

# Husband needs cold shower to cool his crush



## abigail van buren

• dear abby

DEAR ABBY: I have a problem I can't discuss with my family. I am 45 years old, married for 12 years, and I am in love with my wife's daughter from her first marriage. "Danica" is 24 and married. I have had these feelings for her for quite some time. Danica is fun to be around and very pretty when she smiles. We have talked when she has been over to visit her mother, and she drives me crazy. My wife says I have a crush on her daughter. Thank

God she doesn't know how much. I asked Danica out to dinner one night, just the two of us. It was going well until I spilled my guts and told her how I felt about her. She was shocked. The only thing she said was I was married to her mother and she was married. I asked her if she had anything else to say, and she replied that she didn't know what to say. Needless to say, the rest of the night didn't go well. I took her to her car and told her the

offer was always open. Four days latter, I sent her a dozen red roses with a card that said, "Let's be friends." I tried to call her, but she said she didn't feel comfortable talking to me. Now she treats me like I have the plague. What should I do? Just wait, and pray she'll talk to me? — SMITTEN IN SAN ANTONIO  
DEAR SMITTEN: No. The first thing you should do is take a cold shower and wake up. You have slipped from fantasy into obsession, created a rift in the family and made a fool of yourself. Stop with the calls and roses. You and Danica will never be "friends" now that your inappropriate feelings are out in the open. If you can't let go of this, please talk to a

mental health professional. DEAR ABBY: Please accept my apology for thinking that every time you advise counseling you were "passing the buck." After years of abuse and three nightmare marriages, I am finally finding myself through psychiatric care. After my husband of 27 years left me, I was shattered — terrified. I couldn't stop crying. I made a desperate call to a mental health hotline and was advised to go to the nearest emergency hospital. My physician met me there and I admitted myself to their psychiatric ward. It was the beginning of a new life. Everyone I encountered, from the person in admitting to the doctors and

nurses, the staff and other patients, helped me. I started to heal. The classes were extremely helpful. The counselors were truly giving and caring. I signed myself out after five days, but continue going in for weekly counseling. My counselor recently told me I would make a great counselor. I will soon begin taking courses at my local college to become certified. And now that I am healing, I'm doing volunteer work in mental health care and awareness. My goal is to make the public realize the importance of mental health. I have learned you can live in fear or reach out for help. There is no reason for anyone to suffer when help is close at hand. There are toll-free hotline numbers for crisis inter-

vention. Thank you for always being there, Abby. I know you were there for me. — SUNSHINE IN SOUTH CAROLINA  
DEAR SUNSHINE: Thank YOU for sharing your personal success. When you were in crisis, you were wise to recognize it for what it was and get help. There should be no shame in such a positive, life-affirming act. Another valuable resource for the mentally ill is an organization called the National Alliance for the Mentally Ill (NAMI). It offers emotional and educational support to people — and families — with all the major mental disorders. Its toll-free number is (800) 950-6264. The Web site is www.nami.org.

SATURDAY EVENING		E-Eagle Cable S=S&T Telephone NOV. 6, 2004									
E	S	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	53	A&E	Cold Case Files A determined cop solves the murder of a prostitute. (R)			City Confidential (N) (R)		The First 48 (R)		Cold Case Files (R)	
4	6	ABC	Lost "House of the Rising Sun" (N) (R)	Lost "The Moth" (N) (R)		Desperate Housewives "Come In, Stranger" (N) (R)		News (R)	(:35) Sein-field (R)	(:05) Entertainment Tonight (N) (R) (R)	
26	48	ANPL	Wild Down Under Marsupials. (N)			Animal Lifeline "Koala Crisis" Koalas. (R)		Wild Down Under Marsupials. (N)			
63	54	BRAVO	★★★ "Dirty Dancing" (1987, Drama) Jennifer Grey, Patrick Swayze. "PG-13"			(:15) ★★★ "Dirty Dancing" (1987, Drama) Jennifer Grey, A sheltered teen falls for a street-wise dance instructor. "PG-13"		"Princess Bride" (R)			
7	11	CBS	Clubhouse "Spectator Interference" (N) (R)	CSI: Miami "Rap Sheet" (TV) (N) (R)		48 Hours Mystery "The Right to Kill" (N) (R)		News (R)	Drew Carey	Drew Carey	Drew Carey
24	50	DISC	American Hot Rod "Junkyard Dog 3" (R)	American Casino Pool opens; jumbo jackpot. (R)		Great Biker Build-Off 2: Lane-Perewitz (R)		The FBI Files Prison re-volt in Atlanta. (R)		The FBI Files "Deadly Stranger" (R)	
33	44	DISN	Kim Possible "The Proud Family" (R)	Traceface Lizzie McGuire (R)		Click It to Pick It "That's So Raven" (R)		News (R)	Ryan Merriman (R)	(:35) Phil of the Future (R)	
49	81	EITV	Scream Queens: Women of Horror: True Story (5:45) College Football Clemson at Miami. (Live) (R)			Saturday Night Live (R)		Hotspot (R)	Affair (R)	Howard S. (R)	
22	56	ESPN	College Football: Miss. St. at Ala. (:45) College Football Colorado State at Utah. (Live) (R)			College Football (Live) (R)		College Gameday Final (R)			
54	57	ESPN2	College Football: Miss. St. at Ala. (:45) College Football Colorado State at Utah. (Live) (R)			College Football (Live) (R)		TBA			
32	46	FAM	★★★ "Celeste in the City" (2004) (R)			Smallville "Hourglass" life as we know it (R)		3rd Rock (R)		3rd Rock (R)	
59	-	FIT TV	Fitness Fitness Extreme Survival (R)			Extreme Survival "Cold" (R)		Fitness Fitness Extreme Survival (R)			
35	31	FMC	(:01) ★★★ "Fallen Angel" (1945) Alice Faye			(:01) Hour of Stars (R)		(:01) ★★★ "Bachelor Party" (1984) Tom Hanks. (R)			
53	68	FOOD	Emeril Live Cowboy style cooking. (R)	BBQ Country Cook-Off (R)		Paula's Southern BBQ (R)		Unwrapped "Top 5" (N) (R)		Emeril Live Cowboy style cooking. (R)	
13	7	FOX	Cops (R) (R)	Cops (R) (R)		America's Most Wanted (R)		She Spies Cassie's former fiance. (N) (R)		Mad TV Alanis Morissette. (N) (R)	
40	38	FX	King of Hill King-Hill (R)			★ "Boys and Girls" (2000) Freddie Prinze Jr. (R)		★★ "Black Knight" (2001) Martin Lawrence. (R)			
30	55	FXSP	(4:30) College Football Stanford at Arizona State. (R)			College Football USC at Oregon State. (Live) (R)					
5	14	HBO	(5:30) ★★ "Dr. Seuss' The Cat in the Hat" "PG" (R)			(:15) ★★ "Vegas Vacation" (1997, Comedy) Chevy Chase, Beverly D'Angelo. (R) "PG" (R)		★★★ "Cheaper by the Dozen" (2003) Steve Martin. "PG" (R)		(:45) The Wire (R)	
62	67	HGTV	Mission Decorating Designer Designers' Design Design Smart Home Mission Decorating (R)								
58	52	HIST	★★★ "Attila" (2001, Adventure) Gerard Butler, Powers Boothe. The story of one of history's most famous warriors. (R)			★★★ "Attila" (2001) Gerard Butler. (R)					
25	35	IND	(5:00) College Football Teams to Be Announced. (Live) (R)			★★★ "The Mummy" (1999) (PA) Brendan Fraser. Foolhardy explorers become wrapped up with an evil mummy. (R) (DVS)					
18	63	LIFE	★★ "Determination of Death" (2001) (R)			Missing (R)		What Should You Do? (R)		"Before Sunrise" (1995) (R)	
23	77	MTV	Challenge Challenge Ozzfest Battle for Pimp Ride Friend Bam Viva Bam (R)			Boiling Boiling Pimp Ride Friend Bam Viva Bam (R)					
3	9	NBC	Entertainment Tonight News from Hollywood. (R)	The Most Outrageous Game Show Moments 3 (R)		The Most Outrageous Game Show Moments 4 (R)		Law & Order: Special Victims Unit "Obscene" (R)		News (R)	Saturday Night Live Skits featuring Tom Hanks. (N) (R)
8	8	NBC	The Most Outrageous Game Show Moments 3 (R)	The Most Outrageous Game Show Moments 4 (R)		Law & Order: Special Victims Unit "Obscene" (R)		News (R)	Saturday Night Live Skits featuring Tom Hanks. (N) (R)		
34	43	NICK	Grown Up Romeo! (R)	All That (R) Amanda (R)		Full House Full House (R)		Fresh Pr. Cosby (R)		Roseanne Roseanne (R)	
2	2	PBS	Keeping Up As Time Goes By (R)	The Lawrence Walk Show (R)		Baxter Black Red Green Show (R)		Austin City Limits Sheryl Crow performs. (N) (R)		Soundstage "Lisa Marie Presley and Peter Wolf" (R)	
38	83	SCIFI	(5:00) "They Crave" (R)	"Centipede!" (2002) Trevor Murphy. Premiere. (R)		★★ "They Nest" (2000) Thomas Calabro. (R)					
61	41	SPK	"Star Trek III: Search-Spock" (R)	Real TV (R)		Wildest Police Videos (R)		Very Worst Jobs (N) (R)		Wildest Police Videos (R)	
39	51	TLC	In a Fix (R)	While You Were Out Shannon Elizabeth. (R)		What Not to Wear "Debbi" (R)		Trading Spaces "Pennsylvania: Noble Street" (R)		Trading Spaces "Seattle: 197th Avenue" (N) (R)	
28	37	TNT	★★★ "We Were Soldiers" (2002) Mel Gibson. (R)			★★★ "We Were Soldiers" (2002) Mel Gibson. (R)					
51	86	TRAV	Kings of the Road (R)	Weird Travels (R)		Ends of the Earth (R)		Kings of the Road (R)		Weird Travels (R)	
21	82	TVLND	Hunter "Case X" (R)	Hunter (R)		Hunter (Part 1 of 2) (R)		Hunter (Part 2 of 2) (R)		Hunter "The Last Run" (R)	
60	89	UNIV	Sábado Gigante (R)			Impacto Noticiero (R)		Impacto Noticiero (R)		Otro Rollo (R)	
20	34	USA	Law & Order: SVU (R)	Law & Order: SVU (R)		Law & Order: SVU (R)		Law Order CI (R)		Law & Order: SVU (R)	
12	3	WB	★★★ "A Few Good Men" (1992, Drama) Tom Cruise, Demi Moore. A Navy lawyer defends two Marines in a comrade's death. (R) (R)			News (R)		(:45) Sports Replay (R)		Football Colorado "Death Wish 4" (R)	
99	36	WGN	★★★ "Top Gun" (1986) Tom Cruise. (R) (R)			WGN News at Nine (R)		Becker (R)		★★ "Gun Shy" (2000) (R) (R)	

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E	S	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	53	A&E	★★★ "Mrs. Doubtfire" (1993, Comedy) Robin Williams, Sally Field. Premiere. An estranged dad poses as a nanny to be with his children. (R)			CSI: Miami "Ashes to Ashes" (R)		★★★ "Mrs. Doubtfire" (1993) Robin Williams. (R)			
4	6	ABC	Extreme Makeover: Home Edition (N) (R)	Desperate Housewives "Running to Stand Still" (R)		(:01) Boston Legal "Truth Be Told" (R)		News (R)	(:35) Sein-field (R)	(:35) Paid Program (R)	
26	48	ANPL	The Crocodile Hunter "Africa's Final Frontier" (R)	Austin Stevens: Snake-master Diamondbacks. (R)		Venom ER (R)		The Crocodile Hunter "Africa's Final Frontier" (R)		Austin Stevens: Snake-master Diamondbacks. (R)	
63	54	BRAVO	Inside the Actors Studio Jennifer Connelly. (N) (R)	Queer Eye for the Straight Guy "Steve P." (R)		Celebrity Poker Showdown Celebrities compete on behalf of their favorite charities. (N) (R)		Long Way Round (R)			
7	11	CBS	Cold Case "Sleepover" (N) (R)	Dallas Reunion: Return to Southfork (N) (R)		News (R)	(:35) News (R)	(:05) The Twilight Zone (N) (R)			
24	50	DISC	(5:00) L.A. 10,000 B.C. (R)	American Chopper "I, Robot Bike 1" (R)		Extreme Surgery (R)		MythBusters Hosts test urban legends. (R)		Motorcycle Mania 3: Jesse James Rides (R)	
33	44	DISN	Kim Possible "The Proud Family" (R)	Traceface Click It to Pick It (R)		Click It to Pick It (R)		Click It to Pick It (R)		★★★ "Remember the Titans" (2000, Drama) Denzel Washington, Will Patton. "PG" (R)	
49	81	EITV	Jane Pauley: True Story (R)	True H'wood (R)		Jackie Collins Presents (R)		Jane Pauley: True Story (R)		Anna Nicole (R)	
22	56	ESPN	NFL Football Cleveland Browns at Baltimore Ravens. (Live) (R)			SportsCenter (Live) (R)					
54	57	ESPN2	Poker Series-Poker (R)	Series-Poker (R)		Series-Poker (R)		Series-Poker (R)		Fastbreak (R)	
32	46	FAM	★★ "Au Pair II" (2001) Gregory Harrison. (R)	Smallville "Craving" (R)		Who? Who? (R)		J. Osteen (R)		Feed (R)	
59	-	FIT TV	FitTV's Housecalls (N) (R)	Superhuman Strength (R)		Lives of Contortionists (R)		FitTV's Housecalls (N) (R)		Superhuman Strength (R)	
35	31	FMC	(:01) ★★ "P.C.U." (1994) Jeremy Piven. (R)			(:01) ★★ "Porky's II: The Next Day" (1983) (R)		(:01) "Miller's Crossing" (R)			
53	68	FOOD	Emeril Live "Rustic Country" (R)	Naomi's Country Stars (R)		Al Roker's Country Music Festival (R)		Unwrapped "BBQ" (R)		Unwrapped "Southern" (R)	
13	7	FOX	The Simpsons Arrested Dev. (R)	My Big Fat Obnoxious Boss (R)		Stargate SG-1 "Avenger 2.0" (N) (R)		The Outer Limits "Trial by Fire" (R)		Movie (R)	
40	38	FX	★★ "Black Knight" (2001, Comedy) Martin Lawrence. (R)			★★★ "The American President" (1995) Michael Douglas. (R)					
30	55	FXSP	Postgame America (R)	The Next Great Champ (R)		Poker Superstars (R)		Championship Poker (R)		Rocky Mt. America (R)	
5	14	HBO	"Groundhog Day" (R)	(:45) ★★ "Something's Gotta Give" (2003) Jack Nicholson. A music exec falls for the mother of his young girlfriend. (R)		Sex and the City (R)		Sex and the City (R)		Sex and the City (R)	
62	67	HGTV	Designed Curb (R)	Most Extreme Homes (R)		If Walls Building (R)		House Gardens (R)		Designed Curb (R)	
58	52	HIST	The True Story of Alexander the Great (R)	The young commander defeats the most powerful ruler on Earth. (N) (R)				Full Throttle "1971 Datsun 240Z" (N) (R)		The True Story of Alexander the Great (R)	
25	35	LIFE	★★ "The Haunting" (1999, Horror) (PA) Liam Neeson, Catherine Zeta-Jones. (R)			★★ "The Haunting" (1999, Horror) (PA) Liam Neeson, Catherine Zeta-Jones. (R)				★★★ "The Others" (2001) Nicole Kidman. (R)	
18	63	LIFE	"Mary Kay Story" (R)	Strong Medicine (R)		Strong Medicine (R)		Missing "Deep Cover" (R)		Wild Card (R)	
23	77	MTV	Battle for Real World (R)	Real World Challenge (R)		Challenge Friend (R)		Bam Pimp Ride (R)		Friend (R)	
3	9	NBC	Dateline NBC (N) (R)	American Dreams (N) (R)		Law & Order: Criminal Intent "Magnificat" (N) (R)		Crossing Jordan (N) (R)		News (R)	Broncos Huddle (R)
8	8	NBC	American Dreams (N) (R)	Law & Order: Criminal Intent "Magnificat" (N) (R)		Crossing Jordan (N) (R)		News (R)	(:35) The West Wing "Hartsfield's Landing" (R)	(:35) Inside Edition (N) (R)	
34	43	NICK	Unfabulous! Romeo! (R)	Full House Full House (R)		Fatherhood (R)		Cosby (R)		Roseanne Roseanne (R)	Fresh Pr. (R)
2	2	PBS	Nature Cheetahs, leopards and lions in Africa. (R)	Masterpiece Theatre "Henry VIII" Henry VIII marries Anne Boleyn. (N) (R)		Masterpiece Theatre "Henry VIII" Henry VIII marries Anne Boleyn. (N) (R)				★★★ "A Thief of Time" (2004) (R)	
38	83	SCIFI	(5:00) ★★ "Impostor" (R)	★★ "The Cell" (2000) Jennifer Lopez. (R)		Scare Tripping (R)		The Outer Limits (R)			
61	41	SPK	Champ Car Racing (R)	Very Worst Jobs (R)		WWE Heat (R)		Wildest Police Videos (R)		"Nightmare-Elm" (R)	
39	51	TLC	Deadly Dentist A woman accuses her ex-husband of seven murders. (R)	Trading Spaces: Family (R)		Trading Spaces: Family (R)		Trading Spaces: They Really Hated It (R)		Trading Spaces: They Really Hated It (R)	
28	37	TNT	★★★ "We Were Soldiers" (2002) Mel Gibson. (R)			★★ "Lethal Weapon 4" (1998) Mel Gibson, Danny Glover. (R)					
51	86	TRAV	Alaska Wide Open (R)	Natrl Wonders Colorado: River (R)		Alaska Wide Open (R)		Natrl Wonders (R)			
21	82	TVLND	Hunter "Snow Queen" (R)	Hunter "Shades" (R)		Hunter (R)		Hunter (R)			
60	89	UNIV	(5:00) La Parodia (R)	La Hora Pico (R)		Ver Para Creer (R)		Impacto Noticiero (R)		Tras la Verdad (R)	
20	34	USA	★★★ "Mission: Impossible" (1996) Tom Cruise. Premiere. (R)	Law & Order: SVU (R)		Law & Order: SVU (R)		Mission (R)			
12	3	WB	Steve Harvey's Big Time (N) (R)	★★★ "The Lord of the Rings: The Fellowship of the Ring" (2001) Elijah Wood. (R)		(:07) News (R)		Everybody-Raymond (R)		Will & Grace (R)	
99	36	WGN	★★ "Joe's Apartment" (1996) (R)	Becker (R)		Videos (R)		Maximum Exposure (R)		The Twilight Zone (R)	

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E	S	6 pm	6:30	7 pm	7:30	8 pm	8:30	9 pm	9:30	10 pm	10:30
36	53	A&E	Cold Case Files (R)	Growing Up Gotti (N) (R)	Growing Up Gotti (N) (R)	Airline (R)	Mondo Magic (N) (R)	Crossing Jordan "Miracles & Wonders" (R)		Cold Case Files (R)	
4	6	ABC	Life of Luxury (Series Premiere) (N) (R)	NFL Football Minnesota Vikings at Indianapolis Colts. From the RCA Dome in Indianapolis. (Live) (R)				News (R)	(:35) Night-line (R)		
26	48	ANPL	Growing Up... Orphaned polar bear cub. (R)	The Little Reindeer (R)		Animal Cops Houston Fighting dogs. (R)		Growing Up... Orphaned polar bear cub. (R)		The Little Reindeer (R)	
63	54	BRAVO	The West Wing "Pilot" (R)	The West Wing "Post Hoc, Ergo Propter Hoc" (R)		The West Wing "A Proportional Response" (R)		Inside the Actors Studio Jennifer Connelly. (R)			
7	11	CBS	Still Stand-Listen Up (N) (R)	Two and a Half Men (R)		CSI: Miami Caruso and the team must stop a gang of bank robbers. (R)		News (R)	(:35) Late Show Tom Hanks; Nelly. (N) (R)	The Late Late Show (R)	
24	50	DISC	Motorcycle Mania (R)	Motorcycle Mania 2 (R)							