

# Man badly injured right hand in a corn grinder

**By Evelyn Ward**  
*Sherman County Historical Society*  
**Jan. 1, 1904:** Hand in Corn Grinder — H.M. Sherrod Suffers Severe Injury to His Right Hand — H.M. Sherrod, who lives near Charlotte, in the northeast part of this county, was unfortunate enough to get his right hand caught in a corn grinder while in operation, which resulted in a very severe injury, the first finger being almost torn off and the second finger badly lacerated. Mr. Sherrod came to town and had Dr. Smith dress the wound. It was necessary to trim the first finger with the surgeon's shears, the injury was so bad.

**Jan. 2, 1904:** Value of Johnson Grass — Experiments With This Plant Prove Highly Satisfactory — Farmers ask the question: "What is the feeding value of Johnson Grass hay, and at what stage of growth should it be cut? How does it compare with millet and sorghum for feed?"

The answer according to an agricultural paper: "This is one of the fairly nutritious grasses, but it is not among the very best, like Kentucky blue grass or the clovers. It ranks with timothy and orchard grass.

"As it works up into hay more easily, it is better than millet for that purpose and for many reasons is to be preferred to sorghum, unless we

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take into account the seeds which in sorghum and millet are very nutritious.

"As this is a course stemmed grass, it should be cut as early as possible, that is, when in the first stages of full flowering. It must be remembered that in the south Johnson grass is very tenacious and when once established is hard to eradicate.

"As I have said elsewhere, it is a stayer, and it 'stays put' and will give any man a good deal of trouble who wishes to get rid of it. It is a good grass for pasture and hay, but it is hard to get out of the ground if you want to use the field for some other crop."

The cultivation of this grass should be encouraged in this county. Small experiments have been attended with highly satisfactory results. The growth was prodigious for vegetation at this elevation, and it is not an unreasonable conclusion to say that it may go far in solving the problem of feed raising to quantity and quality.

**Jan. 3, 1904:** Weather in Sherman County Cold Enough for Cutting Ice — The continued cold weather in northwest Kansas has kept up its severity to such an extent

for the week past that the ice on the Smoky creek is frozen at a depth of about 12 inches and is consequently being hauled to town and stored for next summer's use.

C.E. Swarts of Star Meat Market and Kunz Bros. of the Queen City Meat Market began putting up ice this week. H.H. Auer & Son also are getting in their supply of ice for the coming season.

**Jan. 4, 1904:** Business View of Paternity — The Merchants Journal Says to Give the Boy a Chance — The Merchant's Journal, a publication issued in Topeka and devoted to the mercantile interests of the great southwest, gives a leading position to an article entitled, "Give the Boy a Chance."

No name is mentioned, but people who have kept track of the happenings of Sherman county will readily see what particular boy is referred to. The Journal deals with the case from a financial point of view — a matter often overlooked by parents who are anxious that their sons shall amount to something in the world.

Moral guidance is indispensable, but a proper money allowance for work performed has been a wonderful aid in the character forming of

many a boy.

The Journal says: "The other day we saw a boy of thirteen stand up before the judge of the United States district court and receive a sentence of a year to a reform school somewhere over in Missouri.

"Before the boy had finished his thirteenth year, he had reached into the drawer of a post office out in western Kansas and taken some stamps and some small change, of a total value of a little more than twenty dollars.

"The boy had not the appearance of being a bad boy. His parents have always had a good reputation, and his mother was a school teacher before her marriage. The boy's father, while not rich, is in moderately comfortable circumstances.

"Our notion is that the man has made the mistake of not looking after his boy as closely as he should and probably did not give the boy the chance he ought to have had. Some boys are ruined by giving them too much money and some by stinting them too much.

"The average boy likes to have a little spending money and ought to have it. Possibly the father of this boy may never have thought of that. He didn't look like a man who meant to be unkind.

"He evidently had an affection for the boy, for when he left him at

the train in charge of the officer who was to take him away to the reform school, that father broke down and cried like a child.

"It may be if the boy had been taken into the confidence of the father and given a few dollars to spend, the temptation to rob the post office would not have occurred to him. Maybe he would not have committed this crime and nearly broke his mother's heart. The thing of training a boy and making a good citizen of him is a serious business."

**January 5, 1904:** Look Here! — Beef by the quarter, 3 1/2 cents per pound — smaller quantities in proportion. — at the Star Market. C.E. Swarts, Proprietor

**Jan. 6, 1904:** Change Of Mail Trains — By the change in the time card on the Rock Island between Kansas City and Denver, which took effect Sunday at 12:01 a.m. Jan. 3, passenger trains Nos. 5 and 9, west-bound, and 6 and 10, eastbound, now do a regular mail business.

Trains Nos. 41 and 42, according to the new arrangement, carry mail only on Sunday and then each bringing only one through pouch of mail from Kansas City, Omaha, Topeka and Denver. During week days, train No. 27 will do a pouch mail business but will not have a mail clerk.

This change gives Goodland a

very efficient and satisfactory mail service and will be appreciated by the people of Goodland and Sherman County. The great proportion of mail will now reach this place early in the morning.

**Jan. 7, 1904:** Anniversary Of Big Fire — The biggest and most disastrous fire in the history of Goodland, which destroyed all the buildings in the old Dawson block, occurred Wednesday afternoon, Jan. 7, 1903.

The fire started in the Haney building, next to the post office occupied by Mrs. J.H. Harvey's racket store and originated in a defective flue. Since that unwellcome day, one year ago, the block has been almost completely rebuilt with safer and better buildings.

The old residents of the town have shown remarkable faith in the future of Goodland and Sherman county in the fact that they have again invested their money in new buildings and realty. They are to be commended for their industry and enterprise and should receive the loyal support of all the people of the county.

*From weekly issues of The Goodland News, provided by the Sherman County Historical Society. Since the paper was published weekly, some items were arbitrarily assigned a date.*

# Report says one third of American teens feel stressed out every day

How can we help teens cope? "One third of U.S. teens say they feel stressed out on a daily basis," reports Reuters Health. According to Reuters, researchers suspect U.S. teen-agers to be feeling such stress as a result of overwhelming expectations by parents and society.

The study, conducted at the University of Michigan, Ann Arbor, also found nearly two thirds of teens to be stressed "at least once a week."

Adults reading these statistics might now be thinking, "Welcome to the real world!" "Life is stressful!" "Wait until you have a family to take care of!" "What do kids really know about stress?"

Indeed, life is stressful. Without stress, we wouldn't be living. After all, stress is merely the way our bodies react to changes, both internal and external. Stress also includes the way we go on to think about our bodies' reactions and how we process those changes.

Those thought processes may go on to produce more stress. Whether change is positive or negative, it will cause stress. How we handle



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that stress can determine whether or not we live happily and peacefully or in a continual "stressed-out" state.

Bodily reactions caused by stress are usually sweaty palms, fast heart rate, churning stomach and the like. These reactions can vary in intensity. Positive changes in our lives can cause these symptoms just as easily as negative changes.

If we experience many changes (both positive and negative) in a short amount of time, we may find ourselves in an ongoing state of stress. We may be more sensitive physically (to illness) and emotionally (to depression, irritability, sleep problems, etc.).

So, in a time when adults experience sleep deprivation, road rage,

sympathy for those young people who have yet to enter the "real world." However, just because we haven't learned how to handle stress properly, why shouldn't we start helping our teens do so?

Perhaps in recognizing the phrase "stressed-out" as a cry for help rather than an irritating complaint, we can help our youth learn to cope before adulthood (and perhaps teach ourselves a thing or two in the process).

Although the Reuters article focuses on parental and societal expectations as a main cause for teenage stress, multiple additional causes may also be considered. Whether or not adults think of teens as living in the "real world," many teens face the same worries as

adults compounded with the additional teenage problems of changing hormones, peer pressure, and those expectations mentioned earlier.

Like adults, teens worry about finances, family, friends, world issues, their future, their past ("mistakes") and more. The causes of stress are as varied as teenagers themselves, and their worries shouldn't be brushed aside simply because of their ages.

What can teens do about stress? The most important tool is a support system. A teen should have at least one adult in whom to confide. Hopefully, it's a parent, but if your teen feels she cannot talk to you right now, make an effort to find someone who can be there for her until she feels more comfortable.

Does your teen have supportive friends? If not, how can you help him or her? Maybe you'll have to look outside of school to help your teen find friends — through church, outside activities, etc.

Beyond a support system, teenagers can learn about stress man-

agement and many stress-relieving techniques, from exercise to proper nutrition to meditation.

If you are a teen reading this article, know that you have the absolute right not to feel stressed-out on a daily basis. You can learn tech-

niques to help yourself cope.

More importantly, if you feel that stress is getting out of control, talk to someone. There is some adult in your life right now who will listen. Remember, you deserve to be good to yourself.

# Blood drive to be at college

The American Red Cross will hold a blood drive for Goodland from noon-6 p.m. Wednesday at the Northwest Kansas Technical College.

Giving blood takes about an hour, with the actual donation lasting about seven minutes. A single donation can help as many as three

hospital patients. Donors need to be at least 17, weigh at least 110 pounds and be in general good health. Bring a photo ID.

Most medications do not prevent people from donating blood. Donors should drink plenty of water prior to donation. All donors will receive a free T-shirt.

## Attention

**All Blue Rollout Trash Customers**  
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## Attention Goodland Residents!

In The Can, LLC will be placing 2 containers, in the area of the recycling containers by Rasure Do It Center, for disposing of debris that can not be placed in your regular trash container. (The recycling containers will continue their existing service.) One container will be painted orange in color and will be able to receive **SMALL** amounts of construction debris. The other container will be painted gray in color and will be able to receive **SMALL** amounts of metal debris.


Each container has specific instructions on what you may and may not place in it. We do not accept tires or batteries. If the item does not fit in the container, please do not leave it beside the container.

**These containers are not to be used for household trash, tree limbs or any type or yard waste. This courtesy service is for your convenience, but if it is abused it will be removed.**

If you have any questions please do not hesitate to call our office. We look forward to serving you.

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## Brewster All-Star Booster Club

**January 7- January 13**

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**Saturday** - Junior varsity and varsity basketball in Brewster against Jennings.

**Monday** - 4-H meeting at Hunter Hall 7:30 p.m., Western Kansas Liberty League basketball tournament at Sharon Springs.

**Tuesday** - Western Kansas Liberty League basketball tournament at Sharon Springs.

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