meeting in California and went to the set of hit TV show WKRP in Cincinnati. "You're Bob Schmidt, aren't you?" someone said. "I heard you give a talk at Kansas State." It was none other than the star of the show, Gordon Jump, who had heard him speak back in Kansas.

"Communication is the bond that holds communities together, something that Bob Schmidt has always keenly understood," said Steve Smethers, associate director of the A.Q. Miller School of Journalism and Mass Communications at Kansas State.

"Through his pioneering leadership in developing radio, television, cable TV, telephone and internet services, Bob has provided communication channels that have kept information and interpersonal communications flowing for thousands of people in the rural Midwestern states."

"We have songs old and new, bright and blue. Here's a song just for you." Yes, that's a phrase like Bob Schmidt might have used when he was a disc jockey playing vinyl records on an old turntable. That personal touch to his customers has helped build this remarkable communications business. We commend Bob Schmidt for making a difference with visionary communication.

And that's not all. We'll learn more about this company's innovative ownership model next week in Kansas Profile.

## Communication skills can help relationships grow

With June, the nation's most popular month for weddings behind us, a couples' communications expert has some commonsense advice for newly marrieds and others who want to strengthen their relationship and make the most of their life together.

While couples usually thrive on excitement and anticipation during courtship and dating, many are unprepared for the stress generated by a wedding, said Charlotte Shoup Olsen, a Kansas State Research and Extension family systems specialist.

The unexpected stress can threaten the relationship, said Olsen, who encourages newly married couples and others who value their relationships to "make time for each other to grow and nurture their relationship."

In advising couples to reserve time for their relationship each day, Olsen suggested using the time to talk about events of their day to continue learning about each other and grow the relationship.

According to Olsen, nurturing their relationship can be the best gift a couple can give to themselves

— and their family.

Olsen's recommendations include:

- Practice listening skills. Allow the other person to finish what he or she is saying, without jumping in — or jumping to a conclusion.
- Consider your response before speaking, rather than blurting out the first thing that comes to mind.
- Be aware of non-verbals that can carry more weight than words. Looking away when a spouse or partner is talking to you or walking out of a room in the middle of a conversation are examples.
- Need to address a touchy topic? Set a time and place to discuss it, and opt for a "soft start," using "I" rather than "You" messages that suggest blame. Calmly saying: "Having to clean up the dirty dishes from everybody's snacking will delay dinner" rather than an angry: "You left a mess in the kitchen!" is more likely to bring cooperation.

More information on managing marriage and family relationships successfully is available at Kansas State Research and Extension offices.

## Internship deadline extended

The deadline for college juniors, seniors, graduate and law students to apply for the Kansas Governor's Internship Program has been extended. Students have until Friday, Aug. 30, to submit their applications for the fall internship program.

Internship specialization opportunities in the governor's office include positions in appointments, communications, constituent services, legal, lieutenant governor, First Lady, budget and policy as well as the Hispanic and Latino Affairs Commission, the African American Affairs Commission, Kansas Commission on Disability Concerns, the Governor's Grant Program, and the Native American Affairs Commission.

Each cabinet-level agency also offers opportunities for interns,

including: Labor, Commerce, Revenue, Transportation, Agriculture, Adjutant General, Aging and Disability Services, Highway Patrol, Administration, Securities Commission, Corrections, Juvenile Justice Authority, Children and Families, Wildlife, Parks and Tourism, Health and Environment and the Kansas Department of Education.

The fall internship program runs from September to December, and students are expected to work at least 16 hours per week. Some internships may be paid. All interested students must submit an internship application from the governor's website, along with a current resume, signed consent form, two letters of recommendation, a statement of interest and an optional writing sample.

Completed applications are due by Friday, Aug. 30; applications received after this date will be reviewed on a case-by-case basis. Information about the internship program can be found at [governor.ks.gov/serving-kansans/governor's-office-internship-program](http://governor.ks.gov/serving-kansans/governor's-office-internship-program).

### corrections

The Goodland Star-News will correct any mistake or misunderstanding in a news story. Please call our office at (785) 899-2338 to report errors. We believe that news should be fair and factual. We want to keep an accurate record and appreciate you calling to our attention any failure to live up to this standard.

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The City of Goodland will receive sealed bids for the **GOODLAND BUSINESS PARK INDUSTRIAL STREET IMPROVEMENTS** at City Hall, 204 W. 11th, P.O. Box 59, Goodland, KS 67735, until 10:00 a.m. MDT Thursday, August 29, 2013. Bids received after this time will not be accepted. Bids will be opened and read aloud immediately after the specified closing time.

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*Funding:* This project is funded jointly by the Kansas Department of Transportation and the City of Goodland.

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from our viewpoint...

## Will strategy help or hurt Farm Bill?

You have to hope the House Republicans know what they are doing, splitting the Farm Bill into separate agriculture and welfare legislation.

Farmers have gotten by for years with a sort of unholy alliance of Democrats and Republicans, liberals and conservatives, who came together every few years to pass a farm bill. This year, in the era of polarity, that system has broken down.

In years past, liberals on both sides of the aisle could vote for the farm bill because it contained authorization for Food Stamps, nutrition programs, school lunches and other "agriculture-related" assistance. Conservatives and farm-state legislators — often the same people — got what they wanted for farmers.

And if anyone objected to the "wasteful" spending on the other part of the bill, the deal implied by the big-tent farm bill kept them quiet.

This has been important for farmers, because their numbers and influence have been declining. They still rank among the stronger business lobbying forces because the Farm Bureau and other groups have them well organized. Farmers show up on Capitol Hill in numbers a farm-state senator or representative can't ignore. And nearly every state has its farm vote.

The numbers keep shifting in favor of the cities, however. Even in Kansas, each census brings news that there are fewer of us in rural areas and more of them in cities and suburbs.

And while a strong farm sector is in most everyone's best interest, a lot of people don't know that. Most Americans today have never seen where their food comes from and really don't have much idea who grows it. They think bread comes from Sarah Lee and steak from Omaha, hamburger from McDonalds and cotton from Walmart.

Perhaps splitting the farm bill will allow all the programs to be judged on their own merits. The conservative House Republicans will certainly want to chop heck out of the every-burgeoning food-stamp program.

But many city liberals have their sights on farm subsidies. They will be waiting in the Senate, where the Democrats are in charge and the rules are different.

In the end, the two houses will have to compromise both bills, and perhaps the grand alliance can be put back together.

Farmers can hope and work for some kind of deal that keeps the most important programs going, particularly crop insurance and emergency relief. Liberals will vote for "environmental" parts of the bill, but programs like direct payments will be on the line for elimination or limitations.

And increasingly, farm groups may have to choose the parts of bill they need or most.

This may not be what we want to see, but it looks like the future. Here's hoping the House strategy helps — and not hurts. — Steve Haynes

### Letter Policy

The Goodland Star-News encourages and welcomes letters from readers. Letters should be typewritten, and must include a telephone number and a signature. Unsigned letters will not be published. Form letters and letters deemed to be of no public interest or considered offensive will be rejected. We reserve the right to edit letters for length and good taste. We encourage letters, with address and phone numbers, by e-mail

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## Valuable info at open meeting seminar

Last week I and several other publishers and reporters from our company attended an open meetings seminar in Colby.

This meeting was put on by the Kansas Attorney General's office, one of several conducted around Kansas with the idea of familiarizing public employees, elected officials and journalists with the Kansas Open Meetings Act and the Kansas Open Records Act. Attorney General Derek Schmidt himself even stopped by, although once he had fired off a joke about the Royal Baby and a birthday wish for Bob Dole, he headed out.

The seminar was chaired by Assistant Attorney General Lisa Mendoza and had a panel which included Doug Anstaett, executive director of the Kansas Press Association; Richard Boeckman, county administrator and counselor for Barton County, Sharon Friedlander, publisher of the Colby Free Press; and Ron Keefover, who serves as the Freedom of Information officer for the Kansas Judicial Branch and is the president of the Kansas Sunshine Coalition for Open Government.

It was a very informative seminar and I was surprised by a few things I heard. KOMA and KORA, like the Health Insurance Portability and Accountability Act, they are often misinterpreted by the very people who are supposed to enforce it or those who are supposed to be watchdogs, or in other words, people like me.

For example, I had assumed that public bodies, such as city or county commissions, were required to post some kind of notice in view of the public when there is a meeting coming up, such as a note on a website or a notice posted in the courthouse. Come to find out, this is not the case.

What the law says is notice must be given to people who request it, either verbally or in writing. Anyone can request to be notified, however.

My confusion stems from Colorado and Wyoming "Sunshine Laws" as these things are known. Each state's laws differ slightly. In Colorado, public bodies are required to post "in a designated public place within the boundaries of the local public body no less than twenty-four hours prior to the holding of the meeting."

Another surprise is that public bodies are not required to hold executive sessions. An executive session is closed to the public, and although bodies are not required to hold them, they are permitted to do so for a few very spe-



### kevin bottrell

• simple tricks and nonsense

cific reasons, such as discussing non-elected personnel issues, discussing real estate acquisition, or discussions that fall under attorney-client privilege.

I had assumed that public bodies were required to go to a closed-door session for these things, but apparently it isn't mandatory. However, when I was speaking to Mendoza after the meeting, she confirmed that even though the Open Meetings Act does not require them to discuss these things in private, they may get in trouble under other statutes if they don't.

Another thing I did not know about executive sessions is that when a school board discusses an individual student, say for disciplinary reasons, they are allowed to go into executive session. However, the parent (or legal guardian) can require them to have the discussion in open session. One of our panelists said they knew of school boards that had just let the issue drop rather than discuss it in public.

Elected officials are also free to talk about anything that was discussed in an executive session. It makes sense, after all there would be no judicial gag order in place or anything like that. It also tracks with the presentation that City Manager Doug Gerber always gives to new commissioners on the Open Meetings Act. I was surprised by this fact the first time I sat through the presentation, but it is true. However, Mendoza made the argument that if people talk about what was said behind closed doors, what's the point of closing the door in the first place?

Another little surprise from the seminar is that the state judicial branch does not fall under the Open Meetings Act or the Open Records Act. However, Keefover said the judiciary has taken to following the act voluntarily as a way to keep things open. He said they have taken the stance that any records and proceedings are open unless specifically sealed by a judge.

The second half of the meeting mainly covered the Open Records Act. Mendoza said there are 57 exemptions under which records are considered closed, including some new

ones that were just put in place by the Legislature. These include records of concealed carry license holders or those in training to get one. The records of people who were denied licenses are also closed, however records of people who have had their license suspended are open to the public. I suspect this was done in response to that New England newspaper that printed a map of all registered gun owners last year.

The other new exemption is that law enforcement officers and public attorneys can request their identifying information be removed from searchable public websites. Mendoza said this is less of an issue in small towns, where everyone knows where the cops live already, and it can make it difficult to do a title search when selling a house.

As a journalist, I certainly lean toward the idea of transparency, which is what these laws are all about. However, I do recognize the need to keep some things private. Public employees, for example, should not lose their privacy rights just by being public employees.

The standard is that the people's business should be conducted in the open. This is good for the voters since they are then privy to all the information (or would be if they bothered to go to the meetings). Informed voters make informed votes and comments to their public officials, which helps keep them honest.

There have been many attempts to undermine Sunshine Laws over the years. Sometimes it's unintentional, sometimes it is very intentional. Just this year the Legislature tried to make it so that if a majority of a public body were invited to a social gathering, they could discuss business and make decisions without having to notify anyone or provide public access, the rational being that the social gathering was the primary reason for being there. Thankfully this didn't pass.

This came from an incident where the governor held a social gathering for Republican lawmakers at his residence. During the investigation, minor transgressions were found by the District Attorney's office, and the most troubling thing was that many legislators said they did not have substantial training on the Open Meetings Act. Further proof that all public officials, employees and journalists should make an effort to get to these Open Meetings seminars. Now if only the state health department would hold one on HIPAA.

## Visiting Turkey during Ramadan

It's Ramadan — the Islamic month of fasting. Normally, I would neither know nor care, but this year, I watched and to a small extent participated in the process.

We just spent eight days in Turkey, where most of the population is Islamic. This included our guides and bus drivers, and most of them were observing the month-long fast.

We were especially amazed and in admiration of our group leader Ishmael, who sat and talked to us while we ate and drank our way across the country — and didn't touch so much as a drop of water until sundown each day.

Then there was our guide at the ruins at Ephesus, an ex-army man. He led us around the ruins, explaining and herding a bunch of journalists who kept going off in the wrong direction to take a picture. Under a cloudless sky, the temperature ranging from 99 to 108. He found us every bit of shade in the place. He also was fasting.

Ramadan is something between Lent and Thanksgiving. The rules are tough. You can't eat or drink anything, even water, between first light and sundown.

First light, Ishmael told us, comes at 4:10



### cynthia haynes

• open season

a.m., when you can tell the difference between a black hair and a white one on a man's head. I was up at 4:10 one day, and I'd say that you have to have really good eyesight to distinguish anything at that time of the morning.

Sundown fell about 8:30 each night. We had supper in a family home and ate at several restaurants that had televisions going. As soon as it was sundown, the television showed a muezzin doing the evening call to prayer. That's when everyone dived in.

I have always thought of Ramadan as similar to Lent, only more strict. And in many ways it is. But it's also a lot like Thanksgiving, when families gather and people wish each other a happy holiday.

Each evening, as the muezzin's chant drifts across the city from the minarets of a hundred

mosques, the faithful break their fast. And they usually do this with family and friends in a feast. They stay up eating and talking and then get a little sleep before having an early — and since they can't eat after 4:10 a.m., it's a really early — breakfast.

Ishmael got to eat with us two or three times when we had supper late.

Most of the time, we ate early when the restaurants had little or no business, but you could see the tables were set, the food cooking. People would start to arrive about 8:15 to celebrate the end of their daily fast.

July is sort of a brutal month for a time when you can't drink water during the day. It's hot and the days are long. But Ramadan is a movable feast. It is set by the Islamic lunar calendar and moves through all months of the modern year. This year, it started July 9 and will end Aug. 7.

The people of Turkey were wonderful hosts, and I would love to return again sometime — but sometime when everyone could go out to lunch together.

# New station has storied past

PAST, from Page 1

building, causing heavy flame and smoke damage. The fire was spotted by a police officer and put out by the Goodland Fire Department, who had to shut off a transformer at the back of the building and cut out sections of the back wall and roof to get at the fire.

At the time, former Fire Chief Dean Jensen told the Goodland Daily News "This was a mighty, mighty hot fire and these guys were in a possible life-threatening situation. I have never seen such hard work from a group of guys. I am extremely proud of them."

The fire was investigated by the Kansas Fire Marshal's Office. A preliminary estimate put the damage at \$300,000.

The fire-damaged building continued to stand empty for several years until the city purchased it from Bankwest. Even then the idea was floated to turn it into a fire station and community building, but no definite decisions were made.

The building was eventually renovated for the Aircraft Seal and Gasket Corp., which never got off the ground. After that, the building housed the Adronics/Elrob Manufacturing Corp., which built vehicle antennas for several years before closing down in 2009. After that, the owner of Bella's Market in St. Francis leased the building with the intention of setting up a new supermarket. That deal fell through and the city had to revoke the lease.

In 2012, Sherman County took over the ambulance service from Goodland Regional Medical Center. One of the goals of the county commission was to find a new and better home for the service and perhaps build a new station for the rural fire department at the same time. Many ideas were floated, including using the Wolak building, but the commissioners were deep into planning for a new building - to be built on the west end of Eighth Street - when serious negotiations began for a joint city-county project to turn the Wolak building into an emergency

services building. The building is now open and houses Northwest Kansas Emergency Medical Services, the Goodland Fire Department and the Sherman Rural Fire Department.

Construction began in January of this year under local contractor Miller Construction. The city furnished the building, while the county handled much of the renovation. The west end of the building was closed off to house the ambulance service with a bay large enough for four ambulances - the newest of which arrived just last week - as well as equipment rooms and living quarters for on-duty emergency medical technicians.

The rest of the building houses the fire departments. Included are offices for the fire chief as well as the ambulance director and ambulance billing director. The building also has a training room which pulls triple duty as the county's Emergency Operations Center and a community room that can be rented by the public for events.

# New season of arts shows coming soon

SHOWS, from Page 1

on Sunday, Sept. 15. The Pan Jumbies is a steel drum band that will perform sounds of the Caribbean.

Other programs will include traditional Swedish dances, comedy, illusion, drama, hammered dulcimer music, western music, pop and others.

The membership levels are benefactor \$1,500 or more; sustaining \$740 to \$1,499; patron \$350 to 749; sponsor \$200 to \$349; family \$110; adult \$50 and student \$15. To join contact Eric and Roxie Yonkey at (785) 890-5877 or Curtis Duncan, Goodland board members. Memberships may also be sent with a self-addressed envelope to Pat Ziegelmeier, Executive Director, Colby Community College, 1255 South Range, Colby, Kan. 67701. Tickets may also be purchased online using PayPal or credit card at <http://www.wpaa.us>.

# Screening unit to be at the free fair

SCREENING, from Page 1

friends and neighbors.

This free screening will be held at the Sherman County Fairgrounds, one night only, on Tuesday at 4 p.m. to 8 p.m. We will also collect used hearing aides and eye glasses at this event. The eye glasses that are in good condition will be graded and distributed in other countries.

For further information, please contact Lion Connie Grieve at 890-5957, or Lion Michael Solomon (785) 772-1139.

# Coloring contest winners announced

CONTEST, from Page 1

& Nails, Walmart, The Vault Creamery and Bake Shop, The Sherman Theatre, Doc's-n-Rocks/Mann's/Smitty Sports, Klip n' Kurl Salon, Goodland Activities Center, Taco John's, Westport Grill & Ice-Cream Shop, Olde Westport Spice & Trading CO, Shear Dimensions, Designs Unlimited, Jacque's Hallmark, Right Combination Dance Studio, The Insurance Agency, and from Burlington, Alco.

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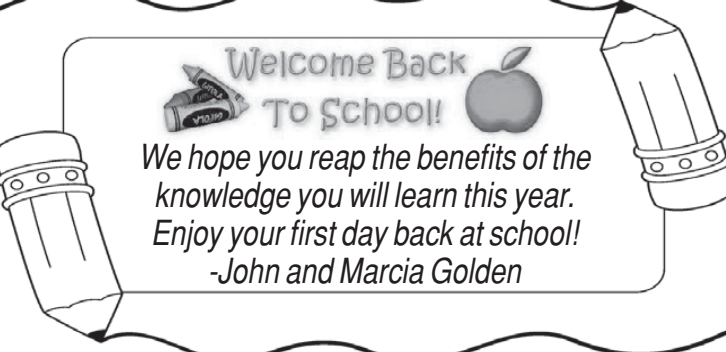
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Welcome Back To School!  
  
 We hope you reap the benefits of the knowledge you will learn this year.  
 Enjoy your first day back at school!  
 -John and Marcia Golden

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**Welcome BACK TO SCHOOL**  
  
**USD 352 Goodland**  
 Classes begin: August 19 1st-9th grade  
 August 20 10th-12th grade • August 21 Kindergarten

**ENROLLMENT:**  
 Enrollment procedures will include: verifying schedules, paying fees/lunches, and confirming transportation. All overdue fees need to be paid at enrollment.  
**Proof of Identity:** State law requires proof of identity be provided to the school for all students new to the district.  
**Late enrollment:** Students unable to report to enrollment as scheduled should contact their school for late enrollment information.

**ALL SCHOOL ENROLLMENT**  
**AUGUST 6TH: 7 A.M. TO 1 P.M.**  
**AUGUST 7TH: 1 P.M. TO 7 P.M.**  
**CENTRAL ELEMENTARY SCHOOL**  
 A parent or guardian must be present. Proof of birth and immunization records are required. Social Security cards are requested for enrollment in Kindergarten. All new students age 8 and under will be required to have a health assessment.

**OPEN HOUSE: Thursday, August 15th:**  
 4:30-6:00 p.m. Central and West Elementary  
 5:00-6:30 p.m. Grant Junior High  
 6:30-8:00 p.m. Goodland High School

**SCHOOL HOURS:**  
 We will have late start Wednesdays in order to accommodate for Professional Learning Communities at Work (PLC's). Teachers will use the designated collaborative time to design, develop, adjust and coordinate effective and specific strategies for our programs and



instruction, specific to the learning needs of students. Our goal is to continually improve upon our ability to educate all students at high levels. The focus will be on teaching, learning, curriculum, assessment, instruction and professional development.

**Class time:**  
 7:30-3:21 High School and Grant Junior High (Mon., Tues., Thurs., Fri.)  
 7:35-3:26 Central Elementary (Mon., Tues., Thurs., Fri.)  
 7:40-3:31 West Elementary (Mon., Tues., Thurs., Fri.)  
**Wednesdays:**  
 7:30-8:05 PLCs for All Teachers  
 8:10-3:21 GHS and Grant JH  
 8:15-3:26 Central Elementary  
 8:20-3:31 West Elementary  
**Breakfast:**  
 7:00-7:25 (Mon., Tues., Thurs., Fri.)  
 7:35-8:00 (Wed.)  
**Transportation:** Buses will run 30 minutes later on Wednesday mornings only.


**SCHOOL NUTRITION PROGRAM:**  
 Applications for free or reduced lunches are available at each school.

	LUNCH	BREAKFAST
K-5:	\$1.85	\$1.10
6-8:	\$1.95	\$1.20
9-12:	\$2.05	\$1.20
Adults:	\$3.15	\$1.95
Extra Milk:	\$0.35	\$0.35
Reduced prices:	\$0.40	\$0.30

**SPECIAL EDUCATION SERVICES:**  
 USD 352 provides a full range of special education services contracted through the Northwest Kansas Educational Service Center. Contact your school principal for information.

**SPORTS PARTICIPATION:**  
 Any high school or junior high school student wishing to participate in fall, winter, or spring sports must have a completed physical examination form signed by both a doctor and his/her parents to participate. The first date of practice for fall sports is August 19th. Practice schedules will be available at enrollment. Visit [www.usd352.org](http://www.usd352.org) for more info.

**TRANSPORTATION:**  
 By state law students who live 2.5 miles or more from school are eligible for transportation. USD 352 provides a shuttle bus between elementary schools and the junior high school. For more information, check with your school at enrollment. Bus Barn (785) 890-3011.



**ASBESTOS ISSUE IN USD 352**  
 Asbestos is an issue USD 352 has been dealing with for several years. The Asbestos Hazard Emergency Response Act of 1986 was enacted by Congress. This Act determines the extent of and develops solutions for any problems schools may have with asbestos. USD 352 has had their facilities inspected by a certified asbestos inspector. The inspector located, sampled and rated the condition and hazard potential of material and lab analysis records were turned over to a certified management planner to develop asbestos management plans. A copy of the asbestos management plan is available for your inspection in USD 352's Administration offices during regular business hours. Kenny Studer is the asbestos coordinator of USD 352. All inquiries regarding the plan should be directed to him. Contact Kenny at (785) 890-2397. USD 352 is implementing the asbestos management plan. It is the District's intent to comply with federal, state and local regulations. USD 352 plans on taking whatever steps are necessary to insure your child and the District's employees have a healthy and safe environment in which to learn and work.

**AUTOMATED CALLING SYSTEM:**  
 USD 352 has an automated calling system for rapid notification purposes. Be sure the school has your current phone number.

**Sherman County Health Department will have a special Walk-in Immunization Clinic: Tuesday, August 6 from 8 a.m. to NOON and 1- 4:30 p.m.**

**IMMUNIZATION REQUIREMENTS:**

- \* Diphtheria, Tetanus, Pertussis (DTaP): five doses required. Four doses acceptable if dose 4 given on or after the 4th birthday. A single dose of Tdap required at grades 7-12 if no previous history of Tdap vaccination regardless of interval since the last Td vaccine.
- \* Poliomyelitis (IPV/OPV): four doses required. Three doses acceptable. One dose required after age 4 regardless of the number of previous doses, with a 6 month minimum interval from the previous dose.
- \* Measles, Mumps, Rubella (MMR): two doses required.
- \* Hepatitis B: three doses required through grade 12.
- \* Varicella (chickenpox): two doses required for K-4 and 7-9 grades; one dose required grades 5-6 and 10-12 unless history of varicella disease documented by a licensed physician. Two doses are currently recommended by the ACIP for all ages.
- \* Haemophilus influenzae type b (Hib): four doses required for children less than age 5 in early childhood programs. Total doses needed for series completion is dependent on the type of vaccine and the age of the child when doses given.
- \* Pneumococcal conjugate (PVC.): four doses required for children less than age 5 in early childhood programs. Total doses needed dependent on the age of the child when doses given.
- \* Hepatitis A: two doses required for children less than age 5 in early childhood programs. The first dose is given at 12-18 months of age, with a 6 month interval between the first and second dose.

**\*\*\*RECOMMENDED IMMUNIZATIONS (NOT REQUIRED FOR SCHOOL ENTRY)**

- \*\*\* Meningococcal (MCV4): one dose recommended at 11 years of age with a booster dose at 16 years.
- \*\*\* Human Papillomavirus (HPV): three doses recommended for males and females at 11 years of age.
- \*\*\* Influenza: yearly vaccinations recommended for all ages 6 months or older.

Detailed school immunization requirements by age group are listed on the 02/01/13 version of the Kansas Certificate of Immunization (KCI).  
[www.kdheks.gov/immunize/download/KCI\\_Form.pdf](http://www.kdheks.gov/immunize/download/KCI_Form.pdf)

**\* 7-12 ALL SPORTS PARENTS MEETING HIGH SCHOOL AUDITORIUM AUGUST 15: time to be announced**

# Consumers need to be aware of food safety

Most consumers are aware of food recalls involving meat and poultry, as well as alerts in recent years concerning spinach – and cantaloupe.

Meat and poultry juices make them attractive as hosts for foodborne pathogens, said Angela Fraser, a food safety specialist and researcher from Clemson University, Clemson, S.C.

Spinach, cantaloupe, other melons and garden crops can be vulnerable because they either grow on the ground – or close to it, and are often harvested by hand, said Fraser, who traveled to Manhattan, Kan., earlier this year to update K-State Research and Extension agents about preventing food borne illness.

The Centers for Disease Control and Prevention estimates that one in six Americans (about 48 million people) will experience foodborne illness each year. About 3,000 will die from it, she said.

“Fifty-eight percent of foodborne illnesses have been attributed to Noroviruses,” said Fraser, who added that this form of foodborne illness has been traced to eating contaminated food. It also can be spread by contact with someone who is sick or not properly cleaning up vomit and feces.

Symptoms typically include vomiting and diarrhea, and Fraser recommended seeking medical treatment if they persist for more than one to two days, or more

quickly, if symptoms are severe. “Dehydration is a concern,” said Fraser, who noted that children under the age of five can be at greater risk because their immune systems are not fully developed.

Adults ages 65 and older also can be at greater risk because their immune systems can be compromised by the aging process, chronic illness and medical treatment.

Fraser believes that nearly 100 percent of foodborne illness can be prevented, and stumps for “prevention, with a back-to-basics approach that begins with hand hygiene and cleaning and sanitizing surfaces.”

“We’re not washing our hands often enough,” said Fraser, who recommends washing hands with soap in warm water frequently during day.

She provided these tips for keeping foodborne illness at bay:

- Work up a lather and scrub to produce the friction needed to remove bacteria and viruses. Rinse thoroughly and dry completely. Both plain and antibacterial soaps are effective as long as hands are scrubbed well.

- Clean and sanitize counters and work surfaces in the kitchen. A homemade sanitizer can be made by mixing one tablespoon of regular unscented household bleach with one gallon of warm water. Wipe down the surface with a clean paper towel. The surface should be washed before sanitizing or the

sanitizer will be not effective.

- Using a clean towel is preferable to a sponge. Sponges, though absorbent, are subject to potential contamination. Most people don’t wash or sanitize sponges, which creates a good environment for microorganisms.

- Read care instructions for counters and other work surfaces, as mild bleach and some cleaning agents may harm surfaces. Reading the labels on commercial cleaning products or cloths also is advisable, as some are not recommended for use in the kitchen.

- Re-usable grocery bags also can harbor potentially harmful bacteria. When shopping, place meats, poultry and fresh produce in individual plastic bags before placing them in a cart (to prevent cross contamination) and at check out, in a grocery bag. Wash re-usable grocery bags after each use, and don’t use them for other purposes, such as hauling the kids’ dirty sneakers home from the ballpark.

- Scrub fruits and vegetables just like you do your hands, but without the soap. Use a clean knife to cut into them to avoid transferring bacteria that could be present on the skin to the edible flesh.

- Improper handling of leftovers can increase food safety risks. A home refrigerator will not have the cooling capacity of a commercial blast chiller. Transfer leftovers to shallow pans to speed cooling.

- Wait to cover leftovers until the food has cooled. Covering cooled foods completely can protect food quality and prevent cross contamination. Leftovers should be used in three to four days, frozen for future meals, or discarded.

- Reheat leftovers to 165 degrees F. If food chilling and storage has not been handled properly, reheating may not kill toxins that could develop, such as Staphylococcus or Clostridium perfringens.

“If unsure of food safety and quality, food should be discarded and not eaten,” said Fraser, who recommended cleaning the refrigerator regularly.

## Dining out?

### Consider Food Safety When Choosing a Restaurant

If choosing a restaurant for a meal, Angela Fraser, food safety specialist and researcher from Clemson University, Clemson, S.C., advises diners to check the cleanliness of a restaurant before sitting down at a table.

Cleanliness, appearance of the wait staff, cleanliness of the table and seats, and way in which beverages are served can reflect what goes on in the kitchen, she said.

Checking a restroom also can offer clues. If the management is not paying attention to public areas of the restaurant, they might not be paying attention to areas a consumer is not able to view.

If a buffet or self-service dining

sounds appealing, be aware that such venues can be host to foodborne pathogens as well as bacteria and viruses introduced by other diners. In saying that, Fraser cited the examples of seeing a buffet patron dip his finger in a salad dressing (apparently to see what flavor it was), then lick his finger before picking up two pieces of chicken, which he later returned to a hot plate.

“With a buffet – or a restaurant, for that matter – we can’t know how long food has been on a holding table or how often it is replenished,” Fraser said.

Hot foods should be hot, and cold foods cold. Utensils should be inserted in the containers, and the area clean, she said.

## Love a potluck?

School, church or community potlucks can bring out the best from local cooks, but also include food safety risks, said Angela Fraser, food safety specialist and researcher from Clemson University, Clemson, S.C.

Contributions of food should be kept separate, and not be mingled, said Fraser, who offered the example of a soup supper when more than one person is asked to bring chili, chicken or vegetable soup.

While some might suggest combining several recipes, doing so increases food safety risks, said Fraser, who advised organizers 1) to keep contributions separate, and

2) to keep track of who brings food items.

In the event of foodborne illness, such information can be helpful in identifying errant foods and limiting the spread of illness.

## Tips for Parents: Survey cleanliness, food safety in childcare center

When considering a child care facility, anxious parents typically check the location, schedules, educational offerings, etc., said Angela Fraser, food safety specialist and researcher from Clemson University, Clemson, S.C.

Parents may, however, not think to check the kitchen, eating area, bathroom and changing table (when infants and toddlers are present), she said.

“Child care centers can be a breeding ground for bacteria and viruses,” said Fraser, who, while conducting a research project, found that childcare providers sometimes diaper one or more children without washing their hands or sanitizing the changing station between children.

That can increase the risk of illness, said Fraser, who advised parents considering a child care provider to ask for references but also ask around, and make one or more site visits.

# Steak competition planned

The American Royal Association and Kansas State University Olathe are looking for the best-tasting steak and are inviting beef producers from across the nation to submit rib-eye steaks for the competition.

The second annual American Royal Steak Competition will be the week of Sept. 15 at Kansas State Olathe, with the winner to be announced at the American Royal’s 2013 Grapes and Steaks Competition on Oct. 9.

“Most traditional cooking contests are like the American Royal World Series of Barbecue – they are mainly about preparation. This competition is about awarding

America’s best-tasting steak,” said Todd Graves, chair of the American Royal steak contest committee.

Each steak will be prepared in an identical manner at the Kansas State Olathe campus in the laboratory and research kitchens. Points will be assigned for flavor, juiciness and texture. Steaks will be judged by a panel of experts, including restaurateurs, food bloggers, beef representatives and members of the Kansas and Missouri Beef councils.

“This is a great way for beef producers from all over the country to be judged purely on the quality of their beef. Every entry is treated equally and judged according to the

same criteria,” said Mark Schatzker, author of “Steak: One Man’s Search for the World’s Tastiest Piece of Beef.”

Steaks are submitted frozen to the K-State Olathe campus and entry forms must be submitted online at <http://www.americanroyal.com> under the special events tab. There is no entry fee for this competition.

For more information about the steak competition, contact Kansas State Olathe Sensory and Consumer Research Center manager Marianne Swaney-Stueve at (913) 307-7354 or [marianess@k-state.edu](mailto:marianess@k-state.edu).

# matters of record

## Real Estate

The following real estate transactions have been reported by the Sherman County register of deeds.

BACK Home Loan Servicing to Secretary of Housing and Urban Development, c/o Michaelson, Conner and Boul, Oklahoma City,

OK, a tract of land in SSE/4 of Sec.10, T8S, R42W.

Tri-State Properties, LLP to Leif P. Rice and Misty G. Rice, Lots 10, 11 and 12, Block 10, Third Addition to City of Goodland.

Sundance Hills, LLC conveys and warrants to R. Kevin Rasure and Kim R. Rasure, Lot 6, Sundance

Subdivision in NW/4 of Sec.21, T8S, R40W.

Sheriff’s Deed: Sherman County Sheriff gives, grants, sells and conveys all property, located in a part of Lot 5, Block 26, Beahm’s Addition, from Marvin D. Bell and Virginia Bell, to Community America Credit Union.



Vote for your favorite businesses and employees! Help your favorites become this year’s winners. You can vote by filling out the nomination form found in the Goodland Star-News, or by stopping in our office for a ballot to fill out. Simply mark your choices and return the ballot to The Goodland Star-News. **BALLOTS NEED TO BE RETURNED BY AUGUST 7 BY 5 PM MT.**

Best of People	Best of Food and Beverage	Best of Goods and Services
Best Financial planner	Best Pizza	Best daycare provider
Best car sales person	Best Burger	Best automotive repair
Best employer	Best Chicken	Best auto body shop
Best coach	Best Breakfast	Best Gas/convenience store
Best Physical Therapist	Best Steak	Best new car dealer
Best Massage Therapist	Best coffee	Best used car dealer
Best City employee	Best Mexican food	Best auto parts
Best County employee	Most Romantic Restaurant	Best home health care
Best Pastor	Best Chinese food	Best auto glass
Best mechanic	Best restaurant to take out of town guests	Best tire center
Best principal	Best desserts	Best nursing home
Best Chiropractor	Best sandwich	Best assisted living
Best Investment Broker	Best planetogerticecream	Best computer store
Best Attorney	Best liquor store	Best beauty salon
Best Secretary	Best drivethru	Best nail salon
Best School Teacher		Best cell phone carrier
Best Physician		Best butcher
Best Ag Equipment		Best photographer
Best Electrician		Best tanning beds
Best Bartender		Best florist
Best Waiter/Waitress (one each)		Best carpet cleaning
Waiter		Best tag supply store
Employed at:		Best gift shop/collectables
Waitress		Best bank
Employed at:		Best pharmacy/drug store
Best postal carrier		Best bar
Best Dentist		Best lumberyard
Best Real Estate Broker		Best heating & cooling
Best Insurance Agent		Best eye-ware
Best Pharmacist		Best internet/cable provider
Best Auctioneer		Best motel/hotel
Best Radio Personality		Best hardware store
Best College Professor		Best furniture store
Best Nurse		Best appliance store
Best Veterinarian		Best towing service
Best Public Official		
Best Sheriff’s Deputy		
Best local artist		
Best police officer		
Best firefighter		
Best plumber		

Return ballots to our office or by mail.

The Goodland Star-News  
1205 Main, Goodland, KS 67735

NAME: \_\_\_\_\_

Contact number: \_\_\_\_\_

Contest rules: Must be 18 or older to participate. Only one answer per “Best of.” Try to fill out survey completely. Name and phone number must be included (box to the right). One ballot per person.



## Fun on the Farm Jamboree

at the Sherman Theatre, Goodland, KS

Featuring Georgette Jones and Country Legend T.G. Sheppard

**Saturday, October 26: TWO SHOWS: 2 PM AND 7 PM MT**



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<b>705 Cherry</b>  3 BR/2.75 Bath \$137,500 Give Rose a call today!	

# Brewster - USD 314

“Public School in a Private School Setting”



Brewster School, USD 314, is growing and facing the future with a positive attitude! Our school is part of a vibrant and thriving rural Kansas community that continues to offer tremendous support for our students. A wide variety of academic and extracurricular choices are accompanied by small class sizes. A caring faculty provides individualized instruction that is designed to meet students’ personal needs, resulting in a well balanced and fulfilling school experience.

## Enrollment: August 7th

### CURRENT OFFERINGS:

**Full Academic Schedule Including:**

- Four Day School Week – Monday - Thursday
- Dual Credit College Courses – Core Courses
- Metals Classes – Strength Training
- Award-Winning Art Program
- Foreign Language - Spanish/German
- Band and Vocal - Yearbook - FACS
- Special Education provided by NWKESC
- Preschool for ages 4 and older

**Extracurricular Choices:**

- Scholars Bowl – National Honors Society – STUCO – Football – Volleyball
- Cross Country – Basketball – Track – Golf – Cheerleading – Drama

**State of the Art and Well Maintained Facilities:**

- iPads for Students
- MAC and PC Labs – ITV Lab Classroom
- High Tech Classrooms with SMARTBOARDS
- Wireless Internet Capabilities
- 2 Gyms – Weight Room
- Outdoor Basketball Courts



**We welcome any inquiries or visits to the school. The first day of classes is Tuesday, August 20th. Visit our website at [usd314.k12.ks.us](http://usd314.k12.ks.us), and contact us at 785-694-2236 for more information.**

Classifieds work! 899-2338

# More younger people are starting to garden

**By Kay Melia**  
*The Gardener*  
 vkmelia@yahoo.com

Ask just about anyone why they began planting a garden in their backyard and you'll probably get a blank stare. Either that, or they'll tell you "it's because I like fresh tomatoes." That, of course, is reason enough.

There are approximately 50 million gardeners in the United States today. The average age of an American gardener is 50. That may surprise you because most people figure only old blokes like me go



**kay melia**  
 • the gardener

outside and play in the dirt. Fifty years ago, that was basically true, but not anymore.

Young people are finding their way out the back door and into the backyard in increasing numbers these days. And it's not only because they're hankering for a

little perspiration can actually be satisfying, knowing that they are accomplishing something good for the family.

It set me to thinking the other day. (Really!) How great would it be if every family planted, tended and harvested the bounty of their

own backyard garden? Probably not going to happen. And why is that? It's because the majority of the nation's young, school age people have never been exposed to the joys of gardening by their parents and are not really aware of how to get started when they get out on their own. I think I have the answer to this problem.

Lets introduce a course in school pertaining to gardening. I propose that Gardening 101 be a semester-long course, and be required study for all sophomore or junior students in high school for both boys and

girls. It should be scheduled in the second semester when spring begins and students can get outside and get hands-on training as well as in the classroom. High School students would be allowed to take the course either their sophomore or junior year. My book, entitled "The Gardener's Common Sense Guide to Vegetable Gardening in the Midwest" would make an excellent textbook. A teacher with gardening experience could surely be found in the community. I have drawn up an outline for the course for the entire semester.

I think it makes sense that Gardening 101 be offered to 15 and 16 year olds rather than kindergardeners or first graders. I believe the older students would feel a closer connection to fresh home grown food than the younger kids, and would more easily learn the importance of learning about gardening.

I know nothing about high school curriculums these days. But I submit that this idea makes as much sense as some courses available, or forced upon, our students today. What do you think?

## births

### Lily Elizabeth Alvis

Lily Elizabeth Alvis was born on Thursday, July 11, 2013, at the New Beginnings Birthing Center at Goodland Regional Medical Center. She weighed 7 pounds, 12 ounces and was 20 inches long.

Her parents are Justin Alvis of Hays and Megan Fulwider of Brewster and her grandparents are Craig and Katie Fulwider of Brewster and Angie Alvis of Hays and John Critser of David City, Neb.



Lily Elizabeth Alvis

### Tristan Wyatt Roeder

Tristan Wyatt Roeder was born at 1:46 p.m. on Thursday, July 11, 2013, at Citizens Medical Center in Colby. He weighed 5 pounds, 10 ounces and was 17 1/2 inches long.

His parents are Taranie-Tanea Touselee and Timothy Roeder of Colby and grandparents are Tracie Touselee of Colby, Michele Johnson of Goodland, David Roeder of Goodland and Terry Mason of Topeka. His great-grandparents are Barb and Delbert Touselee of Colby.

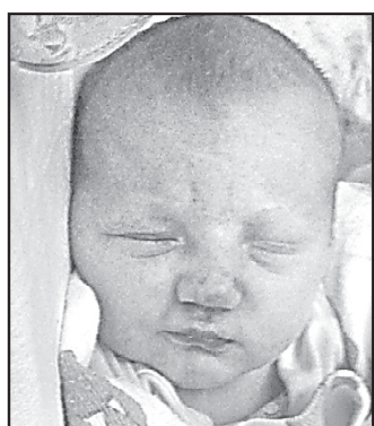


Tristan Wyatt Roeder

### Lorelei Dorene Brocklehurst

Lorelei Dorene Brocklehurst was born at 6:43 p.m. on Saturday, July 13, 2013 in Hays. She weighed 7 pounds, 2 ounces and was 19 inches long.

Her parents are Mike and Nicole Brocklehurst of Levant and her grandparents are Stan and Jan Sommerfeld of Sharon Springs and David and Susan Brocklehurst of Vernon, Texas.



Lorelei Brocklehurst



Samantha Raymer and Mark Prieb

## Couple plan to wed in October ceremony

Samantha Raymer of Goodland and Mark Prieb of Hillsboro plan to marry on Oct. 19, 2013, at Our Lady of Perpetual Help Catholic Church in Goodland.

Her parents are Steve and Debra Raymer of Goodland and his parents are Glen and Sharon Prieb of Hillsboro.

She is a graduate of Kansas State University with a degree in public health and nutrition and a 2008 graduate of Goodland High School.

He is a graduate of Kansas State University with a degree in industrial engineering.

The couple plan to live in Wichita.

## Wildflower weekend to be held

Wildflower enthusiasts from all over Kansas will travel to Salina in September for the Kansas Native Plant Society's 35th Annual Wildflower Weekend.

The free three day event, held Sep. 13-15, includes opportunities to learn about the prairie ecosystem,

treasure hunt for wildflowers and enjoy spending time with other wildflower enthusiasts.

This year's theme is "Then and Now: Landscapes of the Smokey Hills." Attendees can ride a tram through a field of bison; attend a campfire cookout; tour multiple

prairies, Coronado Heights and Kanopolis State Park with experts from the plant society; listen to a presentation on soil erosion; and participate in a photo contest and silent auction.

The photo contest deadline is Sep. 1, and entries must be submit-

ted digitally. The winner will be announced on Sep. 14.

All events are free and open to the public, though there is a small charge for a tram tour of Maxwell Wildlife Refuge. For more information, visit [www.kansasnativeplantsociety.org](http://www.kansasnativeplantsociety.org).

## Worship warms the heart



**Calvary Gospel Church**  
**Lead Pastors:** Randy and Mary Payne  
**Assistant Pastors:** Jacob and Ramie Soyez  
 Fourth & College • 890-3605  
**Sunday:** Kid's Church: 8:30 and 10:30 a.m.  
 Morning Service: 8:30 and 10:30 am  
 Youth @ the Rock House, Sixth & Caldwell: 6:30 p.m.  
 Prayer and Praise: 5:00 p.m. except last Sunday of the month  
**Wednesday:** Kids 4 Christ 6:30 p.m.  
 during school year  
 Life Groups - See website  
 website: [www.calvarygospel.net](http://www.calvarygospel.net)  
 email: [info@calvarygospel.net](mailto:info@calvarygospel.net) or see us on Facebook

**Our Lady of Perpetual Help**  
**Celebrant:** Father Norbert Dlabal  
 307 W. 13th • 890-7205  
**Sacrament of Reconciliation:**  
 5-5:45 p.m. Saturday or by appointment  
**Mass Schedule:**  
 Saturday: 6 pm, Sunday: 10:30 am  
**Spanish Mass:**  
 Sunday: 12:30 pm

**Goodland United Methodist Church**  
 1116 Sherman 899-3631  
**Pastors:** Dustin and Shelly Petz  
**Sunday:** Adult Classes: 9:15 a.m.  
 Worship: 10:30 a.m. and 5 p.m.  
**Wednesday:** Wednesday Nite Live (Sept. - May)  
 5:45 - 6:15 p.m. Simple Supper - All are welcome!  
 6:15 - 7:30 p.m. Worship and Classes for all ages

**Pleasant Home Church**  
 Serving the rural community  
 Celebrating 125 years of God's gracious blessings!  
 Rt. 1, Box 180 • 3190 Road 70  
 (785) 694-2807  
**Pastor:** Perry Baird  
**Sunday:** Worship Service: 9 a.m.  
 Sunday School: 10 a.m.

**Promiseland Baptist Church**  
**Pastor:** Rick Holmes • 890-7082  
 225 W. 16th  
 (785) 890-7944  
**Sunday:** Sunday School: 10:30 a.m.  
 Morning Service: 11:30 a.m.  
 Evening Service: 6:30 p.m.  
**Wednesday:** Bible Study Service  
 6:30 p.m.

**Bible Baptist Church**  
**Pastor:** Clifford Middlebrooks  
 Fifth & Broadway  
 890-7368  
**Sunday:** Sunday School: 9 a.m.  
 Morning Service: 10 a.m.  
 Evening Service: 6:30 p.m.  
**Wednesday:** Evening Bible Study: 7 p.m.

**Church of Jesus Christ of Latter-Day Saints**  
 1200 15th Street • Burlington, CO  
 (719) 346-7984  
**Sacrament Meeting:** 10 a.m.  
**Sunday School:** 11:15 a.m.  
**Priesthood/Relief Society:** 12 a.m.

**Iglesia Del Dios Vivo**  
 La Luz Del Mundo  
 Spanish Speaking Church - translation available  
**Minister:** Jose S. Lopez  
 1601 Texas • 899-5275  
**Daily Prayer:** Sunday thru  
 Saturday: 5a.m. & 6 p.m.  
**Sunday:** Sunday School: 9 a.m.

**United Methodist Church Brewster:**  
**Pastor:** Mike Baughn  
 Worship Service: 10:45 a.m. CST  
 Sunday School: 9:45 a.m. CST  
**Minister:** Sheryl Johnson  
 Worship Service: 9 a.m. CST  
 Sunday School: 10:15 am CST

**First Christian Church (Disciples of Christ)**  
**Pastor:** Rev. Carol Edling Jolly  
 Eighth & Arcade • 890-5233  
**Sunday:** Church School - All ages 9 a.m.  
 Worship 10:30 a.m.  
 Youth Group: weekly Jr./Sr. High groups  
**Thursday:** Prayer Class - Noon  
 Pastor Carol's Class Wednesdays 5:30 p.m.  
[www.goodlandfccdoc.org](http://www.goodlandfccdoc.org)

**Kanorado United Methodist Church**  
**Pastor:** Justin Schlichenmayer  
 399-2468  
**Sunday:** Sunday School: 9 a.m.  
 Worship Service: 10 a.m.

**Church of the Nazarene**  
**Pastor:** Bob Willis  
 Third & Caldwell  
 899-2080 or 899-3797  
**Sunday:** Sunday School: 9:45 a.m.  
 Worship Service: 10:50 a.m.  
 Evening Service: 6 p.m.  
**Wednesday:** Evening Service: 7 p.m.

**St. Paul's Episcopal Church**  
**Celebrant:** Father Don Martin  
 13th & Center  
 Church 890-2115 or 890-7245  
**Services:** 5 p.m. Saturday evening  
**Bible Study:** 4 p.m. the first and third  
 Saturday of the month

**Goodland Bible Church**  
 109 Willow Road • 899-6400  
**Pastor:** Chad DeJong  
**Sunday:** Sunday School: 9:30 a.m.  
 Morning Worship: 10:45 a.m.  
 6 p.m. AWANA during school  
 Evening Worship: 7:30 p.m.  
**Wednesday:** 6:30 youth group  
 Growth groups call for information  
[www.goodlandbible.org](http://www.goodlandbible.org)

**First Baptist Church**  
 1121 Main  
 890-3450  
**Sunday:**  
 Coffee fellowship: 9:30 a.m.  
 Morning Worship: 10 a.m.

**H2O Church.TV**  
**Pastor:** Craig Groeschel  
 109 E. 17th  
 (785) 728-0123  
**Experience Time**  
 Sunday: 10:30 a.m.

**Harvest Evangelical Free Church**  
 521 E. Hwy. 24 • 890-6423  
**Pastor:** Brian Fugleberg  
**Sunday:** Worship: 10:30 a.m.  
 Sunday school: 9:30 a.m.  
**Wednesday:**  
 Senior High: 6:30 p.m. at the church  
 Junior High: 6:30 p.m. at the church  
[www.goodlandefree.com](http://www.goodlandefree.com)

**Seventh Day Adventist Church**  
 1160 Cattletrail  
**Pastor:** Jim McCurdy  
**Saturday:** Sabbath School: 9:30 a.m.  
 Worship Service: 11 a.m.

**Emmanuel Lutheran Church**  
 13th & Sherman • 890-6161  
**Pastor:** Darian Hybl  
**Sunday:** Christian education/fellowship:  
 10:15 a.m.  
 Worship Service: 9 a.m.

**Church of Christ**  
 401 Caldwell  
 890-6185  
**Sunday:** Bible Study: 9:45 a.m.  
 Worship Service: 10:45 a.m.  
**Wednesday:** Bible Study: 7 p.m.

The following sponsors urge YOU to attend your chosen House of Worship this Sabbath:

**Short & Son Trucking**  
 Hwy. 24

**Good Samaritan Center**  
 208 W. 2nd

**Goodland Star-News**  
 1205 Main St.

**KLOE/KKCE/JKWGB**  
 3023 W. 31

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### CARD OF THANKS

**Thank you for the cards,** phone calls and gifts for our 70th anniversary. -Delmer and Arleta Musil. -8-2-8-6-

### GARAGE SALES

**2 miles south on Highway 27, mile marker 168, turn right into yard.** Friday, Saturday and Sunday from 7 a.m. to 7 p.m. all days. JD riding lawn mower, furniture, tools, 2 tillers, scrubs, clothes, large wooden baby cradle, toys, dryer, upright A/C/heater unit, and so much more! -8-2-8-2-

### WANTED

**WANTED: MODEL TRAINS, BUILDINGS, ACCESSORIES.** All trains considered. Buy, sell, repair. Free appraisals. Call Dennis at (719) 342-1756. -8-2-8-2-

**Junk batteries,** non-ferrous metals and iron. Darrel Bowen. Phone 785-899-2578. -tfn-

### NOTICE

**To whom it may concern:** S&M Repair, LLC, Goodland, KS, will have the following vehicles for auction on August 26, 2013, at 8 a.m. MT.. 1. 2005 Peterbilt, red in color, VIN#1XB5EB9X1JD861125. 2. 2004 Kia Sedona, red in color, VIN#KNDUP132956682784. 3. 1994 Pontiac Grand Prix SE, white in color, VIN#1G2WJ52M9RF290211. For any questions about the above vehicles, please contact Drew Miller at (785) 899-5423. -7-26-8-6-

### HELP WANTED

**Progressive company looking to hire** full-time plumbers and HVAC/R technicians. Contact Mitch McClure at McClure Plumbing and Heating, Inc. 720 N. Franklin Ave., Colby, KS

67701. Phone: (785) 462-7314. -7-30-8-9-

**CBS/CSS RECOVERY SPECIALIST,** GOODLAND BRANCH OFFICE. High Plains Mental Health Center currently has a full-time position available in our Goodland Branch Office for a Recovery Specialist. Work focuses primarily on providing patients and their families with medically necessary services. Qualifications include at least (1) a BA/BS degree or be equivalent by work experience. Candidate must also be able to provide after hours on call services. Must possess valid Kansas driver's license and a good driving record. Must also be able to successfully pass an intensive background check. Interested applicants should send their resume, transcript, three professional references and a letter of interest to Amy Bird, 208 East 7th Street, Hays, KS 67601. High Plains Mental Health Center is an Equal Opportunity Employer M/F/D/V. -7-30-8-9-

**Sherman County 911 Communications** is accepting applications for the position of Communication Officer (911 Dispatcher). This is a full-time position with benefits. Applicant must be able to pass written examination, listening skills test, type 35 wpm or higher, have a high school diploma or equivalent, and pass a background check and drug screening. Applications are available 24/7 at the dispatch center located in the basement of 204 W. 11th Street, Goodland. Applications will be accepted until August 9th. Sherman County is an EOE. -7-26-8-6-

**School Resource Officer Position:** The Goodland Police Department is accepting applications for the position of School Resource

Officer (SRO). The SRO is responsible for providing law enforcement services on USD 352 campuses; educating students on a variety of topics and programs; coordinating security for district events; and addressing student and parent concerns. Applicants must possess a high school diploma, be over the age of 21, and have the ability to obtain Kansas Law Enforcement Standards. Experience preferred. Hiring range DOQ, plus excellent benefits. Applications are available in the City Office, 204 W. 11th or at cityofgoodland.org. Position open until filled, with first review of applications August 9. EOE. -7-23-8-6

**SUPPORTED HOME CARE PERSONAL ASSISTANT.** Are you good at helping others, especially children? Developmental Services of Northwest Kansas has a Supported Home Care Personal Assistant (PA) position in Goodland and Selden working with a teen and this could be an opportunity for you! The PA would need to be available to work 10 hours per week depending on the parent's work schedule & community activities, with most hours after school and variable during the summer. The PA will help the person served through DSNWK to learn new personal skills, assist with community activities, and engage in a fulfilling life. For more information please call Tami Jantz at 785-625-2521 for more information. Apply on-line at www.dsnwk.org or mail resume to: DSNWK, P.O. Box 310, Hays, KS 67601. EEO. -7-23-8-2-

**Part-time CNA wanted for** Goodland Home Health. May pick up application at 655-B East 22nd in Goodland. -7-19-8-19-

**HELP WANTED: Competitive**

**CaseIH Dealership** looking for full-time Sales People. Competitive wages, benefits, health and retirement available. Call Ag Power Equipment Co. in Goodland at (785) 899-3432. -7-12-8-12-

**PSI Transport is always looking** for good company livestock and grain haulers as well as shop mechanics. Competitive pay, life/health/dental benefits and bonus program available. EOE. (785) 675-3477. -6-10-TFN

### FOR SALE

**Steel buildings, big or small.** Save up to 50% for best deal with contract construction to complete. Source#18X. (800) 964-8335. -7-26-8-6-

**Side by side Whirlpool refrigerator.** \$350. Call in evenings, (785) 891-3761. -7-26-8-13-

**LAND FOR SALE: 310 acres of grassland** 9 miles south of Stratton. For sale by owner. Water will on property. For more information call (303) 522-5346. -7-12-8-12-

**FIREWOOD FOR SALE IN GOODLAND.** Call (785) 890-7224. -12-11-tfn-

### FOR RENT

**3 bedroom house,** 1 bedroom apartment available soon in Goodland. Also very nice 3 bedroom house/apartment with furnished commons area for students/individuals or family. High quality living conditions and affordable for responsible tenants. Call (785) 821-0106. -7-23-8-23-

**Commercial building in Goodland.** 403 E. 19th. Oversized garage door, office and restrooms. Call (785) 728-7160. -7-2-8-2-

South & Associates, P.C.  
Brian R. Hazel (KS # 21804)  
6363 College Blvd., Suite 100  
Overland Park, KS 66211  
(913)663-7600  
(913)663-7899 (Fax)  
Attorneys For Plaintiff  
(143266)

Published in The Goodland Star-News, Friday, July 26 and August 2 and 9, 2013.

**Houses and apartments** in Goodland, KS. All sizes. Call for details. (785) 890-6538. -6-12-tfn

**Houses and apartments.** Cole Real Estate. 785-899-2683. -tfn-

### SERVICES

**Beckman Fencing. Need a fence?** We can build it! Barbwire, pipe corrals, continuous panels, chain link, privacy fence...also any concrete flatwork. Contact Jared at (785) 672-7607. -7-26-8-26-

**Failed corns, custom swathing and baling.** 30ft. draper swather, no crimping. Save your dried out leaves. Will do on shares or buy standing corn in the field. Call (785) 332-5588 or (785) 772-5040. -7-26-8-20-

**MLH Vacuum Repair & Maintenance Service.** (785) 899-5222. All makes and models, reasonable prices, free estimates, plus pickup and delivery available. -7-19-8-19-

**Burlington-Goodland area.** Residential overhead door

service and repair, 20 years experience. Call Gary at (719) 350-0705. -7-12-tfn

**CAT'S TNT for jewelry,** vinyl graphic designs, massages, quilting and more! Stop by 1018 Main, Goodland - 3-23-tfn



**STATE AUDITOR I**  
\$19.16 hourly

Counties of Cheyenne, Rawlins, Decatur, Norton, Phillips, Smith, Greeley, Wichita, Scott, Lane, Sheridan, Thomas, Sherman, Wallace, Logan, and Gove

To apply or for more information, go to: [www.jobs.ks.gov](http://www.jobs.ks.gov)  
Search Thomas County Requisition #174285

Excellent state benefits. For more info call 785-296-7795. VPE, EOE. Paid for by KSDE.

## HELP WANTED

**Hiring for Maintenance, plant operator, Equipment operator, truck driver and a Feed Sales. These are full-time positions with competitive wages and benefits. Applications available online at: [www.wpellc.com](http://www.wpellc.com) or you can pick up an application at:**

**3022 County Rd 18  
Oakley, KS 67748  
Phone: 785-672-8810**



Western Plains Energy, LLC

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B	A	B	E	B	A	Y	A	A	M	B	L	E		
I	M	A	M	A	B	O	R	N	A	R	E	S		
T	A	K	E	T	A	L	C	A	G	A	T	E		
S	H	E	R	L	O	C	K	H	O	L	M	E		
				I	O	N	A		M	Y	A			
M	A	N	T	A	S	S	C	I	S	S	O	R		
U	N	A	U		S	A	U	T	E	M	E	I		
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A	M	A		N	I	N	E	S	I	N	R	O		
L	E	S	S	E	N	E	D		R	A	T	I	O	N
				I	R	K		C	A	K	E			
A	C	I	N	I	A	R	U	I	A	R	N	O		
B	O	R	N	E	S	E	E	N	T	A	T	U		
A	N	O	A	S	T	A	L	E	E	B	O	N		

## public notice

### IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS CIVIL DEPARTMENT

U.S. Bank National Association  
Plaintiff,

vs.

Della Soellner; John Doe (Tenant/Occupant); Mary Doe (Tenant/Occupant); Unknown Spouse, if any, of Della Soellner,  
**D e f e n d a n t s .**

Case No. 13CV16  
Court Number:  
Pursuant to K.S.A. Chapter 60

described real estate:

**All of Lots Seventeen (17) and Eighteen (18) and the West Twenty feet (W 20') of Lot Nineteen (19), in Block Nineteen (19), FIRST ADDITION to the City of Goodland, Sherman County, Kansas,** commonly known as 1008 West 12th Street, Goodland, KS 67735 (the "Property")

and all those defendants who have not otherwise been served are required to plead to the Petition on or before the 5th day of September, 2013, in the District Court of Sherman County, Kansas. If you fail to

plead, judgment and decree will be entered in due course upon the Petition.

### NOTICE

Pursuant to the Fair Debt Collection Practices Act, 15 U.S.C. §1692c(b), no information concerning the collection of this debt may be given without the prior consent of the consumer given directly to the debt collector or the express permission of a court of competent jurisdiction. The debt collector is attempting to collect a debt and any information obtained will be used for that purpose.

Prepared By:

### The Northwest Kansas Educational Service Center is advertising for Para-educators for the 2013-2014 school year.

**Qualifications:** High School Diploma or equivalent. This position requires an individual to provide services to children under the supervision of a certified school staff member. Applications are available at [www.nkesc.org](http://www.nkesc.org) or at 785-672-3125. For position related questions, contact Kathy Kersenbrock Ostmeyer at extension 111. Applications will be accepted until the position is filled. NKESC is an EOE.

## JOIN A WINNING TEAM

*Are you looking for a rewarding career?*

### ATWOOD

- Store Manager
- Asst. Store Manager
- Kitchen Help
- Cashier

### GOODLAND

- Store Manager
- Asst. Store Manager
- Kitchen Help
- Cashier
- Delivery Driver

### COLBY

- Delivery Driver

### OAKLEY

- Store Manager
- Asst. Store Manager
- Kitchen Help
- Cashier

*Full-time & Part-time hours available. Must be able to work weekends & Holidays.*

### Check out these benefits:

- Advancement Opportunities
- Medical/Dental Insurance
- 401(k) Savings Plan
- Flexible Spending Account
- Casey's Stock Purchase Plan
- Paid Training
- Vacation/Sick Leave

Apply at Individual Store or online at [www.caseys.com](http://www.caseys.com)  
EOE



You are notified that a Petition has been filed in the District Court of Sherman County, Kansas, praying to foreclose a real estate mortgage on the following

## Crossword Puzzle

### Snoozing

1	2	3	4	5	6	7	8	9	10	11	12			
13						14				15				
16					17					18				
19							20			21				
22										23				
24	25	26	27			28	29	30						
31						32				33	34	35		
36						37				38				
39						40				41				
42	43									44				
45	46							47						
48					49	50			51		52	53	54	55
56						57			58					
59						60								61
62						63								64

American Profile Homestown Content

7/28/2013

### ACROSS

- Timber wolves
- George Michael's old musical group
- Poke with an elbow
- Be wild about
- Astronomical ring
- Region containing modern-day France
- Mild, white cheese
- With 31-Across, "Riposte" poet
- Mistake catcher
- "The Star-Spangled Banner" quartet
- Start of long-distance dialing
- Brittany seaport
- Hoofing it
- Picnic carrying case
- See 18-Across
- French textile city
- Trucker's place
- Auto executive Ferrari
- Spitting mad
- Owls' prey
- Baker's no.
- "Going Rogue" author
- The younger Obama daughter
- "Ali" or "Ray"
- Something to vent
- Taters
- Fold, spindle or mutilate
- Put forth as fact
- Goes up
- Quartet member
- Brig structure
- Swarm
- "Each Dawn \_\_\_" (Cagney film)
- Far from windy
- Be mistaken
- Coventry

### DOWN

- Street fixture
- "P-U!" inducer
- Old TV clown
- Pasta served in soups
- Scungilli, calamari, etc.
- Info on an invitation
- Linden of "Barney Miller"
- Shakespeare title start
- Zoo barrier
- Fitness industry giant
- Vibes
- Do demolition work
- Cinema vérité, e.g.
- Broadway musical with the song "Will I?"
- Highly adroit
- Newspaper page for essayists
- Forbidden thing
- Radar detector
- Yoko \_\_\_
- Honda with a palindromic name
- Chemicals giant
- Like MacDonald of song
- 1953 Leslie Caron film
- Suffer from a charley horse
- Noodle
- Drink dog-style
- Prefix with content
- From pillar to \_\_\_
- Some track and field events
- Regional phrase
- With the excepti of
- Sudden gush
- Gondola guide
- Place mat puzzle
- Give off, as light
- Actress Conn
- Congregation's assent
- Hawaiian tuber
- "Happy Motoring" gas brand
- Interval on a scal
- California wine, f short

The crossword puzzle brought to you by:

The  
**Goodland Star-News**

1205 Main, Goodland, Kan. 67735  
(785) 899-2338

# Star-News sports photo wins award

Goodland Star-News Editor Kevin Bottrell has won third place in the National Newspaper Association's Better Newspapers Contest for a professional bull riding photo taken at last year's Northwest Kansas District Free Fair.

The judge commented that the photo had good action, and was not a typical bull riding photo, which usually catch the rider in mid-air or being butted by the bull.

"The front angle enhances photo, as does catching the gate tender watching the ride," they wrote. "It is among the best bull riding pics I have seen."

First place in the Best Sports Photo category went to Kevin Kyle of the *Pipestone County Star* from Minnesota for a photo of a football player's helmet being dislodged during a tackle and second place went to the *Paynesville Press*, also from Minnesota, for a photo of a controversial umpire call at home plate. Honorable mentions went to a T-ball photo from Imperial, Neb., and a rock-climbing photo from St. Lewis, Mo.

Bottrell also won Kansas Press Association awards in the past for photos of Colby softball and Goodland firefighters as well as two awards for feature and education articles.

Two other newspapers from the Haynes Publishing company were also recognized by the National Newspaper Association. *The Oberlin Herald* won second place for Best Special News, Sports or Feature Section for their special coverage of last year's wildfires. *The Norton Telegram* got an honorable mention for Best Serious Column by Liza Deines.

Newspapers from all over the country submit entries each year in categories such as feature writing, news photos, special sections and more. Entries are also broken up by division, with the *Goodland Star-News* competing in the non-daily, under 3,000 division. The winners were announced on July 19 and will be recognized at a reception in September in Phoenix.

Only one other newspaper from Kansas was recognized by the association this year. *The Manhattan Mercury* won second place for Best Agriculture Story, second place for Best Business Story, an honorable mention for Best Serious Column, third place for Best Sports Column, and second place for Best Sports Story.

California had the most wins with 88. Texas had 45 and Iowa and Wyoming tied with 41.



This photo, taken at the Western Plains Chute-Out last year, has won third place in the National Newspaper Association's Better Newspapers Contest. This year's Professional Bull Riding event will be at 6:30 p.m. Wednesday at the Arena. Photo by Kevin Bottrell/The Goodland Star-News

## matters of record

The following real estate transactions have been reported by the Sherman County register of deeds.

Donald R. Wright, Trustee of the Wright Family Trust UTI 6/9/2011, and Donald R. Wright, Trustee of the Wright Survivor's Truste UTI 6/9/2011, to Donald R. Wright, Trustee of the Wright Family Truste UTI 6/9/2011, the N/2 and NW/4 of Sec.2, T8S, R37W; the SW/4 of Sec.20, T7S, R37W; NW/4 of SEC.29, T7S, R37W; NW/4 of Sec.4, T6S, R38W all subject to easements, mineral reservations, restrictions and right of way.

Gerald W. Cummings and Mary E. Cummings convey and warrant to Chance Tyrel Marble and Michelle Lynn Marble, Lots 1 and

2, Block 12, Third Addition to City of Goodland.

Martin K. Melia and Kathleen J. Melia convey and warrant to Matthew S. McKenzie and Jena M. McKenzie, a tract of land in SE/4 of SEC.16, T8S, R40W.

Robert Michael Adams quit claims to David Thomas Adams, Jr., the W/2 of Lots 11 and 12, all of Lots 13-16, Block 26, Rule's First Addition to City of Kanorado.

Luella P. Richardson quit claims to Luella P. Richardson and Roger Lee Richardson, the NW/4 of Sec.14, T7S, R42W; SE/4 of Sec.10, T7S, R42W; SW/4 and N/2 of Sec.9, T7S, R42W; all of Sec.16, T7S, R42W; N/2 of Lot 12 and all of Lot 13, Block 28, Third Addition to City of Goodland.

Ralph L. Brighton, III and Joan M. Brighton convey and warrant to Richard A. Miller and Charla K. Miller, Lots 7 and 8, Block 1, Goodland Subdivision of Original Town of Goodland.

James W. Abbey and Patricia A. Abbey, Trustees of the James W. Abbey Revocable Trust UTD 7/13/1990, to Michael W. Abbey and Lorie Abbey, Lots 23 and 24, Block 34, Second Addition to City of Goodland.

## FUN BY THE NUMBERS

7	9	6	8	1
6			9	
	2	1 4		7 3
	1 8	9	4 5 2	
		3		
5	7 8	1		
2	5		9 1	
	8	7		
		1	2 6	

Level: Beginner

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

## Trusted advice about Health Care Reform

"You'll have many questions about Health Care Reform, before and after all regulations take effect.

"We've been studying and preparing for the new landscape of health insurance. Our expertise can benefit you - whether you're a long-time Blue Cross and Blue Shield of Kansas member, or new to health insurance.

"In a world of change, one fact remains. Our mission is to be the insurer Kansans trust with their health."



**Alejandra Juarez**  
Group Consultant



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## Calendar of Events

### Goodland Activities Center

808 Main Avenue, Goodland, KS 67735 • Phone: (785) 890-7242 • www.goodlandgac.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <b>INSANITY</b> 5:30 AM <b>TINY TIGERS TAEKWONDO</b> 6 PM	2 <b>INSANITY</b> 5:30 AM	3 <b>INSANITY</b> 7 AM <b>RESCHEDULED TRIATHLON</b> 7 AM AT STEEVER WATER PARK
4	5 <b>INSANITY</b> 5:30 AM <b>AEROBICS</b> 5:30 PM	6 <b>INSANITY</b> 5:30 AM	7 <b>INSANITY</b> 5:30 AM <b>AEROBICS</b> 5:30 PM	8 <b>INSANITY</b> 5:30 AM	9 <b>INSANITY</b> 5:30 AM	10 <b>INSANITY</b> 7 AM
11	12 <b>INSANITY</b> 5:30 AM <b>AEROBICS</b> 5:30 PM <b>TAEKWONDO LEADERSHIP CLASS</b> 5:30 PM	13 <b>INSANITY</b> 5:30 AM <b>TINY TIGERS TAEKWONDO</b> 5 PM LOW RANK: 5:30 PM HIGH RANK: 6:30 PM	14 <b>INSANITY</b> 5:30 AM <b>AEROBICS</b> 5:30 PM	15 <b>INSANITY</b> 5:30 AM	16 <b>INSANITY</b> 5:30 AM	17 <b>INSANITY</b> 7 AM
18	19 <b>INSANITY</b> 5:30 AM <b>AEROBICS</b> 5:30 PM <b>NIGHT GOLF REGISTRATION DEADLINE</b>	20 <b>INSANITY</b> 5:30 AM <b>TINY TIGERS TAEKWONDO</b> 5 PM LOW RANK: 5:30 PM HIGH RANK: 6:30 PM	21 <b>INSANITY</b> 5:30 AM <b>AEROBICS</b> 5:30 PM	22 <b>INSANITY</b> 5:30 AM <b>TINY TIGERS TAEKWONDO</b> 5 PM LOW RANK: 5:30 PM HIGH RANK: 6:30 PM	23 <b>INSANITY</b> 5:30 AM <b>K-6 CO-ED FLAG FOOTBALL DEADLINE</b>	24 <b>INSANITY</b> 7 AM <b>NIGHT GOLF TOURNAMENT BEGINS</b> 1 PM AT SUGAR HILLS
25	26 <b>INSANITY</b> 5:30 AM <b>AEROBICS</b> 5:30 PM <b>TAEKWONDO LEADERSHIP CLASS</b> 5:30 PM	27 <b>INSANITY</b> 5:30 AM <b>TINY TIGERS TAEKWONDO</b> 5 PM LOW RANK: 5:30 PM HIGH RANK: 6:30 PM	28 <b>INSANITY</b> 5:30 AM <b>AEROBICS</b> 5:30 PM	29 <b>INSANITY</b> 5:30 AM <b>TAEKWONDO FAMILY PICNIC AT GULICK PARK</b> 5:30 PM	30 <b>INSANITY</b> 5:30 AM	31 <b>INSANITY</b> 7 AM