

Hospice observing national month in November

Hospice isn't a place. It's a type of care that focuses on living. J. Donald Schumacher, president and chief executive officer of the National Hospice and Palliative Care Organization, said. It's about living as fully as possible, up until the end of life.

November is National Hospice Month, Schumacher said, a good time to promote important discussions with our loved ones and our health care providers about the care we would want to receive at

the end of life.

Considered to be the model for high-quality, compassionate care at the end of life, he said, hospice care involves a team-oriented approach to care that includes expert medical care, pain-and-symptom management and emotional and spiritual support.

Based on current trends, Schumacher said, the National Hospice and Palliative Care Organization projects that more than one million U.S. patients

will receive hospice care this year. The use of hospice is growing steadily.

But for every person that receives hospice care, he said, there is another that would benefit from the services hospice offers but doesn't receive this special care.

And while hospice usage is growing, he said, about 30 percent of hospice patients will receive care for seven days or less, not enough time to benefit fully from the wide-range of services that hospice can

offer.

One of the best ways to make sure you and your loved ones benefit fully from hospice, should you ever need this care, Schumacher said, is to talk about it before it becomes an issue.

We plan for weddings, he said, the birth of a child, college and retirement. We even spend months planning for vacations. But rarely, if ever, do we plan for what we would want in the final phase of our lives.

"It's not that people don't make end-of-life decisions — we write wills," he said. "We purchase life insurance, and we give consent to organ donation. Many people will even purchase a cemetery plot. But we don't prepare or plan for the actual process of dying."

Far too many people wait until they are in the midst of a health care crisis before thinking about what options are available or what care they or their loved ones would have

wanted, Schumacher said.

Hospice Services, Inc. can help you with information about care options and choices that will ensure you live as fully as possible, even near the end.

For more information, visit www.hospiceinfo.org or call National Hospice and Palliative Care Organization's national helpline at 1-800-658-8898.

For local information, contact Hospice Services Inc. at 785-543-2900 or 800-315-5122.

4-H news

The regular monthly meeting of the Sunflower 4-H Club was held on Monday, October 18, 2004 at the United Methodist Church.

Roll Call "What size of shoe do you wear" was answered by 22 members, 1 leader, 10 parents, and 9 guests. President Samantha Raymer led the Flag Salute and Pledge.

Dusti Chadwick led the group with a song called, "She'll be Riding on a Broomstick".

The business meeting consisted of dates of upcoming events, new members, and election of officers. November 1st is when enrollment cards are due to the extension office, November 5th is Officer Training, and November 7th is the Achieve-

ment Awards at the Christian Church at 2:00. Thomas McCurry, Saige Vandiver, Sarah Johnson, Chandler Pettibone, and Hiram Hendrich were all new members. The new officers are: President - Kali Rietchek, Vice President - Alicia Studer, Secretary - Samantha Raymer, Treasurer - Christy Studer, Reporter - Chelsie Gausman, His-

torian - Saige Vandiver, Parliamentarians - Kathy Wood and Kayler Rietchek, Council Representatives - Melissa Holloway and Chris Irvin, and Leaders are Jeanne Irvin and Sonya Vandiver.

Kendra Promise gave a Halloween Safety Tip.

Refreshments were served by the Irvin and Krayca families.

Tech college students install windshield

Students at the Northwest Kansas Technical College installed a new windshield for Kayla Tatman of Goodland, who won it in a drawing during the Flatlander Fall Festival.

The windshield, with a retail value of \$350, was donated by Sigma Distributing representative Jim Rohr of Wichita. Installing the glass were Kenton Keith of Goodland, Dusty Hays of St. Francis and Dustin Mintling of Wauneta, Neb.

Students will use the money raised during the festival for a field trip to Denver in the spring to visit auto body repair and hot rod shops, as well as the General

Motors Distribution Center.

The auto body repair class at the college has had full enrollment for the past two years. Instructors attribute the high interest to the good job placement and the interest in restoration and customization of automobiles and motorcycles.

Students can learn about the program at the annual Tech Expo on Thursday, Nov. 18, or they are can arrange to spend the day in the shop to see if they would like a career in this field.

There are 32 students in the two-year program. Daryl Hoss and Bill Finley are the instructors.

matters of record

Accidents

The following accidents were reported to the Goodland Police Department:

Oct. 31 — Bavid Briney backed a 1995 Chevrolet pickup into Heath Lofland's yard and hit a gas meter at 609 Broadway.

Nov. 4 — Both Kimberly O'Brien in a 200 Dodge Caravan and Kyle Sutton in a 2002 Pontiac were backing out of their driveways when they struck each other at 209 E. 13th.

District Traffic

The following fines were paid in the Sherman County District Court:

Oct. 26 — Sylvio J. Kernal, 34, Goodland, was fined \$192 for speeding and \$20 for no seat belt.

Oct. 27 — Raymond D. Large III, 22, Sylva, N.C. was fined \$132 for improper parking.

Tiffany D. Brinegar, 21, St. Joseph, Mo. was fined \$108 for improper parking and \$10 for no seat belt.

Matthew W. Erickson, 18, Valley Falls, was fined \$126 for speeding.

Samuel J. Fidecaro, 61, Bayville, N.J. was fined \$126 for speeding.

Zachary M. Witt, 20, Garden City, was fined \$204 for speeding.

Raymond B. Rupp Jr., 36, Grain Valley, Mo. was fined \$70 for improper parking and \$70 for no seat belt.

Marvin L. Jackson, 37, DeSoto, Mo. was fined \$10 for no seat belt.

Steven G. Mologousis, 39, Burr Ridge, Ill. was fined \$150 for improper parking.

J.J. Sardina, 33, Evans, Colo. was fined \$144 for speeding and \$20 for no child restraint.

Andres J. Suarez, 27, Shawnee, was fined \$126 for speeding.

Jose Francisco, 35, Twin Falls, Idaho was fined \$103 for over weight limit on wheels and axles.

E. Leon May, 51, Sparta, Ill. was fined \$96 for speeding.

Oct. 28 — Russell J. Buysman, 52, Hesperia, Calif. was fined \$132 for speeding.

Glen R. Hampton, 53, Salt Lake City, Utah was fined \$150 for speeding.

Cathleen F. Watters, 54, Louisville, Colo. was fined \$126 for speeding.

Sarah EL Wiseman, 34, Fort

Carson, Colo. was fined \$144 for speeding.

Darrel W. Luther, 42, Silverton, Colo. was fined \$300 for driving under suspension and \$240 for failure to yield to emergency vehicle.

Aaron R. Lowe, 20, Las Vegas, Nev. was fined \$204 for speeding.

Daniel J. Jeffrey, 32, Loveland, Colo. was fined \$132 for speeding.

Oct. 29 — John K. Moore, 58, Fort White, Fla. was fined \$150 for speeding.

Real Estate

The following real estate transactions were reported by the Sherman County Register of Deeds:

Ferdinand B. Heigert, trustee of the Ferdinand B. Heigert Revocable Trust, to Don K. McClain, Lots 23 and 24, Block 2, C.K. & N. Addition to the City of Goodland.

Marvin K. Kramer, Shawnee County, to Marvin K. and Anna L. Kramer an undivided one sixth interest the N/2, Sec. 4, T9S, R37W.

Steven and Deborah A. Kellett to Wade and Bobbie Jo Lee, Lots 22, 23 and 24, Block 1, Third Addition to the City of Goodland.

Eugene P. Zuspann II, Ann

Louise Zuspann and Betsy L. Boyington, trustees of the Eugene P. Zuspann Trust, to Eugene P. Zuspann II, Ann Louise Zuspann and Betsy L. Boyington an undivided one fourth interest in the NE/4, Sec. 21, T7S, R42W; he NW/4, Sec. 23, T7S, R38W; and an undivided one half interest in the NE/4, Sec. 23, T7S, R38W.

Workshop teaches how to start foundation

Have you ever applied for a grant? Ever had the opportunity to look for grant money in our area? If so, then you know how hard it is.

Here's an idea — start your own foundation. Imagine how nice it would be to have a local foundation

providing money for your cause.

Dr. Don Udell, a grant writer and reviewer of grants, will teach a three-day workshop on starting foundations next Tuesday through Thursday, Nov. 18, at the Colby Community Building.

Call Western Prairie Resource

Conservation and Development at 785-462-2602 for information.

Already started a foundation? The workshop can still help.

Topics will include fund-raising campaigns, recruiting donations from alumni and approaching other foundations for matching grants.

Don't you deserve a little "Denver" for the holidays?



Come for the shopping, *The Nutcracker*, the Rockettes, *A Christmas Carol*, holiday concerts, nightlife in LoDo, the museums, Larimer Square, the Parade of Lights, fine dining, Christkindl Market at Cherry Creek, Wildlights, Blossoms of Light and the National Western Stock Show.

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