



One-year-old Eli Greene, son of Mothers of Preschoolers member Mindy, smeared spaghetti all over his face at the group's fundraiser Thursday at the Goodland Bible Church. Brandy Ihrig, Mother of Preschoolers member, served up spaghetti to visitors filling to go orders and plates for people in house.  
Photos by Kathryn Burke  
The Goodland Star-News

## Mothers meet for fun

By Kathryn Burke  
*The Goodland Star-News*

Over 100 people braved the cold Thursday night to support Mothers of Preschoolers, or MOPS, at their annual spaghetti dinner at the Goodland Bible Church.

"Last year it went over really well," said group coordinator Emily McGuire.

The 23 mother members put on the dinner and advertise it as a take out meal to enjoy at home with the family. The church was open for visitors to sit down and enjoy the dinner out, too.

McGuire said the ingredients for

the spaghetti were donated by moms and the church. The proceeds for the dinner, she said, go towards the group's programs including craft supplies and snacks.

The group meets for an hour and one-half once a month, McGuire said, to socialize and learn with mothers from the same background.

To join, she said, members must be the mother of a child under 6 years old. The monthly programs include child care for the moms and feature an informative presentation.

McGuire said many moms in the group are not from Goodland so

they appreciate the support the program provides.

Some sample programs include everything from crafts, they plan to make French message boards, to a lesson on stretching from Courtney Warden, Goodland Area Chamber of Commerce manager and certified massage therapist.

The group tries to focus on the challenges of motherhood, McGuire said. One program will teach moms about once-a-month cleaning and shopping.

"We have really good programs," she said.

## More flu shots available for public

*The Goodland Star-News*

The flu has finally hit Sherman County and the health department here says some chances have come up for vaccination.

Dorendo Harrel, registered nurse and administrator of the health department, said she ordered 30 more doses of the vaccine and expects to have them available today.

The department held a clinic Thursday, administering about 65 doses and then finishing up the other 35 on Friday.

"I've just been buying what I can, when I can," Harrel said adding a clinic is not planned for today, but they will be accepting phone calls.

The vaccine takes two weeks to provide protection from the flu and although the virus is in the county she said it won't hurt to get a shot.

"The flu is just getting here," she said. "It's better to be safe than sorry."

Shots have been scarce this season as one of the two manufacturers of the influenza vaccine, Chiron Corp., had orders canceled.

The shortage caused the Centers

for Disease Control and Prevention to place guidelines on who could be vaccinated.

Harrel said the majority of high-risk patients have been vaccinated and she is no longer going by the disease control guidelines.

"It's first come, first serve," she said.

For those who will not be vaccinated this year, Harrel recommends remaining cautious about the flu.

Precautions include frequent hand washing, covering your mouth when you cough or sneeze, disposing of tissues properly and staying home if you feel sick.

"People need to remain very conscientious," she said.

For those who do develop symptoms and are high risk, Harrel recommends visiting a physician within 48 hours for anti-viral medications to help fight the flu.

She said along with the extra doses for the county, the hospital is getting 50 for employees. To sign up for a shot from the health department call 899-4888.

## School gold card a reward

By Kathryn Burke

*The Goodland Star-News*

Special privileges for good grades and behavior is working out said Connie Livengood, science teacher Gold Card program at the high school.

In a presentation to board members Monday, Jan. 24, Livengood said the staff and the students think the program is very positive.

Senior students are given a gold card for maintaining grades at or above a B. The pass allows students to leave the school grounds during seminar time between 11:15 and 12:33 Tuesdays through Fridays, 40 more minutes than those without passes. The students have to sing out and back in, and their parents must give written permission.

"The students are working towards higher grades," Livengood said. "For the most part it's going well."

To stay eligible for the cards, students must keep track of behavior as well, she said.

Over the past nine weeks, she said, one student had his card taken away for academics, one for being disrespectful and two for missing class.

She said the cards are given out on a two strikes and your out basis so students only have two chances to misbehave.

### corrections

The Goodland Star-News will correct any mistake or misunderstanding in a news story. Please call our office at (785) 899-2338 to report errors. We believe that news should be fair and factual. We want to keep an accurate record and appreciate you calling to our attention any failure to live up to this standard.

## Snoball candidates



Snoball candidates (back row from left) Ana McClung, Erinn Abernathy, Whitney Carmichael, Derrick Raymer, (front row from left) Emily Burkett, Amy Cebula, Sannon Showalter and Dexter Deeds were chosen along with Charles Lammers, Craig Mason, Simon Wang and Drew Wilkens (not pictured) by Goodland High School clubs and organizations as candidates for the Snoball

Royalty. Friday, the group was whittled down to the top three Abernathy, Burkett and Carmichael for the girls and Deeds, Raymer and Wang for the boys. A king and queen will be chosen at half time of the boys varsity basketball game on Friday. The Snoball dance will be held Friday, in the high school gym.

Photo by Kathryn Burke/The Goodland Star-News

## student of the week



**Name:** Anthony Benavidas  
**Parents:** Bob and Rosa Benavidas  
**Grade:** Senior  
**Age:** 18

**We've nominated this student because:** I nominated Anthony because he is the type of student you enjoy having in the classroom. He comes prepared for class and is a good model for the rest of the class. Anthony impressed me most by his use of critical thinking skills and his ability to problem solve.  
**Student Comment:** My favorite subject is physics.

I'll always remember the good times that we had in football. I'll never forget all of the great friends that I have made over the years.

**Activities involved in at school:** Math relays, Red Cross, G-Club, football and track.

**My choice of movies, books, and games:** My favorite movies at the time are Dodgeball, Varsity Blues and Super Troopers. I like music of all kinds, but some of my favorite bands are Korn, Disturbed and Godsmack.

**After I leave Goodland High School I intend to:** attend Garden City Community College and get my Associates degree in Science.

**And 10 years from now, I think I'll be:** raising a family.

**Favorite Quote:** "Few people are successful unless a lot of other people want them to be." Charles Brower

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## New Listings



**1522 Caldwell....**

Take a look inside! You'll find this home has been totally remodeled with a gorgeous kitchen, master bath, living room, dining room, 3 bedrooms, 2 baths and a nice laundry room. Central heat and air, sprinkler system, privacy fenced yard, no paint siding are just a few of the extras. Plus the seller is offer \$500.00 toward buyers closing costs and providing the buyer with a one year home buyers protection plan. \$59,500. Please let Donna show you this home!



**621 Arcade.....**Amazing home! Brick ranch on nice corner lot. In 2004 this home had all new floor coverings, all new paint, new appliances including washer and dryer, 24" of insulation added to the attic plus so much more. The main floor boasts a formal living room with French doors to covered patio, dining room, kitchen, laundry, 2 bedrooms and bath. The basement is finished with a family room, bedroom, bath, dark room and big storage room. There's a single car garage with work shop area, sprinkler system, circle drive and more. \$128,900. Please call Donna Moore to take a look at this beautiful home.



**817 Harrison....**Room for your growing family....nice Eastside neighborhood. This multi-level home offers 5 bedrooms, 3 baths, family room with gas fireplace, rec room, master bedroom with large bath and walk in closet.

There's newer steel siding, thermal pane windows, fenced yard, central heat and air. This home is a real value at \$80,000. Please give Donna a call to see this home.

Cynthia Butts, 899-3944; Donna Moore 899-6159.

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Visit our website: [www.goodlandksrealestate.com](http://www.goodlandksrealestate.com)

## Sherman County Health Fair 2005

Saturday, February 5, 2005  
8 - 11 a.m.

Goodland Activities Center  
808 Main, Goodland, Kan.

Free blood pressure checks, metabolic testing, colon/rectal hemacult kits and glucometer testings, KS Lions Mobile Screening Unit will provide hearing and vision screening available at the Health Fair.

Brought to you by: Farm Bureau, Goodland Regional Medical Center, Goodland Activities Center, Goodland Lions Club, Harvest America and Sherman County Health Department and KSU Research and Ext. Office.