

# Woman should finish her education

DEAR ABBY: Please urge "Depressed About the Future" to complete her education. I, too, was a younger child (fourth out of five) and only the second of 27 grandchildren to go to college.

My mother ordered me not to talk about college around my siblings, and my brother said I was a snob for wanting a better education. I am so glad I didn't listen to



## abigail van buren

• dear abby

them.

Both of my parents told me how proud they were of me when I received my first degree. And as adults, one sister has earned two B.A.s, and another sister and brother have taken many college classes. The brother who called me a snob is now in college at age 54. He still teases me about being "Susie Co-ed," but he loves college

and regrets not having gone sooner. — B.S., M.S., FROM OHIO

DEAR M.S.: I applaud your determination and perseverance — and that's no B.S. Readers all over the country have written to offer advice and emotional support. Read on for some samples:

DEAR ABBY: When I was 15 I announced at the dinner table that I was going to college. My parents said I should forget it because they didn't have the money. I said, "If I want to go to college, I'll find a way." And I did! It was the most empowering thing I have ever done. Please tell "Depressed" that no dream is too big. I am now a

trained professional with a graduate degree. — DID IT IN MARIETTA, GA.

DEAR DID IT: Bravo!

DEAR ABBY: My husband, Phil, and I were the first in our families to receive university degrees. We did it together, living in a one-room apartment near campus living on \$90 a month from Phil's G.I. Bill. We ate lots of macaroni and cheese, attended a church within walking distance (we had no car), and graduated in three years with bachelor of science degrees. Later, we earned M.A.E. degrees by going to the university on Friday and Saturday nights. (I gradu-

ated with honors.) There is nothing as costly as NOT getting an education.

The best advice I can offer from the perspective of my own education, and that of the hundreds of college students I have taught, is this:

- (1) Believe in yourself and do your best.
- (2) Be enthusiastic and make friends.
- (3) Wring from your college experience every opportunity to learn the basics in your chosen field, and attend the elective seminars — the all-campus lectures — to broaden your horizons.

(4) Learn to disagree without being disagreeable.

(5) Recognize learning as an introduction to learning more on your own.

(6) You owe it to yourself, your children, your employer and your community to GO FOR IT! — M. BALLOU, Ph.D., Ed.D., PAST PRESIDENT OF THE AMERICAN ASSOCIATION OF UNIVERSITY WOMEN

DEAR DR. BALLOU: You have my respect and admiration. Wouldn't it be wonderful to know how many thousands of young people your letter has inspired today?

## TUESDAY EVENING

|    |    | E= Eagle Cable<br>S=S&T Telephone |   | JUNE 29, 2004  |  |                             |   |   |  |  |  |            |  |
|----|----|-----------------------------------|---|--|--|-----------------------------|---|---|--|--|--|------------|--|
| E  | S  | 6 pm                              | 6:30  | 7 pm   | 7:30   | 8 pm                        | 8:30  | 9 pm  | 9:30   | 10 pm  | 10:30                                      |            |  |
| 36 | 53 | A&E                               | Cold Case Files   | Discovery of a human scalp helps convict a murderer. [E] |  | Biography "Traci Lords" [E] |   | Crossing Jordan "Miracles & Wonders" [E]                            |  | Cold Case Files [E]  |  |            |  |
| 4  | 6  | ABC                               | 8 Simple Rules [E]  | I'm With Her [E]   | According to Jim [E]   | Less Than Perfect [E]       | NYPD 24/7 "Hour Two" (N) [E]  | News [E]  | (:35) Nightline [E]  | (:06) Jimmy Kimmel Live (N) [E]  |  |            |  |
| 26 | 48 | ANPL                              | Venom ER [E]  |  | Venom ER [E]   |                             | Miami Animal Police "Voodoo Gator" [E]                              | Venom ER [E]  |  | Venom ER [E]   |  |            |  |
| 63 | 54 | BRAVO                             | Queer Eye for the Straight Guy Minimalist. [E]                            |  | Blow Out (N) [E]   |                             | Queer Eye for the Straight Guy (N) [E]                              | Blow Out [E]  |  | The West Wing "The Red Mass" [E]   |  |            |  |
| 7  | 11 | CBS                               | Navy NCIS "Eye Spy" [E]   |  | The Guardian "Beautiful Blue Mystic" [E]                       |                             | Judging Amy "Dancing in the Dark" [E]                               | News [E]  | (:35) Late Show Tom Brokaw; Keira Knightley [E]                              | The Late Late Show [E]   |  |            |  |
| 24 | 50 | DISC                              | Secret Life of Sharks [E]   |  | Crash Files: On the Inside of the NTSB [E]                     |                             | The FBI Files "Cat and Mouse" [E]                                   | The FBI Files "A Hunter's Game" [E]                                 |  | Big "Motorcycle 2" (N) [E]   |  |            |  |
| 33 | 44 | DISN                              | Kim Possible [E]  | The Proud Family [E]                                     | Even Stevens [E]   | Lizzie McGuire [E]          | Sister, Sister [E]  | That's So Raven [E]   | ★ ★ "Going to the Mat" (2004, Drama) Andrew Lawrence, Khleo Thomas. 'NR' [E] | ★ ★ "Going to the Mat" (2004, Drama) Andrew Lawrence, Khleo Thomas. 'NR' [E] |  |            |  |
| 49 | 81 | EITV                              | Heather Locklear: The E!  | True Hollywood Story [E]                                 |  |                             | Good to Be Good to Be [E]   | Howard S. [E]   | Howard S. [E]  | Scream Play [E]  |  |            |  |
| 22 | 56 | ESPN                              | ESPN25: The Headlines (5:30) Today at Wimbledon (N) [E]                   |  | Golf Tylenol Par 3 Shootout -- Day 2. [E]                      |                             | Baseball Tonight [E]  | Billiards: 9-Ball [E]   | ESPN25: Who's No. 1 [E]  | Outside [E]  | Baseball [E]                               |            |  |
| 54 | 57 | ESPN2                             | ★ ★ "Beethoven" (1992) Charles Grodin. [E]                                |  |  |                             | Who's? [E]  | Who's? [E]  |  | Funniest Home Videos [E]   |  |            |  |
| 32 | 46 | FAM                               | Bodies [E]  | In Shape [E]   | Workout [E]  | Fitness [E]                 | Peak Performance [E]  | Bodies [E]  | In Shape [E]   | Workout [E]  | Fitness [E]                                |            |  |
| 59 | -  | FIT TV                            | (:01) ★ ★ ★ "The Film Flam Man" (1967) [E]                                |  |  |                             | (:01) ★ ★ ★ "Barton Fink" (1991) John Turturro. [E]                 | (:01) ★ ★ ★ "Barton Fink" (1991) John Turturro. [E]                 |  | (:01) ★ ★ ★ "Barton Fink" (1991) John Turturro. [E]                          |  |            |  |
| 53 | 68 | FOOD                              | Emeril Live Spiked watermelon daquiri. [E]                                |  | Roker on the Road [E]  |                             | Roker on the Road [E]   | Food Finds [E]  | Amer. Festivals [E]  | Iron Chef "Lamb" [E]   | Emeril Live Spiked watermelon daquiri. [E] |            |  |
| 13 | 7  | FOX                               | The Bernie Mac Show [E]   |  | The Bernie Mac Show [E]  |                             | The Jury "Last Rites" (N) [E]                                       | The Fox Report With Shepard Smith [E]                               | Cagney & Lacey "Play It Again Santa" [E]                                     | Kojak "Birthday Party" [E]   |  |            |  |
| 40 | 38 | FX                                | Cops [E]  | Cops [E]   | Cops [E]   | Fear Factor [E]             | ★ ★ "Don't Say a Word" (2001) Michael Douglas. [E]                  |   |  |  |  |            |  |
| 30 | 55 | HBO                               | I, Max (N) [E]  | Rockies [E]  | MLB Baseball Milwaukee Brewers at Colorado Rockies. (Live) [E] |                             |   |   |  | Rocky Mt. [E]  | I, Max [E]                                 |            |  |
| 5  | 14 | HBO                               | ★ ★ ★ "Arachnophobia" (1990, Horror) Jeff Daniels, Harley Jane Kozak. [E] | ★ ★ "PG-13" [E]  |  |                             | ★ ★ "Biker Boyz" (2003, Action) Laurence Fishburne, Derek Luke. [E] | ★ ★ "Biker Boyz" (2003, Action) Laurence Fishburne, Derek Luke. [E] |  | ★ ★ ★ "Everyday People" (2004) [E]   | ★ ★ "NR" [E]                               |            |  |
| 62 | 67 | HGTV                              | Designed [E]  | Sensible [E]   | Decorating [E]   | Design [E]                  | Designers' [E]  | Designers' [E]  |  | Designed [E]   | Sensible [E]                               |            |  |
| 58 | 52 | HIST                              | Tactical to Practical The Cavalry. (N) [E]                                |  | Tech Effect [E]  |                             | Mail Call [E]   | Wild West Tech "The Gunslingers" [E]                                |  | Tactical to Practical The Cavalry. (N) [E]                                   |  |            |  |
| 25 | 35 | IND                               | Friends [E]   | Friends [E]  | Outback Jack [E]   |                             | Sex and the City [E]  | Sex and the City [E]  |  | ★ ★ ★ "National Lampoon's Vacation" (1983) [E]                               |  |            |  |
| 18 | 63 | LIFE                              | Providence [E]  |  | "Homeless to Harvard: The Liz Murray Story" [E]                |                             |   |   |  | The Nanny [E]  | The Nanny [E]                              |            |  |
| 23 | 77 | MTV                               | TRL (iTV) [E]   |  | Real World [E]   | Real World [E]              | Real World [E]  | Real World [E]  | Real World [E]   | Real World [E]   | Real World [E]                             |            |  |
| 3  | 9  | NBC                               | News [E]  | Ent. Tonight [E]   | The Next Action Star (N) [E]                                   |                             | Last Comic Standing [E]   | Law & Order: Special Victims Unit "Families" [E]                    |  | News [E]   | Wimbledon Update (N) [E]                   |            |  |
| 8  | 8  | NBC                               | The Next Action Star (N) [E]  |  | Last Comic Standing [E]  |                             | Law & Order: Special Victims Unit "Families" [E]                    | News [E]  | Wimbledon Update (N) [E]   | (9:50) The Tonight Show [E]  |  |            |  |
| 34 | 43 | NICK                              | SpongeBob [E]   | Sabrina [E]  | Fatherhood [E]   | Cosby [E]                   | Boss? [E]   | Cosby [E]   | Roseanne [E]   | Roseanne [E]   | Cosby [E]                                  |            |  |
| 2  | 2  | PBS                               | Nova "Fireworks!" [E]   | (DVS) [E]  | Flashpoints U.S.A. "America at War" (N) [E]                    |                             | P.O.V. (N) [E]  | BBC World News [E]  | That's My Boy [E]  | Charlie Rose (N) [E]   |  |            |  |
| 38 | 83 | SCIFI                             | "Alien Fury-Cnt" [E]  |  | "Silent Warnings" (2003) [E]                                   |                             | Stephen Baldwin. [E]  | "Fallout" (1998) Daniel Baldwin. [E]                                |  |  |  |            |  |
| 61 | 41 | SPK                               | Trucks! [E]   | Trucks! [E]  | Trucks! [E]  |                             | Star Trek: Next Gener. [E]  | Star Trek: Next Gener. [E]  |  | The Joe Schmo Show [E]   |  |            |  |
| 39 | 51 | TLC                               | While You Were Out [E]  |  | Clean Sweep "Jonesing for Organization" [E]                    |                             | In a Fix Getting a sun-room back. [E]                               | Mega Machines "Oshkosh Striker" [E]                                 |  | Overhaulin' "School's Out" [E]   |  |            |  |
| 28 | 37 | TNT                               | Law & Order "Patsy" [E]   |  | Law & Order [E]  | (DVS) [E]                   | Charmed [E]   | Angel "Redefinition" [E]  |  | The X-Files [E]  |  |            |  |
| 51 | 86 | TRAV                              | Food Crazy (N) [E]  |  | Made [E]   | Made [E]                    | Road Trip [E]   | Food Crazy [E]  |  | Made [E]   |  |            |  |
| 21 | 82 | TVLND                             | GreenAcre [E]   | GreenAcre [E]  | Addams F. [E]  | Addams F. [E]               | Griffith [E]  | Griffith [E]  | 3's Co. [E]  | 3's Co. [E]  | Cheers [E]                                 | Cheers [E] |  |
| 60 | 89 | UNIV                              | Mariana de la Noche [E]   |  | Amarte es Mi Pecado [E]  |                             | Al Filo de la Ley [E]   | Impacto [E]   | Noticiero [E]  | En las Mejores Familias [E]  |  |            |  |
| 20 | 34 | USA                               | Law & Order [E]   |  | ★ ★ ★ "Six Days, Seven Nights" (1998) [E]                      |                             |   | Law & Order [E]   |  | Karen Sisco [E]  |  |            |  |
| 12 | 3  | WB                                | Friends [E]   | Everybody-Raymond [E]                                    | Gilmore Girls "A Family Matter" [E]                            |                             | Summerland "Big Waves" (N) [E]                                      | News [E]  |  | Friends [E]  | Will & Grace [E]                           |            |  |
| 99 | 36 | WGN                               | MLB Baseball Houston Astros at Chicago Cubs. (Live) [E]                   |  |  |                             |   | WGN News [E]  | Becker [E]   | Eliminate [E]  | 5th Wheel [E]                              |            |  |

# Your ad could be here!

Call Anne or Jennifer  
899-2338

## WEDNESDAY EVENING

|    |    | E= Eagle Cable<br>S=S&T Telephone |   | JUNE 30, 2004         |  |                      |  |  |   |   |  |                        |            |
|----|----|-----------------------------------|---|-----------------------|--|----------------------|--|--|---|---|--|------------------------|------------|
| E  | S  | 6 pm                              | 6:30  | 7 pm                  | 7:30   | 8 pm                 | 8:30   | 9 pm   | 9:30  | 10 pm   | 10:30  |                        |            |
| 36 | 53 | A&E                               | Biography: John Wayne Gacy: Monster [E]             |                       | American Justice: Free to Kill: Polly Klaas [E]  |                      | American Justice "The Sinatra Kidnapping" [E]                        | Crossing Jordan "Four Fathers" [E]                                       |   | Biography: John Wayne Gacy: Monster [E]                                     |  |                        |            |
| 4  | 6  | ABC                               | My Wife and Kids [E]                                |                       | My Wife and Kids [E]   |                      | Drew Carey [E]   | Drew Carey [E]   |   | The Ultimate Love Test (N) [E]  |  |                        |            |
| 26 | 48 | ANPL                              | The Crocodile Hunter Diaries "A New Zoo" [E]        |                       |  |                      | Most Extreme: Strength [E]   | Miami Animal Police A tiger visits the vet. [E]                          |   | The Crocodile Hunter Diaries "A New Zoo" [E]                                |  |                        |            |
| 63 | 54 | BRAVO                             | Showbiz Moms & Dads [E]                             |                       |  |                      | The Restaurant [E]   |  |   | Blow Out [E]  |  |                        |            |
| 7  | 11 | CBS                               | 60 Minutes [E]                                      |                       | The King of Queens [E]   |                      | The King of Queens [E]   | 48 Hours Investigates [E]  |   | News [E]  | (:35) Late Show Hawke; Bob Sarlatte. (N) [E]     | The Late Late Show [E] |            |
| 24 | 50 | DISC                              | Great White Down Under [E]                          |                       | Surviving the Raging Planet: Dangerous [E]   |                      | Inside the World's Mightiest Bank [E]                                | Sucking Amps The electric car. [E]                                       |   | Mega-Excavators: Reshape the World [E]                                      |  |                        |            |
| 33 | 44 | DISN                              | Kim Possible [E]                                    | The Proud Family [E]  | Even Stevens [E]   | Lizzie McGuire [E]   | Sister, Sister [E]   | That's So Raven [E]  | ★ ★ "Smart House" (1999, Comedy) Ryan Merriman. [E] | ★ ★ "Smart House" (1999, Comedy) Ryan Merriman. [E]                         | (:35) Kim Possible [E]                           |                        |            |
| 49 | 81 | EITV                              | Scream Play [E]                                     |                       | High Price of Fame [E]   |                      | American Idol [E]  | Howard S. [E]  | Howard S. [E]                                       | Celebrities Uncensored [E]  |  |                        |            |
| 22 | 56 | ESPN                              | MLB Baseball: Red Sox at Yankees [E]                |                       |  |                      | Baseball Tonight [E]   | SportsCenter (Live) [E]  |   | Outside [E]   | Baseball [E]                                     |                        |            |
| 54 | 57 | ESPN2                             | (5:30) Today at Wimbledon (N) [E]                   |                       |  |                      | MLB Baseball San Francisco Giants at Los Angeles Dodgers. (Live) [E] |  |   | Dodgers. (Live) [E]   |  |                        |            |
| 32 | 46 | FAM                               | ★ ★ ★ "Rookie of the Year" (1993) Gary Busey [E]    |                       |  |                      | Who's? [E]   | Who's? [E]   |   | The 700 Club [E]  |  | Videos [E]             | Videos [E] |
| 59 | -  | FIT TV                            | Bodies [E]  | In Shape [E]          | Workout [E]  | Fitness [E]          | Peak Performance [E]   | Bodies [E]   | In Shape [E]  | Workout [E]   | Fitness [E]                                      |                        |            |
| 35 | 31 | FMC                               | (:01) ★ ★ ★ "Valley of the Dolls" (1967, Drama) [E] |                       |  |                      | (:05) Hour of Stars [E]  | (:01) ★ ★ "The Final Conflict" (1981) Sam Neill. [E]                     |   |   |  |                        |            |
| 53 | 68 | FOOD                              | Emeril Live "Less is More" [E]                      |                       | BBQ With Bobby Flay [E]  |                      | Foodnation [E]   | Good Eats [E]  |   | Good Eats [E]   |  |                        |            |
| 13 | 7  | FOX                               | That '70s Show [E]                                  | Quintuplets (N) [E]   | The Simple Life [E]  | Method & Red (N) [E] | The Fox Report With Shepard Smith [E]                                | Cagney & Lacey "The Rapist" [E]  |   | Kojak "A Summer Madness" [E]  |  |                        |            |
| 40 | 38 | FX                                | (5:30) ★ ★ ★ "Don't Say a Word" (2001) [E]          |                       |  |                      | Fear Factor [E]  | ★ ★ "Big Momma's House" (2000) Nia Long [E]                              |   |   |  |                        |            |
| 30 | 55 | FXSP                              | I, Max (N) [E]                                      | Rocky Mt. [E]         | America [E]  | NASCAR [E]           | FOX One [E]  | The Best Damn Sports Show Period [E]                                     |   | Rocky Mt. [E]   | I, Max [E]                                       |                        |            |
| 5  | 14 | HBO                               | ★ ★ ★ "Sinbad: Legend of the Seven Seas" (2003) [E] | ★ ★ "PG-13" [E]       |  |                      | William Dafoe. [E]   | ★ ★ "Sinbad: Legend of the Seven Seas" (2003, Action) Tobey Maguire. [E] |   | Spider-Man 2 [E]  | Six Feet Under The Fishers hold a yard sale. [E] |                        |            |
| 62 | 67 | HGTV                              | House [E]   | Spaces [E]            | Weekend [E]  | Weekend [E]          | Curb [E]   | Curb [E]   |   | Home [E]  | Smart [E]  | House [E]              | Spaces [E] |
| 58 | 52 | HIST                              | Modern Marvels "High Voltage" [E]                   |                       | Modern Marvels "Ice Road Truckers" [E]   |                      | Modern Marvels "Log-ging Tech" [E]                                   | Comic Book Super-heroes Unmasked [E]                                     |   | Modern Marvels "High Voltage" [E]   |  |                        |            |
| 25 | 35 | IND                               | Seinfeld [E]  | Seinfeld [E]          | Seinfeld [E]   | Seinfeld [E]         | Sex and the City [E]   | Sex and the City [E]   |   | ★ ★ ★ "The Wedding Singer" (1998, Comedy) Adam Sandler, Drew Barrymore. [E] | (DVS) [E]  |                        |            |
| 18 | 63 | LIFE                              | Providence [E]                                      |                       | ★ ★ "Gracie's Choice" (2004) Kristen Bell. [E]   |                      |  | Golden [E]   | Golden [E]  | The Nanny [E]   | The Nanny [E]                                    |                        |            |
| 23 | 77 | MTV                               | TRL (iTV) [E]                                       |                       | Ashlee [E]   |                      | Direct Effect [E]  | TRL (iTV) [E]  |   | Newlywed [E]  | Newlywed [E]                                     |                        |            |
| 3  | 9  | NBC                               | News [E]  | Ent. Tonight [E]      | Last Comic Standing [E]  |                      | Law & Order "Married With Children" [E]                              | Law & Order "Nowhere Man" [E]  |   | News [E]  | Wimbledon Update (N) [E]                         |                        |            |
| 8  | 8  | NBC                               | Last Comic Standing [E]                             |                       | Law & Order "Married With Children" [E]  |                      | Law & Order "Nowhere Man" [E]  | News [E]   | Wimbledon Update (N) [E]                            | (9:50) The Tonight Show [E]   |  |                        |            |
| 34 | 43 | NICK                              | SpongeBob [E]                                       | Sabrina [E]           | Full House [E]   | Full House [E]       | Boss? [E]  | Cosby [E]  | Roseanne [E]  | Roseanne [E]  | Cosby [E]  |                        |            |
| 2  | 2  | PBS                               | On Stage at the White House [E]                     |                       | Rebels and Redcoats: How Britain Lost America The British must contend with the French navy. [E] |                      | BBC World News [E]   | Two's Company [E]  |   | Charlie Rose (N) [E]  |  |                        |            |
| 38 | 83 | SCIFI                             | "Wishmaster 2" [E]                                  |                       | ★ ★ "Wishmaster 3: Beyond the Gates of Hell" [E]   |                      | ★ ★ "Wishmaster: The Prophecy Fulfilled" [E]                         |  |   |   |  |                        |            |
| 61 | 41 | SPK                               | Trucks! [E]   | Trucks! [E]           | Trucks! [E]  |                      | Star Trek: Next Gener. [E]   | Star Trek: Next Gener. [E]   |   | "The Untouchables" [E]  |  |                        |            |
| 39 | 51 | TLC                               | While You Were Out [E]                              |                       | Clean Sweep "Barbie's Fantasy Clutter House" [E]   |                      | In a Fix An urban oasis is created. [E]                              | What Not to Wear "Michele" [E]   |   | For Better or for Worse "Amanda and Paul" (N) [E]                           |  |                        |            |
| 28 | 37 | TNT                               | Law & Order [E]                                     | (DVS) [E]             | ★ ★ ★ "Crimson Tide" (1995, Suspense) Denzel Washington. [E]                                     |                      | ★ ★ ★ "Crimson Tide" (1995) [E]                                      |  |   |   |  |                        |            |
| 51 | 86 | TRAV                              | Secrets (N) [E]                                     |                       | World Poker Tour "2004 Championship" (N) [E]   |                      | Secrets [E]  |  |   | World Poker Tour [E]  |  |                        |            |
| 21 | 82 | TVLND                             | GreenAcre [E]                                       | GreenAcre [E]         | Addams F. [E]  | Addams F. [E]        | Griffith [E]   | Griffith [E]   | 3's Co. [E]   | 3's Co. [E]   | Cheers [E]                                       | Cheers [E]             |            |
| 60 | 89 | UNIV                              | Mariana de la Noche [E]                             |                       | Amarte es Mi Pecado [E]  |                      | Don Francisco Presenta [E]   | Impacto [E]  | Noticiero [E]                                       | En las Mejores Familias [E]   |  |                        |            |
| 20 | 34 | USA                               | Law & Order [E]                                     |                       | Law & Order [E]  |                      | Monk [E]   | Law & Order [E]  |   | Touching Evil [E]   |  |                        |            |
| 12 | 3  | WB                                | Friends [E]   | Everybody-Raymond [E] | ★ ★ "Josie and the Pussycats" (2001, Comedy) Rachael Leigh Cook, Tara Reid. [E]                  |                      | News [E]   |  |   | Friends [E]   | Will & Grace [E]                                 |                        |            |
| 99 | 36 | WGN                               | ★ ★ ★ "Mermaids" (1990) Cher, Winona Ryder. [E]     |                       |  |                      | WGN News at Nine [E]   | Becker [E]   | Becker [E]  | Eliminate [E]   | 5th Wheel [E]                                    |                        |            |

# Now's The Time to Get In Touch

With 5.9 Cent Long Distance, Now IS the time to stay in touch with your loved ones.

Come by our office today and see how you can take advantage of the lowest long distance around!



S&T Communications

1318 Main Street - Downtown Goodland