

business news

**Roger Studer**, a deputy for the Sherman County Sheriff's Office, participated in the Community Mediation Workshop in Wichita. The program was held at the Regional Community Policing Training Institute at Wichita State University in October. The program offered constructive processes for resolving differences and conflicts between individuals, groups and organizations.

activities

**Tours of the 1907 Victorian House** at 202 W. 13th are from **1-5 p.m. Wednesday-Sunday**. **"Kansas Quilts of Old"** is on display from **9 a.m.-5 p.m. Monday-Friday** and from **9 a.m.-4 p.m. Saturday** at the High Plains Museum, 1717 Cherry Ave. **The Carnegie Arts Center** is open from **10 a.m.-5 p.m. Tuesday through Friday** and from **1-4 p.m. Saturday, Sunday and Monday**. Work by local artists is on display in December.

The **Goodland Public Library** will have **story time** for 4-year-olds at **10 a.m. Wednesdays** and at **11 a.m. Thursdays**. Story time for 3-year-olds will be at **10 a.m. Thursdays**. **Born to Read** for children birth to age 3, accompanied by an adult, will be at **10 a.m. Fridays**. **Emotions Anonymous** meets at **7:30 p.m. Wednesdays** at the Goodland Regional Medical Center board room.

**Century Families**, for people whose family came to Sherman County more than 100 years ago, meets at **7 p.m. the second Monday** of the month at the Senior Center. For information, call 899-2835.

**Aerobics Classes - 5:30 and 7:30 a.m.** aerobics classes are offered **Monday, Wednesday and Friday** at the Goodland Activities Center. Yoga is offered at **8:30 a.m. Wednesday**. Call 890-7242.

**TOPS Meetings** - Take Off Pounds Sensibly meets at **5:30 p.m. Mondays** at North Elementary School. Weigh-in is at 5 p.m.

**Big Brothers/Big Sisters** of Sherman County is seeking mentors and children to mentor. Call 890-3665.

**Alcoholics Anonymous S.O.S. Group** holds open meetings at **7 p.m. Monday** at the Trinity Lutheran Church, Seventh and Senter, Burlington. Call Pamela at 719-346-7711 or Dave at 890-2858.

**Alcoholics Anonymous** meets at **8 p.m. Monday-Thursday and Saturday** at 1013 Center. Saturday is an open meeting with Al-Anon, families of alcoholics, meeting in the same room. **Al-Anon also meets at 8 p.m. on Monday** in a different room. For Alcoholics Anonymous, call Rob at 890-3023 or Linda at 399-2353. For Al-Anon, call Cheryl at 890-3023.

The "Freedom Today" group of **Narcotics Anonymous** meets at **8 p.m. Tuesdays and 7 p.m. Saturdays** at the Elks Lodge. These are open meetings. Call 890-8369.

**Fibromyalgia and Chronic Myofascial Pain Support Group** meets from **6:30-8:30 p.m. the third Wednesday** of every month in the Emergency Medical Services building, 257 15th St., in Bur-

the calendar

**calendar**

The **Goodland Public Library** is offering the **"Food for Fines"** program during the month of **December**. Any patron with an outstanding fine at the library may bring in a food item for Genesis in exchange for the fine. Food items needed include Jell-o, pudding, cake mixes, cereal, pancake mix, peanut butter or any canned goods.

**TNT Singles** will meet at **6:30 p.m. Thursday** at Edwards Hall for food, cards and games. Call 899-2733.

The Sherman Theatre will have **holiday matinees at 1:30 p.m. on Saturdays and Sundays**. **Shrek 2** will be **this weekend**. Elf will be Dec. 18 and 19.

**Goodland Pizza Hut** will be **donating 20 percent** of their proceeds **today** to the **Goodland Baseball Club**. Coupons are not valid for the promotion. Call 899-3661.

There will be a **celebration of donations** to the Love Tree at the Good Samaritan Center, a soup supper being from **5-6:30 p.m. Tuesday** and other events following.

Rotary's annual **pancake feed** at the Topside Tip-off will be from **6 a.m.-1 p.m. Saturday**, at the Goodland High School cafeteria. Pancakes, sausage, juice and coffee will be served. There is a charge.

The **Emmanuel Lutheran**

**Church**, 222 W. 13th, will have its annual **Christmas bake and candy sale from 8-11 a.m. Saturday**. Call 890-3378.

The **Goodland After-5 Club**, affiliated with the Christian Business and Professional Women, is having its **"Greatest Gift" dinner party from 7-8:30 p.m. Monday**, at Butterfly Cafe at Renner Field. Wanda Tittsworth of Wichita will be the speaker, and the music will be Christmas songs. There is a charge for dinner. Call Lori Titus at 899-3828 or Carol Tupper at 890-5955 for reservations.

Jodi Tubbs of the **Kansas Commission on Veterans Affairs** will be in Goodland from **1-2:15 p.m. Thursday, Dec. 16**, in the Assembly Room on the third floor of the courthouse to help veterans and dependents with claims. Call the office in Colby any Monday, Wednesday or Friday at (785) 462-3572.

**Meals on Wheels** needs **drivers** from Thursday, Dec. 16-Thursday, Dec. 30. Delivery begins at 11:15 a.m. and is usually finished before noon. Call Ruth Soward at 899-2095 and leave your name and number.

**SHARE sign up** for the January distribution of food will be until **Monday, Jan. 10**, at the Sherman County Health Department, Harvest America, the Regional Prevention Center or the Kanorado Senior Center. Pick up

lington. Call Debbie at 719-346-4612.

**Goodland Mothers of Preschoolers (MOPS)** will meet from **6-7:30 p.m. the first Monday of the month** at the Goodland Bible Church, 109 Willow.

**Prairie Piecemakers Quilt Guild** will meet at **7 p.m. the second Thursday** of each month. Call Cora House at 899-6551, Joan Reid at 899-7301 or Carol Tupper at 890-5955.

area events

The **2005 Wellness Fair** will be **Saturday, Jan. 15**, at the **Colby Community College Student Union**. Laboratory tests will be offered on Jan. 6, 8, 10 and 11, and blood will be drawn at Citizens Medical Center. Call Jeanene Brown at 785-460-4850 or Tracey King at 785-462-2602.

Admission to the **Prairie Museum of Art and History** will be free from **1-5 p.m. Central Time Sundays** at 1905 S. Franklin in Colby. The museum is also open from 9 a.m.-5 p.m. Central Time Monday-Friday and 1-5 p.m. Saturday.

health department

The Sherman County Health Department at 1622 Broadway is open from 8 a.m. - noon and 1-5 p.m. Monday-Friday.

**Wednesday:** WIC in Goodland. Scheduled appointments. **Thursday:** Office closed 8-9 a.m. for a staff meeting. WIC in Goodland. Scheduled appointments. **Friday:** Scheduled appointments.

Blood pressures; infants', children's and adult's immunizations; health assessments for Kan Be Healthy, daycare and school entry; fasting blood sugar, cholesterol and hemoglobin; family planning; and toenail clipping available by appointment. Sharps containers are available free. Call 899-4888.

If you have questions, concerns or complaints about child care, call the health department.

**Water Testing**—The Northwest Local Environmental Protection Group does well evaluations, including testing for bacteria and nitrates. To schedule an evaluation or discuss environmental concerns, call the Health Department at 899-4888.

As of Saturday, Jan. 1, the group will charge a \$50 letter of intent fee (similar to a permit) which is good for one year. It is required on the installation or modification of all septic systems in the protection group's area.

The group will continue to offer free testing to private individuals. However, if you are selling, purchasing or refinancing any property that requires an inspection, the group will charge a \$90 inspection fee. The inspection includes site evaluations on well and septic systems and testing the water. The group will also charge a \$25 fee for child care and foster care inspections.

hospital volunteers

**Wednesday:** Leora Jones, a.m.,

will be **Saturday, Dec. 18**, for the December distribution.

The City of Goodland will offer **free dog licenses from 7 a.m.-4 p.m. Friday, Jan. 14**, at the administration building, 204 W. 11th. To get free licenses, dog owners must provide written proof that the animals have current rabies vaccinations.

school calendar

**Today:** Black day. JV-V basketball vs. Imperial 5:30 p.m. here.

**Saturday:** JV wrestling tournament 9 a.m. here. Varsity wrestling tournament 8:30 a.m. at St. Francis. KMEA district music festival.

school lunch menu

**Wednesday:** Cheeseburger, french fries, lettuce, pickle, tomato, onion, rosy applesauce and milk. **Thursday:** Tator tot casserole, green beans, muffin, fruit cocktail and milk. **Friday:** Baked potato bar, chili and cheese, broccoli, dinner roll, fruited Jell-o and milk.

senior center menu

**Wednesday:** Hamburger stew, orange pineapple salad, biscuit and brownies. **Thursday:** Chicken dressing casserole, mashed potatoes and gravy, green beans, bread and cinnamon apple slices. **Friday:** Hamburger steak, baked potato, peas and pearl onions, bread and pear, apricot, blueberry salad.

and Mazie Sutton, courtesy. **Thursday:** Jessie Owens, a.m., and Faye Paxton, lobby. **Friday:** Fern Hawks, a.m., and Ruth Morton, courtesy.

recycling

The **Goodland High School library** is **recycling used cell phones, ink jet printer and LaserJet cartridges**. The school receives from nothing to \$2 for cartridges and nothing to \$5 for cell phones. Drop them by the high school library or office. If you have several and would like them picked up, call the library at 899-5656 to make arrangements. The money goes to support National Honor Society, Scholar's Bowl, Science Olympiad, Electric Car and extra library projects.

thrift store

Anyone wanting to donate to the Goodland Churches Thrift Shop should call 899-2007 to arrange to meet by the door in the alley and take donations directly from the car to the warehouse.

The store needs zippered bags like those bedding and curtains are sold in, seal-a-meal bags or any bags that can be heat-sealed and jewelry gift boxes for the Kids Christmas Shoppe.

animal shelter

Lost a pet? Call the Goodland Police Department at 899-4570. Interested in adopting a pet? Call the Northwest Kansas Animal Shelter at 899-6464.

Grant will buy videos on diabetes

Goodland Regional Medical Center wants to play a major role in educating and assisting those who have diabetes and those could develop the disease.

The hospital has received a \$3,213 "recognition grant" from the Kansas Health Foundation to buy videos addressing the treatment of diabetes and prevention of long-term complications.

The videos will be available for check-out, said Director of Patient Relations Brenda McCants, through Sarah Linton, registered dietitian at the hospital.

The hospital will also buy blood sugar monitors and testing strips,

McCants said, which will be available for diabetic patients who are underinsured or have no coverage for testing supplies.

Nutritional and diabetic counseling is available for people who may be unsure of their diet needs, she said.

The services is self-pay, McCants said, but financial assistance is available for those who qualify.

The foundation, based in Wichita, is a philanthropic organization dedicated to improving the health of Kansans. It awards grants in four funding categories, children's health, leadership, public health and policy.

4-H news

**Glendale Livewires** The Glendale Livewires 4-H Club held its regular meeting on Monday, Oct. 18, at the Sherman County 4-H Building.

President Amber Cowan called the meeting to order, and roll call was answered by "What do you plan to be for Halloween?" There were 18 members, 3 leaders and 15 guests present.

Jason Cowan led the club in singing, "Yankee Doodle," followed by the Flag Salute. Treasurer Cassie Cooper reported that there was an ending balance of \$835 with no outstanding bills or deposits.

Leader Michelle Cooper reminded everyone that officers' training would be Nov. 1, at the 4-H building. On Nov. 5, the Achievement Banquet was scheduled at the First Christian Church.

Election of Officers was done in place of the program. Courtney Sheldon was elected president; Michael Johnson, vice president; Julica Bonsall, secretary; Cy Paxton, reporter.

Treasurer will be Cassie Cooper, and Ian Bonsall and Cooper Slough will share cheer person responsibilities. Health/safety tip, recreation and song leader duties will be passed around to any member interested.

Historian for the club will be Ellie House. Council Members this year will be Amber Cowan and T.J. Freeman. Leaders this year are Michelle Cooper, Gennifer House and Rebecca Rusch.

The next meeting was set for Nov. 17th at the 4-H building. The meeting was adjourned by saying the club motto and putting away the

chairs. Submitted by Cassie Cooper

Ruleton Eager Beavers

The regular monthly meeting of the Ruleton Eager Beavers was held Saturday, Nov. 13, at the 4-H building.

Vice President Devin Mangus called the meeting to order with the flag salute. Roll call was answered by eight members, one leader and two guests.

The business meeting consisted of approval of minutes, presentation of bills, communications, reporter and treasurer's report. Barb Winston congratulated all the winners at the achievement program, and she reminded the members to get their enrollment sheets turned in.

The club's next meeting was set for Saturday, Dec. 4, to pick up Genesis Food. If members could not be at this meeting, then they were encouraged to help with the boxing of the food.

The club's Christmas party will be on Sunday Jan. 2, at Howard Johnson's with a \$3 to \$5 gift exchange.

The program consisted of Devin leading the group in singing "My Country Tis of Thee." Sydney Winston presented a safety talk about Christmas safety with lights, trees and food. Recreation was led by Cody Hooker in playing "Duck-Duck-Goose."

The meeting was adjourned by saying the club motto. Refreshments were provided by the Winston family. The group then wrote letters to the military in Iraq and Germany.

Submitted by Cody Hooker

matters of record

**Marriage License** The following marriage license has been issued by the Sherman County District Court:

Alberto Perez Marez and Josephine Ann Ortiz both of Aurora, Colo.

**Goodland Police** The following crimes have been reported to the Goodland Police Department:

**Nov. 24** — Brandon L. Dinges was arrested for driving under the influence at 200 W. 19th.

First Lady kicks off season by lighting the White House tree

It must be official that the Christmas season is off and running. I saw where Laura Bush flipped the switch which turned on the official White House tree. It looked very nice, but I'm very curious as to what cost is involved with all those lights and decorations that are costing us, the tax payers.

Our snow was nothing compared to the mess they got in the canyon. My friend Dolly said they got almost two feet of the lovely white stuff. It came down very thick and with no wind.

A couple of men got the snow grader/blower started, and they spent Sunday and Monday opening the river road. That is the road that



**jan zwetzig**

- goodland gazette

goes around in the area where my cabin is.

They also took out snow in the driveways to help the residents get out of their yards. She said she couldn't get her car out, as it goes back a long distance from the road. They told her they would come back after the storm was over and open her driveway to the garage.

It was a very wet snow and would

in the canyon.

Dolly said they will need several more like this one to make a big difference in the water level in the reservoirs.

She got a virus infection in September and couldn't come to visit me, as the center wouldn't let her in. She got really sick, spent the biggest share of a week in bed.

She had tickets to go to Oregon

certainly do some good to help relieve the dry conditions. They got even larger amounts higher up the canyon, a help for the reservoirs

for mid-September, and the doctor gave her permission to go. Three days there, and the virus crud was back. She spent most of her three weeks there in bed and going to the doctor. She still has a terrible cough, which doesn't seem to respond to anything.

Martha called and said Bob's crud is of viral origin. They are keeping their eyes on his lungs, and they have him taking antibiotics to keep it from turning into pneumonia.

He too has a terrible cough and for the most part isn't responding at a rapid pace to get rid of it. So far, Martha hasn't gotten anything, and I certainly pray she keeps from get-

ting anything. She has enough problems without this added mess, so I've got my fingers crossed.

They got almost 12 inches of the white stuff over the weekend. We seemed to be on the tail end of the weather and had to settle for our small total.

Everyone else seems to be doing okay, even Bob with his liver problem. He is on a low dosage of some antibiotics to keep his resistance up, and it seems to help with this crud going around in the county.

Illness continues to plague many in the community. Not wanting to miss anyone, I'll just give a blanket get-well wish to one and all.

Sincere sympathy to all mourn-

ing the loss of a loved one, most of whom I didn't know. To all these people, my condolences, and I pray they feel the healing hand of the Almighty.

Birthdays that I'm aware of include those of Marvin Swayne, Ted Swayne, Rosetta Lindsten, Mark Jarrett, Doug Hilty, Danielle Silsbee, Drew House and Lisa Wegener. Best wishes to these and any others having a birthday. There are no anniversaries until later in the month.

Seeing nothing further on the desk, I'll close for now and see you all next time.

ENJOY

TONIGHT AT THE MOVIES

AT THE MOVIES

The

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