

Schools had opened following scarlet fever epidemic

By Evelyn Ward

Sherman County Historical Society
Jan. 28, 1904: The Goodland City Schools In Full Operation Next Monday — Unprotected Students Must Be Vaccinated — All the people will be glad, and many be eased of alarm, to learn that the conditions of the public health in Goodland is so much improved that the Goodland city schools from the lowest to the highest grades will be put in full operation Monday.

After a consultation between the members of the board of education and County Health Officer Gulick,

today in history

this action was decided upon. As the epidemic of scarlet fever has passed, and the cases of small pox are few, all were agreed that there would be no further danger in putting the city school in full operation.

The attendance of scholars is, however, under restrictions. In all houses where small pox has existed, pupils from these will not be admitted until 15 days shall have expired after the quarantine has been raised. In cases of scarlet fever, 30 days

must elapse after the raising of quarantine before school attendance is allowed. All school books will be fumigated.

In the opening of the lower grades, another requirement is laid upon all scholars; they must be protected by vaccination.

Those wishing admission and not having been vaccinated within the last three years, especially if they cannot show this particular scar and a good one, and those never having been thus protected, will have to un-

dergo the "operation" to be eligible for attendance.

Prof. Mallory will keep himself in touch with the health officer and will also make a daily inspection of all the rooms to avoid the breaking out of these diseases.

Anyone under his care, showing the slightest suspicious symptoms will receive the attention of the health officer as to the nature of the ailment.

Jan. 29, 1904: Local Musician Honored — Carl Pieper, a homesteader living near Brewster, will appear as guest in the third symphony concert given by the Denver

Orchestral association.

Mr. Pieper is a finished French horn player. Mr. Pieper studied under Dr. Kullack of Berlin and is considered one of the best performers on that difficult instrument.

He played a French horn solo in the opera house in Goodland two years ago at the graduating exercises.

He settled on a homestead a number of years ago, and it seems unwonted that he should have left the populous cities and his loved profession for the life of a farmer.

Jan. 30, 1904: Double Side Doors in Opera House — The

Goodland opera house has recently been provided with double doors on the east and west sides to facilitate a safe escape for the audience in case of fire. If the hall were crowded it could be emptied in five minutes.

Jan. 31, 1904: Ad — I have rented the old Schell livery barn and am prepared to feed and stable horses. Public patronage solicited. T.C. Duell.

From weekly issues of The Goodland News, provided by the Sherman County Historical Society. Since the paper was published weekly, some items were arbitrarily assigned a date.

Weather is up and down; son of Brewster woman to appear on soap

Here we go again — weather in the 60s and then a few days later in the 20s. This has been going on all winter, and even though it feels good to get these warm days, I can't help but think it would be better to have the temperature more even.

The weather has given us all a run for quite some time, and it would be nice if we could get the moisture we need and not just think about it so much.

On Wednesday, Tinker Keck is supposed to have another stint as a policeman on "General Hospital." The show is at 2 p.m. Central Time on ABC. His mother Jane Keck said he told her not to blink, or she might



sally michael

• brewster beacon

miss his scenes.

Yes, he has two scenes, but Jane didn't know if it would work into a recurring role. So you'd better catch Tinker on television Wednesday.

This weekend, the town is slightly deserted, as several in Dodge City for the basketball tournament, and hopefully, we will have

that people know there are some fans attending the games, as there is an abundance of school spirit, which is really great. Go Dawgs!

There are still several who are recuperating from different ailments. Willard Moore will be undergoing some treatment at Hays in a week or so, and then should be as

a good report of the happenings next week.

Brewster might be one of the smaller schools represented at Dodge City, but I'll bet

good as new.

His sister, Wanda Fulwider, is feeling much better and is getting out and about a little. We were sorry to hear that Muriel Palmgren had a fall and has broken her hi. She had surgery in Hays and will continue her healing in Colby.

Lorraine Bear is doing better, and hopefully, she will be able to return to her home sometime soon. There are a lot of sinus, colds and such, and some have had bouts with stomach distress, so I guess it's a typical year for these ailments.

Sometimes it seems that there are getting to be more and more types

of ailments, but really, there are just different ways of doctoring the same ones.

I've been battling allergies and such for so long it seems that I'll never be able to take a deep breath, but now they are trying a new treatment on me, so maybe things will get better yet.

LaVelle Michael was expected home Monday after spending several days in Oklahoma with his youngest son Greg and his family. While there, he was able to be on hand for the graduation from Basic Training for a grandson Justin Michael and for the wedding of his

granddaughter Jennifer Michael to Steven Vargas in Claremore, Okla.

I want Jan Zwetzig to know it is good to hear that she is doing better, and we hope she will soon be as good as new. Also, it is good to hear my sister Harriet sounding so well again, and I hope to get up to see her soon.

Hey, one of these times I hope I can write all about folks going on trips and vacations instead of recuperating from ailments, but we are glad for the ones who are feeling better.

I hope all of you have a great week, and I'll see you next time.

Many hold grudges over disagreements

Every person at some time or another feels hurt or mistreated by a family member, friend or co-worker over both large or small disagreements, unfeeling comments or unfair treatment.

We become angered and retain that anger as a grudge. As a result, those negative feelings continue to stir whenever the offender is present, or even thought about.

Confronting the person who triggered the grudge is something that would help, yet it is usually too difficult for most of us. People hold grudges usually because they do not feel confident enough to confront the offender and do not have the communication and resolution skills that would be helpful.

The long-running bitterness that accompanies even shallow grudges drains a great deal of emotional energy and can leave a person feeling irritable, anxious, and distrustful.

Grudges are also linked to stronger negative emotions and can contribute to physical stress, such as



high plains mental health

• plain sense

high blood pressure, and emotional stress including unhappiness, loss of hope and loss of control.

Now, at the beginning of another new year is a good time to examine those long-standing grudges and make an effort to let go and forgive.

Letting go of a grudge requires confronting the person who wronged you, which can result in a clearer understanding of the situation for all involved. Quite often, the grudge is based on inaccurate information and conclusions. Most often, people don't really mean to do something hurtful.

Admitting to yourself that you were hurt is also part of the healing process. Practicing stress-reducing techniques at the time of a hurt can

help to decrease the immediate intense feelings and reactions. And for some people, learning effective anger management techniques may be necessary.

Forgiveness is also an essential part of letting go of a grudge. But forgiveness does not mean that you agree or give-in to the person who caused the hurt.

Instead you look at the situation in a different way and attempt to understand the other person's intentions. Forgiveness may not even mean that the relationship is healed. But it does mean that you let go of the negative emotions and move on.

Contributed by Karen Beery, Consultation and Education Department. Mail questions to High Plains Mental Health Center, Plain Sense, Consultation and Education Department, 208 E. Seventh, Hays, Kan. 67601.

matters of record

Goodland Police

The following crimes have been reported to the Goodland Police Department:

January 20 — Andrew Wasinger reported the theft of a bicycle, valued at \$300, taken from 1410 Broadway Ave.

January 21 — Bankwest of Kansas, 924 Main Ave., reported an estimated \$200 in criminal damage to a large tinted-glass window.

Youngster has poetry published

Chelsea Lincoln, granddaughter of Jo Mann and Tony and Phyllis Martin of Goodland, had a poem published in "Anthology of Poetry by Young Americans, 2003 edition."

Lincoln, 13, is an eighth grader at Antioch Middle School and the daughter of Michelle and Mike Lincoln of Shawnee. She has written poetry since she was very young.

Her poem, titled "Why Are We Going to War?" is as follows:

If we go to war with this country...
 That just leads to another country...
 And then another...

So why are we going to war...
 Even though they are enemies...
 Why can't we give them just one more chance...
 I know why...
 Because we have given all the chances they get...
 I don't care...
 Even though they aren't our friends...
 That doesn't give our friends...
 The right to have nuclear weapons too...
 It breaks my heart to see the troops leave...
 But now that we are at war
 That doesn't mean I don't love you.
 Or that doesn't change how I feel

about you.
 Or that doesn't mean that I can't love you.
 Or does it, which is for you to decide.
 Or how much I love you.
 Or that you can't be my friend.
 Or that doesn't mean it changes the world.
 But it really does.
 People are going to start acting differently toward people.
 But I don't want that to happen.
 But together we won't let it change anything.
 So I ask...
 Why are we going to war?

4-H news

The regular meeting of the Sunflower 4-H Club was held Monday, Jan. 19, at the United Methodist Church. The meeting was called to order by President Samantha Raymer.

Raymer also led the group in the Pledge of Allegiance and the 4-H Pledge. Roll call, "What is your favorite soft drink?" was answered by 22 members, 14 parents, two leaders and no guests.

Ryan Irvin led the group in sing-

ing "God Bless my Underwear."

During the business meeting, it was announced that Sherman County 4-H Days will be March 12. The talent show will begin at 6 p.m. at the Goodland High School auditorium.

Members were encouraged to participate in life skills judging and project talks. The model meeting will be at 5:30 p.m. Monday, March 15. Historian Kirsten requested school pictures from each member. The program began with Austin

Rains, who gave a project talk on the Dog Project. A demonstration followed by Nathan Brady on how to make Gatorade. Alyssa Brady gave a project talk on animal kingdoms.

Recreation followed, led by Kathy Wood. She led the group in a game of soccer. Refreshments were served by the Brady and Promise families. The next meeting will be at 7 p.m. Monday, Feb. 16, at the Methodist Church.

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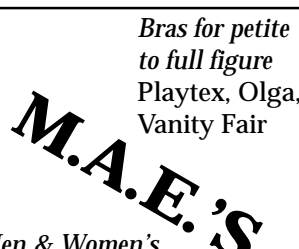
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