

activities

Tours of the 1907 Victorian House at 202 W. 13th are from **1-5 p.m. Wednesday-Sunday**. **“Kansas Quilts of Old”** is on **display from 9 a.m.-5 p.m. Monday-Friday and from 9 a.m.-4 p.m. Saturday** at the High Plains Museum, 1717 Cherry Ave.

The **Carnegie Arts Center** is open from **10 a.m.-5 p.m. Tuesday through Friday and from 1-4 p.m. Saturday, Sunday and Monday**. Eight artists, members of the High Plains Arts Club of Colby, will display their work through Friday, Oct. 29.

The **Goodland Public Library** will have **story time** for 4-year-olds at **10 a.m. Wednesdays** and at **11 a.m. Thursdays**. Story time for 3-year-olds will be at **10 a.m. Thursdays**. **Born to Read** for children birth to age 3, accompanied by an adult, will be at **10 a.m. Fridays**.

Emotions Anonymous meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

Century Families, for people whose family came to Sherman County more than 100 years ago, meets at **7 p.m. the second Monday** of the month at the Senior Center. For information, call 899-2835.

Aerobics Classes - 5:30 and 7:30 a.m. aerobics classes are offered **Monday, Wednesday and Friday** at the Goodland Activities Center. Yoga is offered at **8:30 a.m. Wednesday**. Call 890-7242.

TOPS Meetings - Take Off Pounds Sensibly meets at **5:30 p.m. Mondays** at North Elementary School. Weigh-in is at 5 p.m.

Big Brothers/Big Sisters of Sherman County is seeking mentors and children to mentor. Call 890-3665.

Alcoholics Anonymous S.O.S. Group holds open meetings at **7 p.m. Monday** at the Trinity Lutheran Church, Seventh and Senter, Burlington. Call Pamela at 719-346-7711 or Dave at 890-2858.

Alcoholics Anonymous meets at **8 p.m. Monday-Thursday and Saturday** at 1013 Center. Saturday is an open meeting with Al-Anon, families of alcoholics, meeting in the same room. **Al-Anon also meets at 8 p.m. on Monday** in a different room. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353. For Al-Anon, call Cheryl at 890-3023.

The “Freedom Today” group of **narcotics anonymous** meets at **8 p.m. Tuesdays and 7 p.m. Saturdays** at the Elks Lodge. These are open meetings. Call 890-8369.

Fibromyalgia and Chronic Myofascial Pain Support Group meets from **6:30-8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Burlington. Call Debbie at 719-346-4612.

Goodland Mothers of Preschoolers (MOPS) will meet from **6-7:30 p.m. the first Monday of the month** at the Goodland Bible Church, 109 Willow.

Prairie Piecemakers Quilt Guild will meet at **7 p.m. the second Thursday** of each month. Call Cora House at 899-6551, Joan Reid at 899-7301 or Carol Tupper at 890-5955.

area events

The **Management, Analysis and Strategic Thinking program** is being offered by the **Department of Agricultural Economics at Kansas State University**. It is a program targeted toward farm managers who want to improve their management and analysis skills. There will be **two sessions on campus, the first in November and the other in March**. In between, there will be seven distance education modules, so farmers can spend as little time as possible away from their homes. There is a charge for the program, but customers of Kansas Farm Credit Associations are eligible for a scholarship that will pay half. Call Mark Winger at the Farm Credit office in Colby at 785-

the calendar

calendar

West Elementary School is inviting grandparents to accompany their grandchildren at a **Grandparents Day Breakfast at 7 a.m. today** in the gym. The menu will be coffee, cereal, milk, juice, biscuits and gravy, sausage links and scrambled eggs.

The **Music Boosters monthly meeting** will be at **5:30 p.m. Wednesday** in the band room at the high school. Items on the agenda include making a CD and upcoming fund-raisers. Parents of music students in junior high and high school are invited.

Jodi Tubbs of the **Kansas Commission on Veterans Affairs** will be in Goodland from **1-2:15 p.m. Thursday** in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572.

“**Tis the Season Collectors Club** is holding its second annual **holiday garage sale from 8 a.m.-3 p.m. Saturday, Oct. 23**, at 323 Harrison. Proceeds will go to the Hospice in Sherman County. The club is asking for nice new and slightly used seasonal decorations for all occasions. Holiday crafts, collectibles, decorations or bake sale items may be dropped off at the above address from Monday, Oct. 11-Friday, Oct. 22. Call Judy McKee at 890-5188 or Linda Knott at 890-7105.

The Calvary Gospel Church and Kansasland Tire are partnering for “**Car Care Day**” from **8-10 a.m. Saturday, Oct. 23**, at Kansasland, 1402 Main. They will help winterize cars for single moms, divorced women, widows and the needy. Call 899-3605 to have your name placed on the list

for an oil change, check the radiator fluid and tire pressure and your car vacuumed and the windows cleaned.

SHARE sign up for the November distribution of food will be until **Monday, Nov. 8**, at the Sherman County Health Department, Harvest America, the Regional Prevention Center or the Kanorado Senior Center. Pick up will be **Saturday, Oct. 23**, for the October distribution.

Side by Side piano duo will perform at **3 p.m. Sunday, Oct. 24**, at the Goodland United Methodist Church.

The **Goodland Police Department** will hold a **Halloween trick-or-treat event at 5:30 p.m. Sunday, Oct. 31**, at the city building, 204 W. 11th. The police department will be giving away trick-or-treat bags, candy, party favors and soda.

Goodland High School has the **2004 yearbooks** in. There are some extra of the new yearbooks and of the **2003 yearbooks** that can be bought at the high school. See JoAnn Wahrman or Tammy.

school calendar

Today: Gold day. State girls tennis. Varsity football 5:30 p.m. at Clay Center, dismiss 9:45 a.m., depart 10.

Saturday: State girls tennis. NWKL cross country at Quinter. NWKL volleyball at Oberlin.

Monday: State golf at Salina. JV football 4:30 p.m. at Colby, dismiss 2:30, depart 2:45.

Tuesday: Gold day. Seminar — GAA and G-Club.

Wednesday: Black day. Senior class meeting with Balfour 11 a.m., announcement information, cap and gown fitting. Music Booster meeting 5:30 p.m. City/county recreation sports 7:30

p.m. in the Max Jones Fieldhouse and junior high gym.

Thursday: Gold day. Seminar — STUCO.

Friday, Oct. 22: Black day. Seminar — Math Relay meeting in Mrs. Elliott’s room. Varsity football vs. Concordia 6 p.m. here.

Saturday, Oct. 23: Sub-state volleyball at Hugoton. Regional cross country at Buhler. ACT test 8 a.m. in the cafeteria.

school lunch menu

Monday: Creamed chicken over biscuit, peas and carrots, apple salad and milk. **Tuesday:** Chili cheese dog, french fries, pickle spear, pear half and milk. **Wednesday:** Cooks’ choice. **Thursday:** Hoagie sandwich, lettuce, pickle, tomato, onion, baked beans, Jell-o with fruit and milk. **Friday:** Enchilada, lettuce salad, potato square, chocolate cake and milk.

senior center menu

Monday: Polish sausage, sauerkraut, mashed potatoes, bread and mandarin oranges. **Tuesday:** Pasta, beef and tomato casserole, tossed salad with carrots, Italian blend vegetables, garlic bread and apricots. **Wednesday:** Ham, scalloped potatoes, peas, bread and ambrosia fruit salad. **Thursday:** Roast turkey, saucy sweet potatoes, California blend vegetables, bread, orange juice and birthday cake. **Friday:** Meat loaf, baked potato, green bean casserole, bread and pears.

tech college

Monday: Family Day open house 9-11 a.m. Parents, spouses, children, grandparents, friends and the public are all welcome. Registration is in the Student Union Assembly Room. Students will be dismissed at noon to spend the day with family and friends.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m.- noon and 1-5 p.m. Monday-Friday.

Friday: Scheduled appointments.

Blood pressures; infants’, children’s and adult’s immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar, cholesterol and hemoglobin; family planning; and toenail clipping available by appointment. Sharps containers are available free. Call 899-4888.

If you have questions, concerns or complaints about child care, call the health department.

Water Testing — The Northwest Local Environmental Protection Group does free well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 899-4888.

hospital volunteers

Monday: Ramona Livengood, a.m. **Tuesday:** Bonnie Daily, a.m.; C. Gutsch, p.m.; and D. Lucas, lobby. **Wednesday:** S. Hayden, a.m., and Chet Ross, p.m. **Thursday:** J. Owens, a.m. **Friday:** Carol Jolly, a.m.

obituaries

Karen Snider

Karen Sue (Thompson) Snider, 58, Goodland, died Wednesday, Oct. 13, 2004, at Via Christi Regional Medical Center-St. Francis Campus in Wichita.

Services will be at 10:30 a.m. Monday, Oct. 18, 2004, at the Goodland First Christian Church. Burial will follow in the Goodland Cemetery.

Bateman Funeral Home is in charge of the arrangements.

LaReatha Stasser

LaReatha L. (Pizel) Stasser, 70, a Sherman County homemaker, died Wednesday, Oct. 13, 2004, at her home north of Ruleton.



Stasser

She was born Nov. 4, 1933, at her parents’ farm north of Kanorado, the daughter of Frank Pizel Jr. and Rae Sibyl (Hobbs) Pizel.

She attended Goodland schools. On Sept. 3, 1950, she married Merle Stasser at the Goodland Emmanuel Lutheran Church.

Preceding her in death were her parents; a son, Merlyn Stasser; and four brothers, Vernon, Herbert, Chester and Harold Pizel.

Survivors include her husband; her mother-in-law, Margaret Stasser of St. Francis; two sons, Alvin Stasser of Mesa, Ariz., and Gaylord (Bonnie) Stasser of Goodland; two daughters-in-law, Shawn Stasser of Mesa, Ariz., and Arlea Stasser of Goodland; three sisters, Vera Brown of Goodland, Rozella Shoemaker of Longmont, Colo., and Shirley Churchill of Novato, Calif.; three sisters-in-law, Goldie Pizel of Littleton, Colo., Marge Pizel of Great Bend and Barbara Pizel of New Braunfels, Texas; seven grandchildren; and three great-grandchildren.

Services will be at 4 p.m. Saturday, Oct. 16, 2004, at the church

with Pastor Scott Grimshaw officiating. Burial will follow in the Goodland Cemetery.

Visitation will be from 3-7 p.m. today at Koons Chapel.

Memorials may be made to Hospice of Sherman County or the Hays Medical Center in care of the funeral home at 211 N. Main, Goodland, Kan. 67735-1555.

Greg Wheeler

Gregory Lamar Wheeler, 34, Goodland, died Saturday, Oct. 2, 2004, of an accidental overdose of a prescription drug at his home west of Ruleton.

A memorial service will be held at 4 p.m. Saturday, Oct. 16, 2004, at the Bible Baptist Church, 424 Broadway, Goodland, with Pastor Glenn Hermanson officiating.

Wheeler was born in Americus, Ga., on April 22, 1970, the son of James Chester and Dorothy (Kelly) Wheeler. He attended school in Morrow, Ga., for 12 years before joining the U.S. Navy.

He was honorably discharged and was a disabled Navy veteran. He came to Goodland in 2001 to be near of his older sister, Kemberly Obrien, and has been attending the Northwest Kansas Technical College.

He married Rachael Hull on Nov. 22, 2003, at the Bible Baptist Church in Goodland.

He is survived by three children in Georgia, Brook, 13; Zachary, 10; and Justin Wheeler, 8; two brothers, John and James Wheeler; three sisters Misty, Monica and Kemberly; and his mother, Max, Neb. He was preceded in death by his father in 1998.

Services were held at 11 a.m. Eastern Time Thursday in Milledgeville, Ga., and he was buried with military honors in the Georgia Veterans Memorial Cemetery.

Memorials for the Wheeler children’s education and can be sent to Bateman Funeral Home, Box 278, Goodland, Kan. 67735.

Vision impaired seniors can remain independent

Senior citizens with severe vision impairment or blindness can receive instruction in independent living skills next month in Norton.

Kansas Seniors Achieving Independent Living Skills (Kan-SAIL) teach adaptive techniques for cooking, housekeeping, sewing and other activities for daily living Tuesday-Thursday, Oct. 19-21.

The organization is a program of the Kansas Rehabilitation Center for the Blind and Visually Impaired.

Students must be 55 or older and experiencing severe vision loss, not able to read regular newspaper and magazine print with the best glasses or contact lenses prescribed by their doctor. Call 800-547-5789.

matters of record

Accident

The following accidents were reported to the Goodland Police Department:

Oct. 4 — Saul Sigala driving a 1990 Chevrolet Lumina hit a gas meter and left the scene at 822 E 5th.

WE HAVE GOOD NEWS!

A QUICK PAINLESS METHOD TO ERADICATE HEMORRHOIDS USING MILD ELECTRICAL CURRENT IS NOW AVAILABLE. THIS TREATMENT REQUIRES SEVERAL BRIEF VISITS TO OUR OFFICE, AFTER WHICH PATIENTS GO BACK TO WORK IMMEDIATELY.

WHAT DO THE RESEARCH STUDIES SAY?

In Gastrointestinal Endoscopy, Vol. 33, #2, D.A. Norman R. Newton, and G.V. Nicholas reported the results of treatment of 42 patients with d.c. current therapy. They noted “All patients were successfully treated and symptom free at a mean duration of follow up of 18.2 months.” They concluded “This painless outpatient treatment of all grades of hemorrhoids is effective and safe”, and “warrants consideration as the treatment of choice of hemorrhoidal disease”. In the American Journal of Gastroenterology, Vol. 83, #9, Dr. S. Zinberg reported the results of treatment of 193 patients with this method. “Good results were achieved in 95% of patients.”

ADVANTAGES OF HEMCURE OVER OTHER TREATMENTS FOR HEMORRHOIDS: HemCure is far less expensive than surgery, requires no recovery, avoids complications like scarring and infection, and is reported by most patients to cause only mild discomfort during the treatments, which resolves immediately after.

This treatment method is covered by Medicare and most insurance plans. A payment plan is available for patients not covered by insurance, and for patient deductibles and copayments.

We want you to be an informed health care consumer. Our office will be happy to provide further information explanation of fees, and estimate of your out of pocket expense. If hemorrhoids are interfering with the quality of your life, call today.



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Sunday 1:30 & 7:00
Mon. - Thurs. 7:00
Movie Bucks Make Great Gifts!
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Annual Meeting and update on Sherman County Economic Development Public Invited Tuesday, October 19, 5:30 p.m. Elks Lodge North Side