Students, parents have picnic lunch at school





Central Elementary Principal Sharon Gregory flipped burgers at the school's Parents Day barbecue on Friday. Tina Goodwin and her daughter Chloe had lunch and talked with Lori Phillips at the barbecue. Photos by Sharon Corcoran/The Goodland Star-News

Teen pregnancy forces changes in family

"Mom, I'm having a baby." For some parents, these are among the words they fear most

Finding out your child is pregnant and planning to have the baby means that a lot of things are going to change in your family. And though it's certainly not what most parents expect, it happens every day nearly half a million teenage girls give birth every year.

Parents have a wide range of reactions when they find out their teen is having a baby. Some are shocked and upset over the news and angry at their teen for having been "irre-

Some feel a sense of disappointment and grief, knowing that the dreams they held for their child are about to change forever. Some worry about the future — will their teen be able to handle the demands of parenthood? Will they finish school? Go on to college? Get a

guilt, as if their teen's pregnancy represents some failure in their own parenting. They may think that if only they'd done more to protect their child, this wouldn't have hap-

embarrassed by their teen's pregnancy and worried about how family, friends and neighbors will react, port your child.

cris lovington

prevention center

others are happy over the news of a common and not unexpected. soon-to-be grandchild — especially if the teen is older and in a emotions to deal with, especially mature relationship.

Whether you feel one or all of these emotions, you're not alone this is likely to be a difficult time in feelings for the sake of your teen the life of almost any family. The and her child. important thing to realize is that your teen needs you now more than

Being able to communicate with each other, especially when emotions are running high, is essential. Teens who are carrying their baby to term have special health concerns, and your child will have a hanging out with her friends and healthier pregnancy, emotionally wondering what clothes to wear. riage. Still other parents feel a sense of and physically, if she knows she Now she's dealing with morning doesn't have to go it alone.

> teens are more likely to make bad been turned upside down, can you decisions with even worse consequences (like running away).

So what can you do as the parent And although some parents are of a teen having a baby? Recognize on becoming pregnant, and they're your feelings and work through them so that you can accept and sup-

mean you don't have the right to feel disappointed and even angry? No. Such re-

actions are

You might have a strong flood of at first. But the reality of the upcoming baby means that you'll have to get beyond your initial

If you need help coping with your feelings about the situation, talk to someone you trust or seek professional counseling. A neutral third party can be a great resource at a time like this.

Just a short time ago your teen's biggest concern might have been sickness and scheduling prenatal forcing your opinions on your teen imagine what your teen might be feeling?

Most unmarried teens don't plan often terrified when it happens. Many, particularly younger teens, keep the news of their pregnancies

secret because they fear the anger and disappointment of their parents.

Some might even deny to themselves that they are pregnant, which makes it even more important for parents to step in and find medical care for their teen as early in the pregnancy as possible.

Younger teens' pregnancies in particular are considered high risk because their bodies haven't finished growing and are not yet fully

Teen boys who are going to become fathers also need the involvement of their parents.

Although some boys may welcome the chance to be involved with their children, others feel frightened and guilty and may need to be encouraged to face their responsibilities (the father is legally responsible for child support in every state).

That doesn't mean, however, that you should pressure your teen son or daughter into an unwanted mar-Offer advice, but remember that

Without parental support, some visits. If you think your world has or using threats is likely to backfire in the long run. There's no "one size fits all" so-

lution here. Open communication between you and your teen will help as you consider the future. If you would like more informa-

tion please call me at 785-899-3848 or e-mail at crisl@st-tel.net

public notice

IN THE DISTRICT COURT OF SHERMAN COUNTY, KANSAS CIVIL COURT DEPARTMENT

CENTEX HOME EQUITY COM-PANY, LLC, Plaintiff,

JUAN B. LOPEZ and ROSI Doug Whitson DALIA T. LOPEZ, et al., Defendants.

Case No. 03C59 Court No. K.S.A. Chapter 60

NOTICE OF SHERIFFS SALE

By virtue of an Order of Sale issued to me out of the said District Court in the above-entitled action, I will on Wednesday, the 9th day of June, 2004, at 10:00 a.m. of said date at the front door of the Courthouse in Sherman County, Kansas, in the City of ATTORNEYS FOR PLAINTIFF Goodland, Kansas, offer at public sale and sell to the highest and. best bidder for cash in Pursuant to the Fair Debt Collechand, the following described real property, to-wit:

Lots Seven (7) and Eight (8), Block Seven (7), in the C.K.& N. Addition to the City of Goodland, Kansas, according to the recorded plat thereof

also referred to as:

Lots Seven (7) and Eight (8), Block Seven (7), C K & N Addition to the City of Goodland, Kansas, according to the recorded plat thereof

The above-described real estate is taken as the property of the defendants Juan B. Lopez and Rosi Dalia T. Lopez, et al. and is directed by said Order of Sale to be sold, and will be sold without appraisement to satisfy said Order of Sale.

Sheriff of Sheman County

SUBMITTED BY: McNEARNEY & ASSOCIATES,

Timothy McNearney

#13037 Chris Troppito #20595 Brandon T. Pittenger #20296 11350 Tomahawk Creek Parkway, #100 Leawood, KS 66211 (913) 323-4595

NOTICE

tion Practices Act. 15 U.S.C. Section 1692c(b), no information concerning the collection of this debt may be given without the prior consent of the consumer given directly to the debt collector or the express permission of a court of competent jurisdiction. The debt collector is attempting to collect a debt and any information obtained will be used for that purpose.

Published in The Goodland Star-News on Friday, May 14, 21 and

Area students receive \$500 scholarships

\$500 scholarships from the Pete Henry Foundation, including:

Brewster: Ouentin Bear. Sharon Springs: Tessa Howard, Lindsay Bussen and Tyler Smith.

Bird City: Hayley Young,

and Amanda Banister. The scholarship fund was created

by Pete Henry, a farmer for many years in the Brewster area. Henry

death in 2002.

Although he had only an eighthgrade education, Henry never stopped learning and appreciated the did nearly all the work on his farm value of education. He established until he was 88 years old, and made the foundation to award academic

Several area students received Stephanie Hubbard, Kylie Dixson the management decision until his and technical training scholarships to students from Sherman, Wallace, Thomas, Cheyenne, Decatur, Gove, Logan, Rawlins and Sheridan counties. This is the fifth year scholarships have been awarded, and 24 students received them.

Internet tonight! 899-2338

Shop Burlington for all your needs



William's Floral & Garden Center

Authorized Ferti-lome Dealer Complete line of Ferti-lome starter mix

Houseplants

Bedding plants

 Garden supplies • Fresh cut flowers

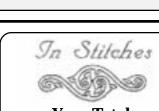
> 242 S. 9th Burlington, Co. 719-346-9535

The Feed Bunk

Your authorized dealer for Barenburg Irrigated Grasses

"Forage For Profit" and now carrying **High Plains Brand** Sorghum-Sundangrass and Annual Forages 1847 Rose Ave.,

Burlington, Co. 719-346-5220 or 800-428-7560



Your Total Scrapbooking Store

Hundreds of papers, stickers & accessories. Many albums to choose from. 337 14th Street, Burlington, Co. 719-346-5538 1-800-247-9081 New Arrivals weekly



Tommy Hilfiger

397 14th Street,

Burlington, Co

719-346-8459



Memory Lane

1 hour film developing Digital services

• Prints to CDs

· Memory cards Printing Digital pictures 1988 Rose Avenue Burlington, Co. 80807

719-346-7627 **Roy & Jeanie Walters**

Errington & Errington Park Place Interior Design Interior Design &

Specialty Floral Specializing in all your design needs Space planning

Custom floral arrangements

 Specials on window treatment & wall coverings 524 15th St., Burlington, Co. 719-346-4626

Health Essentials



Natural Foods, Vitamins, Massage Therapy, Acupuncture & More **Natural Living Cottage**

& Wellness Center 314 14th Street, Burlington, Co. 719-346-4681

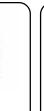


Gourmet Chocolate

Gift Items

Superior Flooring & Rugs

360 14th Street, Burlington, Co. 719-346-7579 Dan & Myrna Troyer



Come see our scrapbooking corner for all your scrapbooking accessories



Computer Central, Inc. 367 14th Street Burlington, Co. 719-346-5177

Your one stop computer shop