

‘Big Brothers’ can fill holes left by absent parents

With the recent passage of Father’s Day, it is still hard to imagine that I have the pleasure of having a son I can be a father to. I believe that is why I became involved with Big Brothers Big Sisters.

Some way, somehow, volunteers can help fill that hole that is left by an absent parent. Many times during interviews with kids, they will relate that they miss their mom or dad.

I recently read an article by John A. Byrne in the July 2004 Fast Company magazine that speaks of a son who will celebrate this Father’s Day without his dad.

Please let me share with you a neat example of what this father meant to his son:

“He was a person of devotion and



dennis daise

- big brothers big sisters

integrity, a man who understood a hard day’s work. Yet, unlike most of them, he never had the advantage of a college education.

“He worked pretty much his entire life in two places, a dye house and a post office sorting facility. His only core accomplishment was family. And as his only child, I was the lucky beneficiary.

“My father poured vast amounts of love and energy into me during

from factory work.

“From my earliest days, he took my hand in his, and we discovered the world together. With his hand in mine, we walked through New York’s Times Square. . . . We went to my grandmother’s house on Saturday afternoons for endless games of gin rummy, Parcheesi and Chinese Checkers.

“We went for long hikes on Sunday afternoons, through the nearby

woods. We hitchhiked together. We played music together — he on a keyboard, me on a drum kit.

“We strolled the railroad tracks together in Paterson, N.J., laying pennies on the rails and waiting for the train to pass so we could use the flattened coins for guitar picks.

“We fished together in rowboats, off riverbanks and bridges, in rivers and lakes, with worms and fish eggs, lures and flies. We went to Yankee Stadium on bat days. We went to Radio City Music Hall for Christmas shows.

“We often rode the subways out to Coney Island for a day at the beach. For many summers, we went to a lonely cabin in the woods in Greenwood Lake, N.Y. We went to the Street Pier in Atlantic City to see

Louis Armstrong.

“And I remember these things as if we had done them all last weekend, because we did them again and again. His outstretched hand leading me everywhere.

“I remember my times with my father as vividly as a great piece of music where you know every word, every note, every solo taken by every member of the band. You know it until it becomes a part of you, until it becomes you.

“He did that for me, and because he did, we will always travel together. As my father neared death, I put my hand in his as often as I could. I wanted him to know that I was with him on his final journey on earth. . . .

“Perhaps the most consoling

words came from a . . . colleague: “Think of the legacy he left you — a curiosity about life, a hunger for knowledge, a passion for the outdoors, an example of life whose riches owe little to money, a sense that anything is possible if you work hard, a model of what a father should be. Those are all great gifts.”

“As he lay dying in a hospice bed, his last conscious words to me echoed my last words to him. ‘I love you. . . .’

“The last words were spoken just days before his death, a beautiful and a complete ending to a remarkable relationship.”

Please volunteer and paint some pictures a child can remember. You won’t regret it!

‘Renaissance Man’ writes cookbook of gourmet shortcuts

If you are looking for a cookbook for a man in your life, this one may be for you. “The Sophisticated Gourmet” by Noel Tyl takes advantage of shortcuts that help you dazzle your guests.

Tyl can be called a Renaissance Man. He graduated from Harvard, is a foremost astrologer, author and was an opera singer for more than twenty years. The following recipes are from his book.

Coliseum gladiator’s Saturday night special

One powerful meal for fortification. Serves 2
8 ounces spaghetti (fusilli or penne or fettuccine)
6 cloves of garlic, freshly crushed



pat schiefen

- postscript

1 teaspoon butter (for the onion)
1/2 coarsely chopped big onion
6 slices of less salt, no sugar added bacon (to be cut into 1/2” pieces)
1/4 cup lightly toasted pecan pieces
a few spritzes of no fat cooking spray
1 tablespoon olive oil
juice of 1/2 lemon (very important)
Parmesan cheese (Reggiano pre-

ferred)
crushed red pepper flakes
rough Italian bread (unbuttered)
parsley garnish, optional
Preparation time about 20 minutes.

In a big pot bring to boiling 3 to 4 quarts of water.

Peel, chop and crush 6 cloves of garlic. Cover and set aside.

Chop the onion. Fry the onion in a pan with the small amount of butter.

Cook the bacon. (Easiest way is to use the microwave.) Drain bacon and cut with a scissors into 1/2”

pieces and set aside.

Cook the pecan pieces in a small skillet or pan over medium heat for about six minutes with a few stirs. Nuts are done when start to turn black on the edges. Put in a bowl and set aside.

Cook the pasta, al dente, about 5 minutes. Drain using a colander and return to the hot pot.

Pour the oil and lemon juice over the pasta. Mix throughout the pasta. Add bacon pieces, pecan pieces and crushed garlic. Mix well. Serve on 2 heated plates. Top with parmesan and two shakes red pepper flakes.

Sea scallops for a Greek Navigator

Serves 2
4 or 6 Spanakopita (spinach pastry triangles; come frozen and packaged in fine food stores) Cooked asparagus on the stove top can be substituted.
1 tablespoon butter
1 tablespoon olive oil
1 tablespoon chutney (mango, peach or pear)
about 12 raisins (black or golden)
2 scallions (finely chopped to the green leafline)
8 sea scallops
2 tablespoon flour (optional)

If using spanakopita cook according to package directions in the oven. If using asparagus cook and set aside.

Place butter, oil, chutney, raisins and scallions into cold skillet and wait 15 minutes.

Turn heat on high under skillet. Pat scallops dry and dredge into flour. Stir the ingredients in the skillet into a kind of paste. Use a wooden spoon.

Add scallops and cook on medium high to medium heat. Turn scallops once or twice. (Use a plastic spatula)

Arrange asparagus or spanakopita in the center of two large plates.

Turn off heat under skillet. Give scallops and paste a final stir. Add a bit of oil if it looks too dry. Serve on the plates over the spanakopita or asparagus.

State housing grant to help low-income families in 18 Kansas counties

The Ellis County Housing Authority has received a \$120,000 tenant-based rental assistance grant from the Kansas Housing Resources Corp. to help low-income families in 18 western Kansas counties.

The counties to benefit from the grant are Sherman, Wallace, Cheyenne, Thomas, Decatur, Ellis, Gove, Graham, Logan, Norton, Osborne, Phillips, Rawlins, Rooks, Russell, Sheridan, Smith and Trego.

Under the grant, a low-income family can receive rental assistance on the house or apartment of their choice for up to 24 months, as long as the family and home meet the Department of Housing and Urban Development requirements.

The housing authority will try to move families from this state-funded program to the federally funded Section 8 program before the 24 months ends if they meet the federal guidelines.

The family has to be below a cer-

tain income to qualify for the state program, Bill May, executive director of the housing authority said, and the home must be inspected to be sure it meets the health and welfare safety requirements and rents for fair market value.

Fair market value, he said, is what the government says a unit of that size should cost for rent and utilities.

When people apply with the housing authority, May said, they go on a waiting list. When their

name comes up, he said, the housing authority meets with them and makes sure they meet the guidelines.

Families that qualify are issued certificates, he said, and are given 60 days to find a home. They also have forms for their potential landlords to fill out, he said; the landlords are asked to give permission for the home to be inspected.

If the home doesn’t meet the health and welfare guidelines, he said, the landlord is told what is nec-

essary to make it acceptable. The landlord can choose to have the work done, May said, or can decide it’s not worth it; then the family needs to look for another place.

The housing authority can give assistance through the grant to families living in towns or in the country in the counties, May said, and will give the assistance for any property meeting the guidelines if the landlord is willing to work with the agency. The housing authority should be the “Northwest Kansas Housing Authority,” he said, since it serves several counties, but it started in Ellis County.

Depending on a family’s income and the home their choose to rent, the grant could pay for part or all the family’s monthly rent.

To qualify, families must have one or more of the following circumstances:

- Living in substandard housing or homeless.
- Victims of domestic violence.
- Rent burden — families paying more than 50 percent of their gross monthly income for rent and utilities.
- Families with any member considered as disabled.
- Single persons who are elderly (age 62 or over).

The more of these conditions a family meets, the higher it is placed on the waiting list for housing.

Families must earn under \$31,400 for a family of eight, under \$23,800 for a family of four under \$16,650 for one person.

matters of record

Goodland Police

The following crimes have been reported to the Goodland Police Department:

June 15 — Jacob D. Ries and Melissa Pottorff were arrested for possession of marijuana and drug paraphernalia, at 8th and Center, the pair was charged in D.C.

June 16 — David L. Horinek reported the theft of a cable locator valued at \$1,200, at 702 W. 11th.

Walter Yarbrough reported criminal damage to carpeting, walls, window and storm doors at 537 W 13th.

Kevin Butts reported theft of signs at 538 W. 9th. Bryce Chatfield was arrested for theft and minor in possession and Kayla Williams was arrested for minor in possession, at 538 W. 9th.

June 17 — Kevin M. McCullough was arrested for driving under the influence, driving with suspension and failure to report an accident, at 1100 Center.

Real Estate

The following real estate transactions were reported by the Sherman

County Register of Deeds:

Federal Home Loan Mortgage Corporation, of Fairfax County, Va., to Mulberry Properties, LLC, of Richland County, S.C., Lots 1 and 2, the north 12 and 1/2 feet of Lot 3, Block 24, Second Addition to the City of Goodland.

Thomas D and Barbara M. Eisenbart quit claim to Thomas D. and Barbara M. Eisenbart, trustees of the Eisenbart Family Revocable Trust, the W/2 of the W/2 of the W/ 2, Sec. 15, T8S, R40W, less the tract of land in the register of deeds and

the correction warranty deeds.

Douglas W. and Jeanne A. Irvin to Wade L. and Diane L. Heidemann, Lot 9, Block 10, Rosewood Additio to the City of Goodland.

Kansas-Nebraska Association of Seventh-Day Adventists, Inc., of Topeka, to Jeffrey H. and Jill M. Deeds the NW/4, Sec. 18, T8S, R38W, less four acres commencing at a fence line in the SW corner thence north 31 rods, west 21 rods, south 31 rods to the original line corner.

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