

Cook digs into ‘Recipe Box’

Cooking has been Katharine Giles’ hobby and passion for over 30 years. She started writing cookbooks in the 1980’s.

The following recipes and information are from “My Recipe Box” by Giles. This cookbook also contains over 400 mixed drink recipes from when the author was a day manager of a night club.

This recipe for bread went across the country with the covered wagons. The ingredients do not require refrigeration and the bread gets better with age.

Anadama bread
1 1/2 cups water
1/2 cup cornmeal
2 teaspoons salt
6 tablespoons butter
1/2 cup molasses
2 packages dry yeast
1/2 cup warm water
6 cups flour
In a saucepan heat water, cornmeal, salt, butter and molasses. Stir until thick and bubbly. Pour into a large bowl and cool to lukewarm. Sprinkle yeast in very warm water and stir to dissolve. Add to the cornmeal mixture. Beat in 2 cups of flour until blended. Stir in 3 more cups flour, 1 cup at a time. Put mixture on a floured board



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• postscript

and knead 10 minutes. Place dough in a greased bowl, cover and let rise 1 1/2 hours.

Punch down, knead and shape into a ball. Press into a 10 cup baking dish.

Brush top with shortening and sprinkle with cornmeal. Let rise 1 hour. Bake for 50 minutes at 375 degrees. If you let the bread set overnight the flavors blend and it slices better.

Corn bread
This recipe is over 100 years old.
1 cup cornmeal
1 cup flour
1/4 cup sugar
5 teaspoons baking powder
3/4 teaspoon salt
1 cup milk
1 egg, beaten
2 tablespoons shortening
Preheat to 375 degrees. Into a large bowl sift the dry ingredients together. Add the rest of the ingre-

dients and mix well. Bake in a shallow buttered pan for 20 minutes.

Celery Slaw
10 tender celery stalks
1 red apple
1 7 ounce can pineapple tidbits, drained
1 cup walnuts, chopped
2/3 cup celery dressing
Trim and wash celery. Thinly slice. Core, seed and dice apple with peel left on. Combine celery, apple, pineapple and walnuts in a bowl. Toss to mix and dress with celery dressing.

Celery Dressing
1 10 3/4 ounce can cream of celery soup
1/4 cup sugar
1/4 cup vinegar
1 teaspoon garlic powder
1/2 teaspoon dry mustard
1 teaspoon onion powder
1 teaspoon celery seeds
In a blender combine all the ingredients except celery seeds. Blend on low speed for 8 to 10 seconds on low speed. Stir in the celery seeds and pour into a glass jar. Cover and refrigerate until needed. Before using shake well.

Foundation makes scholarships available

The Dane G. Hansen Foundation will make 220 scholarships available in five categories to students in 26 northwest Kansas counties this year, an increase of 32.

Students from accredited high schools or registered independent, private and home schools in Sherman, Cheyenne, Wallace, Thomas, Cloud, Decatur, Ellis, Ellsworth, Gove, Graham, Jewell, Lincoln, Logan, Mitchell, Norton, Osborne, Ottawa, Phillips, Rawlins, Republic, Rooks, Russell, Saline, Sheridan, Smith and Trego counties are eligible.

Ten Leaders of Tomorrow Scholarships for \$5,000 will be given, renewable for three years. Recipi-

ents must attend an accredited four-year Kansas college.

Thirty-five Hansen Scholarships are offered with stipends of \$3,000, renewable for one year with a 3.00 grade average. Recipients must attend an accredited four-year Kansas college.

Seventy Hansen Student Scholarships of \$2,000 each (non-renewable) are offered. Recipients may attend any accredited college or community college in Kansas.

To qualify, a student must have at least a 3.50 grade point average in high school. The student should be an active participant in extracurricular school and community activities, display good citizenship,

leadership and moral integrity and be proficient in written and speaking skills.

Students planning need to register at their schools and take the qualifying test. Tentative test dates are Thursday and Friday, Sept. 23 and 24.

The foundation also offers 90 Vocational Education Scholarships (non-renewable) to high school seniors. An applicant for the \$1,500 scholarship must complete an application available from the high school counselor or principal.

The scholarship committee will be interested in the student’s character, activities, goals and six-semester grades.

Summer patch is blight of lawns

Kentucky bluegrass can make a beautiful lawn but is often damaged by diseases during our Kansas summers. One of the most serious diseases is summer patch.

This is a root rot disease that infects the turf during the spring, but symptoms normally don’t appear until the weather turns hot and dry.

Infected roots are unable to supply the leaves with water, leading to a collapse of the plant. I have been seeing a lot of it this summer.

To identify the disease, look for circular or arc-shaped patches of blighted turf that range in size from a few inches to a foot or so in diameter. If you see a patch two to three feet in diameter, it isn’t summer patch.

Diseased patches usually have a frog-eye appearance, i.e., a ring of dead grass with a clump of healthy grass in the center. You will almost always see multiple frog-eye spots in the lawn when summer patch is active.



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• ag notebook

If you only see one spot, ask the owners if they have a dog. A female dog that urinates on the lawn can cause a spot that looks somewhat like summer patch, though it is often smaller and does not have the frog-eye pattern.

The roots on bluegrass damaged by summer patch will be rotted and may have a black discoloration. In order to see this, you have to dig up the turf and wash the roots.

The fungus that causes summer patch is soil-borne and appears to remain in a lawn indefinitely. During April and May, the fungus colonizes the bluegrass roots but does not cause symptoms on the leaves.

Symptoms normally develop in late June or July, in hot weather fol-

lowing periods of heavy rains. This is one reason we are seeing the disease show up now.

Note that by the time foliar symptoms appear, the fungus has been rotting the roots for several months. Treatments applied after you see the disease are rarely effective.

The disease is perennial, meaning patches will develop in the same location year after year. This fungus is extremely difficult to control. Certain cultural practices, such as avoiding fast-release nitrogen sources, proper timing of nitrogen applications, proper irrigation, reducing compaction and raising mowing heights will help reduce the disease.

matters of record

Real Estate

The following real estate transactions were reported by the Sherman County Register of Deeds:

Paul F. and Marilyn F. Bailey, of Thomas County, to Chad Stewart the west 115 feet, Lots 13 and 14, and all of Lot 15, Block 33, Second Addition to the City of Goodland.

Robert C. and Mary C. McCullough to Scott A. and Nancy S. Gilmer, Lots 1 and 2, Block 2,

Sappa Creek Development also know as a track of land in the N/2, Sec. 24, T8S, R41W.

Charles R. and Lavanda Cress, of El Paso County, Colo. to Richard L. and Susan L. Probis, Lots 9 and 10, Block 44, Beham’s Addition to the City of Goodland.

Marco R. Ault and Yvonne S. Ornelas to Marco R. Ault, Lot 6 and 7, Block 24, Second Addition to the City of Goodland.

Jacquelyn G. Beal to Cheryl L. Krentz the north 20 feet, Lot 10, and the south 40 feet, Lot 11, Block 34, Academy Addition to the City of Goodland.

James and Rebecca A. Schmittberger, formerly know as Rebecca Ann Smith and formerly know as Rebecca A. Hovis, of Brown County, to Arthur and Mary L. Cabral, Lot 21, the south 15 feet, Lot 22, Block 8, C.K. & N. Addition to the City of Goodland.

We would like to thank everyone who stopped by our booth at the Northwest Kansas District Free Fair and registered for our drawing. The winners are:

Susan Probis	one year subscription
Gene Overmiller	six months subscription
Laura Dittbrenner	six months subscription
Inez DePlata	three months subscription
Bryon Wilson	three months subscription
Linda Terry	three months subscription
Emma Van Vleet	three months subscription

We would like to thank everyone who entered the sixth annual Sunflower word contest. The winner is Lonnie Kerr of Goodland with 427 words made from “Fertilizer.”

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