

# Many service providers make up mental health field

The field of mental health includes many kinds of service providers, including psychiatrists, psychologists, social workers, counselors and case managers.

One of many specialists in the field is that of child psychiatrist. A child and adolescent psychiatrist is a physician who specializes in the diagnosis and treatment of disorders of thinking, feeling and behavior that affect children, adolescents and their families.

Their education and training requires four years of medical school, at least three years of approved resi-



## high plains mental health

• plain sense

dency training in medicine, neurology and general psychiatry with adults, and two years of additional specialized training in psychiatric work with children, adolescents and their families.

Special importance is given to

disorders that appear in childhood such as pervasive developmental disorder, attention-deficit hyperactivity disorder (ADHD), learning disabilities, mental retardation, mood disorders, depressive and anxiety disorders, drug dependency and delinquency (conduct disorder).

The child and adolescent psychiatrist uses knowledge of biological, psychological and social fac-

tors in working with clients, with attention to physical, genetic, developmental, emotional, cognitive, educational, family, peer and social components.

The psychiatrist arrives at a diagnosis, then in conjunction with the client and the family, designs a treatment plan to help those involved to work towards a successful outcome.

This integrated approach may involve individual, group or family psychotherapy, medication, or consultation with others involved including schools, juvenile courts,

social agencies or other community organizations.

Child and adolescent psychiatrists can be located by contacting local mental health centers, hospitals, school counselors, family physicians and national organizations like the American Psychiatric Association.

Contributed by Karen Beery, Licensed Clinical Professional Counselor, of the Consultation and Education Department, with resources available through Facts for Families provided through the American Academy of Child and Adolescent

Psychiatry.

The views expressed here are those of the individual writer and should not be considered a replacement for seeking professional help.

Mail questions to: High Plains Mental Health Center, PLAIN SENSE, Consultation and Education Department, 208 East 7th, Hays, KS 67601.

(Questions will be formatted and answered in a manner that insures confidentiality)

Internet site: [www.highplains-mentalhealth.com](http://www.highplains-mentalhealth.com)

## Girl Scouts council elects officers, board

Girl Scouts of Sunflower Council held its annual meeting on Saturday, April 17, at the Sternberg Museum in Hays, electing officers, board members and members of the nominating committee.

Fifty-two board members, delegates, staff and Girl Scouts attended. Hays Scouts decorated the tables and presented the flag to open the meeting.

Elected were Sue Strohkirch, Hays, president; Martha Brewer, Colby, second vice president; Judy

Rohr, Hays, treasurer; Carroll Haggard and Noalee Augustine, Hays, Linda Taylor, Daniel Morris, Janell Griffin and Michelle Morris, Colby, members at large; and Rose Smith, Hill City, Carol Barta, La Crosse, Stacey Canfield, Hill City, Penny Fringer, Oberlin and Vallerie Karl, Hays, nominating committee.

Serving on the board in unexpired terms are Kris Harper, Winona, first vice president; Marilyn Leiker, Hoxie, secretary; Russ Ingle, Hill City, John Allen,

Hays, and Cheryl Edmundson, Colby, members at large; and Dixie Horton, Hays and Taylor, nominating committee.

Griffin was awarded the Thanks Badge, which recognizes outstanding service that benefits the council or the entire Girl Scout organization. Jan Deenihan, Hill City, and Fringer received the Outstanding Volunteer Award.

Suenell Koerner, mayor of Hays, welcomed the group. Presentations on Girl Scout trips and

awards were given by three area Scouts: Spring Blackwell, Hays; Sarah Fringer, Oberlin; and Jenna Smith, Hill City.

The day culminated with a presentation by ABC Cookies and Little Brownie Bakers.

The council serves over 930 girls and 380 adults in 16 counties in northwest Kansas: Cheyenne, Rawlins, Decatur, Norton, Phillips, Sherman, Thomas, Sheridan, Graham, Rooks, Wallace, Logan, Gove, Trego, Ellis and Rush.

## Brewster man reappointed to wheat commission board

Brewster wheat grower Ray Crumbaker has been reappointed to a three-year term as an at-large representative on the Kansas Wheat Commission board.

Crumbaker, who manages Crumbaker Farms in southwest Thomas County, was first appointed to the commission in July 2001. The board recently elected him to his second term as Secretary-Treasurer.

He represents the Kansas Wheat Commission on the U.S. Wheat

Associates board, where he has been active in the Wheat Industry Consolidation Committee. He is on the Kansas commission's long-range planning committee.

The Kansas Wheat Commission is funded by wheat producers through a one-penny-per-bushel assessment at the first point of sale. The group finances wheat research and market development.

Research is primarily carried out through Kansas State University,

including development of hard red and white winter wheat varieties.

Market development work supported by the commission includes U.S. Wheat Associates overseas efforts, which use matching funds from the U.S. Department of Agri-

culture Foreign Agricultural Service, the International Grains Program on the K-State campus and the Wheat Foods Council for domestic wheat food promotion in cooperation with the U.S. milling and baking industry.

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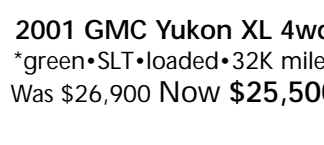
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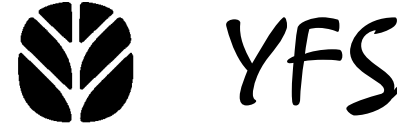
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## New Listings



6448 Rd. 16... adjacent to 18 hole golf course...60+ acres of pasture plus building site with 2 homes. The main house is a 1999 custom built home with 1836 sq. ft. of main floor living space plus a full unfinished basement. You'll enjoy the large living room and adjoining dining room with cathedral ceilings. The kitchen area has a peninsular eating bar, under cabinet lighting and indirect lighting above the oak cabinets (includes stove, microwave and dishwasher). The main floor utility room has utility sink. Three bedrooms...master bedroom has walk in closet and master bath. The full unfinished basement has 9' ceilings and is ready for bath and fireplace. The second house on the property is a 1700 sq. ft. 1990 modular with 3 bedrooms, 2 baths, family room, vaulted ceilings and lots more. There is also an older farm house currently used for storage but could be renovated for guest house, etc. Several out buildings and 60 acres of pasture make this an ideal setting close to town with all the amenities country living offers. Please call Donna Moore, listing agent, for more information or for you private tour. Email: [donnam@eaglecom.net](mailto:donnam@eaglecom.net) or 899-2328 or 6159.



1503 Caldwell...Very well maintained 2 bedroom home with detached garage. Very large living room, dining room and kitchen area plus 2 big bedrooms and bath. The laundry area is in the kitchen. There's a newer deck, basement for storage, central heat and air. \$36,000. Please let Donna show you this home.



Sharon Springs, 317 N. Ferlen...Older 2 story home with lots of possibilities. Main floor has formal living room or parlor, dining room, kitchen, bath and big laundry room. The second floor has 4

bedrooms and bath plus there's a basement for further living space. Double car detached garage. Priced for a quick sale at \$37,000. Give Donna a call to look at this home. 1-800-974-2426.

Cynthia Butts, 899-3944; Donna Moore 899-6159.

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