

# Hostess' rush to clean maybe a routine



## abigail van buren

• dear abby

DEAR ABBY: I'm writing regarding the letter from "Former Houseguest," who complained about his hostess rushing into the bathroom and scrubbing it every morning after he and his fiancée had showered.

When I was a newlywed, I was an insecure hostess and overly concerned about what my guests might think of the state of my house. Per-

haps she was trying to impress upon them that she was a careful homemaker. Her rushing in to clean the bathroom may have nothing to do with her not wanting them there. — BEEN THERE IN ROWLETT, TEXAS

DEAR BEEN THERE: Perhaps not; other readers read the letter through the prism of their own experiences, too. Read on:

DEAR ABBY: I have a stepdaughter who has a severe case of obsessive-compulsive disorder (OCD). This poor soul can't have company because she must spend all day and all night cleaning the entire house before they arrive. When we visit her, we must be careful not to touch the walls, or she will scrub them, too.

Some people are not even aware that they have this illness until it's so out of control they are advised to seek help. This could be the case with that hostess. It's a terrible illness that results from a chemical imbalance in the brain. — A READER, NASHUA, N.H.

DEAR READER: Thanks for pointing it out. A reader from

Texarkana, Texas, who suffers from OCD e-mailed me to suggest that people who have this disorder should contact the Obsessive-Compulsive Foundation Inc. It offers support and education for people with OCD-related disorders, their friends, families and professionals, and it also supports research into the causes and effective treatments. Its Web site is: [www.ocfoundation.org](http://www.ocfoundation.org). Read on:

DEAR ABBY: I have a different perspective than you on the letter from "Former Houseguest."

I also clean my bathroom every morning, and I am not alone. A lot of people are on a "system" set up by someone we call "the FlyLady." ("Fly" stands for "Finally Loving

Yourself.")

She is a county commissioner in the state of Tennessee, who instructs us to get up, get dressed to the shoes, put in a load of laundry, and make our bathrooms shine — every day, first thing in the morning. The bathroom is then presentable for any guests who might come later in the day.

If you would like to see this for yourself, go to [www.flylady.net](http://www.flylady.net). She is wonderful. She talks about having peace in your homes and a lot of other wonderful things. There are currently 212,899 people following her system. That hostess may well be one of them.

The hostess could have set her routine up long before "Former

Houseguest" arrived. Should she have been expected to modify her daily routine just because she had guests? I don't think so! — FLYING IN OREGON

DEAR FLYING: After reading your letter, I stopped by my neighborhood bookstore and spotted a book by Marla Cilley, the FlyLady. It's titled "Sink Reflections" (published by Bantam Books). It was easy to read and chock-full of helpful ideas for the disorganized, as so many people are today. What I liked most about it was Ms. Cilley's philosophy that organization is most easily achieved not through earthshaking changes, but through a series of baby steps.

TUESDAY EVENING						E= Eagle Cable S=S&T Telephone		JULY 27, 2004				
E	S		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	53	A&E	Biography: Osama Bin Laden: In-Allah		Cold Case Files Alligators help to solve a murder investigation. (N) [E]				Crossing Jordan "As If By Fate" (N) [E]		Biography: Osama Bin Laden: In-Allah	
4	6	ABC	8 Simple Rules [E]	I'm With Her [E]	According to Jim [E]	Less Than Perfect (N) [E]	NYPD 24/7 "Hour Six" (N) [E]		News [E]	(:35) Nightline [E]	(:06) Jimmy Kimmel Live (N) [E]	
26	48	ANPL	King of the Jungle (N)		King of the Jungle Participants are selected.		Animal Cops Detroit "Wild Goose Chase"		King of the Jungle		King of the Jungle Participants are selected.	
63	54	BRAVO	Queer Eye for the Straight Guy "John S."		Things I Hate About You (N) [E]		Queer Eye for the Straight Guy "Al D." (N) [E]		Things I Hate About You (N) [E]		The West Wing "Angel Maintenance" (N) [E]	
7	11	CBS	Navy NCIS "Missing" (N) [E]		Big Brother 5 (N) (N) [E]		The Amazing Race 5 (N) [E]		News (N) [E]	(:35) Late Show John McEnroe; Zach Braff. (N) [E]	The Late Late Show	
24	50	DISC	The Giant Grizzlies Grizzlies of Alaska.		Cracking the Con Game [E]		The FBI Files "Without Remorse" [E]		Great White Shark Uncaged (N)		Big "BBQ" (N)	
33	44	DISN	Kim Possible [E]	The Proud Family [E]	Even Stevens [E]	Lizzie McGuire [E]	Sister, Sister [E]	That's So Raven [E]	★★★ "Johnny Tsunami" (1999, Drama) Brandon Baker, Cary-Hiroyuki Tagawa. [E]			
49	81	EITV	JonBenet Ramsey		Laci Peterson: The El True Hollywood Story [E]				Howard S. [E]	Howard S. [E]	Scream Play	
22	56	ESPN	ESPN25: Who's No. 1		Series-Poker			Series-Poker	SportsCenter (Live) [E]		Outside	Baseball
54	57	ESPN2	ATP Tennis			Karate		Boxing: Tuesday -- Cherry vs. Ramirez			Streetball	Streetball
32	46	FAM	★★★ "Air Bud" (1997) Michael Jeter.					Where? [E]	The 700 Club [E]		Funniest Home Videos	
59	-	FIT TV	Bodies [E]	In Shape [E]	Workout [E]	Fitness [E]	Buff Brides: Challenge		Bodies [E]	In Shape [E]	Workout [E]	Fitness [E]
35	31	FMC	(:01) ★★★ "White Feather" (1955) John Lund					(:01) ★★ "Joanna" (1968) Genevieve Waite.			(:01) "Quest for Fire"	
53	68	FOOD	Emeril Live "Kicked Up Dinner Party"		Roker on the Road	Roker on the Road	Party Starters Mediterranean-themed party. (N)		Iron Chef "Turkey"		Emeril Live "Kicked Up Dinner Party"	
13	7	FOX	Trading Spouses: Meet Your New Mommy (N)		That '70s Show [E]	Quintuplets [E]	The Fox Report With Shepard Smith [E]		Cagney & Lacey "Marathon" [E]		Kojak "Monkey on a String" [E]	
40	38	FX	Cops [E]	Cops [E]	Fear Factor [E] [E]		★★★ "Starship Troopers" (1997) Casper Van Dien.					
30	55	FXSP	I, Max (N) [E]	Rockies	MLB Baseball Los Angeles Dodgers at Colorado Rockies. (Live)						Rocky Mt. [E]	I, Max [E]
5	14	HBO	(5:00) ★★★ "French Kiss" (1995) Meg Ryan.		★★★ "Daredevil" (2003, Action) Ben Affleck. [E] PG-13 [E]		Charlie's Angels		★★★ "Malibu's Most Wanted" (2003) Jamie Kennedy. PG-13 [E]		★★★ "Old School" R' [E]	
62	67	HGTV	Designed	Sensible	Decorating	Design	Designers' [E]	Designers' [E]	Home [E]	Design [E]	Designed	Sensible
58	52	HIST	Tactical to Practical (N) [E]		Tech Effect [E]	Mail Call [E]	Wild West Tech "Military Tech" [E]		Vanishings! [E]	Vanishings! [E]	Tactical to Practical [E]	
25	35	IND	Friends (N) [E]	Friends (N) [E]	Outback Jack (N)		Sex and the City (N) [E]	Sex and the City (N) [E]	Outback Jack		★★ "Mrs. Winterbourne" (1996) [E]	
18	63	LIFE	"Going Underground"		★★ "Three Secrets" (1999) Jaclyn Smith. [E]				Golden [E]	Golden [E]	The Nanny [E]	The Nanny [E]
23	77	MTV	TRL (N) [E]		Backstage [E]	Video [E]	Direct Effect [E]		Choose [E]	Ashlee [E]	Ashlee [E]	MTV Cribs [E]
3	9	NBC	News [E]	Ent. Tonight [E]	Last Comic Standing [E]			Last Comic Standing "Wild Card Show" (N)	Law & Order: Special Victims Unit "Mean" (N)		News [E]	The Tonight Show [E]
8	8	NBC	Last Comic Standing [E]		Last Comic Standing "Wild Card Show" (N)		Law & Order: Special Victims Unit "Mean" (N)		News [E]	(:35) The Tonight Show Jon Cryer, Ricky Fante. [E]	(:37) Late Night [E]	
34	43	NICK	SpongeBob! Romeo! (N) [E]		Fatherhood [E]	Cosby [E]	Cosby [E]	Cosby [E]	Cosby [E]	Cosby [E]	Cosby [E]	Cosby [E]
2	2	PBS	Democratic National Convention 2004				Democratic National Convention in Boston. (Live) (N) [E]		BBC World News	That's My Boy	Charlie Rose (N) (N) [E]	
38	83	SCIFI	(5:00) ★★★ "DNA" (N) [E]		★ "Sabretooth" (2002) David Keith. [E]			David Keith. [E]	★★★ "Pet Sematary Two" (1992, Horror) [E]			
61	41	SPK	MXC (N) [E]	MXC (N) [E]	Real TV [E]	Real TV [E]	Wildest Police Videos		Star Trek: Next Gener.		Star Trek: Next Gener.	
39	51	TLC	While You Were Out [E]		Clean Sweep "Fashion for Clutter" [E]		In a Fix "Backyard Beach Resort" [E]		U.S. Marshals: Fugitive Task Force (N)		Overhaulini "4-4-New" A 1968 Oldsmobile. (N)	
28	37	TNT	Law & Order "Return"		Law & Order [E] (DVS)			Charmed [E]	Angel "Reprise" [E]		The X-Files [E]	
51	86	TRAV	Food Crazy [E]		Made [E]	Made [E]	Road Trip (N)		Food Crazy [E]		Made [E]	Made [E]
21	82	TVLND	Bonanza		Addams F. [E]	GreenAcre [E]	Griffith [E]	Leave [E]	3's Co. [E]	3's Co. [E]	All-Family [E]	Sanford [E]
60	89	UNIV	Mariana de la Noche		Amarte es Mi Pecado [E]		Al Filo de la Ley [E]		Impacto [E]	Noticiero [E]	En las Mejores Familias [E]	
20	34	USA	Law & Order		★★★ "Next Friday" (2000) Ice Cube. (DVS)			Law & Order [E]	Karen Sisco [E]		Karen Sisco (N) [E]	
12	3	WB	Friends (N) [E]	Everybody-Raymond [E]	Gilmore Girls "Scene in a Mall" (N) [E]		Summerland "Kicking and Screaming" (N) [E]		News (N) [E]		Friends (N) [E]	Will & Grace [E]
99	36	WGN	★★★ "Rambo: First Blood Part II" (1985) (N) [E]					WGN News at Nine [E]	Becker (N) [E]	Becker (N) [E]	Elimidate [E]	5th Wheel [E]

WEDNESDAY EVENING						E=Eagle Cable S=S&T Telephone		JULY 28, 2004					
E	S		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	
36	53	A&E	Biography: Geraldo Rivera: Pushing		American Justice		City Confidential Missing ranch hands. [E]		Crossing Jordan "Upon the Wasted Building" [E]		Biography: Geraldo Rivera: Pushing		
4	6	ABC	My Wife and Kids "The Anniversary" [E] [E]		Drew Carey	Drew Carey	Democratic National Convention In Boston.		News [E] (:35) Nightline [E]		(:06) Jimmy Kimmel Live (N) [E] [E]		
26	48	ANPL	World's Biggest and Baddest Bugs		Venom ER		Animal Cops Detroit "Stray Bullets" [E]		World's Biggest and Baddest Bugs		Venom ER		
63	54	BRAVO	Showbiz Moms & Dads [E]		★★★ "The Professional" (1994) Jean Reno. A hit man takes an orphan girl under his wing. 'R'		The West Wing "Life on Mars" [E]		Things I Hate About You (N) [E]				
7	11	CBS	60 Minutes [E] [E]		The King of Queens [E]		Two and a Half Men		Democratic National Convention In Boston.		News [E]	(:35) Late Show Bob Newhart; 213. (N) [E]	The Late Late Show
24	50	DISC	Mastodon in Your Backyard -- Ultimate		Baltimore Tunnel Fire [E]		Into the Death Zone "Volcano Detectives"		Dive to Shark Volcano Underwater volcanos.		Container Ships Large cargo vessels. (N)		
33	44	DISN	Kim Possible [E]	The Proud Family [E]	Even Stevens [E]	Lizzie McGuire [E]	Sister, Sister [E]	That's So Raven [E]	★★★ "Heavyweights" (1995, Comedy) Tom McGowan, Aaron Schwartz. PG [E]				
49	81	E!TV	Chippendales: E! THS		Dr. 90210	Dr. 90210	Scream Play (N)		Howard S.	Howard S.	Showgirls	Showgirls	
22	56	ESPN	(5:00) MLB Baseball Teams to Be Announced.		Baseball Tonight [E]		Baseball Tonight [E]		SportsCenter (Live) [E]		Outside	Baseball	
54	57	ESPN2	ATP Tennis		TbTennis		MLB Baseball Teams to Be Announced. (Subject to Blackout) (Live) [E]						
32	46	FAM	★★★ "The Facts of Life Reunion" (2001) [E]		Where? [E]		Where? [E]		The 700 Club [E]		Videos	Videos	
59	-	FIT TV	Bodies [E] In Shape [E]		Workout [E]		Fitness		Buff Brides: Challenge		Bodies [E] In Shape [E]	Workout [E]	Fitness
35	31	FMC	(:01) "The Duchess and the Dirtwater Fox" (1976)		(:01) Hour of Stars		(:01) Hour of Stars		(:01) ★★★ "This Is My Life" (1992)				
53	68	FOOD	Emeril Live "Our Favorite Sweets" Sweets.		BBQ With Bobby Play		Foodnation		Good Eats [E]		Good Eats [E]		
13	7	FOX	That '70s Show [E]	Quintuplets (N) [E]	The Simple Life 2 [E]	Method & Red (N) [E]	The Fox Report With Shepard Smith [E]		Cagney & Lacey "Rites of Passage" [E]		Kojak "Kiss It All Good-bye"		
40	38	FX	(5:00) ★★★ "Starship Troopers"		★★★ "Armageddon" (1998, Action) Bruce Willis, Billy Bob Thornton.								
30	55	FXSP	I, Max (N)	Rockies	MLB Baseball Los Angeles Dodgers at Colorado Rockies. (Live)		Rocky Mt. [E]		I, Max [E]				
5	14	HBO	★ "Kangaroo Jack" (2002) Jerry O'Connell. [E] PG [E]		★★★ "Antwone Fisher" (2002, Drama) Derek Luke, Joy Bryant. [E] PG-13 [E]		Collateral: First Look [E]		Six Feet Under "Terror Starts at Home" [E] [E]				
62	67	HGTV	House	Spaces	Weekend	Mission	Curb	Curb	Home	Smart	House	Spaces	
58	52	HIST	Modern Marvels "Liberty Ships of WWII" [E]		Modern Marvels Fighting fire with fire. [E]		Modern Marvels "Oil Tankers" (N) [E]		Egyptian Pyramids [E]		Modern Marvels "Liberty Ships of WWII" [E]		
25	35	IND	Family Guy [E]	Family Guy [E]	Seinfeld [E]	Seinfeld [E]	Sex and the City [E]	Sex and the City [E]	★★★ "Pleasantville" (1998, Comedy) Tobey Maguire, Jeff Daniels. [E]				
18	63	LIFE	"Murder or Memory?" [E]		★★ "When He Didn't Come Home" (1998) [E]		Golden [E]		Golden [E]		The Nanny	The Nanny	
23	77	MTV	TRL [E]		Britney Spears		Direct Effect [E]		Hard Rock [E]		Concerts	Newlywed	Newlywed
3	9	NBC	News [E]	Ent. Tonight [E]	Next Action Star "Score to Settle" (N) [E] [E]		Democratic National Convention In Boston.		Law & Order "City Hall" [E]		News [E]	The Tonight Show	
8	8	NBC	Next Action Star "Score to Settle" (N) [E] [E]		Law & Order "City Hall" [E]		Democratic National Convention In Boston.		News [E]		(:35) The Tonight Show [E]	(:37) Late Night [E]	
34	43	NICK	SpongeBob! Amanda		Full House [E]	Full House [E]	Boss? [E]	Boss? [E]	Boss? [E]	Boss? [E]	Boss? [E]	Boss? [E]	
2	2	PBS	Democratic National Convention 2004		Democratic National Convention in Boston. (Live) [E] [E]		BBC World News		Two's Company [E]		Charlie Rose (N) [E] [E]		
38	83	SCIFI	"Silent Predators" [E]		★ "Project Viper" (2002) Theresa Russell. [E]		★★★ "Fangs" (2001) Whip Hubley. [E]						
61	41	SPK	MXC [E]	MXC [E]	Real TV [E]	Real TV [E]	Wildest Police Videos		Star Trek: Next Gener.		"From Russia" [E]		
39	51	TLC	While You Were Out [E]		Clean Sweep "Drowning in Debris" [E]		In a Fix "Living Breathing Room" [E]		For Better or for Worse "Trena and Scott" [E]		For Better or for Worse "Melissa and Jerome" [E]		
28	37	TNT	Law & Order "Hubris"		★★★ "Driven" (2001) Sylvester Stallone. [E]		★★★ "Driven" (2001) Sylvester Stallone. [E]						
51	86	TRAV	Vegas Chall		World Poker Tour Tunica, Miss.		Vegas Chall		World Poker Tour				
21	82	TVLND	Bonanza		Addams F.	GreenAcre	Newhart [E]	BobNwhrt [E]	BobNwhrt [E]	BobNwhrt [E]	All-Family [E]	Sanford	
60	89	UNIV	Mariana de la Noche		Amarte es Mi Pecado		Don Francisco Presenta		Impacto [E]		Noticiero		
20	34	USA	Law & Order		Law & Order		Monk [E]		Law & Order		The Dead Zone [E]		
12	3	WB	Friends [E]	Everybody-Raymond [E]	Smallville "Perry" [E] [E]		Smallville "Relic" [E] [E]		News [E]		Friends [E]	Will & Grace [E]	
99	36	WGN	★★★ "RoboCop 2" (1990) Peter Weller.		WGN News at Nine [E]		Becker [E]		Becker [E]		Elimidate [E]		5th Wheel

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THURSDAY EVENING						E=Eagle Cable S=S&T Telephone		JULY 29, 2004				
E	S	6 pm		6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	53	A&E	Cold Case Files Bite marks lead to a murder conviction; woman found dead in her bathtub. [E]				The First 48 "Killing Spree" (N) [E]		Crossing Jordan "Scared Straight" [E]		Cold Case Files [E]	
4	6	ABC	Whose Line?	Whose Line?	Extreme Makeover [E]		Democratic National Convention In Boston.		News [E]	(:35) Nightline [E]	(06) Jimmy Kimmel Live (N) [E]	
26	48	ANPL	Amazing Animal Videos Love stories. [E]		Growing Up... "Growing Up Elephant" [E]		Animal Cops Detroit "Task Force Action"		Amazing Animal Videos Love stories. [E]		Growing Up... "Growing Up Elephant" [E]	
63	54	BRAVO	Queer Eye for the Straight Guy "Al D."		Celebrity Poker Showdown Celebrities compete for charity. (N) [E]		The West Wing "Commencement" [E]		Celebrity Poker Showdown [E]			
7	11	CBS	Big Brother 5 (Live) [E]		CSI: Crime Scene Investigation [E] (DVS)		Democratic National Convention In Boston.		News [E]	(:35) Late Show (N) [E]	The Late Late Show	
24	50	DISC	Sharks in a Desert Sea		Ghost Detectives [E]		Into the Death Zone "Deep Sea Dangers"		Bull Shark: World's Deadliest Shark (N)		Lived to Tell Astonishing situations. (N)	
33	44	DISN	Kim Possible [E]	The Proud Family [E]	Even Stevens [E]	Lizzie McGuire [E]	Sister, Sis-ter [E] That's So Raven [E]		★★★ "Double Teamed" (2002, Drama) Annie McElwain, Poppi Monroe. [E]		(2002, Drama) Annie	
49	81	EITV	Bill Clinton: All the President's Women				John Walsh: THS		Howard S. [E] Howard S. [E]		Awards [E]	Dr. 90210 [E]
22	56	ESPN	Streetball [E]	Streetball [E]	Streetball [E]	Streetball [E]	Baseball Tonight [E]		SportsCenter (Live) [E]		Burning [E]	Outside [E]
54	57	ESPN2	ATP Tennis		Cheerlead		WNBA Basketball: Sparks at Monarchs				Baseball Tonight [E]	
32	46	FAM	★★★ "Back to the Future Part II" (1989) [E]				Whose? [E] Whose? [E]		The 700 Club [E]		Funniest Home Videos	
59	-	FIT TV	Bodies [E] In Shape [E]		Workout [E] Fitness [E]		Buff Brides: Challenge		Bodies [E] In Shape [E]		Workout [E] Fitness [E]	
35	31	FMC	(:01) ★★★ "Fathom" (1967) Tony Franciosa.		(:01) Altmann: On His Own Terms						"The Mephisto Waltz" [E]	
53	68	FOOD	Emeril Live "Great Gobs of Garlic" [E]		Food Finds "Denver" [E] Recipe for Success [E]		Amer. Festivals [E] Amer. Festivals [E]		Iron Chef "Quail" Quail battle.		Emeril Live "Great Gobs of Garlic" [E]	
13	7	FOX	★★ "Nutty Professor II: The Klumps" (2000, Comedy) Eddie Murphy, Janet Jackson.				The Fox Report With Shepard Smith [E]		Cagney & Lacey "Re-venge" [E]		Kojak "Lady in the Squad Room" [E]	
40	38	FX	(4:30) ★★ "Armageddon" (1998) Bruce Willis.				Fear Factor [E] [E]		★★★ "Romancing the Stone" (1984, Adventure)			
30	55	FXSP	I, Max (N) [E] Rockies		Rockies [E] NASCAR		Sports List [E] Best Damn		Sports Show Period [E]		Rocky Mt. [E] I, Max [E]	
5	14	HBO	(5:15) ★★ "Look Who's Talking" (1989)		★★★ "My Big Fat Greek Wedding" (2002) Nia Vardalos, PG [E]		I, Robot: 1st [E]		★★★ "And Starring Pancho Villa as Himself" (2003, Comedy-Drama) Antonio Banderas, [E]			
62	67	HGTV	Weekend [E] Landscap	Design [E] Designers' [E]	House [E] House [E]		Home [E] Home [E]		Design [E] Design [E]		Weekend [E] Landscap	
58	52	HIST	Punishment The evolution of criminal punishment. [E]				Modern Marvels "High Tech Sex" [E]		Command Decisions [E] Decisive Battles [E]		Punishment [E]	
25	35	IND	★★ "Blue Streak" (1999) Martin Lawrence. A thief poses as a cop to retrieve a hidden diamond.				(:10) ★★ "Blue Streak" (1999) (PA) Martin Lawrence. A thief poses as a cop to retrieve a hidden diamond. [E] (DVS)				"Another Stakeout" [E]	
18	63	LIFE	"Moment of Truth" [E]		"Her Hidden Truth" (1995) Kellie Martin. [E]		The Division [E]		The Nanny [E]		The Nanny [E]	
23	77	MTV	TRL [E] [E]		Discover [E] Pimp Ride [E]		Direct Effect [E]		Battle [E] MTV Crips [E]		Punk'd [E] Punk'd [E]	
3	9	NBC	News [E] Ent. Tonight [E]		Will & Grace [E] Scrubs [E]		Democratic National Convention In Boston.		Last Comic Standing (Same-day Tape) [E]		News [E] The Tonight Show [E]	
8	8	NBC	Will & Grace [E] Scrubs [E]		Last Comic Standing (Live) [E] [E]		Democratic National Convention In Boston.		News [E] (:35) The Tonight Show [E]		(:37) Late Night [E]	
34	43	NICK	SpongeBob [E] Grown Up [E]	Full House [E] Full House [E]		Roseanne [E] Roseanne [E]		Roseanne [E] Roseanne [E]		Roseanne [E] Roseanne [E]	Roseanne [E]	
2	2	PBS	Democratic National Convention 2004 Democratic National Convention In Boston. (Live) [E] [E]				National Convention In		BBC World News [E] Keeping Up [E]		Charlie Rose (N) [E] [E]	
38	83	SCIFI	"Tremors" [E]		★★ "Tremors 3: Back to Perfection" (2001) [E]				★★ "Revelation" (2001) Terence Stamp. [E]			
61	41	SPK	MXC [E] MXC [E]		Real TV [E] Real TV [E]		Wildest Police Videos [E]		Star Trek: Next Gener. [E]		MXC [E] MXC [E]	
39	51	TLC	While You Were Out [E] Clean Sweep "This Little Piggy Went Away" [E]				In a Fix "Nature Within" Cheap fixtures give way.		Overhaulin' "4-4-New" A 1968 Oldsmobile.		Help Wanted "Mayor of a Key West" (N)	
28	37	TRV	★ "Gone in Sixty Seconds" (2000) Nicolas Cage. [E] (DVS)				★ "Gone in Sixty Seconds" (2000) Nicolas Cage. [E] (DVS)					
51	86	ATL	Alaska Wide Open [E]		Dead or Alive in Alaska [E]		Facing the Yukon [E]		Alaska Wide Open [E]		Dead or Alive in Alaska [E]	
21	82	TVLND	Bonanza "Gabrielle" [E]		Addams F. GreenAcre [E]		Griffith [E] Leave [E]		3's Co. [E] 3's Co. [E]		All-Family [E] Sanford [E]	
60	89	UNIV	Mariana de la Noche [E]		Amarte es Mi Pecado [E]		Aqui y Ahora [E]		Impacto [E] Noticiero [E]		En las Mejores Familias [E]	
20	34	4	Law & Order [E]		★★★ "Jurassic Park" (1993) Sam Neill, Laura Dern. [E]						"Jurassic Park" (1993)	
12	3	WB	Friends [E] Everybody-TV [E]		Blue Collar [E] Reba [E] [E]		Studio 7 (N) [E] [E]		News [E] [E]		Friends [E] Will & Grace [E]	
99	36	WGN	★★ "Iron Eagle II" (1988) Louis Gossett Jr. [E]				WGN News at Nine [E]		Becker [E] Becker [E]		Eliminate [E] 5th Wheel [E]	