Group provides help to troubled marriages

DEAR ABBY: "Distancing in Washington" wrote that after 10 years of marriage and two daughters, she and her spouse are on the verge of divorce. You recommended Marriage Encounter.

Abby, her difficulty appears to be a bit beyond the scope of Marriage Encounter. Marriage Encounter is for marriages in good shape looking to improve.



I suggest she check into Retrouvaille.org. This international program was developed in 1976 by Marriage Encounter couples in Quebec, Canada, for the purpose of addressing serious marriage problems. Let me give you an analogy: Mar-Retrouvaille is an overhaul for marriages in danger of falling apart.

sis on the communications techniques needed to repair hurting marriages, including 12 post-weekend sessions of about two hours each. My wife and I have been involved in both programs. (All the people involved in Marriage Encounter and Retrouvaille are volunteers.) The steps in Marriage Encounter are romance, disillusionment and joy. In Retrouvaille, the steps are romance, disillusionment, misery and hope.-G.H. FROM ARIZONA

marriages NOT in crisis. add that although Retrouvaille is a program under the umbrella of the Catholic Church, Catholic theology Retrouvaille places strong empha- is NOT part of the program and a READER IN CORAOPOLIS, PA.

couple's religion (or lack of religion) is never a factor — nor is anyone's financial status.

Read on:

DEAR ABBY: "Distancing in Washington" said that she is no longer attracted to her husband and that her two beautiful daughters come first before anything. Her problem may be that her priorities are out of order.

Children should be a welcome addition to the family — not the center DEAR G.H.: Thank you for of it. She and her spouse need to make riage Encounter is a "tune-up" for straightening me out. I would like to a date once a week to focus on each other and remember the reasons they married. Children eventually leave if you do your job right. ---

DEAR READER: I agree. when I read the letter from "Distancing in Washington." She should run with her husband to their doctor and ask for a complete physical exam with blood work. If he won't go, she should talk with his doctor.

My kind and gentle husband of 10 years sat me down a week ago and told me he's addicted to pain pills and has been for three years. (His doctor had prescribed them to control chronic back pain.) Her letter scared me because that is how it all started $in \, my \, marriage \, -\! with \, fights, loss \, of$ affection and physical contact. My friendly, well-educated, hardworking husband slowly turned into

a withdrawn, exhausted stranger who DEAR ABBY: My blood froze snapped at the kids, ignored me and couldn't keep a job. I thought he was depressed, tired, getting old and no longer in love with me. Now I find that he has a terrible addiction. Please urge "Distancing" to seek help now - before she is in my position. I am hanging on by my fingernails hoping my wonderful husband will reappear out of the wreckage. — KNOWS BETTER NOW IN MAINE

DEAR KNOWS BETTER: Thank vou for the reminder that changes in personality can indicate that something is medically wrong and should be brought to the attention of one's physician. I'm keeping my fingers crossed for your husband's recovery.

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Е	S		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	53	A&E	Biography " man" Larry H	Larry Hag- Iagman. (N)	American Ju "Stacey's Sto		City Confide ford: Death a		Crossing Jo Honor" A CC		Biography "I man" Larry H	Larry Hag- lagman.
4	6		My Wife and Kids and Kids		Drew Carey Drew Carey		The Ultimate Love Test (N) ∩ ₪		News 💷	(:35) Night- line	(:06) Jimmy Kimmel Live ∩ ₪	
26	48	ANPL	The Crocodile Hunter Diaries "British Gorillas"		Most Extreme: Births Extreme births.		Animal Cops Detroit "Trapped in Trash" (00		The Crocodile Hunter Diaries "British Gorillas"		Most Extreme: Births Extreme births. @	
63	54	BRAVO	Showbiz Moms & Dads				Blow Out Jonathan is		The West Wing "Swiss Diplomacy" A 📧		The Restaurant \cap 📧	
7	11	CBS	60 Minutes 🎧 📧		The King of Still Stand- Queens \cap ing \cap \textcircled{III}		48 Hours Investigates ∩ [™]		News A (:35) Late SI		now \cap 📧	The Late Late Show
24	50	DISC	Natural Wonders: The Southern Rockies		Dangerous Sea: The Alaskan Fishing Story		Casino Di- aries aries		Anatomy of a Tiger Bite		Turning Torso Large res idential structure. (N)	
33	44		Kim Possi- ble 📧		Even Stevens 📧		Sister, Sis- That's So		★★ "George of the Jung Christopher Showerman,		ale 2" (2003. Comedv)	
49	81	E!TV	Heather Loc	klear: The E!	True Hollyw	ood Story	Scream Play	/ (N)	Howard S.	Howard S.	Celebrities l	Incensored
22	56			Baseball Tear			Baseball To	night 🗉	SportsCente	er (Live) 📧	Outside	Baseball
54	57	ESPN2	Auto Show		Auto Show		MLB Baseba	all Teams to E	Be Announced	. (Subject to I	Blackout) (Liv	e) 💷
32	46	FAM		e Perfect" (19	197) Jennifer A		Whose?	Whose?	The 700 Clu		Videos	Videos
59	-	FIT TV	Bodies		Workout	Fitness	Peak Perfor	mance \cap		In Shape	Workout	Fitness
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53	68	FOOD	Emeril Live squash soup	Curried	BBQ With Bobby Flay	Foodnation	Good Eats Good Eats		Iron Chef "Giant Lobster" Makoto Osada.			
13	7	FUX	Show A		Life 2	Red (N) A			Cagney & Lacey "Post Partum" ©		Kojak "A Hair-Trigger Away"	
40	38		(4:30) ★½ "/	Armageddon	" (1998) Bruc	e Willis.	Fear Factor		★★★½ "Die Hard" (1988) Bruce Willis.			
30	55	FXSP	I, Max (N)	Rocky Mt.	America	Rockies	MLB Baseba	all Colorado F	Rockies at San Francisco Giants. (Live)			
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62	67	HGTV	House	Spaces	Weekend	Mission	Curb	Curb	Home	Smart	House	Spaces
58	52	пізі	Modern Mar Mines" Salt o	dependency.	Mines" 💷		Modern Marvels "Silver Mines" @		dig for rough diamonds.		Modern Mar Mines" Salt c	lependency.
25	35		Family Guy	Family Guy ∩ ₪	Seinfeld ∩	00	the City \cap the City \cap		★★★ "It Could Happen Drama) Nicolas Cage, Bri		to You" (199 dget Fonda.	4, Comedy-
	63		Providence	$\cap \square$	"Farewell, M		99) Gabrielle I		Golden	Golden	The Nanny	The Nanny
23	77	MTV	TRL (iTV) ∩	-	Video		Direct Effect		Hard Rock		Newlywed	Newlywed
3	9	NBC	News 📧	Ent. To- night	The Next Ac "The Captive	s" (N) 📧	Law & Orde	r "Shrunk"	Law & Order	r ∩ œ	News 📧	The To- night Show
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34	43	-	Oddparents			Full House		Boss?	Boss?	Boss?	Boss?	Boss?
2	2	PDO	National Ge	• •	American Masters "Judy Garland: By M		•	BBC World Two's Com-Charlie Rose (N) (News		()		
	83		(5:00) ★½ "\$				anie Niznik. (othy Busfield.	
61	41			MXC ∩	Hrsepwer		Star Trek: N	ext Gener.	Star Trek: N		"World Is No	
39		TLC			Clean Sweep "Meditation		In a Fix "Gentleman's Den" 📧		guitarist's new look.		For Better or for Worse "Marisol and Victor" (N)	
28	37	TNT	Law & Order I (DVS)				ama) Al Pacino, Robert De				Law & Order "Nurture"	
	86	TRAV	Vegas Chall	enge III (N)	World Poker	Tour "Grand	Prix de Paris		Vegas Challe	enge III	World Poker	Tour 📧
21	82		Bonanza		Addams F.	GreenAcre	ALF	ALF	ALF	ALF	ALF	Sanford
60		UNIV	Fútbol Mariana		Amarte es Mi Pecado		Don Francisco Presenta				En las Mejores Familias	
20	34		Law & Orde		Law & Order		Monk 💷		Law & Order		The Dead Zo	one 💷
12	3	WB	Friends A	Everybody- Raymond	Smallville "Exile" (Part 1 of 2) C		Smallville "Phoenix" (Part 2 of 2) ©		News \cap		Friends O	
99	36	WGN	McMillan an	d Wife "Greed	d"		WGN News		Becker ∩	Becker ∩	Elimidate	5th Wheel



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T	Ή	URS	DAY E	/ENINC	3		Eagle Cable &T Telephone	9		J	IULY 8,	2004	
Е	S		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	
36	53	A&E	Cold Case F	iles A scientis	st's murder is	solved. 📧	First 48		Crossing Jo	rdan ∩ 📧	Cold Case Files A scien- tist's murder is solved.		
4	6	ABC	Whose Line?	Whose Line?	dom Hospita	dom Hospital (N) 🖻		Primetime Thursday 📧		(:35) Night- line 💷	(:06) Jimmy Kimmel Live ∩ ₪		
26	48	ANPL	Amazing An Baby animals		Most Extrem		Animal Cops Detroit "Embedded Chain" III		Amazing An Baby animal	Amazing Animal Videos Baby animals. III		ne "Disguise"	
63	54	BRAVO	Queer Eye for Straight Guy	/ "John S."	for charity. (N) CC	wn Celebrities compete		The West Wing "Arctic Radar" ೧ ©		Celebrity Po down 📧	ker Show-	
7	11	CBS	Big Brother	5 (N) ∩ 🕮			Without a Trace "The Bus" ∩ ແ		News A (:35) Late S			The Late Late Show	
24	50	DISC	Nature's Dea Fossils of an	imals. 📧	Demolition Derby 📧		Real LAPD "In the Line of Fire"		Anatomy of a Snake Bite (N)		Hitler's Bunk	story "Inside er"	
33	44	DISN	Kim Possi- ble 🕮	The Proud Family 💷	Even Stevens 📧	Lizzie McGuire	Sister, Sis- ter ∩ ₪	That's So Raven 💷	Voices of Joe	er & Compan ey Lawrence.	y " (1988) G' 📧	Dave the Barbarian	
49	81	E!TV	Star-Makeov		Star-Makeov		Star-Makeo		Howard S.		Awards	Uncensord	
22	56	ESPN	Series-Poke		Series-Poke	r	Baseball To	night 💷	SportsCente		Burning	Outside	
54	57	ESPN2	WNBA Bask			-	Bull Riding		Bull Riding		Baseball To		
32	46	FAM			ss " (1995) Ele		Whose?	Whose?	The 700 Clu		Funniest Ho		
59	•			In Shape		Fitness	Peak Perfor			In Shape	t	Fitness	
35	31	FMC	Frankenstei		Making the (artbeats" (19		(:03) "Call N		
53	68	FOOD	Emeril"		(N) Success		Amer. Fes- tivals tivals		Iron Chef "Battle Potato"		Emeril Live "Prime Time Emeril"		
13	7	FOX	Shower" ∩	bower" \cap 📧		Tru Calling "The Get- away"		The Fox Report With Shepard Smith		Cagney & Lacey "The Man Who Shot Trotsky"		Kojak "A Shield for Mur- der" (Part 1 of 2)	
40	38	FX		Cops 📧	Cops CC Cops CC				(/	medy) Dan Monahan.			
30	55	FXSP	I, Max (N)	Rockies		Golf Life Rockies		MLB Baseball Colorado Rockies * "The Adventures of Pluto Na		1	1		
5	14	HBO	Allen, Julie B	owen. A 'PC	I I		(2002) Eddie Murphy. 🎧		PG-13' C 1st		*** * "Capturing the Friedmans" (2003)		
62	67	HGTV		Landscapr	Design	Designers'	House Modern Mar	House	Home	Design		Landscapr	
58	52	HIST	The Doomso		(N) CC	/		vels "Nu- N) [0]	Inside the N Suicide Bon	nber 📧	The Dooms	,	
25 10	35	IND	transforms a	milquetoast i	nto a mighty r	nan.	A mask trans	(:10) ★★★ "The Mask" (A mask transforms a milqu ?" (1005) Kathy Pates		mighty man.	CC	(:20) ★ ★ "Big Bully"	
18 23	63 77	LIFE MTV	Providence			res Claiborne" (1995) Kathy Bates. ₪ Real World Direct Effect ∩			Deci Deles	Golden	The Nanny	The Nanny	
23	11	IVIIV	TRL (iTV) ∩						Road Rules Road Rules		News CC	Pimp Ride	
3	9	NBC	News 📧	Ent. To- night	CC	(:40) Friends With Phoebe	's Wedding"	(:20) Will & Grace III	and Heartbre	as Vegas "Hellraisers nd Heartbreakers" III		The To- night Show	
8 34	8 43	NBC	Friends A	(:40) Friends With Phoebe	's Wedding"	Grace 📧	Las Vegas " and Heartbre	eakers" 📧	News	(:35) The To (N) ∩ ©		(:37) Late Night (N)	
			Oddparents Sunflower	Garcia Kansas	Full House The New Thi				Roseanne BBC World	Roseanne Keeping Up	1		
2	2	PBS	Journeys	Spotlight	House Hour		Wide Angle (N) ∩ 🕅		News * "Soulkeeper" (2001		Charlie Rose (N) \cap (C)		
38	83	SCIFI	(5:00) "Webs	//	★★ "Arach	/							
61	41	SPK			Hrsepwer Clean Swee	nrsepwer	Star Trek: N		Star Trek: Next Gener.				
	51	TLC				by clutter.	In a Fix "Villa		Science 💷		Mostly True Stories: Ur- ban Legends Revealed		
	37	TNT	Law & Order			** "The Peacemaker" (e Clooney. <u>[</u>			eacemaker" (1997) To Survive		
	86	TRAV	Wonders We	est	To Survive	0	To Survive	1		Wonders West		0	
	82		Bonanza	. NL	Addams F.				3's Co. 3's Co.		All-Family Sanford		
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20	34	USA	Law & Orde				an Walsh, Lau						
12	3	WCN	00	Raymond	Pepsi Smasl	()	Jamie Kennedy	Jamie Kennedy	News A C		CC	Will & Grace III	
99	30	WGN	INCMIIIAN an	a wite "Cross	s and Double-	UTOSS	WGN News	at Nine 💷	Becker ∩	Becker ∩	Elimidate	5th Wheel	

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F	FRIDAT EVENING S=SE							Eagle Cable &T Telephone			JULY 9,		
Е	S		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30	
36	53	A&E	Biography "/ Wuornos" CC	Aileen	Biography: Speck: Natu		Biography " River Killer"		American Ju Soldier's Sec		Biography " Wuornos" CC		
4	6	ABC	George Lo- pez 🔟	Married to the Kellys	Hope & Faith 💷	Life With Bonnie ∩	20/20 🕅		News 📧	(:35) Night- line III	(:06) Jimmy Live ∩ ₪	Kimmel	
26	48	ANPL	Unexplained plored Freak	s of nature.	Born Differe breeding.		Animal Cops Detroit "A Real Champ" 📧		Unexplained, Unex- plored Freaks of nature.		Born Differe breeding.	ent Animal	
63	54	BRAVO	man takes ar	Professional' n orphan girl u	under his wing	g. 'R'	journalist and	d his lawyer ta	in Las Vegas" (1998) Johr ake a drug-induced road tri		p. 'R'	Celebrity Poker	
7	11	CBS	mous" ∩ 📧	adia "Anony-	∩ 📧 (DVS)		48 Hours In "It's Just Sex	<u>" </u>	News ∩ (:35) Late S		how ∩	The Late Late Show	
24	50	DISC	Pataparu: M Without Thu				Great Biker "Combined G	Genius"	American C		American C "Miller Electr	ic 2" 📧	
33	44			Family 📧	00	Lizzie McGuire	Future (N)	That's So Raven 💷	Close, Ioan (Gruffudd. 'G'`l			
<u> </u>	81		Star-Makeov		Star-Makeo		Star-Makeo		Howard S.		Uncensord	1	
22	56	ESPN ESPN2	1	Baseball Tear			Baseball To		SportsCente	/	Outside	Baseball	
54	57		Series-Poke		Boxing Friday Night Fight ting" (1997, Drama) Matt D		s Ebo Elder vs. Fernand				Karate	Karate Daid Drog	
32	46	FAM FIT TV						Whose?	The 700 Clu		Paid Prog.	Paid Prog.	
59 35	- 31	FILTV			Workout	Fitness	Peak Perfor		Bodies	In Shape	Workout	Fitness	
53	68	FOOD	Emeril Live				The Secret		Iron Chef M Shuichi Fuji.	orimoto vs.	to vs. Emeril Live "Soul Fo Soul food recipes.		
13	7	FOX	The Bernie		The Jury "La (iTV) ∩ ₪	ast Rites"	The Fox Rep Shepard Sm		Cagney & L Stage Cente	acey "Exit r" 📧	Kojak "A Shield for Mulder" (Part 2 of 2)		
40	38	FX	Cops 📧		Fear Factor		Fear Factor ∩ . Fear Factor ∩				Fear Factor		
30	55	FXSP				NASCAR	America		amn Sports S			I, Max	
5	14	HBO	"Baby's Day Out"	(:45) * * * Comedy) Nia	My Big Fat Greek Weddi Vardalos, John Corbett. (ing" (2002, Just a Clown (N)		*** "The Matrix Reloa Reeves. Freedom fighters		revolt against machine		
62	67	HGTV	Debbie Trav	is' Facelift	Design	Design	Sensible Sensible		Home	Sensible	Debbie Trav	vis' Facelift	
58	52	HIST	vanced aircra	aft. 🖸			mariners sha	re stories. 📧			Stealing the fortress III	•	
25	35	IND	Tommy Lee	in Black" (19 Jones, Will Sn	nith. 🖸		Tommy Lee	Jones, Will Si	1	Fiction) (PA)	(1996) Jim C	Carrey.	
18	63 77	LIFE MTV		s Before Dy			What Should		Merge CC			The Nanny	
23 3	9	NBC		Ent. To- night	Swimming U Trials. (Taped	J.S. Olympic	Direct Effect Dateline NBC "Las Ve- gas Crime Stories" (N)		True Life "Surviving High Las Vegas "Nevada State" \cap III		News CC	Viva Bam The To- night Show	
8	8	NBC	Swimming L Trials. (Taped	J.S. Olympic	Dateline NB gas Crime Si	C "Las Ve-	Las Vegas " State" A CC	Nevada	News		night Show	(:37) Late Night (N)	
34	43	NICK	· · · ·	ron: Bov Ger		Phantom		I	Full House		Full House		
2	2	PBS	Washington	Wall \$treet- Fortune	Market to Market	Kansas Week	Now With B (N) ∩ ∞	ill Moyers	BBC World News	Red Green	Charlie Ros		
38		SCIFI	From Starga	ite	Stargate SG	-1 "New Orde	r" (Season P	remiere) (N)	Stargate SG	-1 "New Orde	er" ∩ 🖸		
	41			MXC ∩	Hrsepwer	Hrsepwer	Star Trek: N		Star Trek: N	ext Gener.	Deep Space	9	
39	-	TLC	While You Were Out 📧		Clean Sweep "The Toy		In a Fix Marriage propos- al and improvements.		While You Were Out 📧		While You Were Out Liv ing room. (N)		
$ \rightarrow $	37	TNT	★★★½ "Three Kings" (1999) George Cloone								e Clooney. 📧		
	86		World's Bes	t [CC]	Cruise Ship		Great Cruis		World's Bes		Cruise Ship		
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