

Upper classmen Cowgirls are, in back row from left to right, Whitney Archer, Justeen Koehler, Nicole David, Clenisha Yarbrough, Katrina Cotter, Jordan Frazier, Melissa Swager and Morgan Titus. In the middle row are Dani Bedore, Nicolette Clancy, Lindsay Schields, Amber Cowan,

Shandel Simon, Alicia Studer, Kaylee Billinger, Megan Rubio, Lisha Tedford. In the front row are Tanae Garrett, Emily Murray, Chelsea Gray, Ciara Abbey, Aubrea Winter and Chantel Thornburg.

Cowgirls defence of state title begins Tuesday

ship begins at 3:30 p.m. next Tuesday at Max Jones Fieldhouse when Goodland hosts a quadrangular meet.

Making the trip to Goodland for the Cowgirls' season opener are the Indians of Hays, Monarchs of Thomas More Prep-Marian out of Hays and the Cougars of Burlington. The meet will include varsity, junior varsity and C-team matches.

Coach Jerry McKee has 34 girls on this season's roster, including six returning lettermen. Back this year

journey back to the state champion- Dani Bedore and Whitney Archer. Bedore was one of four Cowgirls who made the Northwest Kansas League all-league team last year. She also was named to the 2003 alltournament team at the state Class 4A championships. In 2003 Bedore played in all 40 matches and led the team in service aces with 136. She was second in kills with 233.

who saw court action last season on Nine of the 11 freshmen on the roster played for the Lady Mustangs are juniors Jordan Frazier, Justeen last year. Another advantage tournament in Denver early in the Koehler, Lisha Tedford and Melissa McKee has again this season is the season. The Cowgirls will be back

The Cowgirls volleyball team's Swager, along with sophomores help of assistant coaches Barb Bedore and Char Avila.

> The Cowgirls held their intersguad scrimmage Monday.

"I was pleased with our scrimmage," McKee said. "It gave us an opportunity to see how they will perform in front of a crowd. It helped us get ready for our first home match.

The Cowgirls are the defending McKee also has 17 players back Class 4A state champions. They went 38-2 last year including a 33either the junior varsity or C teams. match win streak and did not lose to a team from Kansas. Both losses were to tough Colorado teams at a

at that tournament again this year on Sept. 11.

The Cowgirls are No. 1 in the Kansas Volleyball Association's Class 4A preseason rankings. The Lady Beavers of Scott City were ranked No. 5 and are scheduled to face the Cowgirls twice during the regular season, first at a quadrangular meet in Scott City on Tuesday, Sept. 14, and then at one in Max Jones Fieldhouse on Saturday, Sept. 25

The other opponents for the home quadangular meet on Sept. 25 are the Lady Eagles of Colby and the School of Grainfield. Goodland

will host another quadangular meet on Sept. 28 against Weskan and two other teams yet to be determined. McKee said one of the changes this year is teams will now play to 25 points in the third game instead of 15. In high school, only when both teams win one of the first two games of a match is the third game played.

Last season the Cowgirls played eight matches that went to three games including one of their two losses.

A team must win by at least two points, should a game score be tied Shockers of Wheatland High at 24 the teams continue play until one of them wins.





Freshmen Cowgirls are, in back row from left to right, Jessica Swager, Marisa Acuff, Ashley Christians, Halli Stone, Jennifer Cole and Alison Milke. In the front row they are Hannah West, Andrea Wolak, Cassie Sandoval, Shawnie Butts and Adrienne West.



Goodland Cowgirls

2004 Volleyball Schedule

| Sept. 7 | Home Quad with Burlington, Hays, TMP-Marian | 3:30 p.m. |
|----------|--|-----------|
| Sept. 11 | Overland Tournament in Denver | TBA |
| Sept. 11 | Junior varsity at Machebuef Tournament in Denver | TBA |
| Sept. 14 | Scott City Quad with Lakin, Leoti | 3 p.m. |
| Sept. 18 | C Team at Oberlin Tournament | 8 a.m. |
| Sept. 23 | Holcomb Quad with Ulysses, Dodge City | 4 p.m. |
| Sept. 25 | Home Quad with Colby, Scott City, Wheatland | 10 a.m. |
| Sept. 28 | Home Quad with Weskan, two teams TBD | 3:30 p.m. |
| Oct. 2 | Oakley Tournament | 8 a.m. |
| Oct. 5 | Oberlin Tri-meet with Atwood | 2:30 p.m. |
| Oct. 9 | Junior varsity & C Team at Hays Tournament | 8 a.m. |
| Oct. 12 | Oakley Quad with Weskan, Grinnell | 2:30 p.m. |
| Oct. 14 | Scott City Quad with Colby, Hoxie | 3 p.m. |
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Oct. 16 Northwest Kansas League Tournament in Oberlin 9 a.m. All times shown are Mountain Time, Home matches played at Max Jones Fieldhouse