

# Fighting back could save your life

DEAR ABBY: Your advice to "Bound and Gagged in Pennsylvania" would have been considered correct in the past. As a retired police captain, I would have given similar advice years ago. However, today, with information gained primarily from carjackings, as well as situations like the armed robbery described in your column, advice has changed.

Too often, victims (particularly children) who permit themselves to be



## abigail van buren

• dear abby

tied up or abducted are assaulted or killed. The robber in the letter from "Bound and Gagged" had permitted the women to see his face. That's a cue that he may not have intended to leave them alive.

Every case is different, but perhaps the woman could have taken the opportunity when the girl struck out to attempt an escape or to raise an alarm. You have to play any incident as you see it, but we no longer advise people

to just give in. — BILL P. IN MINNE-SOTA

DEAR BILL P.: Thank you for writing. A number of readers took exception to my answer, and their opinions deserve to be aired. Read on:

DEAR ABBY: As a former police officer, I feel you did a disservice in judging the young robbery victim's reaction to the threat as wrong. It seems clear to me that she was acting on her strong instincts of self-preservation. I would be loath to characterize her response as improper. In fact, I think she displayed tremendous courage.

That robber had given neither woman any reason to trust him. There have been numerous instances in which victims were bound and

gagged prior to being shot in the back of the head, execution-style, for no other reason than to prevent witnesses.

I would never suggest that anyone fight an armed attacker over mere money. However, when the attacker demands that you trust him with your bound-and-gagged life, I'd say the decision to fight or submit must be left with the person threatened. — STEPHANIE M. BREMEN, OHIO

DEAR STEPHANIE: I bow to your expertise. You have witnessed violence and its aftermath more than I.

DEAR ABBY: Remember Flight 93 on 9/11? If the passengers on that plane had taken your advice, the plane would have either crashed into the White House or the Capitol. And re-

member the shoe bomber? If those passengers had taken your advice, they all would have died. Remember the advice they used to give to women who were about to be raped? "Don't fight back; you might get hurt." Wrong! You usually get hurt anyway, often killed after being tortured. — BILL M., GARRISON, MONT.

DEAR BILL M.: In the cases you have cited, the choice was clear-cut—fight or die. Not every situation is this way. How does one know when to take the risk?

DEAR ABBY: In the past, I let people harm me because I was told it was "safer" than fighting back. I now know otherwise. One determined woman can easily overpower a man, let alone two determined women! You

were correct in terms of encouraging them to take self-defense classes. Many of the students, myself included, have found self-defense training has helped us to become more assertive in many other areas of our lives. I'll leave you with a favorite saying I was taught in self-defense class: It's not the size of the woman in the fight, it's the size of the fight in the woman! — GISELE IN BERKE-LEY

DEAR GISELE: I agree that knowledge is power and that includes how to defend oneself. Sadly, although I was raised with the principle that violence is wrong, in instances like this, I now realize that it may be necessary to fight for one's life in order to save it.

TUESDAY EVENING						E=Eagle Cable S=S&T Telephone		OCT. 12, 2004				
E	S	6 pm		6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	53	A&E	Biography: Dave Thomas		Cold Case Files (G)		Bounty Hunter	Bounty Hunter	Crossing Jordan "He Said, She Said" (N) (G)		Biography: Dave Thomas	
4	6	ABC	My Wife and Kids	George Lopez (N) (G)	According to Jim (N)	Rodney "Teacher"	NYPD Blue "Great Balls of Ire" (N) (G) (G)		News (G)	(:35) Night-line (G)	(:06) Jimmy Kimmel Live (N) (G) (G)	
26	48	ANPL	Austin Stevens: Snake-master (N)		Most Extreme "Killer Cats" Big cats. (N)		Animal Cops Detroit "Territorial Dispute"		Austin Stevens: Snake-master		Most Extreme "Killer Cats" Big cats.	
63	54	BRAVO	Queer Eye for the Straight Guy (G)		Siegfried & Roy: The Miracle (G) (G)		Manhunt: Search for Male Model		Siegfried & Roy: The Miracle (G)		Manhunt: Search for Male Model	
7	11	CBS	NCIS "Vanished" (N) (G)		Clubhouse "Chin Music" (N) (G) (G)		Judging Amy "Lullaby" (N) (G) (G)		News (G)	(:35) Late Show (N) (G)	The Late Late Show	
24	50	DISC	Buildings, Bridges and Tunnels: Skyscrapers		Buildings, Bridges and Tunnels		Buildings, Bridges and Tunnels		Decisions That Shook the World		Milau Viaduct (N)	
33	44	DISN	Kim Possible (G)	The Proud Family (G)	Even Stevens (G)	Lizzie McGuire	Sister, Sister (G)	That's So Raven (G)	"Halloweentown High" (2004, Fantasy) Debbie Reynolds, Kimberly J. Brown. "NR" (G)			
49	81	E!TV	Melanie Griffith: THS		Goldie & Kate: The E!		True Hollywood Story		Howard S.	Howard S.	Saturday Night Live (G)	
22	56	ESPN	World Series of Poker				I'd Do Anything (N)		SportsCenter (Live) (G)		Dream Job (Live) (G)	
54	57	ESPN2	WNBA Basketball: Finals Game 3				Cheerlead	Cheerlead	Cheerleading		Baseball	NFL Live
32	46	FAM	★★★ "Little Giants" (1994) Rick Moranis.				Who's?	Who's?	The 700 Club (G)		Fam. Mat.	Fam. Mat.
59	-	FIT TV	Buff Brides: Challenge		Extremists	Extremists	Ten Years Younger (G)		Buff Brides: Challenge		Extremists	Extremists
35	31	FMC	(:01) ★★ "The Alligator People"		(:31) ★★★ "Lillian Russell" (1940)		Alice Faye, Don Ameche.		"D-Day-June"			
53	68	FOOD	Emeril Live Buttermilk pancakes.		Roker on the Road	Recipe for Success	Party Starters "Parisian Bistro" Parisian theme.		Iron Chef "Cod" Cod recipes.		Emeril Live Buttermilk pancakes.	
13	7	FOX	MLB Baseball American League Championship Series Game 1 -- Teams TBA.				The Fox Report With Shepard Smith (G)		Kojak			
40	38	FX	Pinet Ape	Fear Factor		King of Hill	King of Hill	★★★ "Hart's War" (2002, Action) Bruce Willis. Premiere.				
30	55	FXSP	I, Max (N)	Rocky Mt.	Elway	NASCAR	Best Damn Sports Show Period (G)		Sports List	Rocky Mt.	I, Max (N)	
5	14	HBO	★★★ "Almost an Angel" (1990, Comedy) Paul Hogan. (N) PG-13 (G)		(:45) ★★ "Volcano" (1997, Adventure) Tommy Lee Jones, Anne Heche. (N) PG-13 (G)		★★★ "Bad Boys II" (2003, Action) Martin Lawrence. (N) R (G)					
62	67	HGTV	Designed	Designer	Decorating	Design	Designers' Designers'		House	Crafters	Designed	Designer
58	52	HIST	Wild West Tech "The Gunslingers" (G)		Modern Marvels	Mail Call (N) (G)	Modern Marvels "Engineering Disasters 9" (N)		Tactical to Practical (N)		Wild West Tech "The Gunslingers" (G)	
25	35	IND	Friends (G)	Friends (G)	Sex and the City (G)	Sex and the City (G)	He's a Lady (Series Premiere) (N)		★ "The Bachelor" (1999, Comedy) Chris O'Donnell, Renée Zellweger. (G) (DVS)		Comedy Chris O'Donnell, Renée Zellweger. (G) (DVS)	
18	63	LIFE	(5:00) "Moonstruck"		★★★ "Crush" (2001) Andie MacDowell. (G)		The Nanny		Golden	The Nanny	Golden	
23	77	MTV	TRL (TV) (G)		Bad Trip	Hawk	Veronica Mars (G)		Laguna	Laguna	Real World	Real World
3	9	NBC	News (G)	Ent. Tonight	Last Comic Standing	Father of the Pride	Scrubs "My Cake"		Law & Order: Special Victims Unit "Obscene"		News (G)	The Tonight Show
8	8	NBC	Last Comic Standing (N) (G)		Father of the Pride	Scrubs "My Cake"	Law & Order: Special Victims Unit "Obscene"		News		(:35) The Tonight Show "Yellowcard" (N) (G)	(:37) Late Night (N)
34	43	NICK	SpongeBob		School	Fatherhood	Full House	Fresh Pr.	Cosby	Roseanne	Roseanne	Fresh Pr.
2	2	PBS	Nova Mary Mallon spreads typhoid fever.		Andromeda (G)	Andromeda (G)	Andromeda (G)	★★★ "Wishmaster 3: Beyond the Gates of Hell"				
38	83	SCIFI	Maximum Exposure (G)		Wildest Police Videos	CSI: Crime Scn	CSI: Crime Scn	"For a Few Dol."				
61	41	SPK	While You Were Out "Atlanta: Main Street"		Clean Sweep Tackling a quest room.	In a Fix "Bachelor's Mess"	Mega Machines "Mega Crunchers" (N)	Overhaulini "Challenging Dodge"				
39	51	TLC	Law & Order "Trophy"		Law & Order "Burden"	Charmed (G)	Law & Order (G) (DVS)	The X-Files (G)				
28	37	TNT	Food Crazy (G)		Made	Made	Las Vegas: Adults Only!	Food Crazy (G)	Made	Made		
51	86	TRAV	Munsters	GreenAcre	Griffith	Leave	Sanford	All-Family	3's Co.	3's Co.	Cheers (G)	Cheers (G)
21	82	TVLND	Rubi	Amarte es Mi Pecado	Casos de la Vida Real	Impacto	Noticiero	En las Mejores Familias				
60	89	UNIV	Law & Order: SVU		"Frankenstein" (2004, Horror) Parker Posey. (G)		WGN News at Nine (G)		Becker (G)		Home Delivery	
20	34	USA	Friends (G)	Everybody-Raymond	Blue Collar TV (N) (G)	Green Screen	One Tree Hill (N) (G)	WGN News at Nine (G)	Becker (G)	Home Delivery		
12	3	WB	★★ "Kojak: Ariana" (1989) Telly Savalas.									
99	36	WGN	★★ "Kojak: Ariana" (1989) Telly Savalas.									

WEDNESDAY EVENING							E=Eagle Cable S=S&T Telephone		OCT. 13, 2004			
E	S		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	53	A&E	American Justice "The California Killing Field"		Zen and the Art of Competitive Eating Professional eaters. (N) (G)				Crossing Jordan "Dead in the Water" (N) (G)		American Justice "The California Killing Field"	
4	6	ABC	Lost "Walkabout" (N) (G)		Presidential Debate President George W. Bush (R) and Sen. John Kerry (D) discuss issues. (G)				News (G)	(:35) Night-line (G)	(:06) Jimmy Kimmel Live Jem. (N) (G) (G)	
26	48	ANPL	The Jeff Corwin Experience (G)		Animal Face-Off (G)		Animal Cops Detroit "Trapped in Trash" (G)		The Jeff Corwin Experience (G)		Animal Face-Off (G)	
63	54	BRAVO	★★★ "Clear and Present Danger" (1994, Drama) Daeof, Jack Ryan battles Colombian drug lords and villainous feds. "PG-13"			Harrison Ford, Willem Dafoe			The West Wing "The Lame Duck Congress"		★★★ "Clear and Present Danger" (1994)	
7	11	CBS	60 Minutes (G) (G)		Presidential Debate President George W. Bush (R) and Sen. John Kerry (D) discuss issues. (G)				News (G)	(:35) Late Show Jennifer Lopez; Sue Johnson	The Late Late Show	
24	50	DISC	Justice Files "Power, Corruption & Lies" (N)		Justice Files "Innocence Lost" (G)		Justice Files "Old Enough to Kill" (G)		Dirty Jobs (G)		MythBusters "Beat the Radar Detector" (N)	
33	44	DISN	Kim Possible- ble (G)	The Proud Family (G)	Even Stevens (G)	Lizzie McGuire (G)	Sister, Sister (G)	That's So Raven (G)	"The Screaming Team" (2002) Tommy Davidson. Three ghosts help siblings battle a vengeful spirit.			
49	81	E!TV	Emmanuel Lewis		Dr. 90210		Mary-Kate & Ashley		Howard S.	Howard S.	Saturday Night Live (G)	
22	56	ESPN	(5:30) College Football West Virginia at Connecticut. (Live) (G)					SportsCenter (Live) (G)			Outside	Baseball
54	57	ESPN2	Soccer Panama at United States.		Poker		Series-Poker		Series-Poker		NFL Live	NFL Great
32	46	FAM	★★★ "Home Alone 2: Lost in New York"				Who's? Who's?		The 700 Club (G)		Fam. Mat.	Fam. Mat.
59	-	FIT TV	Peak Performance (G)		Extremists	Extremists	Ten Years Younger (G)		Peak Performance (G)		Extremists	Extremists
35	31	FMC	(:01) ★★★ "The Luck of the Irish" (1947)				(:01) Hour of Stars		(:01) ★★★ "Move Over, Darling" (1963)			
53	68	FOOD	Emeril Live "Pastry 101"		BBQ With Bobby Flay	Foodnation	Good Eats	Good Eats	Iron Chef "Soy Bean" Yoshie Tobe challenges.		Emeril Live "Pastry 101"	
13	7	FOX	MLB Baseball League Championship Series Game 1 or 2 -- Teams TBA. (Live) (G) (G)						The Fox Report With Shepard Smith (G)		Kojak	
40	38	FX	(5:30) ★★★ "Die Hard" (1988, Suspense) Bruce Willis, Bonnie Bedelia.						★★ "Behind Enemy Lines" (2001) Owen Wilson.			
30	55	FXSP	MLB Baseball League Championship Series Game 1 or 2 -- Teams TBA.						Rocky Mt.	Sports List	Rocky Mt.	I, Max
5	14	HBO	★★★ "We're No Angels" (1989) Robert De Niro. (N) PG-13 (G)		(:45) ★★★ "The Client" (1994) Susan Sarandon. A boy with a mob secret hires a lawyer to protect him. (N) PG-13 (G)				The Wire "Amsterdam" (N) (G)			
62	67	HGTV	Spaces	Building	Dream	Mission	Curb	Curb	House	Modern	Spaces	Building
58	52	HIST	Modern Marvels "Extreme Aircraft" (G)		Modern Marvels "Rubber" (G)		Modern Marvels Chicago's Sears Tower. (N)		Sex in the 20th Century Sexual experimentation.		Modern Marvels "Extreme Aircraft" (G)	
25	35	IND	Friends (G)	Friends (G)	Seinfeld (G)	Seinfeld (G)	Sex and the City (G)	Sex and the City (G)	He's a Lady		★★★ "Multiplicity" (1996) Michael Keaton.	
18	63	LIFE	"Death Becomes Her"		★★★ "The Mirror Has Two Faces" (1996) Barbra Streisand.				Golden		The Nanny	Golden
23	77	MTV	TRL (TV) (G) (G)		Video	MTV Spec	Direct Effect (G)		Hard Rock	Pimp Ride	Made (G)	
3	9	NBC	News (G)	Ent. Tonight	Presidential Debate President George W. Bush (R) and Sen. John Kerry (D) discuss issues. (G)				Law & Order "Hands Free" (N) (G)		News (G)	The Tonight Show
8	8	NBC	Law & Order "Hands Free" (N) (G)		Presidential Debate President George W. Bush (R) and Sen. John Kerry (D) discuss issues. (G)				News	(:35) The Tonight Show Queen Latifah. (N) (G)	(:37) Late Night (N)	
34	43	NICK	SpongeBob	Unfabulous	Full House	Full House	Fresh Pr.	Cosby	Roseanne	Roseanne	Fresh Pr.	Fresh Pr.
2	2	PBS	Kansas Candidates (G)		Presidential Debate President George W. Bush (R) and Sen. John Kerry (D) discuss issues. (G)				BBC World News	Two's Company	Charlie Rose (N) (G)	(N) (G)
38	83	SCIFI	Proof Positive: Evidence		Ghost Hunters (N) (G)		Scare	Scare	Proof Positive: Evidence		Ghost Hunters (N) (G)	
61	41	SPK	Maximum Exposure (G)		Wildest Police Videos		CSI: Crime Scn		CSI: Crime Scn		"The Godfather, Part II"	
39	51	TLC	While You Were Out Fitting a biker's needs.		Clean Sweep "Rush to Organization" (G)		In a Fix "Backyard Beach Resort" (G)		In a Fix Building a bedroom addition. (N)		While You Were Out (N)	
28	37	TNT	Law & Order "Shield"		★★★ "In the Line of Fire" (1993, Suspense) Clint Eastwood.				Eastwood.	★★★ "In the Line of Fire" (1993)		
51	86	TRAV	World Poker Tour "2004 Championship" (G)		World Poker Tour (N)		World Poker Tour (N)		World Poker Tour "2004 Championship" (G)			
21	82	TVLND	Munsters	GreenAcre	Griffith	Leave	Top 10	All-Family	3's Co.	3's Co.	Cheers (G)	Cheers
60	89	UNIV	Rubi		Amarte es Mi Pecado		Don Francisco Presenta		Impacto	Noticiero	En las Mejores Familias	
20	34	USA	Law & Order: SVU		★★★★ "Raiders of the Lost Ark" (1981) Harrison Ford. (G)				★★ "Universal Soldier" (1992) (G)			
12	3	WB	Friends (G)	Everybody-Raymond	Smallville "Devoted" (N) (G)		The Mountain "Water" (N) (G)		News (G) (G)		Friends (G)	Will & Grace (G)

# Why?

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THURSDAY EVENING						E=Eagle Cable S=S&T Telephone		OCT. 14, 2004				
E	S		6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	53	A&E	Cold Case Files "Unholy Bible; A Daughter's Justice; Officer Down; Secret Twin" (G)			The First 48 Cunnning killer. (G)		Crossing Jordan (G) (S)		Cold Case Files (G)		
4	6	ABC	Extreme Makeover (N) (G)		life as we know it "Pilot Junior" (N) (G) (S)		PrimeTime Live (G)		News (G) (:35) Night-line (G)		(:06) Jimmy Kimmel Live (N) (G) (S)	
26	48	ANPL	The Planet's Funniest Animals (G)		The Planet's Funniest Animals (G)		Animal Cops Detroit "Embedded Chain" (G)		The Planet's Funniest Animals (G)		The Planet's Funniest Animals (G)	
63	54	BRAVO	Celebrity Poker Showdown Celebrities compete on behalf of their favorite charities. (G)			Manhunt: Search for Male Model		The West Wing "The Portland Trip" (G) (S)		Celebrity Poker Showdown (G)		
7	11	CBS	Survivor: Vanuatu, Islands of Fire (N) (G)		CSI: Crime Scene Investigation "Harvest" (N)		Without a Trace "Light Years" (N) (G) (S)		News (G) (:35) Late Show Billy Crystal. (N) (G) (S)		The Late Late Show	
24	50	DISC	The Real Miami Cops (G)		Real Miami Cops Police prepare for a vice sting.		Real Miami Cops Dogs learn to sniff out drugs.		Superweapons of the Ancient World (N)		Big "Espresso Machine" (N)	
33	44	DISN	Kim Possible (G)	The Proud Family (G)	Even Stevens (G)	Lizzie McGuire	Sister, Sister (G) (S)	That's So Raven (G)	Mickey's House of Villains and friends cope with troublemakers.		Mickey (N)	That's So Raven (G)
49	81	E!TV	The Brady Bunch: The E! True Hollywood Story					The Soup	Cover	Howard S. Howard S.	Saturday Night Live (N)	
22	56	ESPN	(5:30) College Football Louisville at Miami. (Live) (G)				SportsCenter (Live) (G)				Burning	Outside
54	57	ESPN2	NBA Preseason Basketball			High School Football		Denton Ryan at Southlake Carroll. (Live)		Baseball		NFL Live
32	46	FAM	★★★ "Clockstoppers" (2002) Jesse Bradford.					Whose? Whose?	The 700 Club (G)		Fam. Mat. Fam. Mat.	
59	-	FIT TV	FitTV's Housecalls (N)		Extremists		Extremists		Ten Years Younger (N)		FitTV's Housecalls (N)	
35	31	FMC	(:01) ★★: "Journey Into Midnight" (1968)				(:01) ★★ "Delicious" (1931) Janet Gaynor.				(:01) "Dragonwyck"	
53	68	FOOD	Emeril Live Classic Portuguese dishes.		Chili Bowl		Good Eats The Secret		Iron Chef "Scallop" Scallop battle.		Emeril Live Classic Por-	
13	7	FOX	"Behind Enemy Lines"									