

# Club drugs are not a ‘city thing’ like some believe

I was talking with a parent who had caught the end of a show on club drugs and made the comment: “glad it’s a city thing.”

I wanted to share an article regarding club drugs from the National Institute on Drug Abuse and to remind parents and the community that this is not just a “city thing;” it’s a thing that is beginning to seep into rural communities.

Rural kids are not immune from using any drug. It may not be as prevalent but any use is too much.

The article is “Club Drugs Aren’t ‘Fun Drugs’” and is by Alan I. Leshner, Ph.D., Director of the National Institute on Drug Abuse and the National Institutes of Health.

Across the country, teens and young adults enjoy all-night dance parties known as “raves” and increasingly encounter more than just music. Dangerous substances



## cris lovington

• prevention center

known collectively as club drugs—including Ecstasy, GHB, and Rohypnol—are gaining popularity. These drugs aren’t “fun drugs.”

Although users may think these substances are harmless, research has shown that club drugs can produce a range of unwanted effects, including hallucinations, paranoia, amnesia, and in some cases, death.

When used with alcohol, these drugs can be especially harmful. Some club drugs work on the same brain mechanisms as alcohol and, therefore, can dangerously boost the

effects of both substances. Also, there are great differences among individuals in how they react to these substances, and no one can predict how he or she will react. Some people have been known to have extreme, even fatal, reactions the first time they use club drugs.

And studies suggest club drugs found in party settings are often adulterated or impure and thus even more dangerous.

Because some club drugs are colorless, tasteless and odorless, they are easy for people to slip into drinks. Some of these drugs have been associated with sexual assaults, and for that reason they are

referred to as “date rape drugs.”

“X,” “Adam,” and “MDMA” are slang names for Ecstasy, which is a stimulant and a hallucinogen. Young people may use Ecstasy to improve their moods or get energy to keep dancing; however, chronic abuse of Ecstasy appears to damage the brain’s ability to think and regulate emotion, memory, sleep and pain.

“G,” “Liquid Ecstasy,” “Georgia Home Boy” or Gamma-hydroxybutyrate (GHB) may be made in homes by using recipes with common ingredients. At lower doses, GHB can relax the user, but as the dose increases, the sedative effects may result in sleep and eventual coma or death.

“Roofie” or “Roche” (Rohypnol) is tasteless and odorless. It mixes easily in carbonated beverages. Rohypnol may cause individuals under the influence of the drug to

forget what happened. Other effects include low blood pressure, drowsiness, dizziness, confusion and stomach upset.

“Special K” or “K” (Ketamine) is an anesthetic. Use of a small amount of ketamine results in loss of attention span, learning ability and memory. At higher doses, ketamine can cause delirium, amnesia, high blood pressure, depression and severe breathing problems.

“Speed,” “Ice,” “Chalk” or “Meth” (Methamphetamine) is often made in home laboratories. Methamphetamine use can cause serious health concerns, including memory loss, aggression, violence, psychotic behavior and heart problems.

“Acid” or Lysergic Acid Diethylamide (LSD) may cause unpredictable behavior depending on the amount taken, where the drug is

used and on the user’s personality. A user might feel the following effects: numbness, weakness, nausea, increased heart rate, sweating, lack of appetite, “flashbacks” and sleeplessness.

“Raves” or all-night dance parties continue to attract teens and young adults who may think Ecstasy, GHB, Rohypnol and other club drugs are harmless. This is not true.

While researchers continue to study club drugs with a sense of urgency, treatment and prevention strategies are being developed. And the bottom line is simple: even experimenting with club drugs is an unpredictable and dangerous thing to do.

For more information, call the National Institute on Drug Abuse’s clearinghouse at 1-800-729-6686 or visit its special web site at <http://www.clubdrugs.org>.

## matters of record

### Accidents

The following accidents were reported to the Goodland Police Department:

**September 3** — Steven C. Baum’s 1967 Chevrolet was struck from behind by Michael Betz’s 1987 GMC at 830 Highway 24.

An unknown vehicle backed into a gas meter owned by Aquila.

Janis Elfers backed her 1990 Ford Taurus into an illegally parked 1993 Ford pickup owned by Darlene Walter.

### District Traffic

The following fines were paid in the Sherman County District Court:

**July 23** — Tasha N. Knitig, 23, Overland Park was fined \$175 for speeding.

Terry A. Bujak, 28, Claremore, Okla. was fined \$159 for speeding.

Christopher D. Raney, 21, Burlington, Colo. was fined \$126 for speeding.

Scott D. Napier, 31, Fountain, Colo. was fined \$120 for speeding.

Matthew M. Jenkins, 20, Oklahoma City, Okla. was fined \$114 for speeding.

Eloy V. Ramirez, 36, Boulder, Colo. was fined \$144 for speeding.

Jennifer A. Pinnella, 23, Littleton, Colo. was fined \$132 for speeding.

Joshua E. Lloyd, 25, Glenwood Springs, Colo. was fined \$120 for unlawful acts with vehicles.

Arthur H. Hacker IV, 39, Bryn Wawr, Pa. was fined \$132 for speeding.

Arthur H. Hacker IV, 39, Bryn Wawr, Pa. was fined \$72 for speeding.

Alexander P. Wilson, 28, Fort Collins, Colo. was fined \$138 for speeding.

Al Slusher, 38, Goodland, was fined \$90 for improper signal.

Al Slusher, 38, Goodland, was fined \$60 for no license.

**July 26** — Ryan J. Schultz, 24, St.

Charles, Mo. was fined \$126 for speeding.

Phillip J. Bruce, 18, Kansas City, Mo. was fined \$204 for speeding.

Johnny L. Long, 30, Colorado Springs, was fined \$345 for speeding.

Victor M. Silva, 42, Colorado Springs, was fined \$126 for speeding.

Adrian Munoz, 41, Topeka, was fined \$90 for speeding.

Adrian Munoz, 41, Topeka, was fined \$20 for no child restraint.

Agustin B. Rosa, 32, Cartersville, Ga. was fined \$144 for speeding.

Agustin B. Rosa, 32, Cartersville, Ga. was fined \$20 for no child restraint.

Tommie L. Cook, 47, Fort Worth, Texas was fined \$115 for over weight limit on wheels and axles.

Frederic H. Fried, 34, Pleaston, Calif. was fined \$195 for speeding.

Juan C. Araiza-Reyes, 24, Las Vegas, Nev. was fined \$126 for speeding.

Juan C. Araiza-Reyes, 24, Las Vegas, Nev. was fined \$10 for no seat belt.

Judy R. Oehrie, 64, Houston, Texas was fined \$80 for no child restraint.

Judy R. Oehrie, 64, Houston, Texas was fined \$10 for no seat belt.

Jimmie D. White, 53, Baxley, Ga. was fined \$240 for failure to yield to an emergency vehicle.

Sarabeth K. Lemley, 46, Evergreen, Colo. was fined \$150 for speeding.

Rhonda D. Shuptrine, 48, Castle Rock, Colo. was fined \$144 for speeding.

Catherine R. Zeller, 26, Excelsior Springs, Mo. was fined \$10 for failure to wear seat belt.

**July 27** — Brandon J. Lee, 24, St. Francis, was fined \$120 for speeding.

Brandon J. Lee, 24, St. Francis, was fined \$10 for no seat belt.

## kansas classifieds

### Special Events

Goodguys 3rd Midwestern Nationals. Sept 17, 18 & 19 Kansas Speedway, Kansas City, KS. Over 3000 rods, customs & classics thru ‘72, exhibits, swap-meet, car-auction Sat., Arts & Crafts and more! Info: 913-328-RACE.

### Special Notice

Reach more than 490,000 Kansas households by advertising in the Kansas Classified Ad Network. Contact this newspaper or Kansas Press association at 785-271-5304 or [kcan@kspress.com](mailto:kcan@kspress.com) for more information.

### Steel Buildings For Sale

20x8x8; 40x8x8; 48x8.5x9.5; 53x8.5x9.5 SHIPPING CONTAINERS. Camlock doors with Perimeter seals, hardwood floors will support forklift, \$1,850-\$2,850. 1-785-655-9430. [www.chuckhenry.com](http://www.chuckhenry.com) complete web listing, photos, specs, pricing.

### Swimming Pools

HOMEOWNERS WANTED - Kayak Pools and Spas is Seeking Demo Home Sites. Homeowners \$ave. 877-529-7625 [www.kayakpoolsoftherockies.com](http://www.kayakpoolsoftherockies.com) Check out Inventory Clearance \$avings!

## Worship warms the heart

### Calvary Gospel Church

**Pastor:** Rev. Steve Rains  
Fourth & College • 899-3605  
**Sunday:** Sunday School: 9:15 am  
Morning Service: 10:30 am  
Small Group Ministries  
**Wednesday:** Prayer and Worship: 7:00 p.m.  
Youth @ the Rock House: 7:00 p.m.

### Our Lady of Perpetual Help

**Pastor:** Father Norbert Dlabal  
307 W. 13th • 899-7205  
**Sacrament of Reconciliation:**  
4:30-5 pm Saturday or by appointment  
**Mass Schedule:**  
Saturday: 6 pm, Sunday: 10:30 am  
**Spanish Mass:**  
1st & 3rd Sunday: 4 pm

### Sonrise Christian Church

Ninth & Caldwell • 899-5398  
**Minister:** Tony Kafka  
**Youth Minister:** Doug Bean  
**Sunday:** Worship Service: 9:30 am  
Sunday School: 10:45 am  
**Wednesday:**  
Junior/Senior High Meeting: 7 pm  
Adult & Children’s Classes: 7 pm

### Word of Life Joursquare Church

10th & Clark • 899-5250  
**Pastor:** John Coumerilh  
**Service Schedule:**  
**Sunday:** Worship Celebration  
and Kids’ Church: 10:30 am  
First Wednesday: K.W.A.M.!  
Grades 1 through 5: 7 p.m.

### Pleasant Home Church

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**Pastor:** Charlie Busch  
694-2242  
**Sunday:** Worship Service: 9 am  
Sunday School: 10 am  
Evening Service: 6 pm

### Bible Baptist Church

**Pastor:** Glenn Hermanson  
Fifth & Broadway  
899-7368  
**Sunday:** Sunday School: 9 am  
Morning Service: 10 am  
Evening Service: 6:30 pm  
**Wednesday:** Evening Bible Study: 7 pm

### Church of Jesus Christ of Latter-Day Saints

1200 15th Street • Burlington, CO  
(719) 346-7984  
**Sacrament Meeting:** 10 am  
**Sunday School:** 11:15 am  
**Priesthood/Relief Society:** 12 am

### Iglesia Del Dios Vivo

La Luz Del Mundo  
Spanish Speaking Church  
**Minister:** Esteban Ortiz B.  
1601 Texas • 899-5275  
**Daily Prayer:** Sunday thru  
Saturday: 5 am & 6 pm  
**Sunday:** Sunday School: 10 am

### United Methodist Church

**Brewster:**  
**Pastor:**  
Worship Service: 10:45 am CST  
Sunday School: 9:45 am CST  
**Winona:**  
**Minister:** Rev. Bob Winters  
Worship Service: 9 am CST  
Sunday School: 10:15 am CST

### First Christian Church

(Disciples of Christ)  
**Pastor:** John Park Winkler  
Eighth & Arcade • 890-5233  
**Sunday:** Worship Service: 10:30 am  
**Sunday School:** 9:15 a.m.  
**Activities:** Junior High & High School Youth Groups,  
Adult Bible Study, Choir, Men’s and Women’s Groups,  
Devotions Study, Monthly Fellowship  
**Special Notice:** Handicap Accessible, Hearing  
Assistance Equipment and Infant and Toddler  
Nurseries Available

### Kanorado United Methodist Church

**Pastor:** Leonard Cox  
399-2468  
**Sunday:** Sunday School: 9 am  
Worship Service: 10:15 am

### Church of the Nazarene

**Pastor:** Bob Willis  
Third & Caldwell  
899-2080 or 899-3797  
**Sunday:** Sunday School: 9:45 am  
Worship Service: 10:50 am  
Evening Service: 6 pm  
**Wednesday:** Evening Service: 7 pm

### First United Methodist Church

1116 Sherman  
899-3631  
**Pastor:** Rev. Janet Hernandez  
**Saturday:** Informal Worship: 5:30 pm  
**Sunday:** Sunday School: 9:15 am  
Worship Service: 10:30 am

### Goodland Bible Church

109 Willow Road • 899-6400  
**Pastor:** Chad DeJong  
**Sunday:** Sunday School: 9:30 am  
Morning Worship: 10:45 am  
Evening Worship: 6 pm  
**Wednesday:** AWANA (Winter)  
and prayer: 7 p.m.

### First Baptist Church

**Pastor:** John Meckling  
Fifth & Center • 899-3450  
**Sunday:** Sunday School for all ages:  
9:15 am (Child care provided)  
Morning Worship: 10:30 am  
**Wednesday:** Bible study 7 p.m.  
Call church for information  
**Thursday:** Bible study 9:30 a.m.  
Wheatridge Center

### St. Paul’s Episcopal Church

13th & Center  
Church 890-2115 or Rectory 890-6969  
**Priest:** Father Hal Lycett  
**Holy Eucharist:** 10:00 a.m. Sunday  
10:00 a.m. Thursday  
**Morning Prayer:** 8:00 a.m. Wed. - Sun.  
For emergencies Wed. - Sun. 890-6969  
Sr. Warden for emergencies  
Mon. and Tues. 890-3320

### Grace Fellowship Church

104 E. Hwy 24 • 899-6423  
**Pastor:** Bob Snyder  
Residence: 890-0134  
**Sunday:** Sunday School: 10 am  
Worship Service: 11 am  
**Wednesday:** Bible Study: 7 pm  
**Sunday:** Bible Study: 7 pm

### Emmanuel Lutheran Church

13th & Sherman • 890-6161  
**Pastor:** Scott Grimshaw  
**Sunday:** Christian eduction/fellowship:  
10:15 a.m.  
Worship Service: 9 am  
**Wednesday:** Confirmation: 6 pm

### Church of Christ

401 Caldwell  
899-6185  
**Sunday:** Bible Study: 9:45 am  
Worship Service: 10:45 am  
**Wednesday:** Bible Study: 7 pm

## The following sponsors urge YOU to attend your chosen House of Worship this Sabbath:

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