

Family had two of six valuable Shetland ponies die

By Evelyn Ward
Sherman County Historical Society
September 19, 1904: C.J. Shimeal lost a valuable Shetland pony last week. The little animal was valued at two hundred and fifty dollars. The Shimeal boys are young horsemen.

They brought with them from Norton six Shetland ponies which have been the delight and wonder of all the youngsters in town. Unfortunately, two have died since coming to Sherman county; and another they sold to Frank Brown.

Still they have three ponies left any one of which would make the

today in history

average boy feel rich, indeed.

September 20, 1904: One of the most encouraging things Goodland people have heard recently is that the big Horton shops will be loaded on flat cars pretty soon and brought to Goodland.

Consequently, there hasn't been a sour stomach in town since; and every man is on good terms with his neighbor talking the glad news. Of course their faces sometimes take on a shadow, and their voices grow

mellow as they discuss the sad fate of poor Horton.

But they remark that railroads have no heart anyway, and if the powers that be are determined on the move, Goodland will take it in their care as gently as a hen gathers her chickens under her wings.

The company has already "moved," Mr. Cuninghame, the Horton shop superintendent, said, to this point, and the complement of machinery can be brought over in

sections.

One reason urged for the removal of the shops from Horton is the bad quality and the deficiency of the water supply. The company cannot get enough water out of its wells, and the water it dams up in the creek soon becomes stagnant and full of snakes, turtles and swimming things. Such things don't help any in getting engines under steam, neither are they palatable as a beverage.

Another reason is Horton is not on a trunk line, and it too near the mammoth shops at Moline.

A friend nearby is better than a brother afar off don't work in this

case. Railroads become great only as they stretch themselves like monstrous serpents across the continent, which requires that their centers of repair be not huddled but spread out.

And here we are, 700 long miles from Moline and the only considerable shops on the western trunk of the Great Rock Island, and the best water in the world in unfailing and exhaustless supply. Goodland was not born at the wrong time of the moon.

September 21, 1904: 'The Trial Of Jesus Christ' — Judge W.D. Webb of Atchison, well known as an

able jurist and concerning whom goes out words of praise from the chautauquas and cities of the west, where he has delivered his masterful lecture, "The Trial of Jesus Christ," will be in Goodland to deliver this noted lecture in the Methodist Church.

The admission will be 10 and 15 cents. The lecture is presented from a lawyer's point of view.

From weekly issues of The Goodland News, provided by the Sherman County Historical Society. Since the paper was published weekly, some items were arbitrarily assigned a date.

Cookbook has inspirational stories, recipes for cancer-free living

When the diagnosis of cancer is delivered, that person's world is seemingly turned around. What was so important before is no longer.

Sally Errey in her cookbook "Staying Alive! Cookbook for Cancer Free Living" gives inspirational stories, practical hints and health-promoting recipes. The following recipes are from that cookbook.

Cancer at one time was a death sentence. Better medical practices and greater knowledge has changed that. There are the traditional medical treatments as well as alternatives. Whatever the path followed the person's life is forever altered.

The survivors in Errey's book talk about the benefits of meditation, relieving stress, exercise and a more healthy diet. In the hurry to get things done the quiet time needed to connect to one's higher power and one's inner self can often suffer. Listening to our bodies can become very important. People can help their bodies to heal.

For an egg substitute use 1 tablespoon of ground flax seed plus 3 tablespoons water equals 1 egg.

Mild curried ginger and carrot soup
2 teaspoon olive oil
2 cloves garlic, finely chopped
1 medium yellow onion, chopped
2 tablespoons ginger root, grated or minced
1 teaspoon ground coriander



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• postscript

1/2 teaspoon ground cumin
1/2 teaspoon salt
1/2 teaspoon pepper
4 cups carrots, chopped
3 cups vegetable stock
2 cups low fat milk or enriched soy milk
1/2 cup chopped fresh cilantro
Using a large saucepan heat oil and over medium heat cook garlic, onion, ginger root, coriander, cumin, curry powder, salt and pepper. Cook 5 or 10 minutes until onions are soft. Stir in carrots until well coated. Add stock and bring to a boil. Reduce heat, cover and cook until carrots are very soft about 20 to 30 minutes.

Turn off heat and carefully blend soup until creamy with a hand blender.

Return pot to heat and add milk and gently reheat until just hot. Serve in bowls and decorate with cilantro. Serves 4.

Raspberry and apple crisp
Filling:
6 cups apples, peeled and sliced
1 1/2 cups frozen or fresh raspberries

1/3 cup sugar or honey
2 tablespoon whole wheat or spelt flour
2 teaspoon cinnamon
Crumble:
1 cup quick cooking oats
1/4 cup brown sugar
or brown rice syrup

1 teaspoon cinnamon
1/4 cup soft margarine
Preheat oven to 350 degrees. In a separate bowl mix sugar, flour and cinnamon. In a large mixing bowl place fruit and add sugar mix to it and mix well. Place the mixture in a large baking dish..
Mix together the crumble ingredients (oats, sweetener, cinnamon

and oil) in the same large bowl. Use your finger to mix thoroughly. Sprinkle over the fruit.
Bake in the oven for 50-60 minutes. Serve warm or cold. Serves 6.
Pudding with Raisins and walnuts
2-3 cups cooked grains, such as rice
1 cup walnuts, chopped
1 cup raisins

1 1/2 cups rice milk
1 teaspoon cinnamon
1 tablespoon vanilla
Cook the grains. Return grains to a saucepan and add all the rest of the ingredients to the grains. Cook on low heat for 15 minutes. Stir frequently to prevent sticking.
Remove from the heat. Serve warm or cool. Serves 6.

matters of record

Municipal Traffic
The following fines have been paid in the municipal court:

Sept. 8 — Amber M. Mackley, 18, Winona, was fined \$76 for disobeying a stop sign.

Monroe G. Mitchek, 28, Goodland, was fined \$76 for speeding, 30/20.

Joseph C. Lindsley, 18, Goodland, was fined \$136 for disorderly conduct.

Todd M. Thompson, 18, Goodland, was fined \$236 for driving while his license was revoked. He also had a five-day suspended jail sentence.

District Traffic
The following fines were paid in the Sherman County District Court:
Aug. 10 — Bridgett E. Fischlin, 33, Summer, Wash. was fined \$138 for speeding.

Toby M. Bruna, 37, Hanover, was fined \$80 for no child restraint.

Aug. 11 — Dalia R. Hernandez, 43, Kanorado, was fined \$360 for no liability insurance.

Arnaldo V. DeCarvalho, 24, Montgomery Village, Md. was fined \$168 for speeding.

Crescencio Diaz-Vargas, 37, Denver, was fined \$150 for speeding.

Richard S. Hansen, 42, Scottsville, Va. was fined \$144 for speeding.

Trina C. Morton, 31, Colorado Springs, was fined \$120 for speeding and \$20 for no child restraint.

Beverly A. Dawson, 38, Wil-

liamsville, N.Y. was fined \$138 for speeding.

Donna M. Bucks, 38, Memphis, Tenn. was fined \$132 for speeding.

Scott E. Stewart, 44, Overland Park, was fined \$177 for speeding.

Michael A. Hooper, 32, Frostproof, Fla. was fined \$240 for over weight limits on wheels and axles.

Aug. 12 — Matthew R. Riley, 24, Kansas City, Mo. was fined \$360 for driving under suspension.

Oliver Neustadter, 23, Minden-Lubbecke, was fined \$114 for speeding.

Margaret L. Russell, 54, Goodland, was fined \$144 for speeding.

Kara L. Brandenburg, 31, Westminster, Colo. was fined \$126 for speeding.

Daniel W. Grothe, 21, Tulsa, Okla. was fined \$150 for speeding and \$60 for unlawful acts with a vehicle.

Charles Anderson, 51, Pacific Junction, Iowa was fined \$92 for over weight limit on wheels and axles.

Alonzo Olivas, 26, Goodland, was fined \$160 for driving under suspension.

Aug. 13 — Paul L. Luna, 42, Milliken, Colo. was fined \$168 for speeding.

Kathleen M. Deg, 40, Goshen, Utah was fined \$120 for unlawful acts with a vehicle, \$10 for no seat belt and \$177 for speeding.

George E. Jones, 52, Kansas City, Kan. was fined \$158 for over weight limits on wheels and axles.

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Adult & Children's Classes: 7 pm

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694-2242
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Sunday School: 10 am
Evening Service: 6 pm

Bible Baptist Church
Pastor: Glenn Hermanson
Fifth & Broadway
899-7368
Sunday: Sunday School: 9 am
Morning Service: 10 am
Evening Service: 6:30 pm
Wednesday: Evening Bible Study: 7 pm

Church of Jesus Christ
of Latter-Day Saints
1200 15th Street • Burlington, CO
(719) 346-7984
Sacrament Meeting: 10 am
Sunday School: 11:15 am
Priesthood/Relief Society: 12 am

Iglesia Del Dios Vivo
La Luz Del Mundo
Spanish Speaking Church
Minister: Esteban Ortiz B.
1601 Texas • 899-5275
Daily Prayer: Sunday thru
Saturday: 5 am & 6 pm
Sunday: Sunday School: 10 am

United Methodist Church
Brewster:
Pastor:
Worship Service: 10:45 am CST
Sunday School: 9:45 am CST
Winona:
Minister: Rev. Bob Winters
Worship Service: 9 am CST
Sunday School: 10:15 am CST

First Christian Church
(Disciples of Christ)
Pastor: John Park Winkler
Eighth & Arcade • 890-5233
Sunday: Worship Service: 10:30 am
Sunday School: 9:15 a.m.
Activities: Junior High & High School Youth Groups,
Adult Bible Study, Choir, Men's and Women's Groups,
Devotions Study, Monthly Fellowship
Special Notice: Handicap Accessible, Hearing
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Nurseries Available

Kanorado
United Methodist
Church
Pastor: Leonard Cox
399-2468
Sunday: Sunday School: 9 am
Worship Service: 10:15 am

Church of the Nazarene
Pastor: Bob Willis
Third & Caldwell
899-2080 or 899-3797
Sunday: Sunday School: 9:45 am
Worship Service: 10:50 am
Evening Service: 6 pm
Wednesday: Evening Service: 7 pm

First United Methodist Church
1116 Sherman
899-3631
Pastor: Rev. Janet Hernandez
Saturday: Informal Worship: 5:30 pm
Sunday: Sunday School: 9:15 am
Worship Service: 10:30 am

Goodland Bible Church
109 Willow Road • 899-6400
Pastor: Chad DeJong
Sunday: Sunday School: 9:30 am
Morning Worship: 10:45 am
Evening Worship: 6 pm
Wednesday: AWANA (Winter)
and prayer: 7 p.m.

First Baptist Church
Pastor: John Meckling
Fifth & Center • 899-3450
Sunday: Sunday School for all ages:
9:15 am (Child care provided)
Morning Worship: 10:30 am
Wednesday: Bible study 7 p.m.
Call church for information
Thursday: Bible study 9:30 a.m.
Wheatridge Center

St. Paul's Episcopal Church
13th & Center
Church 890-2115 or Rectory 890-6969
Priest: Father Hal Lycett
Holy Eucharist: 10:00 a.m. Sunday
10:00 a.m. Thursday
Morning Prayer: 8:00 a.m. Wed. - Sun.
For emergencies Wed. - Sun. 890-6969
Sr. Warden for emergencies
Mon. and Tues. 890-3320

Grace Fellowship Church
104 E. Hwy 24 • 899-6423
Pastor: Bob Snyder
Residence: 890-0134
Sunday: Sunday School: 10 am
Worship Service: 11 am
Wednesday: Bible Study: 7 pm
Sunday: Bible Study: 7 pm

Seventh Day Adventist Church
1160 Cattletrail
Pastor: Jim Martin
Saturday: Sabbath School: 9:30 am
Worship Service: 11 am

Emmanuel Lutheran Church
13th & Sherman • 890-6161
Pastor: Scott Grimshaw
Sunday: Christian eduction/fellowship:
10:15 a.m.
Worship Service: 9 am
Wednesday: Confirmation: 6 pm

Church of Christ
401 Caldwell
899-6185
Sunday: Bible Study: 9:45 am
Worship Service: 10:45 am
Wednesday: Bible Study: 7 pm

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